

Why does music give us chills?

— Nicole, 11
Spokane

Dear friends,
If you are anything like me, maybe you've suddenly felt a chill while listening to music. Perhaps, you got goosebumps and saw your arm hairs stand on end. Maybe you even teared up.



Dr. Wendy Sue Universe

Ask Dr. Universe

The truth is, I really wasn't sure why music gives us chills, but I was determined to find out. My first stop was the Washington State University School of Music.

That's where I met up with my friend and music professor, Greg Yasinitzky. He played a few different notes on the piano in his office. He told me that if you play three or more notes at once, it's called a chord.

"Major chords tend to make us happy," he said. "Minor chords are more ominous or sad."

However, when the music tends to be sad, people don't always describe it as unpleasant, he added. Just think of an emotional or dramatic part of a movie. Even if the music has more of a sad sound, sometimes it brings about a positive emotion.

Composers will sometimes mix around major and minor chords to play with a listener's emotions. They also play with things like rhythm, the strong regular repetition of sound and melody, or the sequence of notes that helps a song sound just right.

Yasinitzky said there seems to be two situations in which people will report feeling the chills. The first is when a listener hears something that is a surprise. Maybe a song has a pretty repetitive pattern, but then something happens that they weren't expecting.

"That one little change suddenly has this immense importance and, for a lot of people, could send a chill up their spine," Yasinitzky said.

Another situation where people might get the chills is when they hear something that is not a surprise. When they finally hear what they've been expecting, they might get goosebumps.

Of course, not everyone gets the chills — and different kinds of music may bring out the chills in different people. Either way, most people have an emotional connection to music.

"Pretty much every culture on the planet has music,"

See **CHILLS**, Page 6D

Children play, learn in Utah church as family fights for asylum



Associated Press

Vicky Chavez plays with her daughter, Issabella, May 18 in their room within the walls of the First Unitarian Church in Salt Lake City.

By Brady McCombs
Associated Press

SALT LAKE CITY — A playground surrounded by a large shade tree stands right outside the First Unitarian Church in Salt Lake City, where Vicky Chavez and her two young daughters have been taking sanctuary for the past six months.

But Chavez never allows Yaretzi, 6, or Issabella, 11 months, to play there. They never step foot outside the church.

Chavez, 30, is afraid U.S. immigration officials would round them up and send them back to Honduras, where she said she fears for their safety because of an abusive boyfriend. Her fears led her to seek asylum in the United States four years ago.

Despite immigration judges repeatedly denying her request, Chavez told reporters Monday night she's determined to remain in the church and fight to stay in Utah, where her parents and siblings live. In a long-shot effort, her lawyers are seeking relief from a federal appeals court.

"I shall keep fighting. I can help to be the voice of the other mothers that are seeking asylum from domestic abuse," Chavez said, surrounded by supporters holding signs. "We come to this country to feel safe and protected."

She said seeing other immigrant parents separated from



Associated Press

Vicky Chavez attends to her daughters Yaretzi, left, and Issabella on May 18 within the walls of the First Unitarian Church, in Salt Lake City.

their children at the border makes her even more reticent to return home and face a possible split from her daughters if she tried to seek U.S. asylum again.

"I can't imagine feeling the pain of being separated from one of my daughters," Chavez said in Spanish during an interview with The Associated Press last month. "Sleeping in a detention center is not easy at all. I lived it. And I lived it with my daughter, but not separated."

U.S. Immigration and Customs Enforcement considers Chavez an immigration fugitive, spokesman Carl Rusnok said in an email Monday.

She entered the United States illegally in June 2014 and was ordered deported by a federal immigration judge in December 2016, Rusnok said. Chavez exhausted her appeals Jan. 30, he said.

That night, Chavez had a

plane ticket home to San Pedro Sula, Honduras. But instead she accepted an offer of sanctuary from the First Unitarian Church.

She and her daughters sleep in a converted Sunday school room and spend most of their time in another room with a TV, easel and other games. Yaretzi, 6, receives piano classes in the chapel, and they dance and

See **FAMILY**, Page 6D

Fertility by the numbers: Keeping your plants healthy through chemistry

Some of you may remember from high school chemistry or agriculture classes that a pH of 7 is neutral, soils that are well below 7 are acidic and those that are above are alkaline. Most soils in the Palouse that have good organic matter levels, and most do, are in the mid range and just fine for growing vegetables. I have a pH testing kit in my storeroom but have never used it because my veggies thrive.

It is more important that you keep layering compost, and manure as available, on your garden. This organic matter will permit your garden to hold moisture and nutrients, and your veggies will prosper.

If your garden site was formerly in

wheat production, it may have received high nitrogen fertilization for several years, which could lower pH.



Doug Young

Vegetables Are People Too

But no worries, by incorporating organic matter as any good gardener should, you will bring it up to a more neutral pH. Actually, any soil between 5 and 7.5 will be fine to start with.

For the math freaks among you, the pH scale is logarithmic. This means a soil with pH of 5 is 10 times more acidic than one with a pH of 6, and a soil with pH of 4 is a hundred times more acidic than one with a pH of 6. Chemically, pH ranges from 1 to 14. Either of the extremes are so toxic they will damage your gardening gloves and skin. The three basic nutrients for plant

growth are nitrogen (abbreviated N), phosphate (abbreviated P) and potassium (abbreviated K). They are always listed in the order N-P-K. A fertilizer with 20-10-5 written on the bag is 20 percent N, 10 percent P and 5 percent K. My experience has taught me two things: If you are starting with relatively fertile natural soil, do not over-apply commercial fertilizer. For example, applying too much N could encourage vegetative growth at the expense of tomatoes, cucumbers, eggplant or other desired fruit. Too much N could also leach into the groundwater and cause health problems in babies. Begin gradually with your natural soils and notice whether you have any deficiencies. Nitrogen-deficient plants tend to become yellow. Water logged plants also may be yellow. Plants with adequate N tend to

be a deep green.

Beware that some organic fertilizers may contain excessive N. Chicken manure is 5 percent N. Once, I dumped an entire cubic foot bag on a rhubarb plant. We got zero harvest the next year. Fortunately, it recovered the following year.

P tends to give plants a quick start and may be included in early season lawn fertilizers.

The second rule is fertilizers should be applied in a balanced manner. One should never apply more than twice as much of one element than of the other two. N, P and K have different functions. N promotes stem and leaf growth. P promotes fruit, flowers and seeds. K fosters

See **FERTILITY**, Page 6D

INSIDE SLICE



Jennifer Ladwig
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Tooth and Nail
Toxic tennis balls or not? | 2D



KNOW SOMEONE WHO HAS A STORY TO TELL?

Send us an email at jladwig@dnews.com and let us know.

Toxic tennis balls or not?

The best advice I ever heard was to regard your pets as 2-year-old children when it comes to product safety.



Charlie Powell

Tooth and Nail

Houston's Humane Animal Rescue Project sent out the following social media warnings June 13:

"WARNING!!! WARNING!!! These tennis balls may be causing serious injury to your dogs!!! 3 of our dogs and one boarder appear to have had reactions in their mouths, throats, tongues, esophagus and gums after playing with this brand of Penn balls. Symptoms are swollen tongue, white ulcerations, heavy drooling, difficulty in drinking, eating or breathing. ..."

Photos accompanying the post show white,

plaque-type lesions on a dog's tongue.

The shelter's founder told People Magazine other reports like the posting date back to February of this year.

This begs the question as to why it is being announced now unless it was People who was asking.

