Welcome Class of 2014

Michael Boggess – (PhD) Before joining WSU, Michael lived in Salem, Oregon, and completed his Bachelor’s of Science degree in psychology at Western Oregon University. His research interests include positive psychology, eudaimonia, and well-being. Michael will be marrying his fiancee this August.

Brenda Cleaver – (MA) Brenda is from a small ranching community in eastern Oregon. She completed her undergraduate work at Lewis-Clark State College in Lewiston Idaho where she also interned at Goodwill Industries of the Inland Northwest Workforce and Family Services.

Nick Davey – (PhD) Nick is from Baltimore, MD, and received his BS in Psychology from the University of Maryland, College Park, in 2014. Nick is interested in examining how changes in therapists’ fluid intelligence may impact client outcomes, particularly for therapists in training.

Jon Edgerton – (MA) Jon is a Vancouver, WA, native who received his BA in Psychology from Boston University in 2012. Jon is an enthusiastic tennis player who has coached and taught private lessons over the past 3 years.

Meisam “Sam” Haghighi – (PhD) As an Iranian-American in a post 9/11 climate, Sam hopes to shine light on issues faced by Muslim and Middle Eastern minorities. His research interests include exploring help-seeking behaviors and relevant personality correlates in Muslim/Middle Eastern populations. Sam holds an M.S. in Experimental Psychology and a B.A. in Psychology from Central Washington University.

Peggy Gartman – (MA) Peggy is a recent graduate of Brigham Young University with a Bachelor’s and a Master’s Degree in general psychology. She has been married for 23 years and has two children, Emily aged 22 and Todd, aged 20. Peggy has worked in the mental health field for several years and after she graduates, she hopes to work with adolescents working at a government agency or a non-profit.

Julie Lopez – (PhD) Julie graduated with a MA in Counseling from Gonzaga University and Bachelor’s degree in Psychology from Central Washington University. Julie is interested in counseling for bilingual and Hispanic populations.

Courtney Potter – (MA) Courtney is from Biloxi, MS, received her BS in Psychology from the University of Southern Mississippi, and has volunteered under the supervision of the Director of Training and Clinical Psychologist at the Gulf Coast Veterans Health Care (GCVHC). She is interested in working with adolescents and adults living with anxiety, depression, eating disorders, and/or personality disorders.

Ruth Ross – (MA) Ruth, originally from Redding, California, has called Lewiston, Idaho, home the past 10 years. Ruth graduated from Lewis-Clark State College (LCSC) with a Bachelor’s Degree in Psychology and a Minor in Addiction Studies in May 2014. During her time at LCSC, Ruth held an internship, and later employment, with Adult Mental Health where her efforts focused on the chronically mentally ill. Ruth also earnestly worked with the Mental Health Court System, which provides an alternative to jail time for crimes committed due to untreated mental illness.

Liz Schriner – (PhD) Liz was born in Page Ariz, but grew up in Tonasket WA. Her research interests are focused on family and romantic relationship dynamics. Liz received her Masters in Community Counseling from WSU in December of 2014 and her BA in Psychology from Eastern Washington University where she conducted research with Dr. Amani El-Alayli under the Ronald E. McNair program.

Lana Schuerman – (MA) Lana was born and raised in Lewiston, Idaho and received her Bachelor’s degree in Psychology from Lewis-Clark State College. She is interested in multicultural psychology, specifically in regards to Polynesian counseling.

Brittney Wolf – (MA) Brittney graduated from Misericordia University with a degree in Psychology and a certificate in Child Mental Health and a minor in Child Welfare Services. Her research interests are the cognitive aspects of PTSD and childhood trauma, and the implications of said trauma on the brain.
Dissertation & Thesis Defenses

Amy Lee Buchanan
The Effects of Deployment Stress and Cognitive Schema Disruption on Relationship Satisfaction Among Non-Marital and Marital Partners of Service Members. Dissertation. Chair: Dr. McCubbin

Nahal Kaivan

Nhu Thi Quynh Mai
Exploring the Indigenous Structure of Vietnamese Personality: A Lexical Approach. Dissertation. Chair: Dr. Church

Marvice Darrle Marcus
Radically Coming To Be: The Black Masculine’s Construction of Identity, Race, Culture, and Contextual Elements of Sexualality. Dissertation. Chair: Dr. McCubbin

Samantha Munson
Effects of Hypnosis to Facilitate Movement through Stages of Change for Smoking Cessation. Dissertation Proposal. Chair: Dr. A. Barabasz

