

Bachelor of Science in Kinesiology: Sport Science Curriculum; For Students Admitted to the Major Prior to Fall 2018

University Common Requirements (UCORE)			Kinesiology Core Requirements	
Grade	Sem	Grade	S	Sem
FIRST-YEAR EXPERIENCE:		\square (3) KINES	199 Human Motor Development	
(3) HIST 105 Roots of Contemporary Issues (ROOT)		(4)BIOL	251 Intro to Human Physiology (Prereq: Biology 102, 106 or 107) Fall/Summer Only	
		(4) KINES	262 Human Anatomy	
FOUNDATIONAL COMPETENCIES:		\square (3) KINES	264 Fitness Concepts (Prereq: KINES 262)	
(4) STAT 212 Quantitative Reasoning		* (3) KINES	311 Strength Training (Prereq: KINES 262, 264)	
(3) Communication or Written Communication		* (3) KINES	313 Psychological Aspects of Physical Movement (Prereq: PSYCH 105 or SOC 101)	
(3) Written Communication		* (3) KINES	361 Health and Wellness	
		* (3) KINES	362 Qualitative Biomechanics (Prereq: KINES 262)	
WAYS OF KNOWING:		* (3) KINES	380 Introduction to Exercise Physiology (Prereq BIOL 251)	
(3) PSYCH 105 Social Sciences		* (3) KINES	461 Motor Learning and Control [M] (Prereq: BIOL 251, KINES 262; Writing Portfolio)	
(3) KINES 201 Humanities		* (3) KINES	484 Exercise Prescription and Medical Conditions [CAPS] (Prereq: BIOL 251; KINES 262)	<u> </u>
(3) Arts			Sport Science Requirements	
(4) BIOL 102/106/107		(1) KINES	138 Introduction to Kinesiology	
(3) BIOL 140 Natural Sciences		(3) KINES	201 Exploring Meaning in Sport and Movement	
(4) CHEM 101 or 105		(3) KINES	266 Prevention and Management of Activity-Related Injuries (Prereq: KINES 262)	
_ _		* (3) KINES	312 Research & Assessment in Kinesiology [M] (Prereq: STAT 212 or PSYCH 311)	
INTEGRATIVE AND APPLIED LEARNING:		* (1) KINES	390 Sport Science Practicum or Research (Prerequisite: KINES 264)	
(3) Diversity		* (10-12) KINES	485 *** Kinesiology Internship (Prerequisite:> See *** below)	
(3) KINES 484 Integrative Capstone		(3) SOC	245 Sociology of Sport	
		_	<u> </u>	
			* Students must be admitted to Sport Science to enroll in these courses	
			*** Must have a C or better in all Sport Science major courses, have completed all	
			UCORE courses and cannot be taken concurrently with any other coursework	
Additional Graduation Requirements	_		Core Electives (6) (See reverse for additional information)	
Writing Portfolio (complete during second year)	_			
Writing in the Major Courses [M] (KINES 312 & 461)				
40 credits of 300 & 400 level courses				
				1
		Stude	ents can choose cognate courses to track toward pre-Med, pre-PT, pre-PA & pre-OT	
			Cognates can also be used to pursue a minor or prepare for a masters degree	

NOTE: The intent of the core electives is to provide flexibility in course options for students that still keeps their plan of study focused by requiring the courses to still be connected to kinesiology or a future kinesiology career. This is NOT an inclusive list of courses. Students should consult with a Sport Science advisor to select cognate courses that meet their individual needs. (2) BIOL 220 Medical Terminology * (3) HD 306 Child Development (4) MBIOS 303 Introductory Biochemistry * (4) BIOL 315 (3) HD 307 Middle Childhood/Adolescent Development (4) MBIOS 305 General Microbiology * Gross & Microanatomy * (2) BIOL 490 Professional Seminar in Physical Therapy (3) HD 308 (3) PHIL 365 Biomedical Ethics Adult Development (4) CHEM 102 Chemistry Related to Life Sciences (if taken 101) * (3) HD 405 Gerontology (4) PHYS 101 General Physics * (4) CHEM 106 Principles of Chemistry II (if taken 105) * (3) KINES 305 Nutrition Related to Fitness and Sport (4) PHYS 102 General Physics * **Human Sexuality** (4) CHEM 345 Organic Chemistry I * (3) KINES 411 Advanced Strength Training (3) PSYCH 230 Organic Chemistry II * (3) MATH 106 College Algebra (3) PSYCH 320 Health Psychology (4) CHEM 348 Sports and the Media (2) MATH 108 Trigonometry (3) PSYCH 333 Abnormal Psychology * (3) COM 225 (3) COM 478 Health Communication (4) MATH 171 Calculus * (3) PSYCH 350 Social Psychology (3) PSYCH 361 Developmental Psychology * (3) HD 101 Human Development Across the Lifespan * (4) MBIOS 101 Introductory Microbiology (3) HD 220 **Human Development Theories** (4) MBIOS 301 General Genetics * (3) PSYCH 470 Motivation * Potential prerequisite for professional school (Medical, Physical Therapy, Physician Assistant, Occupational Therapy). This is not inclusive as schools have different prerequisites. Applicants seeking admission to professional school should also meet with a specialist in the Health Professions Student Center (335-4549), contact the specific institution and utilize online resources that are available.