In the same breath, he admits he has no definitive proof of harm.

A veterinarian diagnosed "mouth ulcers, and swelling." He then speculated to the magazine, "That combination of symptoms, it looks like a dog that had oral contact with an irritating substance. Another way of saying that is chemical burns."

The manufacturer, Head Penn Racquet Sports, has done a comprehensive trace back and can find no cause for the alleged harm from the balls.

They also warn in a piece on Snopes, "Tennis balls are made for tennis; they are not marketed or sold as pet toys, but we want to assure our customers that no toxic materials are added to our tennis balls, and we would never knowingly market a product that harms animals or humans."

So what's the truth? First, a few lesions do not a disaster or nefarious conspiracy make.

The fact is, no one knows what happened, but one thing is for sure: those particular dogs should not play with tennis balls made by any company again.

People have a tendency to assume low levels of risk with things they are familiar with.

As a result, they often stop paying attention.

Many veterinarians have treated dogs that swallowed tennis balls whole or chewed them into pieces and swallowed them.

In most cases, a medical emergency results from a blocked airway or a blocked digestive track depending on which pipe the ball goes down.

My previous Boston terrier, Buster, chewed a product formerly marketed as indestructible.

He bit off one knuckle of the fake bone, chewed it into a disk the size of a half-dollar coin.

He then swallowed it, and all because we were not paying attention.

Within a couple of days, he went off feed and his stools diminished in volume and consistency.

He developed a tender belly and we took him to our veterinarian. Imaging showed the disk caught in his bowel and acting like a flap valve.

Literally minutes before he was to go to surgery to remove the obstruction, he hunched up in his kennel, pushed hard and, thankfully, passed the disk.

He also passed on a great lesson to his owners.

Charlie Powell is the public information officer for the Washington State University College of Veterinary Medicine, which provides this column as a community service. For questions or concerns about animals you'd like to read about, email cpowell@vetmed.wsu.edu.

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Dashner working on new book

Associated Press

LOS ANGELES — "The Maze Runner" author James Dashner said he's working on a new book.

Dashner tweeted late Thursday he was working on new material and wasn't using notes as a guide for his new project, which would be the first since he was dropped by publisher Three Penguin Random House imprints over sexual misconduct allegations in February.

He is one of the country's most popular young adult novel writers.

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RAINBOW Peppermill MONTEGO BAY

A sunny outlook for the Whitman County Library

For Whitman County Library, 2018 has been a year of feast or famine.

The feast has come in the form of people; lots and lots of people.

Residents of all ages are coming out in droves to attend programs and events, learn and use technology, browse art and history exhibits, read, use Wi-Fi, socialize and borrow all kinds of stuff.

The library's famine came in the form of lower-than-anticipated basic operating revenues, causing severe belt tightening on our part.

The library froze all wages and slashed materials and training budgets.

Our top priority was preserving the library's open hours, which we proudly achieved.

Thankfully, 2019 should be a better year for us. County residents voted to restore our normal tax levy rate for which we are so humbled.

Our dedicated staff and board gives their all in public service so the vote of confidence is very meaningful to us all.

Also appreciated are the Friends of the Library along with many donors and grant funders.

The Friends and

Summer Reading supporters stepped up to plug our most dire funding gaps while donors and grant funders actually helped us to expand and improve The

Center and our Technology equipment and training programs.

Each month, the library honors these very important people. In a year like 2018, the presentations have taken on a deeper meaning for us all.

Just Thursday, the Garfield IN-Convenience Store

and owner Sonja Hall were honored for supporting the library, delivering groceries to shut-ins, and volunteering for the food pantry and other community events.

Sonja even keeps a book sale shelf in her store that benefits the Garfield branch, and her children are fixtures at library events and programs.

Also honored in 2018 was Starr Cathey, of Albion. She is a longtime supporter of her community and library.

Starr played a key role in combining that community's library programs with the free summer lunch program for children, insuring that both their minds and bodies were nurtured and well-fed.

Teresa Myott, of Palouse, is a former library trustee and very active within the library and the community.

For many years, Teresa's generous contributions of time and resources have had a huge impact on the Palouse branch.

Friends of Hospice provide important end-of-life services for residents throughout the region.

WCL partners with this group by sharing the valuable books, resources and important community programs they provide.

Dyan Broemmeling encourages children's literacy and learning in partnership with the Colton Library.

She sees that the students in her Child Care Center enjoy great library programs and also works to get school-aged children and her own involved with the fun programs being offered at the Colton Library.

Finally, I'd like to acknowledge the countless volunteers and many anonymous donations that Whitman County Library receives throughout the year.

These caring volunteers and humble donors are quietly improving your library and your community.

Kristie Kirkpatrick is the director of the Whitman County Library.



Kristie Kirkpatrick

Libraries

Ways to protect your dog from heat stroke

By Fiza Pirani

Atlanta Journal-Constitution

With temperatures rising above 90 degrees Fahrenheit and humidity all around, summertime livin' isn't always easy — especially when it comes to protecting your pup from the dangers of hot weather.

In fact, increased body temperature can lead to heat stroke and hyperthermia and can lead to multiple organ dysfunction, according to PetMD.

Here are some tips from pet experts to keep your dog cool and healthy:

■ **Keep pets hydrated:** Make sure Fido has lots and lots of water around to keep him cool. Dehydration affects all dogs, and typical signs of dehydration include drooling, bloodshot eyes or sluggishness.

■ **Be aware of overheating:** Symptoms include increased heart and respiratory rate, fatigue, drooling, excessive panting, dry or pale gums, glazed eyes and high body temperature.

■ **Don't leave pets in the car:** According to the ASPCA, it only takes 10

minutes for your car temperature to climb to 102 degrees — and that's when it's only 85 degrees outside. Leaving your window slightly open won't help much, either. Your car will still overheat.

■ **Think before you shave:** It's not always a good idea to shave your dog in the summer heat. In fact, the fur provides some protection from the sun as well as flies and mosquitoes. Check with your vet to see if your dog requires a summer shave.

■ **Exercise when it's cooler:** Don't overdo physical exertion in the summer months, but when you take your dog out for a walk or run, be sure to do so when it's a bit cooler outside.

■ **Protect your pet's paws:** Hot pavement can burn your dog's paws and can quickly overheat him or her. There are quite a few products on the market to help avoid hurting puppy paws. You should also avoid letting your dog rest on hot surfaces, such as sidewalks.

■ **Visit the vet early:** Make an appointment before the hotter months to check off any necessary vaccines and medications.

LIBRARY LIST

WHITMAN COUNTY LIBRARY

"All the Money in the World" by John Pearson

Inspired by the fortunes and misfortunes of the Getty family, this biography traces the creation of their phenomenal wealth and the ways it has trained their lives generation after generation.

"Death in Yellowstone" by Lee Whittlesey

This is the chilling book that launched an entire genre of books about the sometimes gruesome but always tragic ways people have died while visiting Yellowstone National Park.

"Murder and Meth in the High Desert" by Rick Wiley

Touted as the "murder that shocked all of Idaho," this book tells the true story of the 1987 kidnapping and murder of police informant Denise Williams and follows the lives of the victim, the suspects and the police officers who investigated the case.

NEILL PUBLIC LIBRARY

"The Perfectionists: How Precision Engineers Created the Modern World" by Simon Winchester

This New York Times bestselling author traces the development of technology from the Industrial Age to the Digital Age to explore the single component crucial to advancement — precision. A

superb history that is both an homage and a warning for our future.

