Washington State University
College of Education

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Will defend the dissertation proposal

Thursday, August 22, 2019
Time: 10:00 A.M.
Location: Pullman – Cleveland 353

Faculty, students and the general public are encouraged to attend

Emerging Adults’ Perceptions of Help-Seeking Stigmatization from Parents and Peers

Chair: Hsin-Ya Liao

The mental health literature has long identified a discrepancy between people’s needs for mental health services and actual utilization. Considering individuals’ internalized self-stigma of seeking counseling is the strongest predictor of their attitudes and intentions toward counseling, it is necessary for researchers to identify factors which contribute to self-stigma. One factor which has not yet been explored is the perceptions of stigmatization from specific sources, such as parents and peers. The primary purpose of the proposed study is to delineate how perceptions of help-seeking stigmatization from parents and peers affect emerging adults’ self-stigma of seeking counseling as well as their help-seeking attitudes and intentions. The secondary purpose is to explore the moderating roles of gender and cultural orientation (i.e., individuals’ self-construal) on the above associations. The tertiary purpose is to replicate Vogel et al.’s (2007) stigma of seeking counseling framework with a new and adapted public stigma measure. Via convenience sampling, a large sample of undergraduate and graduate students will be recruited within the states of Washington and Idaho to complete a survey via online or paper format.