Nicole Olson
Positive Adaptation in Women Following Sexual Assault: A Grounded Theory Study. Dissertation. Chair: Dr. McCubbin

Alicia San Miguel
Effects of Hypnosis on Irritable Bowel Syndrome: An experimentally controlled study of manualized gut focused hypnosis to treat Irritable Bowel Syndrome (IBS). Dissertation Proposal. Chair: Dr. A. Barabasz

Aubrie E. Schlegel
Human Trafficking, Promoting Knowledge and Dispelling Myths. Thesis. Chair: Dr. McCubbin

Miscellaneous Student & Alumni Milestones, Accomplishments, & Awards

Adisa T. Anderson will be completing his Postdoctoral Psychology Fellowship at the University of California, Berkeley starting Aug. 2015-Aug 2016. Adisa is finishing his Predoctoral Internship there this summer. Adisa received the 2015 Pauline E. Thompson Education Endowment Grant Award from the WSU College of Education for dissertation research, “Alcohol Use and African
American Adults: The Role of Personality and Racial Identity”; the 2015 Berkeley Spot Award for facilitating a program for the UC Berkeley Black Staff & Faculty Organization, about campus racial climate and stress-management, as well as other outreach efforts to underserved communities. [link](http://education.wsu.edu/blog/2015/04/06/adisaanderson); the 2014 Association of Black Psychologists Student Service Award; and the 2012 Pauline E. Thompson Education Endowment Grant Award from the WSU College of Education, for coauthored research “Cultural Differences in Implicit Theories and Self-Perceptions of Traitedness: Replication and Extension with Alternative Measurement Formats and Cultural Dimensions.”

**Michael Boggess**
Will be getting married this August!

**Arlene Carrasco**
Arlene is employed as a Caseload Manager at Aegis Treatment Centers, LLC, an opiate substance abuse facility since June 2012 - present in Modesto, CA. taking on a caseload between 40-50 patients per week.

**Kami Cornwall**
Kami started her own practice called "Palouse Ridge Counseling" located off of Bishop Boulevard in the Pro-Mall I district, in suite 109. She is also currently filling in at the U of I through May as one of their faculty members have left for the year, where she also worked as a practicum student. Kami is married with two kids and everyone is healthy and happy.

**Dan Neighbors**
Passed his Preliminary Exam.

**Nicole Olson**
Nicole gave birth to her first child, Nora Pauline Sandness, on December 26, 2013.

**Alicia San Miguel**
Passed her Preliminary Exam. Alicia received the Society for Clinical and Experimental Hypnosis Student Scholarship (2014) and the Mindfulness Based Stress Reduction eight week course program scholarship (2014). She also received a Certificate of Appreciation from the Multicultural Student Center at Washington State University (2014). Alicia gave birth to her daughter Avani San Miguel 3/4/2014 (Avani just turned 1 year old). She would like to say, "thank you to all the Counseling Psychology faculty and my extended family at MSS for making it a wonderful and stress-free transition. Everyone was extremely supportive through my pregnancy and I truly appreciate the amazing encouragement."

**Elizabeth Schriner**
Passed her Competency Exam.
Greg Urquhart
Greg served as president of the Society of Indian Psychologists at WSU, conducted and presented a study titled “Native American Veterans’ Preferences for PTSD Treatment Programs,” the largest pan-tribal survey ever done incorporating over 600 participants from 175 tribes. Greg has attended and presented work at numerous conferences, including the Native American Health Conference, American Psychological Association Conference, Society of Indian Psychologists Convention and the National Congress of the American Indian. Greg also chaired the first WSU Indigenous Research Conference in April, 2015.

Jason Wu
Passed his Preliminary Exam.
CoPsy Alumni Interview: Courtney Ramsey

What is your current position?
Child & Family Mental Health Therapist at Frontier Behavioral Health in Spokane.

What does this job entail?
Individual therapy, family therapy, group therapy, and case management services. I currently work with children in the age range of 3 to 21.

What do you like most about this position?
I’m allowed to get creative in this position and have gained an incredible amount of experience during my time here. I recently started training to use yoga in session and plan to have a yoga group in the next few months.

What advice do you have for students seeking a similar position?
Network! The relationships I’ve built have been an incredible help to me in the process of advancement in the field.

What do you miss most about WSU?
Too many things to list! I plan to be back to visit soon.

Any other accomplishments or thoughts you'd like to share in the newsletter?
I am very open to helping others and would be happy to share more information for anyone interested in hearing more.
Publications (faculty, students, and alumni in bold)


Flom, R. A., & Gartman, P. J. “Does affective information influence domestic dogs (Canis familiaris) point following behavior?”