"Barracoon: The Story of the Last Black Cargo" by Zora Neale Hurston and Deborah G. Plant

A newly published work from the author of the classic "Their Eyes Were Watching God," this book shows the horror and injustices of slavery as it tells the true story of one of the last-known survivors of the Atlantic slave trade — abducted from Africa on the last "Black Cargo" ship to arrive in the United States.

"Out of Nothing" by David Blandy, Adam Rutherford and Daniel Locke

Spanning millennia, this ambitious graphic novel explores humanity's dreaming mind and its impact on our world. Surreal sequences takes us from Gutenberg's printing press to the internet via Picasso, Einstein, Grandmaster Flash and more.

LATAH COUNTY LIBRARY

"Jefferson's Daughters" by Catherine Errison

In this ambitious triple biography, historian Errison contrasts the very different lives Thomas Jefferson's three daughters lived. Jefferson had two white daughters from his first wife, Martha Wayles Jefferson: Martha and Maria. He then had a third daughter by his slave, Sally Hemings:

Harriet. This nonfiction work draws from never-before-published documents.

"How Not to be a Doctor" by John Launer

This collection of short stories by doctor and popular medical columnist John Launer gives a unique and surprising insight to the medical world. Entertaining for both patients and doctors alike, the essays include anecdotal situations, bizarre true stories and imagined conversations between doctors.

"Shadow Child" by Rahna Reiko Rizzuto

Kei and Hana enjoyed a beautiful but strange childhood growing up mixed-race and fatherless in a small Hawaiian town, until betrayal struck. Decades later and a continent away, Kei shares a secret with her sister that sends them searching for more answers.

PET LIST

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Capturing the Palouse



Photos by Myron Samuel Huckle, courtesy of the WSU Manuscripts, Archives and Special Collections

Students leaving campus in the early 20th century, a time when parts of campus still had wooden sidewalks.

Myron Samuel Huckle was hired in 1916 as a workman by W.E. Boeing of Seattle as one of the very first employees in Boeing's new airplane business. In short order, Huckle was promoted to head of Boeing's Woodworking Department, where he rigged seaplanes and flying boats for the U.S. Navy during World War I, including a period in charge of trial U.S. Army flights at Camp Lewis. By 1920-21, he described what he called the "airplane game" as now being "very precarious," and got out of the business, focusing instead on his own personal interest in photography. In 1921, he moved to Pullman, was hired



Mark O'English

Nearby History

by Washington State College as a part-time staff photographer, and within a couple of years entered the college himself, graduating from WSC in 1927 with a B.S. in Mechanical Engineering. After graduation, Huckle left Pullman for good, spending the rest of his life in professorial roles in aeronautics and thermodynamics at Harvard and MIT, and as President of the Army's U.S. Engineering School. Two of his children would later come back to WSU for their own educations. In the midst of this impressive life, for the six years Huckle lived in Pullman, he served as a campus photographer and also sold his own images of campus life on the side. The WSU Libraries' Manuscripts, Archives and Special Collections holds 14 fragile scrapbooks of his photographs, an estimated 1850 images documenting those six years in wonderful detail. At the

moment, we're in the middle of scanning and describing these, our intent being to make every one of them available in an online collection within the next year. The region's history is full of these type of photographers and their photo studios, where they popped up, prospered for a few years and then vanished. Some, like the Ralph Raymond Hutchison studio (located in downtown Pullman in the Kamiaken bridge building now housing Porchlight Pizza) were present for as much as a half-century; others, like Huckle, remained only a relatively few years. Each, however, brings their own unique viewpoint to the region's people and events and allows us to view the Palouse through their very distinct eyes.

Mark O'English is the university archivist at Washington State University Libraries Manuscripts, Archives and Special Collections.



Campus agricultural competitions were held on the lawn between Van Doren Hall (seen in the background), Bryan Hall, College Hall and the Gymnasium. Today, the Holland Library would be to the immediate right.



Students crowd outside the Northern Pacific depot as they wait for an incoming train.



Students walk past the Bookie, which was recently renovated into the Chinook Student Center, and the College Station, which was used as the campus post office.



Students enjoy a spring afternoon on the lawn outside McCroskey Hall.



This photo shows women participating in indoor baseball. Until the mid-1920s, women's indoor gym classes and events took place in the top floor of Thompson Hall, as seen here.

TAKE A BOW

Thank you

For your thoughts, prayers, cards and donations in memory of Shirley Ann Tenwick.

Phillip H. Tenwick

Ride for a Cure

We would like to thank all that helped make our annual "Ride for a Cure" motorcycle rally a success. One-hundred percent of the funds go toward the help to find a cure for cancer. The weather was perfect, and it was a great turn out. We couldn't have accomplished what we did without the help of many. To all those that donated items or joined us for the day, a huge thank you.

Our mission statement speaks from our hearts:

We ride for the past, present and future of our loved ones. Remembering those that have been lost to cancer, and for those who are dealing with cancer, now and for a future without cancer.

If we have forgotten someone, please forgive us and know you are appreciated.

"The Ride for a Cure" Committee
Howie and Deanna Leinweber
Bob and Julie Hawley

8th Day Cycles-Lewiston; Ace Hardware-Colfax; Amy Kraut-Colfax; Archies Restaurant-Kendrick; Army recruiters-Pullman; Auto Body Super Store-Pullman; Auto Zone Parts-Moscow; Columbia Bank-Colfax and Pullman; First Federal Bank-Colfax; Washington Trust Bank-Pullman; Beamers Hells Canyon Tours-Lewiston; Blood Diamond Tattoo-Pullman; Brass Rail-Rosalia; Juanita Brophy-Pullman; C&L Lockers-Moscow; Chipman and Taylor-Pullman; Chuck Gearhiser-Pullman; Colbert Power Sports-Spokane; Cougar Graphics-Colfax; Crimson and Gray-Pullman; Cycle Gear-Spokane; Cyclops-Colfax; Dairy Queen-Moses Lake; Dairy Queen Pines-Spokane; Dairy Queen-Pullman; Dairy Queen Airway Heights-Spokane; Dianna King-Colfax; Sarah Dillon-Seattle; Cecelia Dober-Pullman; Dr. Bruebakker DDS-Pullman; Dutch Brothers Coffee-Moscow; Durangos Restaurant-Superior, Mont.; Empire Cycle-Spokane; Eric's Auto-Colfax; Four Star-Pullman; Frednecks-Rockford; Frito Lay-Lewiston; Happy Day Restaurant-Lewiston; Harvester Restaurant-Spangle; Robert and Julie Hawley-Pullman; Hazel's Restaurant-Clarkston; Hell's Canyon Hotel-Lewiston; Hollywood Nails-Lewiston; Hoo Doos Restaurant-Harvard; Hop Jacks Restaurant-Spokane; Pullman Regional Hospital; Whitman Hospital and Medical Center; Steve Humphreys-Colfax; Jan Janue-Alaska; Jay's Auto Repair-Pullman; Jerry's Auto Repair-Pullman; Jess Ford-Pullman; Jim's Service Center-Colfax; Jones Truck and Implement-Colfax; Kathy Mayer-Colfax; Kay's Krunch-Colfax; Kindred Hospice-Pullman; Brenda Kneeshaw-Colfax; Michael Largent; Howie and Deanna Leinweber-Colfax; Les Schwab-Colfax; Lincare-Moscow; Martina Hotel-Winnamucca, Nev.; Matco Tools-Liberty Lake; McDonald's-Pullman; Merry Cellars Winery-Pullman; Moscow Brewing Company; Jeannette Nolan-Colfax; Odem Distributors-Pullman; Delesa Oens-Coffey-Rockford; O'Reilly's Auto Parts-Pullman; Palouse Caboose-Palouse; Palouse Hyde Out-Colfax; Papa Murphy's Pizza-Pullman; Pape Machinery-Colfax; Perfection Tire-Pullman; Porch Light Pizza-Pullman; Quality Inn Motel-Pullman; Palouse Radio-Pullman; Red Bento-Pullman; Revolution Motorsports-Moscow; Richie Smith-Alaska; Rico's Pub-Pullman; Rooster's Landing-Clarkston; Nancy Ross-Colfax; Sam Dial-Pullman; David Schloesser-Spokane; Tim and Barb Schluneger-Colfax; Robin Scholz-Colfax; Shari's Restaurant-Colfax; Snake River Adventure-Lewiston; South Fork Restaurant-Pullman; Spangle Saloon-Spangle; Spokane Powersports-Spokane; Jeff Stoltz-Potlatch; St. John Hardware-St. John; State Farm Dave Christy-Pullman; Subway-Pullman and Colfax; Steve Syms-Pullman; The Hive Auto Repair-Pullman; Tick Klock Drug-Colfax; Top Notch Restaurant-Colfax; Rick and Stephanie VanTine-Colfax; Vintage V-Twin-Spokane; Dry Pea and Lentil Council-Moscow; Westside Motorsports-Spokane; Wheatland Bestwestern-Colfax; Cathy White-Colfax; Amy Williams-Endicott; Winnemucca Inn-Winnemucca, Nev.; Wysup Motors-Pullman; Zeppoz-Pullman; and Zips Drive Inn-Moscow.

