

CURRICULUM VITAE

Sarah Ullrich-French, PhD

ACADEMIC BACKGROUND

- 2006 **Doctor of Philosophy**, Purdue University, Department of Health and Kinesiology (Sport and Exercise Psychology)
- 2002 **Master of Science**, Purdue University, Department of Health and Kinesiology (Sport and Exercise Psychology)
- 1997 **Bachelor of Arts**, Seattle University, College of Arts and Science (Sociology)

PRESENT POSITION

- 2014 - Associate Professor, Department of Educational Leadership, Sport Studies and Educational / Counseling Psychology, Washington State University, Pullman, Washington

PROFESSIONAL HISTORY

- 2015 – 2016 Visiting Scholar, Universidad de Murcia, Murcia, Spain
- 2010 – 2014 Assistant Professor, Department of Educational Leadership and Counseling Psychology, Washington State University, Pullman, Washington
- 2008 – 2010 Clinical Assistant Professor, Department of Educational Leadership and Counseling Psychology, Washington State University, Pullman, Washington
- 2007 – 2008 Assistant Professor, Department of Health and Kinesiology, Purdue University, West Lafayette, Indiana
- 2007 Engagement and Research Coordinator, A.H. Ismail Center for Health, Exercise, and Nutrition, Department of Health and Kinesiology, Purdue University
- 2006 Research Consultant, National Youth Sport Program (NYSP), Indianapolis, Indiana / Purdue University
- 1999-2006 Graduate Instructor, Department of Health and Kinesiology, Purdue University
- 1999-2006 Teaching assistant, Department of Health and Kinesiology, Purdue University
- 1999-2006 Research Assistant, Department of Health and Kinesiology, Purdue University
- 2005 Statistical Consultant, National Youth Sport Program (NYSP), Indianapolis, Indiana
- 2002-2004 Purdue Research Foundation Research Assistantship, Purdue University

2001-03, 2004-05 Sport Psychology Consultant, Mental Skills Training Program, Purdue University
2001, 2002 Research Assistant, Lily Retention Initiatives Endowment Grant, Purdue University

AWARDS AND HONORS

2004 Purdue University, Department of Health and Kinesiology, Dale Hanson Award for Excellence in Teaching, Research, and Service
2004 Purdue University Excellence in Teaching Nomination
2003 Purdue University, Department of Health and Kinesiology Donald L. Corrigan Professional Development Award (\$300)
2003 Purdue University Center for Excellence in Teaching Award
2001-02 Department of Health and Kinesiology, A.A. Annarino Outstanding Graduate Teaching Assistant Award
2001, spring Purdue University, Department of Health and Kinesiology, Graduate Student Professional Development Award (\$250)
2001, fall Purdue University, Department of Health and Kinesiology, Graduate Student Professional Development Award (\$250)
1993-97 Seattle University Trustee Scholarship
1993-97 Seattle University Honors Scholarship

PROFESSIONAL MEMBERSHIPS

2000 - present North American Society for the Psychology of Sport and Physical Activity
2007- 2011 Society for Research on Adolescence
2000 - 2008 Association for Applied Sport Psychology
2007 - 2008 Canadian Society for Psychomotor Learning and Sport Psychology
2004 - 2006 American Alliance for Health, Physical Education, Recreation and Dance

TEACHING

COURSES

HK 574 Advanced Sport and Exercise Psychology (3 credits)
HK 372 Sport and Exercise Psychology I. (3 credits)
HK 690 Advanced Topics in Motor Control (3 credits)
HF 496 Special Topics: Sport Psychology (3 credits)
KINES/MVST 313 Behavioral Aspects of Physical Activity (3 credits)
KINES 312/MVST 415 Research Methods and Assessment (3 credits)

COPSY 523/502	Social Psychology (3 credits)
EDPSY 502	Learning Theories (3 credits)
EDPSY 505	Introduction to Research Methods (3 credits)
EDPSY 573	Theories of Motivation (3 credits)

STUDENT COMMITTEES

Doctoral Graduate Committees [Chair]

Amy Cole, Washington State University. Dissertation: Empowered Fitness: Review and Evaluation of Empowerment Outcomes for Sexual Assault Victims in Women's Only Fitness. Completed 2015.

Doctoral Graduate Committees [member]

Stephanie Kuzara, Washington State University. Dissertation TBD.

Xue Zhang, Washington State University. Dissertation: Public Speaking Self-Efficacy.

Karla Blanco, Washington State University. Dissertation: ¡Sí Se Puede! Cultural Factors as Predictors of Resilience among Mexican Farmworkers.

Vanessa Martinez, Washington State University. Dissertation: The use of spirituality and *familismo* as means of coping for Latina/os in the U.S.: Managing discrimination through Latina/o Cultural Values.

María del Pilar Gandía Herrero, Universidad de Murcia. Tesis: Informes de recomendación de guarda y custodia en procesos de ruptura de pareja: variables psicológicas y sociofamiliares. Completed 2016.

Ashley Beck, Washington State University, Dissertation: An integrated approach to program development: A case study of a family-based obesity prevention program. Completed 2016.

Jennifer Ambriz, Washington State University. Dissertation: Social cognitive career theory and Hispanic career development, with a special focus on STEM fields. Completed 2015.

Kristin Sergeant, Washington State University. Dissertation: Stereotype threat and socioeconomic status. Completed 2014.

Katherine Shoenfield, Washington State University – Spokane, Dissertation: Self-Efficacy change over time. Completed 2014

Stephanie Wilmore, Washington State University. Dissertation: Human – animal bond in therapy. Completed 2014.

Melanie Burt, Washington State University. Dissertation: Gender nonconformity and masculine body image. Completed 2013.

Jung-Eun Lee, Washington State University. Dissertation: Personality and cultural determinants of social anxiety in Asian Americans. Completed 2011

Andy Gillham, University of Idaho. Dissertation: Going beyond won/loss record in identifying competence coaches: The coaching Success Questionnaire – 2. Completed 2009

Masters Graduate Committees (Thesis) [chair]

Eunsaem Kim, Washington State University. Thesis: Determinants of physical activity for older adults with alzheimer's disease. Completed 2014.

Rebecca Myrold, Washington State University. Thesis: Corvallis, OR Bike Safety Education Program Evaluation. Completed 2013.

Anna Montgomery, Washington State University. Thesis: Girls on the Run program evaluation. Completed 2013.

Masters Graduate Committees (Thesis) [member]

Eleanor Dizon, Washington State University. Thesis: A person-centered exploration of parent-student relationships to inform the development and adaptation of parent-based interventions on college campuses.