Presentations & Workshops (faculty, students, and alumni in bold)


Faculty Highlight: 
Dr. Hsin-Ya Liao

We are pleased to welcome Dr. Hsin-Ya Liao as she finishes her first year with us. Dr. Liao specializes in vocational interests measurement and culturally mediated influences of help seeking, and applies innovative quantitative techniques to better understand these phenomena. Her recent projects include the development of indigenous interest assessments, the examination of interest structure and assessment across cultures, the role of culture and stigma on the likelihood of seeking psychological help, and the role of intergroup rejection sensitivity on one’s psychological well-being.

“I am delighted to join the counseling psychology faculty since August 2014. My family and I have discovered and enjoyed every piece of the Palouse and the North[west] region. I am looking forward to having more interactions with the students and the department”.


McCubbin, L. D. (2014). *Risk and resilience: Overcoming the odds of community violence.* Chair of symposium at the meeting of the American Psychological Association Convention, Washington DC.


McCubbin, L. D. (2013). Relational well-being and physical and mental health among Native Hawaiian elders. In J. L. Johnson (Chair), *Ethnic minority aging: Patterns, policies and research in mental health disparities.* Symposium presented at the annual meeting of the American Psychological Association Convention, Honolulu, HI.

McCubbin, L. D., Buchanan, A., & Sievers, J. (2013). *Relational well-being and physical and mental health outcomes among military families in Hawai‘i.* Poster presented at the annual meeting of the American Psychological Association Convention, Honolulu, HI.


Ruby, K. & Erdman, P. (2014, April). The impact of interdisciplinary instruction in mindfulness on the clinical communication empathy scores in student health professionals. Brown Bag Presentation, Teaching Academy, WSU College of Veterinary Medicine, Pullman, WA.


Faculty Awards, Grants, & Other Accomplishments

Dr. Olusola Adesope received $714,302 from the National Science Foundation as the Co-Principal Investigator for the Affordable Desktop Learning Modules (DLMs) to facilitate transformation of undergraduate engineering classes, high school recruitment & retention. Dr. Adesope was also awarded $549,763 from the National Science Foundation as the Co-Principle Investigator under the EXP: Exploring Social Programming Environments in Early Computing Courses. He was also awarded $35,000 for his proposal “A proposal for an interdisciplinary conference on maximizing the affordances of contemporary technologies in education (MATE)” from the American Educational Research Association. Dr. Adesope presented the "Outstanding Early Career Researcher Award" for American Educational Research Association's Technology, Instruction, Cognition and Learning Special Interest Group, in Philadelphia, PA, and the Washington State University's College of Education "Excellence in Research" Award.

Dr. Areed Barabasz won several awards, including Distinguished Contributions to Professional Hypnosis, American Psychological Association Division of Psychological Hypnosis; 2015 Morton Prince Award for Outstanding Contributions to the Field of Psychotherapy, American Society of Clinical Hypnosis; 2014 ‘Best Published Research Paper’ Award, American Psychological Association Division of Psychological Hypnosis.

Dr. Tim Church served on the editorial boards of the following journals this past year: Journal of Personality and Social Psychology, Journal of Research in Personality, and Journal of Cross-Cultural Psychology.

Dr. Brian French received the Excellence in Research Award from College of Education, WSU, and is serving as the Chair for Structural Equational Modeling SIG-AERA.

Dr. Hsin-Ya Liao received the Pauline E. Thompson Education Endowment Award for her 2015 project, “East Asians and mental health utilization: The role of stigma and face saving.” She also received the College of Education Faculty Award, for her study titled, “Examination of Indigenous Interest Structure- A Combined Etic-Emic Approach.” She received the 2015 Outstanding Research Award for Division E (Counseling and Human Development) of the American Educational Research Association for the article, “Ecological risk and protective factors of depression and anxiety among low-income Chinese immigrant youth,” published in the Asian American Journal of Psychology.

Dr. Laurie McCubbin received the Shining Star Award at the 2015 National Multicultural Summit. She also received the Service to the Profession Award from the Washington State University in 2012. She received $20,000 Berry Family Fellowship (as the co-principal investigator) from the Pacific Northwest Center for Mestizo and Indigenous Research and Outreach. She also received $9,000 Faculty Funding Award between 2012 and 2013 (as the co-principal investigator) for her project “Indigenous and Mestizo Leaders’ Perspectives on Culture, Education and Health in Local Communities.” Lastly, she received $4,860 Faculty Funding Award between 2012 and 2013 (as the principal investigator) for her project “Examination of Resilience, Well-Being and Adaptation among Midlife Adults Transitioning to Aging.”