BIRTH ANNOUNCEMENTS

GRITMAN MEDICAL CENTER

July 4

Thunayan Alanazi, a boy, to Amal and Ammar Alanazi

PULLMAN REGIONAL HOSPITAL

June 28

Zechariah Schamhorst, a boy, to Angela and Ryan Schamhorst

July 4

Lyle Dean Clemm, a boy, to Erin and Josh Clemm

July 5

Oakley Ann Kalinoski, a girl, to Jennifer Kalinoski

Marshal Phillip Larson, a boy, to Kelsie and Andrew Larson

July 6

Mateo David Postle, a boy, to Isabel MG Manzo and Donald J. Postle

SENIOR MENUS

LATAH COUNTY

Moscow

Tuesday — Pasta, beef and tomato casserole, steamed veggies, fruit crisp, fruit with salad bar, dessert bar

Thursday — Chile con carne, steamed veggies, combread, fruit with salad bar, dessert bar

Suggested donation for seniors 60 and older is \$5 per meal, \$7 for non-seniors.



Associated Press

This undated photo provided by Emilie Matthias shows a photo of her son Garrett Matthias in a hospital as he received treatment for a rare cancer in Iowa City, Iowa.

Obit, memorial service of 5-year-old Iowa boy gets national attention

Associated Press

DES MOINES, Iowa — A unique memorial service set for 5-year-old Garrett Matthias of central Iowa is matched only by the one-of-a-kind obituary the preschooler had a hand in authoring and that is now garnering national attention.

Garrett, of Van Meter, Iowa, died July 6 of a rare cancer that attacked his temporal bone and cranial nerve. His obituary includes details of some of the painful treatments he endured.

But it's his funny take on life and death that's getting noticed.

His obit notes his likes: Playing with his sister, his blue bunny, thrash metal music. And his dislikes: Pants, dirty stupid cancer, and the times hospital workers had to access his medical port.

The obit was compiled by his parents, Emilie and Ryan Matthias, who began asking Garrett questions about such adult topics as funeral and burial preferences when they learned from doctors last month that his cancer was terminal.

His responses, his mom said Friday, make up the obituary.

Asked about death,

Garrett responded he was "going to be a gorilla and throw poo at Daddy!" Asked whether he wanted to be buried or cremated, he replied, "I want to be burned (like when Thor's mommy died) and made into a tree so I can live in it when I'm a gorilla."

And he was specific about the kind of affair he expected his funeral to be.

"Funerals are sad," he said. "I want five bouncy houses (because I'm 5), Batman and snow cones."

The obit closes with his last message, "See ya' later, suckas! The Great Garrett Underpants."

Garrett's memorial service today will have many of those last requests — including the five bouncy houses. Besides snow cones, carnival games and fireworks, an archer will shoot a flaming arrow onto a small boat carrying Garrett's ashes in a neighbor's pond.

The obituary says a private burial of Garrett's ashes "will be held at a later time, once his parents figure out how the hell to get his ashes made into a tree and locate a nature preserve, so his tree resides in a protected area."

OBITUARIES

Send items to obits@dnews.com

V. Helen Campero, 97, of Pullman

V. Helen Campero, 97, of Pullman, passed away July 9, 2018, at the Bishop Place Retirement Community in Pullman. Helen was born Aug. 15, 1920, in Pullman to Ira and Dessie (Hatley) Christian. She grew up and attended school in Pullman.

Following her high school graduation, Helen attended nursing school at St. Ignatius in Colfax and finished her education at Sacred Heart Hospital in Spokane. Helen spent her career as a registered nurse in various medical settings until going to work at Student Health Services at Washington State University.

Following a distinguished career, Helen retired from WSU. On Oct. 23, 1943, Helen married Joe Campero in Pullman, where they made their home. She was a devoted and loving wife, mother and grandmother her entire life. She and Joe celebrated their 74th wedding anniversary last October. Helen loved to travel both domestically and internationally, including several trips to Europe and the Orient. She especially enjoyed traveling to California to visit her daughter and family.

The family would like to extend special thanks



Campero

to Family Health Care, Kindred Hospice and Bobville Adult Family Home for their tender care of Helen these past years. Helen is survived by her husband, Joe, at their Pullman home; her daughter, Carmen (David) Kern, of Walnut Creek, Calif.; her grandson, Eric M. (Tammy) Kern; her two great grandchildren, Carly and Avery Kern, and numerous nieces and nephews.

Helen was preceded in death by her parents; four

brothers, William (Bill), Wayne, Donald (Cork) and Harlan Christian, and her sister, Carol Kirkpatrick. The funeral service will be held at 11 a.m. Tuesday, July 17, 2018, at Sacred Heart Catholic Church in Pullman. Helen will be laid to rest at the Pullman City Cemetery. Kimball Funeral Home has been entrusted with arrangements. In lieu of flowers, donations are suggested to the Friends of Hospice, PO Box 484, Pullman, WA 99163 or to the Alzheimer's Foundation. Online condolences may be sent to www.kimballfh.com.

Robert E., 87, and Edith 'Edie' J. Grim, 84

Robert, age 87, passed away Tuesday, Feb. 13, 2018, and Edie, age 84, passed away Saturday, June 9, 2018. Both resided in Pomeroy.

Bob was born Oct. 2, 1930, in Clarkston to Ernest and Eva Grim. Edie was born Oct. 10, 1933, to Alan and Alberta Stokke in Pottlatch.

Bob and Edie were married April 17, 1954, in Moscow. They had two sons, Steve and Stan.

Bob and Edie farmed in the Kendrick area, then later moved to Davenport, Wash.,

where Bob worked for John Deere. They then made their home in Pomeroy in 1961. Bob was a parts man at John Deere in Pomeroy and later became the manager in 1978 until 1987. He also owned the steakhouse. Edie was a homemaker and then later worked at John Deere as a secretary until 1987. Later, she and Bob owned and ran the Bargain Mall.