Hannah Merley, Washington State University. Thesis: Survey of Predictors of Exercise Promotion in Children's Residential Treatment. Completed 2017

Bruce Austin, Washington State University. Thesis: Mixed item response theory models for adjusting response styles in cross-cultural datasets. Completed 2015

Jaimie Jeffords, Washington State University. Thesis: Psychological flexibility, stereotype threat, and college efficacy in minority college students. Completed 2014

Jessica Beaver, Washington State University. Thesis: Washington State elementary teachers' perspectives on the new teacher evaluation system. Completed 2013

Elizabeth Hirst, Washington State University. Thesis: The correlation between neck strength and shoulder pain in colligate female rowers. Completed 2012

Amy Cole, Washington State University. Thesis: Recreational programming and female prison inmate self-esteem. Completed 2011

Allison Boester, Purdue University. Thesis: Social relationships and self-determined motivation in youth soccer. Completed 2008

Masters Graduate Committees (Non-Thesis) [member]

Thad Wheatly, Washington State University, Completed 2015

Bud Bannon, Washington State University, Completed 2014

Blanca Caro, Washington State University, Completed 2014

Joshua Emery, Washington State University, Completed 2014

Sarah Arndt, Washington State University, Completed 2013

Juli Anderson, Washington State University, Completed 2012

Laura Preciado, Washington State University. Completed 2012

Kyle Ross, Washington State University. Completed 2011

Mark Weiss, Washington State University. Completed 2011
Harrison Hughes, Washington State University. Completed 2011
Carrie Dykes, Washington State University. Completed 2011
Shane Hall, Washington State University. Completed 2010

Undergraduate Honors Thesis /McNaire Committees [chair]

Daejha Hare, Washington State University, McNair Mentor. Completed 2015.

Joseph Martin, Washington State University. Thesis: College Student Values of the Six Dimensions of Wellness. Completed 2015.

Arielle Bianco. Washington State University. Thesis: Interactive Video Gaming: The Influence of Nintendo Wii on Traditional Exercise Habits in College Students. Completed 2011

RESEARCH

REFEREED PUBLICATIONS (in chronological order)

McDonough, M.H., **Ullrich-French, S.**, & McDavid, M.L. (in press). Helping kids connect: Youth perspectives on facilitating social relationships in a physical activity-based positive youth development program. *Sport, Exercise, & Performance Psychology*.

Ullrich-French, S., Cox, A.E., Cole, A.N., Cooper, B.R., & Gotch, C. (in press). Initial Validity Evidence for the State Mindfulness Scale for Physical Activity with Youth. *Measurement in Physical Education and Exercise Science*. doi: 10.1080/1091367X.2017.1321543

Ullrich-French, S., & Cole, A. (in press). Exploring participant characteristics to assess changes in psychosocial outcomes for a physical activity-based positive youth development program. *International Journal of Sport and Exercise Psychology*. doi: 10.1080/1612197X.2016.1275740

Cox, A., **Ullrich-French, S.**, Howe, H., & Cole, A. (in press). The role of yoga-based physical education in promoting positive body image and physical activity motivation. *Body Image*, 23, 1-8.

Cole, A., & **Ullrich-French, S.** (2017). Exploring empowerment for sexual assault victims in women's only group fitness. *Women in Sport and Physical Activity Journal*. doi:10.1123/wspaj.2016-0005

Myrold, R.L., & **Ullrich-French, S.** (2017). Applying expectancy value theory to evaluate a bike safety education program. *International Journal of Sport and Exercise Psychology*, 15, 207-220. doi: 10.1080/1612197X.2015.1079922

Ullrich-French, S., González Hernández, J., & Hildago Montesinos, M.D. (2017). Validity Evidence for the Adaptation of the State Mindfulness Scale for Physical Activity (SMS-PA) in Spanish Youth. *Psicothema*, 29, 119-125. doi: 10.7334/psicothema2016.204

Riciputi, S., McDonough, M.H., & **Ullrich-French, S.** (2017). Participant perceptions of character concepts in a physical activity-based positive youth development program. *Journal of Sport & Exercise Psychology*, 38, 481-492. doi: 10.1123/jsep.2016-0061. PMID: 27736280

- Hughes, S.O., Power, T., Beck, A., . . . , & **Ullrich-French, S.** (2016). Strategies for effective Eating Development—SEEDS: Design of an obesity prevention program to promote healthy food preferences and eating self-regulation in low-income children. *Journal of Nutrition Education and Behavior, 48*, 405-418. doi: 10.1016/j.jneb.2016.04.388. PMID: 27288192
- Ullrich-French, S.**, Cox, A., & Cooper, B.R. (2016). Examining combinations of social physique anxiety and motivation regulations using latent profile analysis. *Measurement in Physical Education and Exercise Science, 20*, 63-74. doi:10/1080/1091367X.2015.1107571. PMID: 19798998
- Ullrich-French, S.**, Cole, A., & Montgomery, A. (2016). Evaluation development for a physical activity positive youth development program for girls. *Evaluation and Program Planning, 55*, 67-76. doi: 10.1016/j.evalprogplan.2015.12.002
- Cox, A., **Ullrich-French, S.**, & French, B. (2016). Validity evidence for state mindfulness scale scores in a physical activity context. *Measurement in Physical Education and Exercise Science, 20*, 38-49. doi:10.1080/1091367X.2015.1089404
- Cox, A., **Ullrich-French, S.**, Cole, A., & D'Hondt-Taylor, M. (2016). The role of mindfulness during yoga in predicting self-objectification and reasons for exercise. *Psychology of Sport and Exercise, 22*, 321-327. doi: 10.1016/j.psychsport.2015.10.001
- Beaver, J.L., French, B., Finch, H., & **Ullrich-French, S.** (2014). Sex differential item functioning in the inventory of early development III social-emotional skills. *Journal of Psychoeducational Assessment, 32*, 775-780.
- Ullrich-French, S.**, & Cox, A.E. (2014). Normative and intra-individual changes in physical education motivation across the transition to middle school: A multilevel growth analysis. *Sport, Exercise, & Performance Psychology, 3*, 132-147. doi: 10.1037/spy0000005
- McDonough, M.H., **Ullrich-French, S.**, Anderson-Butcher, D., Amorose, A.J., & Riley, A. (2013). Social responsibility among low-income youth in physical activity-based positive youth development programs: Scale development and associations with social relationships. *Journal of Applied Sport Psychology, 25*, 431-447. doi:10.1080/10413200.2012.751563
- Ullrich-French, S.**, Cox, A.E., & Bumpus, M.F. (2013). Physical activity motivation and behavior across the transition to university. *Sport, Exercise, & Performance Psychology, 2*, 90-101. doi:10.1037/a0030632
- Cox, A.E., **Ullrich-French, S.**, & Sabiston, C. (2013). Using motivation regulations in a person-centered approach to examine the link between social physique anxiety in physical education and physical activity-related outcomes in adolescents. *Psychology of Sport & Exercise, 14*, 461-467. doi: 10.1016/j.psychsport.2013.01.005
- Ullrich-French, S.**, & McDonough, M.H. (2013). Correlates of long-term participation in a physical activity-based positive youth development program for low-income youth: Sustained involvement and psychosocial outcomes. *Journal of Adolescence, 36*, 279-288. doi: 10.1016/j.adolescence.2012.11.006
- Ullrich-French, S.**, McDonough, M.H., & Smith, A.L. (2012). Social connection and psychological outcomes in a physical activity-based youth development setting. *Research Quarterly for Exercise and Sport, 83*, 431-441. doi:10.1080/02701367.2012.10599878. PMID: 22978193