Dr. Brian McNeill produced an instructional DVD for the APA Clinical Supervision Series, “The Integrated Model of Clinical Supervision.”
What is your current position? I'm currently a staff psychologist at Appalachian State University's Counseling Center in Boone, NC.

What does this job entail? I provide individual and group therapy, supervise masters and doctoral interns, providing outreach, and working with specific groups. Currently, I do a lot of work with survivors of trauma, members of the LGBTQIA+ community, and transfer students. I also do crisis work, initial assessments of clients, and consultation with Residence Life.

What do you like most about this position? I love university counseling—although it is demanding, it is also very dynamic and flexible, which is a nice fit for my personality. I feel very encouraged and supported by my colleagues and supervisors, which makes this feel like a calling more so than a job. We live and breathe the developmental model of training and supervision, and it is truly invigorating to see young adults grow, change, and make healthy life choices. It also helps that we have two therapy dogs on staff!!

What advice do you have for students seeking a similar position? Be sure you get experience at a counseling center and take that seriously! The counseling center world is a small one and people have internships and jobs all over—because of this, a lot of people already knew a lot about me or we had common Facebook friends when I got here. Also, be open about your internship search—big name schools may not have strong counseling centers—so be particular in how you want to hone your skills while on internship. I picked a site that combined my interests (human-animal interactions, diversity, trauma, and supervision) with my personality and desire for a university counseling career. I completed internship here and was fortunate enough to stay!

What do you miss most about WSU? I miss Turkey Farms apple orchard—Washington apples simply can't be beat! I also miss the people of the Palouse, both on and off campus. I also miss that sweet bike path connecting Pullman and Moscow!!! Luckily, I have been able to stay connected to a lot of folks through APA and informal means.

Any other accomplishments or thoughts you'd like to share in the newsletter? I also recommend getting active in APA in an area that interests you... for me, that meant becoming the action editor for a research bulletin in Division 17 (Society of Counseling Psychology; ask Dr. Erdman for more information on this), the treasurer of a section of Division 35 (Society for the Psychology of Women), and a member at large of Division 44 (Society for the Psychological Study of LGBT Issues). I joined several divisions as a student so I could get on their list-servs and get journals, then decide whether to pay the bigger membership fees after graduation! Some list-servs, like 44, are very active and you can learn a great deal just by joining. Beyond that, and I recognize that this is cliche to say, but TAKE GOOD CARE OF YOURSELF. The last thing you want or need is to burn out before internship! There is a lot of awesomeness in Pullman, starting with the people. Get connected and you can thrive. And please contact me or other alums if you need help or advice. We are all in this together, and you can do it. It will also be worth it. I promise!
CONTRIBUTING POSSIBILITIES

The Counseling Psychology Program thrives on contributions from alums and friends of the program. To provide additional support please consider contributing to one or more of our student scholarships. You can contact the College of Education Development Office (509-335-1738) for more information or send your contributions to the College of Education, PO Box 6421114 Washington State University, Pullman, WA, 99164-2114. Please indicate which scholarship to which you would like to contribute. Thank you for your generosity.

COE Scholarships that are exclusive to counseling/counseling psychology:
Leroy Olsen—Counseling Psychology Scholarship
Pauline Thompson—Education Endowment

CALL FOR NEWS

We would love to hear from our alumni. Please send us your latest news – personal and family accomplishments, professional honors, committees upon which you serve, offices to which you have been elected, job changes you have made, papers you have presented or published, etc.

To submit information for this newsletter or for a change of address, please send to:

Nick Sewell
Office of Graduate Studies
Washington State University
nsewell@wsu.edu

or

Nick Davey
Graduate Student, Counseling Psychology
Washington State University
nicholas.s.davey@wsu.edu

A Note from Dr. Erdman:

Congratulations to our recent graduates, and to those who passed some major milestones in the program. Those graduating from our master’s program are Addison Borseth, Arlene Carrasco, Erin Carroll, James Dorr, Augusto Gancinia, Matthew Hale, Londyn Miller, Johnathan Rarig, Aubrie Schlegel, Mark Storey, and Ben Thew.
Some of our Ph.D. students are closer to their graduation. Those who defended their dissertation are Nichole Olson, Charles Ching, Nhu Mai, Amy Buchanan, and Marvice Marcus.

Congratulations again to all of these students, and if we accidentally overlooked anyone, please accept our apology. We wish our graduates well and much success in their future endeavors, and we look forward to meeting our new students in the fall.