Bob and Edie enjoyed camping, fishing and hunting and taught Steve and Stan all of these hobbies. Edie enjoyed cooking, baking



Grim

and an occasional visit to the casino. Bob and Edie spent many summers living on their boat on the Snake River.

Survivors include their

sons, Steve, of Pomeroy, and Stan, of Boise; a grandson, Patrick, of Pomeroy; Edie's sister, Geneva Huebner, of Moscow; and many nieces and nephews.

They are preceded in death by Bob's parents, Ernest and Eva Grim; brothers Dick Grim and David Grim; Edie's parents, Alan and Alberta Stokke; and sisters Evelyn Emerson and Luella Campbell.

Both Bob and Edie were cremated, and their remains will be inurned at the Pomeroy Cemetery.

Anne D. Tylutki, 92, of Moscow

Anne D. Tylutki died July 8, 2018, at Sacred Heart Medical Center in Spokane. She was 92.

Anne was born in Chicago, Ill., on June 3, 1926, to Adam and Anna Kus, one of 13 children.

Anne was raised in Chicago. After graduating from Harrison High School in 1944, while working as a secretary in a Chicago law office, she enrolled in night school at Northwestern University in pursuit of her elementary education teaching degree. She finished her studies and received her teaching degree from Northern Illinois University in 1950. Anne then decided to travel and see the world, so she signed up for a two year tour of duty with the Civilian Corp. She was assigned overseas to the G-2 section of a U.S. General (Japanese Logistics Command), living and working in Japan in support of the Korean War effort. After her tour of duty and having

gained a love for travel and adventure, Anne boarded a freighter and visited exotic ports of call throughout Asia and in the Mediterranean. Anne then embarked upon a tour bicycling throughout Europe.

Upon return to the U.S., she taught elementary school in Arlington Heights, Ill. She married Edmund Tylutki, her childhood sweetheart, Aug. 18, 1956. The day after the wedding, Anne and Ed headed west across the U.S. and ended up in Moscow, where she taught fourth grade at Russell Elementary.

She took a break from teaching in 1958 to raise a family. After raising her family, she resumed teaching at St. Mary's Catholic School. Anne loved children and continued her involvement in teaching in semi-retirement at Emily's Kinderhaven.

Anne lived in Moscow for 62 years with her beloved husband, Edmund, and was active in the commu-



Tylutki



nity and also St. Mary's Catholic Church. She served as secretary of the Catholic Women's League at one point. Her hobbies and interests included ballroom dancing, roller-skating, playing bridge, gardening and

traveling with her husband to various local dance festivals and also in Hawaii as they were both accomplished ballroom dancers.

Anne is survived by her husband of 62 years, Edmund, at their Moscow home; their six children: Tom Tylutki, of Austin, Minn.; Mike Tylutki, of Medford, Ore.; Louise "Gabby" (Tylutki) Kerins, of Laguna Nigel, Calif.; Dan Tylutki, of Issaquah, Wash.; Chris Tylutki, of Lake

City, Fla.; and Cara (Tylutki) Zuber, of San Jose, Calif.; their nine grandchildren; and her brother, Joseph Kus, of Ivanhoe, Ill.

The rosary will be recited at 10:30 a.m. Tuesday, July 17, 2018, at St. Mary's Catholic Church in Moscow. The funeral Mass will follow at 11 a.m., concelebrated by Rev. Joseph McDonald and Rev. Joseph Schmidt. George Canney will serve as Deacon of the Altar.

A reception and luncheon will immediately follow at St. Mary's Family Center. Inurnment and concluding services will be at 2 p.m. at the Moscow Cemetery.

The family suggests memorials in her name be given to St. Mary's School Foundation, PO Box 8485, Moscow, ID 83843.

Arrangements have been entrusted to Short's Funeral Chapel, Moscow, and online condolences may be sent to www.shortsfuneralchapel.com.

Kelly Anne Ward, 54, of Pullman

Kelly Anne Ward passed away the morning of July 8, 2018, at Sacred Heart Medical Center in Spokane, following an accident July 3.

Kelly was born in Somers Point, N.J., on Aug. 17, 1963, to Ronnie and Irene (Jurseck) Ward. She grew up on Golf Club Road in Cape May Court House, N.J., and attended Our Lady Star of the Sea school in Cape May and Wildwood Catholic High School. Kelly started at West Chester University, then attended and graduated from the University of Montana in 1986. Kelly received a Masters in Public Administration from Penn State in 1988, and earned her Ph.D. in Higher Education from Penn State in 1995.

As a young woman, Kelly worked at Hugi's and Acme Markets in Cape May Court House as well as the Eutaw House outside of State College. Between her graduate degrees, Kelly traveled the country and spent time working as a 'lifter' in Sun Valley and Jackson Hole, Wyo. She met the love of her life, Gene Solomon, in 1988. They were married after a thesis-burning party in the shadow of Montana's Mission Mountains on June 12, 1995. Kelly adored her three children: Daisy, Lucy and Henry. She was forev-

er proud of their achievements, sense of adventure and poise.

Professionally, Kelly worked first as service learning director for the Montana Campus Compact, then as director of volunteer action services, and as assistant professor in the College of Educational Leadership and Counseling at the University of Montana. From 1999-2003, she was assistant and associate professor in the School of Educational Studies at Oklahoma State University in Stillwater, and she came to Washington State University in 2003. In Pullman, Kelly served as professor, program coordinator and chair in the Department of Educational Leadership and Counseling Psychology (later ELSSCP) from 2003-17. In July 2017, she was appointed vice provost for Faculty Development and Recognition.

Kelly's professional legacy will be marked by her scholarship and service, and her particular interests of work-life balance, faculty career development and institutional change to support fairness, equity and diversity. In addition to being a well-respected teacher, adviser and mentor, Kelly presented and consulted at campuses across the country and around the globe. Kelly's book Academic

Motherhood received the American Educational Research Association's Division J Exemplary Publication award in 2013. She was recognized by WSU as Faculty Mentor of the Year and received the College of Education Excellence Award in Teaching, both in 2007. For 12 years, she was the co-editor of the Association for the Study of Higher Education (ASHE) Report Series. She received the ASHE Barbara K. Townsend Award in recognition of her efforts to support and encourage faculty development in 2016, and in 2017, she received the ASHE Distinguished Service Award.

Kelly's personal legacy is the impact she had on almost everyone she interacted with. Lifelong friends and casual acquaintances were drawn into her confidence and inspired by her openness, support, caring nature and knack for bringing out the best in others. Kelly shared her enthusiasms with all whom she met. She loved music, dancing, skiing, swimming, long walks, reading, traveling, quilting, horses and horse shows and keeping in touch with her large circle of friends, always ready with a postcard, gift or supportive word.

Kelly loved to travel, especially to the New Jersey beaches, and most especial-



Ward

ly to 121st Street in Stone Harbor. In the last several years, she traveled with family to France, Spain, Italy, Croatia, Switzerland and Thailand.