- Bindler, R., Goetz, S., Butkus, S., Power, T., **Ullrich-French, S.**, & Steele, M. (2012). The process of curriculum development and implementation for an adolescent health project in middle schools. *Journal of School Nursing, 28*, 13-23. doi: 10.1177/1059840511424414
- McDonough, M.H., Sabiston, C., & **Ullrich-French, S.** (2011). The development of social relationships and support in a dragon boating team for breast cancer survivors. *Journal of Sport & Exercise Psychology, 33*, 627-648. PubMed PMID: 21984639
- Ullrich-French, S.**, Smith, A. L., & Cox, A.E. (2011). Attachment relationships and physical activity motivation of college students. *Psychology & Health, 26*, 1063-1080. doi: 10.1080/08870446.2010.530123. PMID: 21598191
- Power, T., **Ullrich-French, S.**, Steele, M. M., Daratha, K. B., & Bindler, R. C. (2011). Obesity, cardiovascular fitness, and physically active adolescents' motivations for activity: A self-determination theory approach. *Psychology of Sport and Exercise, 12*, 593-598.
- Cox, A.E., **Ullrich-French, S.**, Madonia, J., & Witty, K. (2011). Social physique anxiety in physical education: Social contextual factors and links to motivation and behavior. *Psychology of Sport and Exercise, 12*, 555-562.
- Ullrich-French, S.**, Power, T., Daratha, K., Bindler, R., & Steele, M. (2010). Examination of adolescents' screen time and physical fitness as independent correlates of weight status and blood pressure. *Journal of Sports Sciences, 28*, 1189 - 1196. doi: 10.1080/02640414.2010.487070. PMID: 20694934
- Cox, A.E., & **Ullrich-French, S.** (2010). The motivational relevance of peer and teacher relationship profiles in physical education. *Psychology of Sport and Exercise, 11*, 337-344. doi: 10.1016/j.psychsport.2010.04.001
- Daratha, K., Power, T., Steele, M., Bindler, R., **Ullrich-French, S.** (2009). Changes in BMI between summer and school months among middle school students. *Washington State Journal of Public Health Practice, 163*, 365-370.
- Ullrich-French, S.**, & Cox, A.E. (2009). Using cluster analysis to examine the combinations of motivation regulations of physical education students. *Journal of Sport & Exercise Psychology, 31*, 358-379. PMID: 19798998
- Ullrich-French, S.** & Smith, A.L. (2009). Social and motivational predictors of continued youth soccer participation. *Psychology of Sport and Exercise, 10*, 87-95. doi:10.1016/j.psychsport.2008.06.007
- French, B.F., **Ullrich-French, S.**, & Follman, D. (2008). The psychometric properties of the Clance Imposter Scale. *Personality and Individual Differences, 44*, 1270-1278.
- Smith, A.L., **Ullrich-French, S.**, Walker, E.G., & Hurley, K.S., (2006). Peer relationship profiles and motivation in youth sport. *Journal of Sport & Exercise Psychology, 28*, 362-382.
- Ullrich-French, S.**, & Smith, A.L. (2006). Perceptions of relationships with parents and peers in youth sport: Independent and combined prediction of motivational outcomes. *Psychology of Sport and Exercise, 7*, 193-214.

BOOK CHAPTERS

Ullrich-French, S., & Stuntz, C. (2014). Developmental considerations in sport and exercise psychology. *Encyclopedia of Sport & Exercise Psychology*. Sage Publications, Inc.

Leonard, D., **Ullrich-French, S.**, & Power, T. (2014). Yes Wii can or can Wii: Theorizing the possibilities of video games as health disparity intervention. R.A. Brookey, & T.P. Oates (Eds.), *Playing to win: Sports, video games, and the culture of play*. Indiana University Press: Bloomington, Indiana.

WORKS UNDER REVIEW (in chronological order)

McDonough, M., Patterson, M.C., Weisenbach, B.B., **Ullrich-French, S.**, & Sabiston, C.M. (under review 9/22/17). The difference is more than floating: Breast cancer survivors' decisions to join dragon boat teams and support groups. *Disability and Rehabilitation Journal*.

Ullrich-French, S., & Cox, A.E. (under review 10/6/2017). Variable- and person-centered approaches highlight the multi-dimensional nature of self-compassion. *Journal of Positive Psychology*.

Eunsaem, Kim, **Ullrich-French, S.**, Bolkan, C.R., & Hill, L.G. (under revision 9/2017). Correlates of physical activity for older adults with Alzheimer's disease and other dementias: The role of caregivers. *Journal of Alzheimer's Disease and Other Dementias*.

Xue, Z., Ardasheva, Y., Egbert, J., & **Ullrich-French, S.** (under review 6/7/2017). Validation of Two Scales: English Public Speaking (EPS) Self-Efficacy and Sources of EPS Self-Efficacy. *Modern Language Journal*.

Ullrich-French, S., & Cox, A.E. (under review 6/12/2017). Adolescent mindfulness, self-compassion, executive functioning and stress: preliminary findings for a process model. *Perceptual and Motor Skills*.

Cox, A.E., **Ullrich-French, S.**, & Cole, A.E. (under review 6/14/2017). Does self-compassion moderate the relationship between body surveillance and body image? *Psychology & Health*.

REFEREED PRESENTATIONS

Zhang, X., Ardasheva, Y., Egbert, J. L., & **Ullrich-French, S.** (2018). *Validation of two English public speaking self-efficacy scales*. Poster accepted at the annual meeting of the 2018 Teachers of English to Speakers of Other Languages (TESOL) Convention, Chicago, IL.

Ullrich-French, S., Cox, A.E., & French, B. (2017). State experience of mindfulness and engagement in physical education related to motivation. Paper submitted to the Educational Psychology Forum. Wellington, New Zealand.

