

## Resource Guide

### ***Resources to Embed Self-Determination Your Interactions with Students and Families***

#### [I'm Determined Project](#)

The I'm Determined project is a state-directed project funded by the [Virginia Department of Education](#) that focuses on providing direct instruction, models, and opportunities to practice skills associated with self-determined behavior. This resource helps youth with disabilities to undertake a measure of control in their lives.

#### [Motivational Enhancement Group Intervention](#)

Motivational Enhancement Group Intervention (MEGI) is an evidence-based 12-session career development intervention. It combines evidence-based transition practices with motivational interviewing to increase students' with disabilities self-advocacy/self-determination skills and vocational outcome expectations (Sheftel et al., 2014).

#### [National Parent Center on Transition and Employment](#)

Founded in 2014, PACER's National Parent Center on Transition and Employment provides high quality assistance on transition topics. This project focuses on the needs of families to help youth with disabilities find success in postsecondary education, employment, and life in the community by providing online materials and trainings for youth, parents, and professionals on best practices.

#### [NTACT-The Collaborative: Instruction in Self-Advocacy](#)

The National Technical Assistance Center on Transition provides a multitude of resources, including this online resource guide for instruction in self-advocacy. This resource guide includes online webinars, progress monitoring toolkits, and other key resources.

#### [Transition Tennessee](#)

The mission of TransitionTN is to ensure that students with disabilities have access to opportunities, instruction, supports, and services to elevate their in-school and post-school outcomes. They provide free Pre-ETS trainings and resources to practitioners.

#### [Washington State University – Office of Outreach and Education](#)

The WSU Office of Outreach and Education provides resources to create and implement innovative educational programs that promote awareness of inequality, diversity, and inclusion by offering participants critical analytical skills necessary to understand systems of power, and the tools to create change.

#### [Zarrow Center on Transition and Self-Determination](#)

The Zarrow Institute on Transition and Self-Determination implements innovative research, puts findings into practice, and disseminates knowledge through high-quality products and professional development. Here you can find multiple resource focused on transition, including assessment resources and curricula.

### ***Resources Specific to Cultural Responsiveness***

#### [NTACT-The Collaborative: Diversity, Equity, and Inclusion](#)

NTACT provides additional resources for practitioners wanting to engage in DEI initiatives, including guidance on how to get started addressing issues of equity in education, transition planning, work-based learning, and pre-employment transition services.

### [University of North Carolina Anti-Racism Resources](#)

This page is intended to serve as a resource to people and parents trying to deepen their anti-racism work. It includes articles, videos, podcasts, books, websites, films, and other resources for individuals wanting to engage in anti-racism work.

### [Othering and Belonging Institute](#)

The Othering & Belonging Institute at the University of California, Berkeley advances groundbreaking research, policy, and ideas that examine and remediate the processes of exclusion, marginalization, and structural inequality in order to build a world based on inclusion, fairness, justice, and care for the earth.

### [IndigenEYEZ Empowering People-Strengthening CommUNITY](#)

IndigenEYEZ has grown into a movement that has touched thousands of people across BC. They offer a range of programs developed and delivered through an Indigenous lens to instill confidence, communication skills, and effective group dynamics. The KinSHIFT program specifically focuses on working with allies in a safer space where they can quit censoring themselves and make mistakes without harming Indigenous Peoples in the process.

### [Childhood Education International's Cultivating Cultural Humility in Education](#)

This is an 8-page article which provides guidance on how to balance power dynamics between student and teacher in the classroom, cultivate cultural humility by understanding and embracing cultural identities, and engage in critical reflection as a process of teaching.

### [EmbraceRace](#)

EmbraceRace provides monthly webinars and discussions featuring guests of varying expertise and experience to provide information and guidance for parents and teachers working to raise children who are thoughtful, informed, and brave about race.

### [GLSEN Respect for All Policy Recommendations to support LGBTQ Students](#)

The Gay, Lesbian, and Straight Education Network (GLSEN) is a non-profit organization dedicated to addressing educational issues of sexual orientation, gender identity, and gender expression. This resource provides policy recommendations for educators to implement in an attempt to create learning environments in which all students can thrive.