Kelly was preceded in death by her mother and is survived by her husband Gene Solomon; children Daisy, Lucy and Henry Ward; father Ronnie Ward, of Mays Landing, N.J.; and sisters Valerie McGrail (Denver) and Denise Lawrence (Boulder, Colo.) and brothers Jeffrey (Manhattan and Cape May Court House, N.J.), Shawn (Naples, Fla.), and Michael Ward (Smithfield, N.C.). A celebration of Kelly's life will be held Saturday, Aug. 4 at 2 p.m. in the M.G. Carey Senior Ballroom at the WSU CUB. Gifts in memory can be sent to the 'Kelly Ward Legacy Fund' at the WSU Foundation (<https://go.wsu.edu/kelly-ward-legacy-fund>). The Funeral Mass will be celebrated at 7 p.m. Friday, Aug. 3 at Sacred Heart Catholic Church in Pullman. Kimball Funeral Home has been entrusted with arrangements. Online condolences may be sent to www.kimballfh.com

FUNERAL/SERVICE CALENDAR

TODAY

Paulette McCollum, 72, of Albion — noon service, 308 Main St., Albion.

Casey Lynn Hanson, 49, of Viola — 2 p.m. memorial service, First United Methodist Church, 322 E. Third St., Moscow.

TUESDAY

Anne D. Tylutki, 92, of Moscow — 10:30 a.m. rosary, 11 a.m. funeral mass, St. Mary's Catholic Church, 618 E. First St., Moscow. A reception and luncheon will immediately follow at St. Mary's Family Center. 2 p.m. inurnment and concluding services, Moscow Cemetery.

SATURDAY 7.21

Merle Morris Baldwin, 92, of Lewiston — 11 a.m. celebration of life, Congregational-Presbyterian Church, 709 Sixth St., Lewiston. A meal will follow.

Bernal Riley Sturman, 86, of Moscow — 1-3 p.m. gathering, Eagles Lodge, 123 N. Main St., Moscow.

Daily News Obituary Policy

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Online services

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Editing

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Pastors swap pulpits to bridge racial divide

By Holly Meyer
The Tennessean

NASHVILLE, Tenn. — Christians tend to worship alongside people who look just like them.

That is the case for the two First Baptist churches in downtown Nashville — one mostly black and the other mostly white.

So when their pastors exchanged pulpits earlier this spring, the Rev. Kelly Miller Smith Jr. and the Rev. Frank Lewis not only demonstrated their friendship, but they bridged the racial divide prevalent across the Christian landscape.

“What we are doing today matters. What we are doing matters in our city,” Lewis said as he stood on his borrowed platform at the historically black First Baptist Church, Capitol Hill.

“It matters when God’s people join together across different kinds of boundaries that we’ve grown up in and we say, ‘You know, it doesn’t have to be this way,’” Lewis said in his sermon. “We’re going to be together and

we’re going to lift high the name of Jesus.”

About a half-dozen blocks away, Smith called it a “blessing” and a “privilege” to preach at Nashville First Baptist Church that April 22 morning before launching into his sermon on the treasure in jars of clay from 2 Corinthians.

The history of race and religion is long and complicated, says Baylor University professor Kevin D. Dougherty and North Park University professor Michael O. Emerson in their recent study, “The Changing Complexion of American Congregations.”

In it, the sociology scholars point to the Rev. Martin Luther King Jr. lamenting in 1956 about 11 a.m. on Sunday morning being the most segregated hour in Christian America.

“The troubled history of American race relations birthed congregations and denominations divided by race,” reads the study published in June in the Journal for the Scientific Study of Religion. “Baptists and Methodists both fractured along racial lines to create separate black and white

denominations.”

In Nashville, the two First Baptist churches share a long history.

Nashville First Baptist allowed its black members, both slave and free, to hold monthly prayer meetings in the 1830s, according to church history. Eventually, they were able to hold separate services at another location.

At the end of the Civil War, the black congregation petitioned to become an independent church, which happened in 1865. The church would go on, under the leadership of Smith’s father, to play a pivotal role during the civil rights movement, including sit-in demonstrations in Nashville.

“I think all of that combined just really knits a story together about the ongoing day-to-day work of racial reconciliation,” Lewis said. “I think you have to constantly work on it. It’s a long journey. Every generation is going to face new challenges to that.”

Today, it is not uncommon for the two congregations to come together on occasion. In 2015, Lewis delivered a message during

the 150th anniversary celebration of First Baptist Church, Capitol Hill. On April 22, a joint choir performance capped the day of the Smith and Lewis pulpit exchange.

“The hope is they see a genuine and a mutual friendship between the two pastors,” Lewis said. “If we can be friends, then that friendship should extend member to member in our congregations as well.”

It is easier to find common ground for special fellowship events like a pulpit exchange than on a week in and week out basis, Smith said.

“What we did on that Sunday is very important and very good,” Smith said. “The people at Nashville First Baptist were very receptive of me and our people were very receptive of Dr. Lewis coming and sharing with us as well.”

But worship is not a sterile experience, Smith said. Believers bring their personal perspectives — both historic and current-day — with them to church and many want to worship alongside those who understand and share their worldview, he said.

SERMON TOPICS

MOSCOW

Emmanuel Lutheran Church
Sunday — Worship at 9:30 a.m.
“The Miracle of One Loaf”
Guest speaker Kurt Queller

Unitarian Universalist Church of the Palouse
Sunday — Service at 10 a.m.
“Crossing Over: The Bridge Between Young Adulthood and Adulthood”
Service Leaders: Marisa Gibler and Ginger Allen

First Presbyterian Church of Moscow
Sunday — Service at 9:30 a.m.
“The Sovereignty of God”
Pastor Norman Fowler



WORSHIP DIRECTORY

For changes or corrections call (208) 883-7794, fax to 883-8205, or e-mail swilliams@dnews.com

*Deadline for any changes/additions to the Worship Directory is Wednesday before Saturday's publication by 5 p.m.

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(Close to WSU Campus)
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www.ebcpullman.com

Trinity Baptist Church
711 Fairview, Moscow
(Mtn View to White Ave to Fairview)
9 am Sunday School & Bible Classes
10:30 am Sunday Service
Nursery available
Awana • Youth
College Ministries • Small Groups
208-882-2015
www.trinitymoscow.org
The United Church of Moscow
See Disciples of Christ

BIBLE

Bridge Bible Fellowship
960 W. Palouse River Dr., Moscow
208-882-0674 www.bridgebible.org
Pastors: Kirk Brower,
Kim Kirkland, Nate Anglen

Grace Bible Church Pullman
“Saved by Grace, Living by Grace”
Independent, Fundamental, Evangelical
RidgePointe Community Clubhouse
1402 SE Fancy Free Drive, Pullman
Pastor/Teacher: Ron McMurray, 509-397-2395
Sunday Bible Study 9:45 am
Sunday Worship 11 am

Moscow Bible Church
Meeting at Shorts Chapel
1225 E 6th St., Moscow
Sunday Worship Service 10 am
Christ Centered
Biblical, conservative, loving
www.moscowbible.com
Pastor Josh Shetler 208-874-3701

Onecho Bible Church
11361 Almota Road, Colfax
509-397-3484
Sunday School 9:30 am
Worship Service 10:45 am
Nursery Provided
Pastor-Mike Nyholm
Associate/Youth Pastor-Todd Kinley
www.onecho.org

Sacred Heart Roman Catholic Church
400 NE Ash St., Pullman
On College Hill
Mass Times
Saturday 4:30 p.m.
Sunday 8:30 a.m. & 11:00 a.m.
www.sacredheartpullman.org

St. Augustine's Church
628 S. Deakin Ave., Moscow
208-882-4613
Fr. Chase Hasenoehrl
Masses
Sunday 10:30 am & 7 pm
Reconciliation
Wednesday & Sunday 6 pm-6:45pm