Xue, Z., Ardasheva, Y., Egbert, J., & **Ullrich-French, S.** (submitted). Validation of Two Scales: English Public Speaking (EPS) Self-Efficacy and Sources of EPS Self-Efficacy. Paper submitted to the annual meeting for the American Educational Research Association (AERA), New York, New York.

- Ullrich-French, S.** & Cox, A.E. (2017). *Exploring the conceptualization and assessment of self-compassion within the context of body image*. Paper presented to the annual meeting for the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), San Diego, California.
- Ullrich-French, S.**, Hildago Montesinos, M.D. & González Hernández, J. (2017). *Validity Evidence for the Adaptation of the State Mindfulness Scale for Physical Activity (SMS-PA) in Spanish Youth*. Paper presented to the European conference on Psychological Assessment. Lisbon, Portugal.
- Dizon, E., Adams, P., Bayly, B., Bumpus, M., & **Ullrich-French, S.** (2016). *Valuing Participant Characteristics: Using A Person-Centered Approach to Inform Program Design, Implementation, and Evaluation*. Paper presented to the annual meeting for the American Evaluation Association (AEA), Atlanta, Georgia.
- Kim, E., **Ullrich-French, S.**, Bolkan, C., & Hill, L. (2016). *Determinants of physical activity for older adults with alzheimer's disease and other dementias*. Paper presented to the annual meeting of the Gerontological Society of America, [abstract published in *The Gerontologist*, 56, S3, 564]
- Cox, A., **Ullrich-French, S.**, & Howe, H. (2016). *The role of yoga-based physical education in promoting positive body image and physical activity motivation*. Paper presented to the annual meeting for NASPSPA, Montreal, Canada.
- Ullrich-French, S.**, Cox, A.E., Cole, A., Cooper, B. & Gotch, C. (2016). *Initial validation evidence of a state mindfulness measure for children*. Paper presented to the annual meeting for NASPSPA, Montreal, Canada.
- Ullrich-French, S.**, Cox, A.E., Cole, A., Dizon, E., Kim, E., & Preciado, L. (2015). *Self-compassion, psychological flexibility, and body-related emotions*. Paper presented to the annual meeting for NASPSPA, Portland, OR.
- Cox, A., **Ullrich-French, S.**, Cole, A., & D'Hondt-Taylor, M. (2015). *The Role of Mindfulness during Yoga in Predicting Change in Self-Objectification and Related Outcomes*. Paper presented to the annual meeting for NASPSPA, Portland, OR.
- Power, T.G. . . . **Ullrich-French, S.**, & Hughes, S. (2015). *Development of the parent curriculum for strategies for effective eating development (SEEDS) Intervention: A pilot study*. Paper presented to the annual meeting of the 2015 International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland.
- Ullrich-French, S.**, Cole, A., Kim ,E., & Cox, A. (2015). *Girls on the run: Positive youth development outcomes*. Paper presented to 2015 SHAPE America national convention and expo, Seattle, WA.
- Cox, A., **Ullrich-French, S.**, & French, B. (2014). *Validity evidence for state mindfulness scale scores in a physical activity context*. Paper presented to the annual meeting for NASPSPA, Minneapolis, MN.

- Myrold, R., & **Ullrich-French, S.** (2014). *Applying expectancy value theory to evaluate a youth bike safety program*. Paper presented to the annual meeting for NASPSPA, Minneapolis, MN.
- French, B.F. & **Ullrich-French, S.** (2013). *Validity evidence for the Academic Intrinsic Motivation Scale*. Paper submitted to the annual meeting for European Association of Psychological Assessment, San Sebastian, Spain.
- Beaver, J.L., French, B.F., Finch, W.H., & **Ullrich-French, S.** (2013). *Detection of sex differential item functioning in the inventory of early development*. Paper presented to the annual meeting for the American Psychological Association, Honolulu, HI.
- Ullrich-French, S.**, Montgomery, A., Myrold, R., Kim, E. (2013). *Girls on the Run: Pilot program evaluation*. Paper presented to the annual meeting for NASPSPA, New Orleans, LA. [abstract published in *Journal of Sport & Exercise Psychology*, 35, S118]
- Ullrich-French, S.**, Cox, A., & Sabiston, C. (2013). *Investigating how social physique anxiety combines with different motivation regulations: A latent profile analysis*. Paper presented to the annual meeting for NASPSPA, New Orleans, LA. [abstract published in *Journal of Sport & Exercise Psychology*, 34, S117-118]
- Bumpus, M., **Ullrich-French, S.**, Gagnon, R. (2013). *Physical activity and alcohol use across the university transition*. Paper presented to the annual meeting for the Society for Prevention Research, San Francisco, CA.
- Montgomery, A., Myrold, R., Kim, E., **Ullrich-French, S.** (2013). *A collaborative approach between Washington State University and Girls on the Run Puget Sound: Program evaluation development*. Paper presented to the 2013 Priester National Health Extension Conference, Corvallis, OR.
- McDonough, M.H., & **Ullrich-French, S.** (2012). *Participant reflection on character concepts taught in a positive youth development program*. Paper presented to the annual meeting for NASPSPA, Waikiki, HI. [abstract published in *Journal of Sport & Exercise Psychology*, 34, S260]
- Cox, A.E., **Ullrich-French, S.**, & French, B. (2012). *Physical education motivation regulation growth models across the transition to middle school*. Paper presented to the annual meeting for NASPSPA, Waikiki, HI. [abstract published in *Journal of Sport & Exercise Psychology*, 34, S218-219]
- Kaye, M., **Ullrich-French, S.** & Vosloo, J. (2012). *The youth sport parenting experience: Role of socialization, contextual considerations, and educational recommendations- Parent perceptions of Little League coaches and the impact on intentions for future participation*. Paper presented to the annual meeting for NASPSPA, Waikiki, HI. [abstract published in *Journal of Sport & Exercise Psychology*, 34, S54]
- French, B., & **Ullrich-French, S.** (2012). *Gender invariance from a multilevel perspective in ratings of play and peer skills within a social-emotional domain* Paper presented to the annual meeting for NASPSPA, Waikiki, HI. [abstract published in *Journal of Sport & Exercise Psychology*, 34, S34]
- Cox, A.E., **Ullrich-French, S.**, & Sabiston, C. (2011). *Testing the moderating role of social physique anxiety in the relationship between psychological need satisfaction and motivation in high school*

physical education. Paper submitted to the annual meeting for Canadian Society for Psychomotor learning and Sport Psychology (SCAPPS), Winnipeg, Manitoba, Canada.

