

College of Education Teacher Education Program

Health and Fitness Requirements: UCORE

Bachelor of Science in Kinesiology: 136 Hours

Name: _____

Certification Date: _____

WSU ID#: _____

Endorsement(s): _____

UNIVERSITY COMMON REQUIREMENTS (UCORE)			
Foundational Competencies	Crs.	Grade	Sem.
*ENGLISH 101 [WRTG]	3		
*ENGLISH 201 [WRTG]	3		
STAT 212 [QUAN]	4		
First Year Experience			
HISTORY 105 [ROOT]	3		
Ways of Knowing			
PSYCH 105 [SSCI]	3		
[HUM] _____	3		
[ARTS] _____	3		
BIOLOGY 106 [BSCI]	4		
CHEM 101/105 (lab req) [PSCI]	4		
BIOLOGY 140 [BSCI]	4		
Integrative and Applied Learning			
[DIVR] _____	3		
[CAPS] _____	3		
Writing Portfolio Complete			

Non-Cert GPA	Semester

WEST-B Test	P/NP	Date Taken
Reading		
Math		
Writing		

WEST-E Test	P/NP	Date Taken
WEST-E		/
Endorsement Area _____		
WEST-E		/
Endorsement Area _____		
WEST-E		/
Endorsement Area _____		

^ TCH_LRN 317 is a three week intensive experience in a K-12 public or private school in the students home community and takes place in Block A of Summer Session.
 (*) KINES 481 and 483, must be admitted to program to take these classes.
 * Must be taken prior to applying to Teacher Education Program.

KINESIOLOGY CORE					
Prefix	Class Title	Crs.	Prereqs.	Grade	Sem.
KINES 199	Human Motor Dev.	3			
BIOLOGY 251	Human Physiology	4	BIOL 106		F/Su
KINES 262	Human Anatomy	4			
KINES 264	Fitness Concepts	3			
KINES 266	Care/Prevention Injury	3	KINES 262		
KINES 311	Strength Training	3	KINES 262, 264, 266		
KINES 312	Research & Assess.	3	STAT 212		
KINES 313	Behavioral Aspects	3	KINES 312, PSYCH 105/SOC 101		
KINES 361	Health & Wellness	3			
KINES 380	Physics of Exercise	3	BIOL 102/106/107; BIOL 251, CHEM 101/105		
KINES 461	Motor Skills Acquisition	3	KINES 262, BIOL 251; STAT 212; Wrt Port.		
KINES 462	Biomechanics	3	KINES 262, STAT 212		
KINES 484	Exercise Prescription	3	KINES 262, BIOL 251		

Health and Fitness Teaching Program					
PSYCH 230	Human Sexuality	3			
KINES 314	Phil. Human Mvmt.	3			
KINES 393	Practicum Spec. Popul.	1	Consent Required		
KINES 481(*)	Health Ed. Methods	3	Admitted to program		F
KINES 483(*)	Fitness Ed. Methods	3	Admitted to program		Sp
PE_ACTIV 112	Weight Training	1			

PE_ACTIV in 4 of 5 Activity Areas: Courses listed are highly recommended					
PE_ACTIV 132	Aquatics	1			
PE_ACTIV 120/121	Dance	1			
PE_ACTIV 114	Gymnastics	1			
	Individual	1			
	Team	1			

Education Course Requirements					
*TCH_LRN 301	Learning & Devel.	3			
TCH_LRN 317^	Initial Practicum Exp.	2			Su
BLOCK I: Admission to program required to begin Block I.					
TCH_LRN 464	Curr. Instruct. & Con. Lit.	3			
TCH_LRN 465	Cul. & Comm. Contexts	3			
TCH_LRN 466	Sec. Meth. Of Ed. Tech.	2			
BLOCK II: Completion of Block I and TCH_LRN 317 required to begin Block II.					
TCH_LRN 467	Classroom Mgt.	3			
ED_PSYCH 468	Classroom Assessment	3			
TCH_LRN 469	Advanced Practicum	2			
TCH_LRN 470	ESL/SpEd Methods	3			
BLOCK III					
TCH_LRN 415	Student Teaching	16			