St. Mary's Church
Polk and First Street, Moscow
Father Joe McDonald, III JCL 208-882-4813
Masses
Saturday 5 pm
Sunday 8 am & 11:30 am
Reconciliation (Confession)
Saturday 3:30 pm

CHARISMATIC

ENCOUNTER MINISTRIES
190 SE Crestview, Pullman
509-715-1500
www.encounterministries.org
Pastor Craig & Courtney Adams
Wednesday Services: 7:00 PM
Sunday Morning Service: 10:00 AM
Encountering God Together
Childcare Provided (Nursery-Kindergarten)

CHRISTIAN SCIENCE

Christian Science Society & Reading Room
Moscow/Pullman
1573 E. Third St., Moscow
Sunday School 10:30 am
Sunday Service 10:30 am
1st & 3rd Wednesday Meeting 7:30 pm
Child Care Available
Reading Room Hours:
Saturday 10 am -1 pm
Radio Program:
Sundays at 8:30 am on Station 590 AM

CHURCH OF GOD

Paradise Hills Church of God
510 Northwood Dr.,
Moscow 208-882-4566
Christian Education 9:45 am
Worship 10:45 am
Wednesday Bible Study 7 pm
Where salvation makes you a member

intersect community church
Service Time
Sunday 10:00 am
2305 S. Main St., Moscow
www.intersectpalouse.com

DISCIPLES OF CHRIST

The United Church of Moscow
American Baptist/Disciples of Christ
123 W. 1st, Moscow • 208-882-2924
www.unitedchurch.cc
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Faith Explorations 9:30 am
Morning Worship 10 am
Childrens Church program during worship
Child care available
Everyone Welcome

EPISCOPAL

St. James Episcopal Church
1410 NE Stadium Way, Pullman,
509-332-1742
office@stjamespullman.org
The Rev. Linda M. Young, Rector
Sunday Worship
9:00 a.m.
Child Care Available
Midweek Worship
8:30 a.m. Wednesday
www.stjamespullman.org
The church office is open T-F, 9 am - Noon

St. Mark's Episcopal Church
A welcoming and inclusive congregation
111 S. Jefferson, Moscow
208-882-2022
stmark@moscow.com
The Rev. Robin Biffle, Rector
Sunday worship
9:30 a.m. -- Holy Eucharist
Thursday
12:10 p.m. -- “Slow Church” Holy Eucharist
For other activities and information:
stmarkschurchmoscow.org

EVANGELICAL

Evangelical Free Church of the Palouse
Sunday Worship and Children's Church - 9:30am
No Sunday School classes during the summer.
Middle School and High School Youth Ministries
Sundays from 6-8pm at E-Free
4812 Airport Road, Pullman
(509) 872-3390
www.efreepalouse.org
church@efreepalouse.org

LUTHERAN

Concordia Lutheran Church (LCMS)
1015 NE Orchard Drive, Pullman
Matt Gulseth, Pastor
9:00 Worship
(509) 332-2830
www.concordiapullman.org

Emmanuel Lutheran Church, ELCA
1036 West A. St., Moscow, 208-882-3915
www.emmanuelmoscow.org
Christian Education 8:30 am
Worship Time 9:30 am
Children Welcome at Worship
Fellowship & Coffee 11 am
We Warmly Welcome
Everyone-No Exceptions
“A Reconciling in Christ Congregation”
Pastor K. David Daugs
Campus Minister Karla Neumann Smiley



Moscow Lutheran (LCMS)
Service Times
Divine Service 10:00 am
Bible Study (all ages) 9:00 am
1015 West C Street, Moscow, ID 83843
208.962.1456
Rev. Jonathan T. Krenz
208.892.9224

Trinity Lutheran, ELCA
1300 NE Lybecker, Pullman • 509-332-1985
www.trinitypullman.org
facebook.com/TLCPullman
Wesley Howell, Pastor
Sunday Worship (Nursery Available) 9:00 am
Fellowship and Coffee After Worship
Small Groups & Youth Group ...see website
A Reconciling in Christ Congregation
All Are Welcome!

METHODIST

First United Methodist Church
Third & Adams, Moscow, 208-882-3715
Pastor Debbie Sperry
Worship at 10:30am
Sunday School at 9am
Handicapped/Hearing Impaired Accessible
Nursery and child care provided
www.moscowfirstumc.org

Simpson UNITED METHODIST CHURCH
325 NE Maple, Pullman
509-332-5212
Pastor Shane Moore
Worship at 10:30 am
www.simpsonumc.org

NON-DENOMINATIONAL

The CROSSING
Fueling a Passion for Christ to Transform our World
715 Travois Way
Office: 208-882-2627
e-mail: thecrossing@moscow.com
web: www.thecrossingmoscow.com
Sunday: Bible Study 9 am
Celebration at 10:00 am
Sunday evening Bible study 6:00 pm
Sunday Youth Group 6:00 pm

Living Faith Fellowship
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Sundays
Sunday School - 9 am
Worship Service - 10:30am
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Wednesdays
Worship Service - 7pm
Nursery available
Youth Group - 7pm
4th-6th Grade & 7th-12th Grade
www.LivingFaithFellowship.com

Campus Christian Fellowship
Fridays - 7:30 pm
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www.CampusChristianFellowship.com



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Norman Fowler, Pastor

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1630 NE Stadium Way
Pullman, WA 99163
509-332-2659
www.pullmanpc.org
Sunday Worship 10 a.m.
Senior Pastor-Matt McNelly
Associate Pastor- Amy McNelly

QUAKERS

Religious Society of Friends
Friends Meeting Sunday, 10-11 am
403 Samaritan Lane, Moscow ID
Meeting in the 1st Floor Lounge

SEVENTH-DAY ADVENTIST

Moscow Seventh-day Adventist
1015 West C Street, Moscow
Pastor Marshall McVay
509-540-2547
Saturday services
Sabbath School 9:30 am
Worship 10:45 am
moscowsda.org

Pullman Seventh-day Adventist
1120 SE Klemgard St., Pullman
208-717-1709
Saturday Services
Sabbath School 10:30 am
Worship 11:30 am
Fellowship lunches every week
pullmansda.org

Troy Seventh-day Adventist
1158 Big Meadow Rd., Troy, ID
208-835-8000
Saturday Services
Sabbath School 9:30 am
Worship Service 10:50 am

UNITARIAN UNIVERSALIST

Unitarian Universalist Church of the Palouse
2nd & Van Buren, Moscow
208-882-4328
www.palouseuu.com
Child Care Available
Service: July 15, 2018, 10am
Crossing Over: The Bridge Between Young Adulthood and Adulthood
Each phase of life brings unique challenges, stumbling blocks, and of course, joys. Today we will hear from several members of our congregation crossing over between young adulthood and adulthood.
Service Leaders:
Marisa Gibler and Ginger Allen

No need to separate from a pet at some colleges



Associated Press

This 2017 photo provided by Eckerd College shows a student and her pet at a pet graduation ceremony taking place at Eckerd College in St. Petersburg, Fla.

By Linda Lombardi
Associated Press

Leaving for college involves some difficult changes, and one of them can be separation from a beloved pet.

"If an animal is part of your entire life, and caring for them is a huge part of it, to take that away is pretty dramatic," Kimberly Brubaker said.

If it's a high enough priority, though, you might be able to find a way to stay together, as Brubaker did: She lives in a dorm with her cat Dino and ball python Mars at Eckerd College in St. Petersburg, Fla.