Ullrich-French, S., McDonough, M.H., Anderson-Butcher, D., & Amorose, A. (2011). *Profiles of Social Relationships for Low-Income Youth in Physical Activity Based Positive Youth Development Programs*. Paper presented to the annual meeting for NASPSPA, Burlington, VT. [abstract published in *Journal of Sport & Exercise Psychology*, 33, S191]

McDonough, M.H., **Ullrich-French, S.,** Kraemer, A.J., Polesio, J. (2010). *Participant's Experiences of Long-Term change Following a Positive Youth Development Program for Low-Income Youth*. Paper presented to the annual meeting for the SCAPPS, Ottawa, Canada.

Ullrich-French, S., McDonough, M.H., & Kraemer, A.J. (2010). *One Year Follow-Up of a Physical Activity Based Positive Youth Development Program*. Paper presented to the annual meeting for the NASPSPA, Tucson, AZ. [abstract published in *Journal of Sport & Exercise Psychology*, 32, S227]

Ullrich-French, S., & Bumpus, M. (2010). *Physical Activity Motivation and Behavior Across the Transition to University*. Paper presented to the annual meeting for the NASPSPA, Tucson, AZ. [abstract published in *Journal of Sport & Exercise Psychology*, 32, S227]

McDonough, M.H., Poliseo, J.M., **Ullrich-French, S.,** & Sabiston, C.M. (2010). *The Difference is More than Floating: Breast Cancer Survivors' Decisions to Join Dragon Boat Teams and Support Groups*. Paper presented to the annual meeting for the NASPSPA, Tucson, AZ. [abstract published in *Journal of Sport & Exercise Psychology*, 32, S198]

Bumpus, M., & **Ullrich-French, S.,** (2010). *Parent-student communication about alcohol across the transition to college*. Paper presented to the annual meeting for the Association for Psychological Science (APS), Boston, MA.

Yam, K.C., Bumpus, M., & **Ullrich-French, S.** (2010). *Parent-student communication about alcohol: Who's initiating the conversations?* Paper presented to the annual meeting for the Society of Behavioral Medicine (SBM), Seattle, WA.

Ullrich-French, S., McDonough, M.L., Poliseo, J.M., & Kraemer, A.J. (2010). *Impact of peer and staff relationships in a positive youth development program on outside peer, home, and school contexts*. Paper presented to the biennial meeting for the SRA, Philadelphia, PA.

McDonough, M.L., **Ullrich-French, S.,** Kraemer, A.J., & Polesio, J. (2009). *Psychosocial outcomes of social relationships with peers and staff in a positive youth development program*. Paper presented to the annual meeting for SCAPPS, Toronto, Canada.

Cox, A.E., & **Ullrich-French, S.** (2009). *Examining combinations of peer and teacher relationships in physical education*. Paper presented to the annual meeting for the NASPSPA, Austin, Texas. [abstract published in *Journal of Sport & Exercise Psychology*, 31, S114]

Ullrich-French, S., McDonough, M.L., Poliseo, J.M., & Kraemer, A.J. (2009). *Facilitating social connections fosters positive outcomes: A promising avenue for positive youth development*. Paper presented to the annual meeting for the NASPSPA, Austin, Texas. [abstract published in *Journal of Sport & Exercise Psychology*, 31, S142-S143]

McDonough, M.L., Polesio, J.M., Sabiston, C.M., & **Ullrich-French, S.** (2009). *The*

development of social support on breast cancer survivor dragon boat teams. Paper presented to the annual meeting for the Canadian Psychological Association (CPA), Montreal, Canada.

Ullrich-French, S., & Cox, A.E. (2008). *Examination of the utility of motivation regulation profiles.* Paper presented to the annual meeting for the NASPSPA, Niagra Falls, Ontario, Canada. [abstract published in *Journal of Sport & Exercise Psychology*, 30, S206]

Ullrich-French, S., McDonough, M.L., Smith, A.L., & Harper, W.A. (2008). *Change in social connection predicts change in psychological outcomes in a youth development setting.* Paper presented to the biennial meeting for the SRA, Chicago, Illinois.

Cox, A.E., & **Ullrich-French, S.** (2007). *Examining the validity of a measure of relatedness and support for the physical education setting.* Paper presented to the annual meeting for the SCAPPS, Windsor, Ontario, Canada.

Smith, A.L., McDonough, M.H., Wisdom, S.A., & **Ullrich-French, S.** (2007). *A review and synthesis of research on peers and physical activity behavior.* Paper presented to the 12th European Congress of Sport Psychology (FEPSAC), Halkidiki, Greece.

Ullrich-French, S., & Smith, A.L. (2007). *Profiles of multiple attachment relationships are salient to physical activity motivation.* Paper presented to the annual meeting for the NASPSPA, San Diego, California. [abstract published in *Journal of Sport & Exercise Psychology*, 29, S209]

Ullrich-French, S., & Smith, A.L. (2007). *Examination of attachment relationships in a Self-Determined Motivational Framework.* Paper presented to the annual meeting for the NASPSPA, San Diego, California.

Ullrich-French, S., & Smith, A.L. (2006). *Attachment relationships and college student physical activity.* Paper presented at the annual meeting for the NASPSPA, Denver, Colorado. [abstract published in *Journal of Sport & Exercise Psychology*, 28, S184-S185]

Smith, A.L., **Ullrich-French, S., & Wisdom, S.A.** (2005). *Stability of youth peer relationship profiles in the physical domain.* Paper presented at the annual meeting of the NASPSPA, St. Petersburg, Florida. [abstract published in *Journal of Sport & Exercise Psychology*, 27, S142-S143]

Smith, A.L., **Ullrich-French, S., & Wisdom, S.A.** (2005). *Youth peer relationships, self perceptions, and motivation in the physical domain: A relationship profile approach.* Presented at the British Psychological Society Quinquennial Conference, Manchester, United Kingdom.

Smith, A.L., & **Ullrich-French, S.** (2004). *The association of number of friends, perceived friendship quality, and perceived peer acceptance with physical activity motivation in early adolescence.* Paper presented at the annual meeting of the NASPSPA, Vancouver, British Columbia. [abstract published in *Journal of Sport & Exercise Psychology*, 26, S175-S176]

Ullrich-French, S. & Smith, A.L. (2004). *Social and motivational predictors of continued youth soccer participation.* Paper presented at the annual conference of the American Alliance for Health, Physical Education, Recreation and Dance – Research Consortium, New Orleans, Louisiana. [abstract published in *Research Quarterly for Exercise and Sport*, 75, A94] (presented at the Midwest Sport and Exercise Psychology Symposium, February, 2004, Muncie, Indiana.)

