Your full name:

**Personal Statement Question**

**Instructions:** Your response to the following question should be typed within this file and included in your materials uploaded to the online application. Your response will allow the selection committee to assess your overall professional philosophy and your ability to communicate effectively in writing. **Keep your response to the requested length limit**. **Post a word count at the end of your paragraphs in parenthesis.**

**Question:** The strength and condition minor includes the combination of additional classes as well as a working internship. Describe the two most influential learning goals *specific to strength and conditioning* that attracted you to the additional efforts of the minor. (500 words).