Eckerd is not the only campus in the country that allows pets, but they may have been doing it the longest — since the early 1970s. While its pet policies are broadly accepting, it's far from a free-for-all. Brubaker is president of a student organization that registers on-campus pets; oversees their well-being and students' compliance with rules; and adjudicates problems.

"We do pet checks once a month — we go around and knock on all the doors," she said. They handle an average of one or two problem reports per month, but most are minor, such as misunderstandings of the registration procedures.

Not only are pets on Eckerd's campus mostly problem-free, they may actually

be beneficial. In a recently published study, students "across the board reported that their pet reduced their levels of stress, and had incredibly favorable things to say about living with the animal," said co-author Miranda Goodman-Wilson, assistant professor of psychology at Eckerd.

A majority of students reported that pets had a positive impact on their academic performance. "I think that for many students, having a pet provides a structure that they otherwise lack," she said. "If you have a dog who has to go out to go to the bathroom, that's a powerful alarm clock right there."

The study's results were mixed when it came to quantifiable mental health benefits. Pet-owning students did not have overall lower levels of stress, depression and anxiety. However, there was an effect when it came to somatic anxiety — the physical effects of stress, such as a racing heart and sweating palms. For students with pets, increased levels of stress did not result in increased somatic anxiety.

"If pets are having some sort of psychological impact, it may be that they are serving as a buffer," she said. "So yes, I'm still having stress, but by having my animal, that stress is not translating into this sort of anxiety in the same way."

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CENTERED ON EXCELLENCE

High hopes for canine CBD products

By Vikki Ortiz
Chicago Tribune

As the sound of fireworks sends terrified dogs running into closets, under the bed and possibly even away from home, many pet owners and veterinarians are buzzing about a new way to help man's best friend relax and enjoy the holiday: products made from the marijuana plant.

Cannabidiol chews, oils and dog treats are selling out at local pet supply stores, and veterinarians say clients have been eager to learn more about CBD products derived from hemp, the same Cannabis sativa plant as pot but which contains little or no THC, the component that provides the high.

"It's just recently come in favor," said Natalie Marks, medical director for Blum Animal Hospital in Chicago, where she recommends CBD products, which are available without a prescription for both dogs and cats that have mild reactions to fireworks. "We

have lots of clients that are very happy with it."

But in a statement to the Tribune, the American Veterinary Medical Association discouraged the use of CBD products on pets.

"While marijuana products are being marketed to treat certain diseases and other health conditions in animals, the FDA has not approved the use of marijuana in any form in animals. In addition, the safety and effectiveness of these products with respect to their therapeutic claims has not been demonstrated. For these reasons, the AVMA cautions pet owners against the use of such products," said Michael San Filippo, spokesman for the American Veterinary Medical Association, based in Schaumburg.

Still, pet supply shops can't keep the products on the shelves.

At Happy Dog Barkery in Downers Grove, Ill., owner Beth Staley said she had to create a waiting list for customers interested

in the CBD products the store began carrying at the beginning of the year. The store's recent supply sold out recently, leaving Staley scrambling to get more inventory from her distributor before the July 4th holiday. She expected a steady stream of CBD customers leading up to the holiday.

"It has been like hotcakes," said Staley, who said customers also have bought the products for pets spooked by thunder. "In the last four to six weeks, especially with all the storms coming in, it has really taken off."

The popularity of CBD products for dogs mirrors a growth in CBD products for humans, an industry that has flourished in the nearly three years since medical marijuana was legalized in Illinois. From massage oils to dog biscuits, a variety of products that purport to soothe ailments from insomnia to inflammation are available for sale in Illinois with little regulation.



Associated Press

Vicky Chavez plays with her daughter Issabella in the chapel of the First Unitarian Church on May 31 in Salt Lake City. Issabella learned to walk in the church and celebrated an early first birthday there.

Family

from Page 1D

run in an open room with wood floors.

Baby Issabella learned to walk in the church and celebrated her first birthday early there this month. Yaretzki gets tutored instead of attending school.

"I feel sad because I can't give my daughter a normal life," Chavez said.

The family is among 44 people taking sanctuary in the U.S., according to information from Church World Service.

But they are the first known immigrants to take sanctuary in Utah, according to local immigration advocates and the state chapter of the American Civil Liberties Union. The practice has been common in states such as Arizona and California but unheard of in Utah, where Mormons account for about two-thirds of the population.

The Church of Jesus Christ of Latter-day Saints takes a compassionate stance on immigration and recently said it was "deeply troubled" by the family separations at the border but doesn't offer sanctuary to immigrants.

The Rev. Tom Goldsmith of the First Unitarian Church in Salt Lake City said his congregation of about 300 families voted a decade ago to welcome a sanctuary case.

When a local immigrant support group presented Chavez's case, the congregation decided to help, he said. President Donald Trump's administration strengthened their commitment, he said.

"It's too easy to just conduct business as usual as a group of predominantly white, privileged parishioners,"

Goldsmith said. "There is a deep calling to widen the love and commitment to social justice. To not only show up at demonstrations or protests or marches but to actually, in a very tangible form, prove that we really mean what we say."

Some 200 church members and other volunteers help ensure the Chavez family is fed, educated, supported and protected. Church members tutor Yaretzki. They shop for groceries so the family has food they like.

And they take turns guarding the church's one unlocked door around the clock, Goldsmith said. Though immigration authorities generally don't enter churches, the church isn't taking any chances, he said.

ICE agents must have prior approval from a supervisor to take action in churches because they are considered "sensitive locations," which also include schools and hospitals, Rusnok said.

Chavez said she wants the chance to stay in the country that has been home to her parents and siblings for decades and where she and her children enjoy a peaceful life.

She and her supporters know she faces a steep hurdle after U.S. Attorney General Jeff Sessions, who oversees immigration courts, declared domestic and gang violence are generally not sufficient grounds for asylum. Still, she says she has no choice.

"I don't have family in Honduras. I don't have a place to take my girls," Chavez said. "I came because I'm running away from domestic violence. We were receiving death threats. ... I'm scared to return to Honduras. Not just for me, but for my girls."

Fertility

from Page 1D

disease resistance.

I lean toward organic gardening and prefer natural fertilizers like steer manure, bunny manure and green manures (recall June 16 column). Maybe you will discover you can grow thriving veggies with 0-0-0 commercial fertilizer.

Doug Young is a retired WSU professor who loves to share his 65 years of gardening experience. dyoung1013@gmail.com. Visit <https://sites.google.com/site/koppelfarm/Doug-Young> for links to all of Doug's previous columns.

Chills

from Page 1D

Yasinitsky said. "Even those that have outlawed music, they chant, they are still singing. We all need music."

After chatting with Yasinitsky, I headed across campus to visit the WSU neuroscience department. That's where I met up with our friend, Steve Simasko. He told me more about music, emotions and the brain. But we'll explore that next week.

In the meantime, you can try making your own instruments at home. Collect different supplies like rubber bands, popsicle sticks, toilet paper tubes or other kinds of materials to create your own sounds. Try making a coffee can drum or some maracas.

If you are feeling really ambitious, try out a shoebox guitar. Maybe you can play a tune along with your friends. Let me know how it goes at Dr.Universe@wsu.edu.

— Dr. Universe

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Have a science question? Ask **Dr. Wendy Sue Universe**, WSU's resident science cat and writer, by email at Dr.Universe@wsu.edu, on her website at askDrUniverse.wsu.edu, via Twitter at [@AskDrUniverse](https://twitter.com/AskDrUniverse) or at facebook.com/AskDrUniverse.