Smith, A.L., **Ullrich-French, S., Walker, E.G., & Hurley, K.S.** (2003). *Peer relationship profiles and*

motivation in youth sport. Paper presented at the annual meeting of the NASPSPA, Savannah, Georgia. [abstract published in *Journal of Sport & Exercise Psychology*, 25, S6]

Ullrich-French, S., & Smith, A.L. (2002) *Significant others and motivational outcomes in youth sports: The interaction of parent-child relationships and peer relationships*. Paper presented at the annual meeting of the NASPSPA, Baltimore, Maryland. [abstract published in *Journal of Sport & Exercise Psychology*, 24, S125-S126]

Ullrich-French, S. (2001). *The parent-peer linkage and adolescent motivational outcomes in sport*. Paper presented at the Midwest Sport and Exercise Psychology Symposium, West Lafayette, Indiana.

Smith, A.L., Raedeke, T.J., **Ullrich-French, S.**, & Glass, J. (2001). *Peer relationships and motivational climate predicting burnout and intrinsic motivation*. Paper presented at the annual conference of the Association for the Advancement of Applied Sport Psychology (AAASP), Orlando, Florida.

INVITED SCHOLARLY PRESENTATIONS

Ullrich-French, S. (2011). Evolution of a researcher. Invited Speaker Physical Education & Kinesiology Club.

Ullrich-French, S. (2011). Find and follow your passion, take initiative, do it well. Invited Keynote Address for the Northwest Student Professional Network Spring Conference.

Ullrich-French, S. (2008). Social relationships in the physical activity context: Motivational and developmental processes. Invited Colloquium for the Department of Human Development, Washington State University, Pullman, Washington.

Ullrich-French, S. (2007). Motor behavior seminar: Reconnecting our common thread. Invited symposium at the Midwest Sport and Exercise Psychology Symposium, West Lafayette, Indiana.

GRANTS

Funded External Research Grants

Agency: USDA AFRI

Title: *Promoting self-regulation of energy intake in African American and Latino preschoolers: A family focused prevention program*

Duration of funding: 5 years (2011 – 2016)

Amount Funded: \$3,500,000

Role: Co-Investigator

Funded Internal Research Grants

Agency: College of Education Faculty Funding Grant (Washington State University)

Title: *Development of a youth physical activity state mindfulness measure*

Duration of funding: 1 year (2014)

Amount Funded: \$9000

Role: Co-Principal Investigator

Agency: Health and Wellness Services (Washington State University)

Title: *Health Promotion Initiatives*

Duration of funding: 2 year (2013-2015)

Amount Funded: \$70,217

Role: Principal Investigator

Agency: College of Education Berry Family Fellowship (Washington State University)

Title: *The development of self-compassion in pre-adolescent girls and relevance to healthy body image, academic self-concept, and social/emotional functioning*

Duration of funding: 2 year (2013-2015)

Amount Funded: \$20,000

Role: Principal Investigator

Agency: College of Education Faculty Funding Grant (Washington State University)

Title: *Girls on the Run Puget Sound: A Pilot Program Evaluation*

Duration of funding: 1 year (2012)

Amount Funded: \$5000

Role: Principal Investigator

Agency: Alcohol and Drug Abuse Research Program

Title: *Parent-Student Communication and Alcohol Use and Misuse Across the Transition to College*

Duration of funding: 1 year (2012)

Amount requested: \$24,134

Role: Co-Principal Investigator

Agency: New Faculty Seed Grant (Washington State University)

Title: *Yes Wii Can Exercise: An Alternative Approach to Health Behavior Change in Minority Youth*

Duration of funding: 2 years (2010-2012)

Amount Funded: \$4500

Role: Principal Investigator

Agency: College of Education Faculty Funding Grant (Washington State University)

Title: *Physical Activity Motivation Across the Transition to College*

Duration of funding: 1 year (2009)

Amount Funded: \$5000

Role: Principal Investigator

Agency: College of Liberal Arts Dean's Incentive Grant (Purdue University)

Title: *Physical Activity Motivation Across the Transition to College*

Duration of funding: 1 year (2008)

Amount Funded: \$1000 (*not accepted because left the University*)

Role: Principal Investigator

Agency: Kinley Trust

Title: *Social Relationships in Intervention Outcomes*

Duration of funding: 1 year (2008)

Amount Requested: \$19,954

Role: Principal Investigator

Proposals Pending (External and Internal)

Agency: NIH

Title: *Testing the Mechanisms by which Yoga Supports Physical Activity Motivation*

Duration of funding: 2 years (2018 – 2019)

Amount Requested: \$250,000

Role: Co-Investigator

Proposals Not Funded (External and Internal)

Agency: USDA AFRI

Title: *Targeting Fathers for Child Obesity Prevention: The Healthy Dads Healthy Kids USA Intervention*

Duration of funding: 4 years (2017 – 2020)

Amount Requested: \$4,000,000

Role: WSU Lead Investigator

Agency: NIH

Title: *Testing the Mechanisms by which Yoga Supports Physical Activity Motivation*

Duration of funding: 2 years (2017 – 2018)

Amount Requested: \$250,000

Role: Co-Investigator

Agency: WSU Grand Challenge Seed Grant

Title: *Cracking the code for yoga's positive impact on sustained physical and mental health*

Duration of funding: 1 year (2017 – 2018)

Amount Requested: \$20,000

Role: Co-Investigator

Agency: Spencer Foundation

Title: *Compassionate Mindful Movement in Education*

Duration of funding: 4 years (2016-2020)

Amount Requested: \$500,000

Role: Co - Principal Investigator

Agency: Washington Women's Foundation

Title: *The effect of mindful movement on body image, health, and well-being*

Duration of funding: 2 years (2015-2017)

Amount Requested: \$100,000

Role: Co - Principal Investigator

Agency: National Science Foundation

Title: *Boosting body area network robustness through long-term real world applications*

Duration of funding: 4 years (2014-2018)

Amount Requested: \$541,219

Role: Co - Investigator

Agency: Saucony Run for Good Foundation

Title: *Girls on the Run: Program Evaluation*

Duration of funding: 1 year (2013-2014)

Amount Requested: \$10,000

Role: Principal Investigator

Agency: NIH R21

Title: *Mother-daughter teams creating a healthy active lifestyle together to HALT Obesity.*

Duration of funding: 2 years (2012 – 2014)

Amount Requested: \$275,000

Role: Co-Principal Investigator

Agency: NIH R21

Title: *Family-Centered management of childhood overweight and obesity among low-income and Latino preschoolers through increased barley and legume consumption*

Duration of funding: 2 years (2011 – 2012)

Amount Requested: \$395,376

Role: Co-Investigator

Agency: Alcohol and Drug Abuse Research Program

Title: *Parent-Student Communication and Alcohol Use and Misuse Across the Transition to College*

Duration of funding: 1 year (2011)

Amount requested: \$24,134

Role: Co-Investigator

Agency: Alcohol and Drug Abuse Research Program

Title: *Parent-Student Communication and Alcohol Use and Misuse Across the Transition to College*