Suggested Arrangement of Courses:

CR	Fall 1 st Year	Prerequisite	CR	Spring 1 st Year	Prerequisite
3	BIOL 140	1	3	Communication or Written Communication	
3	ENGL 101 (Written Communication)		4	KINES 262	≥ 40 Aleks or Math 103+
3	PSYCH 105		3	KINES 201	
1	KINES 138		3	HIST 105	
3	KINES 199	≥ 40 Aleks or Math 103+	3	Diversity	
3	Arts				
16			16		
CR	Fall 2 nd Year	Prerequisite	CR	Spring 2 nd Year	Prerequisite
	STAT 212	≥ 45 Aleks or Math 103+	3	Cognate Course	
4	BIOL 102/106/107	BIOL 107 = CHEM (completed or concurrent)	4	CHEM 101 or 105	101 = Math 103+; $105 = Math 106+$
	KINES 264	KINES 262	3	SOC 245	
	KINES 266	KINES 262	3	KINES 311	KINES 262 & 264
	Cognate Course		3	KINES 361	
17			16		
CR	Fall 3 ^{ra} Year	Prerequisite	CR	Spring 3 ^{ra} Year	Prerequisite
3	Cognate Course		CR 3	Cognate Course	
3	Cognate Course BIOL 251	Prerequisite BIOL 102, 106 or 107	3	Cognate Course KINES 313	Prerequisite PSYCH 105 or SOC 101
3 4 3	Cognate Course BIOL 251 Cognate Course	BIOL 102, 106 or 107	3 3 3	Cognate Course KINES 313 Cognate Course	PSYCH 105 or SOC 101
3 4 3 3	Cognate Course BIOL 251 Cognate Course KINES 312	BIOL 102, 106 or 107 STAT 212 or PSYCH 311	3	Cognate Course KINES 313 Cognate Course KINES 380	PSYCH 105 or SOC 101 BIOL 251
3 4 3 3	Cognate Course BIOL 251 Cognate Course	BIOL 102, 106 or 107	3 3 3 1	Cognate Course KINES 313 Cognate Course KINES 380 KINES 390	PSYCH 105 or SOC 101
3 4 3 3 3	Cognate Course BIOL 251 Cognate Course KINES 312	BIOL 102, 106 or 107 STAT 212 or PSYCH 311	3 3 3	Cognate Course KINES 313 Cognate Course KINES 380	PSYCH 105 or SOC 101 BIOL 251
3 4 3 3	Cognate Course BIOL 251 Cognate Course KINES 312 KINES 362	BIOL 102, 106 or 107 STAT 212 or PSYCH 311	3 3 3 1	Cognate Course KINES 313 Cognate Course KINES 380 KINES 390 Elective	PSYCH 105 or SOC 101 BIOL 251
3 4 3 3 3 16 CR	Cognate Course BIOL 251 Cognate Course KINES 312 KINES 362 Fall 4 ^m Year	BIOL 102, 106 or 107 STAT 212 or PSYCH 311	3 3 3 1 1-3 14-16	Cognate Course KINES 313 Cognate Course KINES 380 KINES 390 Elective Spring 4 th Year	PSYCH 105 or SOC 101 BIOL 251 KINES 264 Prerequisite
3 4 3 3 3 16 CR 3-4	Cognate Course BIOL 251 Cognate Course KINES 312 KINES 362 Fall 4 th Year Elective	BIOL 102, 106 or 107 STAT 212 or PSYCH 311 KINES 262 Prerequisite	3 3 3 1 1-3 14-16	Cognate Course KINES 313 Cognate Course KINES 380 KINES 390 Elective Spring 4 th Year	PSYCH 105 or SOC 101 BIOL 251 KINES 264 Prerequisite C or better all course work for the Sport Science major
3 4 3 3 3 16 CR 3-4 3	Cognate Course BIOL 251 Cognate Course KINES 312 KINES 362 Fall 4 th Year Elective KINES 461	BIOL 102, 106 or 107 STAT 212 or PSYCH 311 KINES 262 Prerequisite KINES 262, BIOL 251 & Writing Portfolio	3 3 3 1 1-3 14-16	Cognate Course KINES 313 Cognate Course KINES 380 KINES 390 Elective Spring 4 th Year	PSYCH 105 or SOC 101 BIOL 251 KINES 264 Prerequisite
3 4 3 3 3 16 CR 3-4 3 3	Cognate Course BIOL 251 Cognate Course KINES 312 KINES 362 Fall 4 ^m Year Elective KINES 461 KINES 484	BIOL 102, 106 or 107 STAT 212 or PSYCH 311 KINES 262 Prerequisite	3 3 3 1 1-3 14-16	Cognate Course KINES 313 Cognate Course KINES 380 KINES 390 Elective Spring 4 th Year	PSYCH 105 or SOC 101 BIOL 251 KINES 264 Prerequisite C or better all course work for the Sport Science major
3 3 3 3 16 CR 3-4 3 3	Cognate Course BIOL 251 Cognate Course KINES 312 KINES 362 Fall 4 th Year Elective KINES 461	BIOL 102, 106 or 107 STAT 212 or PSYCH 311 KINES 262 Prerequisite KINES 262, BIOL 251 & Writing Portfolio	3 3 3 1 1-3 14-16	Cognate Course KINES 313 Cognate Course KINES 380 KINES 390 Elective Spring 4 th Year	PSYCH 105 or SOC 101 BIOL 251 KINES 264 Prerequisite C or better all course work for the Sport Science major Completion of all UCORE requirements
3 4 3 3 3 16 CR 3-4 3 3	Cognate Course BIOL 251 Cognate Course KINES 312 KINES 362 Fall 4 ^m Year Elective KINES 461 KINES 484	BIOL 102, 106 or 107 STAT 212 or PSYCH 311 KINES 262 Prerequisite KINES 262, BIOL 251 & Writing Portfolio	3 3 3 1 1-3 14-16	Cognate Course KINES 313 Cognate Course KINES 380 KINES 390 Elective Spring 4 th Year	PSYCH 105 or SOC 101 BIOL 251 KINES 264 Prerequisite C or better all course work for the Sport Science major Completion of all UCORE requirements