Applicant Name:

**Strength and Conditioning Minor**

**Application Checklist**

*all material and signatures must be intact prior to turning in your application*

* Copy of front & back of current First Aid/CPR/AED credentials (American Red Cross First Aid/CPR/AED or American Heart Association Heartsaver® First Aid CPR/AED)
* 10 hours of observation in the Bohler weight room completed by the Friday **prior to application deadline** (please contact [j.blatner@wsu.edu](mailto:j.blatner@wsu.edu) to schedule)
* Confidentiality Waiver (to be signed at the initiation of your observation hours)
* Typed application form and written responses to “Applicant Reflection Questions”
* Resume
* Three professional letters of recommendation
* Degree plan (with minor included), and grade report from prerequisite classes. *This step is completed with your advisor.*

**Prerequisite Coursework: (*C or better required)***

* KINES 262 Your grade:
* KINES 264 Your grade:
* KINES 311 Your grade:
* Minimum 2.75 overall GPA Your current GPA:
* Certified in a major of study

*I certify that all material listed above are complete*

Student date

Advisor date

**Strength and Conditioning Minor**

**Observation Hour Log**

|  |  |  |
| --- | --- | --- |
| Name: | Student I.D. No.: | Major: |

Use this time sheet to track your actual time at the Bohler Gym. You are required to dedicate at least 2 hours for each observational session for the total of 10 hours. These hours must be **completed ONE WEEK PRIOR to the application deadline**. Have your site supervisor sign the form designating that you completed the hours. Observation record sheets will be maintained by staff at Bohler Gym. Keep it for yourself and submit the original form to the Strength and Conditioning Minor Clinical Coordinator.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Date** | **Bohler Gym** | **Time In** | **Time Out** | **No. of Hours** | **Supervisor’s**  **Printed Name and  Signature** |
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| **Total Hours Spent** | | | |  |  |

Applicant Name: blank

**Strength and Conditioning Minor**

**Application Form**

*all material and signatures must be intact prior to turning in your application*

## **Background Information**

Date: blank

WSU ID Number: blank

Major Advisor: blank

Current WSU Address: blank

E-mail Address: blank

Current WSU Phone Number: blank

Permanent Home Address: blank

Permanent Home Phone Number: blank

## **Applicant Reflection Questions**

Your response to the following questions should be typed separately and included with your application materials. Your responses will allow the selection committee to assess your overall athletic training philosophy and your ability to communicate effectively in writing. **Keep all responses to the requested length**. **Please post a word count at the end of each response.**

1. Describe a situation where you had to demonstrate significant responsibility and how you handled that situation (500 words). answer within text box
2. What do you consider your most significant personal achievement (500 words). answer within text box
3. Discuss your initial and ultimate professional goals after you graduate (200 words). answer within text box