Duration of funding: 1 year (2010)

Amount Funded: \$35,000

Role: Co-Principal Investigator

Agency: National 4-H Council and University of Arizona

Title: *Spotlighting Positive Youth Development: Working Together to Support Healthy and Engaged Youth*

Duration of funding: 1 year (2010-2011)

Amount Funded: \$10,000

Role: Consultant

Agency: College of Liberal Arts Meyer Award (Washington State University)

Title: *Yes Wii Can Exercise: Video Game Technology as a Mechanism of Attitude and Behavioral Change*

Duration of funding: 1 year (2010-2011)

Amount Funded: \$5000

Role: Co-Investigator

Agency: National Institutes for Health Small Business Research Opportunity

Title: *Parenting DVDs for Obesity Prevention*

Duration of funding: 1 year (2010-2011)

Amount Requested: \$99,800

Role: Consultant

Agency: Robert Wood Johnson Foundation

Title: *Social Relationships in Intervention Outcomes for Low-Income Youth*

Duration of funding: 1 year (2008-2009)

Amount Requested: \$77,205

Role: Principal Investigator

Agency: Purdue College of Liberal Arts Teaching Incentive Grant
Title: *Sport and Exercise Psychology Audio-Visual Learning Aids*
Duration of funding: 1 year (2008)
Amount Requested: \$450
Role: Co-Principal Investigator

Agency: Purdue Research Foundation Summer Faculty Grant
Title: *Evaluation of a character development and social skills intervention for staff of a summer program for low-income youth*
Duration of funding: 1 summer (2008)
Amount Requested: \$8000
Role: Principal Investigator

Agency: Purdue Alumni Association Faculty Development Incentive Grants Program
Title: *Implementation and evaluation of a character development and social skills intervention for staff of a summer program for low-income youth*
Duration of funding: 1 year (2008)
Amount Requested: \$3270
Role: Principal Investigator

Agency: American Association of University Women
Title: *Dissertation Fellowship*
Duration of funding: 1 year (2006-2007)
Amount Requested: \$20,000
Role: Principal Investigator

SERVICE

PROFESSIONAL

Service to Professional Organizations

2017	Executive Committee Member and Communications Director for the North American Society for the Psychology of Sport and Physical Activity
2014-15	Sport and Exercise Psychology Program Committee Chair for the 2015 Annual Meeting for the North American Society for the Psychology of Sport and Physical Activity
2014	National Science Foundation Proposal Review
2013-14	Sport and Exercise Psychology Program Committee for the 2014 Annual Meeting for the North American Society for the Psychology of Sport and Physical Activity
2011	Reviewer of abstracts for the Society for Research on Adolescence biennial meeting
2009	Reviewer of abstracts for the Society for Research on Adolescence biennial meeting
2007	Reviewer of abstracts for the Association for Applied Sport Psychology annual meeting

Reviewing / Editing Activities

2017 – present	Associate Editor, <i>Sport, Exercise & Performance Psychology</i>
2012 - present	Editorial Board for <i>Journal of Sport & Exercise Psychology</i>
2012 - present	Editorial Board for <i>Sport, Exercise & Performance Psychology</i>
2013 - present	Editorial Board for <i>Qualitative Research in Sport, Exercise & Health</i>

2005 – present Ad Hoc Reviewer

COLLEGE/DEPARTMENT

Committees / Activities

- 2016- College of Education Faculty Advisory Committee
- 2016- Kinesiology Academic Oversight Committee, Chair (2017)
- 2017 Mentoring committee: Chad Gotch (Educational Psychology)
- 2014 - Pre-tenure faculty mentoring committees: Robert Catena (Kinesiology), Chris Connolly (Kinesiology),
- 2014-2017 Pre-tenure faculty mentoring committee: Deborah Christel (Apparel Merchandising, Design and Textiles)
- 2014 - College of Education Grant and Research Advisory Committee
- 2015- Judge, Bruya-Wood Student Conference, Kinesiology
- 2010- Kinesiology / Movement Studies Scholarship Review/Scoring
Evaluate student scholarship applications
- 2010-2015 Kinesiology Program Academic Assessment Co-coordinator
Developing a model program assessment to be used across WSU. Created advisory board, developed online survey instruments to evaluate student work and for curriculum assessment. Assignment rater to evaluate student work.
- 2014 Clinical Faculty Search Committee, Kinesiology Program
- 2012-2014 College of Education Graduate Studies Committee, Chair (2013-2014)
- 2012-13 Tenure Faculty Search Committee, Kinesiology Program
- 2009-2010 Educational Leadership and Counseling Psychology Department Faculty Affairs Committee, WSU
- 2008 Graduate Student Awards Committee, Department of Health and Kinesiology, Purdue University
- 2007 A.H. Ismail Center / University Place Facility Planning Committee
- 2007 Graduate Faculty: Graduate Program Review Committee
- 2006-07 Organization Committee, 2007 Midwest Sport and Exercise Psychology Symposium, Purdue University
- 2001-02 President, Graduate Student Organization, Department of Health and Kinesiology, Purdue University

- 2001-02 Grade Appeals Committee, College of Liberal Arts, Purdue University
- 2001 Organization Committee, 2001 Midwest Sport and Exercise Psychology Symposium, Purdue University

UNIVERSITY

- 2017 Undergraduate Research Drive to 25 Action Committee
- 2017 WSU Faculty Status Committee
- 2017 Individual Interdisciplinary Degree Program Evaluations Committee
- 2017 Honors Thesis Evaluator
- 2011-16 Prevention Science PhD Graduate Committee
Establish program requirements, bylaws, student recruitment/ application process, student admission procedures and evaluation
- 2013-14 Human Development / Extension Adolescent Specialist Search Committee
- 2013 Auvil Fellowship Application Reviewer
Evaluate undergraduate student applications for the Auvil Fellowship program
- 2013 Showcase for Undergraduate Research and Creative Activities (SURCA) Judge
Evaluate student research posters
- 2011-12 Project Healthy Campus Evaluation Subcommittee
Meet regularly to identify conceptual framework for PHC, to identify existing measures on campus and in the literature, identify target risk and protective factors
- 2010-13 Honors Thesis Evaluator
Read, evaluate, and participate in honors thesis defense
- 2010 Wiley Research Expo Judge.
Evaluate student research posters
- 2010 Walk Washington Advisory Team.
Helped to conceptualize and build a Walk Washington program through WSU Extension
- 2008-2009 Leadership Team for Teens Eating and Activity Mentoring in Schools (TEAMS). Supported by National Research Initiative Grant no. 2006-04637 from the USDA Cooperative State Research, Education, and Extension Service Human Nutrition and Obesity Program.
Team of faculty developed scholarship directions from a multi-year grant, manuscript development, data analysis TEAMS
- 2008-2009 WSU Extension Health Promotion and Childhood Obesity Prevention Team

Identified existing programs and worked to conceptualize new programs surrounding childhood obesity in Washington

- 2009 University Affiliate for the WSU Extension application to the National 4-H Council *Spotlighting Positive Youth Development: Working Together to Support Healthy and Engaged Youth*. Served as a WSU faculty affiliate to WSU Extension grant

SERVICE PUBLICATIONS

- Smith, A.L, Raedeke, T.J., **Ullrich-French, S.**, & Glass, J. (2003). Motivational climate and peer relationships as predictors of swimming motivation and burnout. *Coaches Quarterly*, 9, 19-21.

Community Engagement Reports

- 2015 Fitness, Movement, and Sport at Lincoln Middle School Summary Report
2014 Girls On The Run Puget Sound: Fall 2013 Evaluation Summary Report
2013 Girls On The Run Puget Sound: Spring 2013 Evaluation Summary Report
2012 Girls On The Run Puget Sound: Pilot Evaluation Summary Report
2011 Yes Wii Can! Project Summary Report
2010 WSU Transition Study Summary Report
2007 National Youth Sport Program Summer 2007 Summary Report
2006 National Youth Sport Program Summer 2006 Assessment Report
2005 National Youth Sport Program Summer 2005 Writing Activity Assessment Report
2005 Partnership for Youth Physical Activity 2005 Summary Report
2004 Partnership for Youth Physical Activity 2003-2004 Summary Report
2003 Partnership for Youth Physical Activity 2002-2003 Summary Report
2002 Parents, Peers and Youth Soccer Motivation Summary Report

SERVICE PRESENTATIONS

Ullrich-French, S., Cox, A.E., Cole, A., Dizon, E., Kim, E., & Preciado, L. (2015). *Self-compassion, psychological flexibility, and body-related emotions*. Poster presented at the WSU Academic Showcase. Pullman, Washington.

Cox, A.E., **Ullrich-French, S.**, & French, F. (2015). *Validity evidence for state mindfulness scale scores in a physical activity context*. Poster presented at the WSU Academic Showcase. Pullman, Washington.

Ullrich-French, S. & Dizon, E. (2014). *2014 Week of Welcome Evaluation Report*. Presentation to the WSU Academic Success Committee. Pullman, WA.

Ullrich-French, S., Cox, A., & Sabiston, C. (2014). *Investigating how social physique anxiety combines with different motivation regulations: A latent profile analysis*. Poster presented at the WSU Academic Showcase. Pullman, Washington.

Ullrich-French, S. (2013). Sport Psychology. Invited presentation for W.S.U. Psi Chi National Honor Society in Psychology, Pullman, Washington.

- Bumpus, M., **Ullrich-French, S.**, Gagnon, R. (2013). *Physical activity and alcohol use across the university transition*. Poster presented at the WSU Academic Showcase. Pullman, Washington.
- Montgomery, A., Myrold, R., Kim, E., & **Ullrich-French, S.** (2013). *Girls on the Run: Pilot program evaluation*. Poster presented at the WSU Academic Showcase. Pullman, Washington.
- Cox, A.E., **Ullrich-French, S.**, & French, B. (2013). *Physical education motivation regulation growth models across the transition to middle school*. Poster presented at the WSU Academic Showcase. Pullman, Washington.
- Ullrich-French, S.**, McDonough, M., Anderson-Butcher, D., & Amorose, A. (2012). Profiles of Social Relationships for Low-Income Youth in Physical Activity Based Positive Youth Development Programs. Poster presented at the WSU Academic Showcase. Pullman, Washington.
- Ullrich-French, S.**, Anderies, E., Bergman, C., & Rassmusen, T. (2011). Yes Wii Can: Undergraduate Student Mentors in a Physical Activity Intervention. Poster presented at the WSU Academic Showcase. Pullman, Washington.
- Ullrich-French, S.**, & Goetz, S. (2010). The Biggest Loser. Invited workshop for the 4-H Teen Conference (June 28). Pullman, Washington.
- Ullrich-French, S.**, & Bumpus, M. (2010). Physical Activity Motivation and Behavior Across the Transition to WSU. Poster presented at the WSU Academic Showcase. Pullman, Washington.
- Ullrich-French, S.**, Bumpus, M., & Carroll, E.B. (2009). WSU Transition Study: Health and Mother Relationship at Baseline. Poster presented at the College of Education Homecoming Awards Ceremony (Oct. 10). Pullman, Washington.
- Ullrich-French, S.**, Powers, T., Steele, M., Daratha, K., & Bindler, R. (2009). *Independent associations of physical activity and screen time with youth health markers*. Paper Presented to the WSU Academic Showcase. Pullman, Washington.
- Ullrich-French, S.** (2008). Youth Physical Activity Motivation. Invited presentation for Counseling Psychology 501 (Oct. 6). WSU, Pullman, Washington.
- Ullrich-French, S.** (2008). Youth Physical Activity Motivation. Invited presentation for Education Research 566 (Nov. 7). WSU, Pullman, Washington.
- Ullrich-French, S.** (2008). Sport Psychology. Invited presentation for Purdue Psi Chi National Honor Society in Psychology. West Lafayette, Indiana.
- Ullrich-French, S.** (2003). *Introduction to Mental Skills: Goal Setting*. Invited presentation at the Purdue Swimming and Diving Camp, West Lafayette, Indiana.

MEDIA APPEARANCES

- 2015 Quoted in "Intrinsic Motivation". Published by Shape magazine. June 2015.
- 2014 Quoted in "Fight through finals with fitness". Published by The Daily Evergreen, December 15, 2014. Page 3.

- 2013 Quoted in "Working out together, we find the will to keep on going". Published by The Seattle Times, June 7, 2013 Pacific NW Magazine.
- 2013 Quoted in "Hard-wired to hate exercise". Published by The Wall Street Journal, February 19, 2013 US edition page D1.
- 2012 Quoted in "Time to fit in a workout". Published by The Spokesman-Review. July 24, 2012.
- 2011 Quoted in "Childhood obesity on the rise". Balance: The health magazine for body, mind and motivation. Published by the Moscow-Pullman Daily News. Spring 2011.
- 2009 Quoted in "Sports: It's all psychological". Balance: The health magazine for body, mind and motivation. Published by the Moscow-Pullman Daily News. Fall 2009.
- 2009 Interviewed for CBS News radio: The psychological importance of the Superbowl during recession (aired Saturday January 31, 2009)
- 2006 Purdue News Service Release "Study: Summer sports camp shapes up positive attitudes, self-esteem"
- 2003 Purdue News Service Release "Purdue teams with school to study how friends affect exercise"