Greetings from the Washington State University (WSU) Counseling Psychology Program! It has been a very busy and productive two years since our last newsletter from the summer of 2010. Enclosed we have highlighted many of the great accomplishments, publications, presentations and personal events in our students’ and faculty’s lives.

First we wish to thank Dr. Susan Jensen, our Clinical Assistant Faculty member, for all of her hard work over the past few years for our school counseling program as she transitions onto other exciting life endeavors this past May 2012. Additionally we would like to welcome two amazing new faculty to the counseling psychology team: Dr. Sarah Ullrich-French and Dr. Olusola “Sola” Adesope. Dr. Ullrich-French teaches our social psychology course and serves on both masters and doctoral committees. Dr. Adesope is a new faculty member in Educational Psychology and teaches many of our core statistics/research courses and also provides advising and mentoring to our graduate students. Dr. Stephanie Bauman is now a full-time faculty member in the College of Liberal Arts at our Tri-Cities campus. The core faculty, Drs. Arreed & Marianne Barabasz, Tim Church, Lali McCubbin and Brian McNeill, continue to serve on the Pullman campus with Dr. Church as our Area/Program Coordinator and Dr. Marianne Barabasz as our Training Director. Dr. Phyllis Erdman, while serving her role as Associate Dean of Academic Affairs, is also our Coordinator for our Community Counseling program. Additionally Drs. Brian McNeill and Lali McCubbin are Co-Directors of the newly established Center for Mestizo and Indigenous Research and Outreach. We have a new Dean, A.G. Rud, at the helm of the College of Education along with Dr. Mike Trevisan as our Associate Dean for Research and External Funding. We are thankful for all the hard work and leadership that our faculty and administrators provide for our counseling program as we continue our commitment to train counselors and psychologists for the future.

Our students and alumni continue to excel and have been gracious enough to share some of these accomplishments with us as indicated in this newsletter. A special appreciation and acknowledgement goes out to Amy Cox, Program Coordinator of the Development Office in the College of Education, for her tremendous work in coordinating an extensive database of scholarships for our students to help them financially as they pursue their higher educational goals. We also want to congratulate our recent masters and doctoral graduates and wish them all the best in their future endeavors.

If you would like to be part of our alumni spotlight or have any news, please send us an email at mccubbin@wsu.edu. We hope you have a restful and enjoyable summer!

Sincerely,
Lali McCubbin, Ph.D.
Associate Professor
FACULTY PUBLICATIONS


Dr. Olusola (Sola) Adesope's research is at the intersection of educational psychology, learning sciences, instructional design and technology. His recent research focuses on the cognitive and pedagogical underpinnings of learning with computer-based multimedia resources; knowledge representation through interactive concept maps and diagrams, meta-analysis of empirical research, evaluation of learning objects, and investigation of instructional principles and assessments in Science, Technology, Engineering and Mathematics (STEM) domains. In his present position as an assistant professor, Dr. Adesope has taught Theoretical Foundations of Learning and Instruction, Advanced Educational Psychology, Principles of Research, Systematic Reviews and Meta-Analysis.
FACULTY PUBLICATIONS (CONTINUED)


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FACULTY HIGHLIGHT

Dr. Sarah Ullrich-French’s research crosses areas within the college of education, across campus, and in the community. Her formal training is in Kinesiology with an emphasis on sport and exercise psychology and youth physical activity. Her interest in youth physical activity intersects with areas of social development, psychology, education, positive youth development, and health. Current research activities fall into four intersecting areas of social relationships in motivational processes, positive youth development, health behaviors in the transition from high school to university, and sedentary and active behaviors. Dr. Sarah Ullrich-French teaches courses in sport and exercise psychology, social psychology, motivation theory, and research methods. She holds memberships in international professional organizations including the North American Society for the Psychology of Sport and Physical Activity and the Society for Research on Adolescents.


STUDENT PUBLICATIONS


STUDENT SCHOLARSHIPS AND AWARDS

Deborah T. Killinger Scholarship (2011-2012): Jennifer Ambriz, Adisa Anderson, Ciara Christensen, Laura, Preciado  
Denise K. Bahr: Memorial Scholarship Fund (2012-2013): Mapuana Antonio  
Educational Leadership and Counseling Psychology Professional Development Grant (2012-2013): Mapuana Antonio and Amber Strait  
Imi Na’auao: Mapuana Antonio, Laurence J. Peter Memorial Graduate Fellowship in Teacher Education (2011-2012): Briana Morrison  
Leroy Olsen Counseling Psychology Scholarship (2011-2012): Ciara Christensen  
Marilyn Berney Endowed Graduate Fellowship (2012-2013): Amber Strait  
Melanie Burt: 2011 President’s Award honoring Student Excellence  
Samantha Schwartz-Oscar: 2011 College of Education Deans Award  
Pauline E. Thompson 2012 Scholarship recipients:  
  * Diem Phan (Integrating Personality and Coping Styles in Predicting Well-Being Across Cultures)  
  * Simone Young (Influence of Racial Identity and Academic Self-Efficacy on African American Academic Outcomes)  
  * Adisa Anderson (Cultural Differences in Implicit Theories and Self-Perceptions of Traitedness)  
  * Jenny Lee (Personality and Cultural factors that affect social anxiety in Asian Americans)
FACULTY PRESENTATIONS


Cox, A.E., Ullrich-French, S., & French, B. (2012). Physical education motivation regulation growth models across the transition to middle school. Paper accepted for presentation to the annual meeting for NASPSPA, Honolulu, HI.


**PERSONAL NEWS & ACCOMPLISHMENTS**

Sarah Rangel gave birth to Emiliano Tonatiuh Sanchez on June 14, 2011

Sarah Ullrich-French place 1st place female for 2011 Mt Spokane 50K Trail Run and 3rd place female for 2011 Bunker to Bonneville 50k Trail Run

Melanie Burt and Tim Richel

married May 26, 2012

**2012-2013 INTERNSHIP PLACEMENTS**

Melanie Burt

WSU Counseling Services

Monika Parikh

University of Rochester Medical Center

Diem Phan

University of Notre Dame

Tim Richel

Texas A&M

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McDonough, M.H., & Ullrich-French, S. (2012). *Participant reflection on character concepts taught in a positive youth development program.* Paper accepted for presentation to the annual meeting for the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Honolulu, HI.


Pendry, P., Roeter, S., Erdman, P., Jacobson, S. (2012). Experimental trial demonstrates positive effects of equine facilitated...
growth and learning on children social competence. Academic Showcase Poster Session, WSU.


STUDENT PRESENTATIONS


McCubbin, L., McCubbin H., Phan, D, & Olson, N. "The Effects of Social Well-Being and Discrimination on Health Outcomes among Asian Americans."


DISSERTATION NEWS

DEFENSES


**Shawn Miller**, Fall 2010, The Validity of the Strong Interest Inventory in Predicting College Major Choice and Academic Achievement.

**Cheryl Anderson-Hurami**, Spring 2011, Cross Cultural Differences in Response Styles.


**Jenny Lee**, Spring 2011, Personality and Cultural Determinants of Social Anxiety in Asian Americans

**Amy La**, Summer 2011, Biculturalism and Personality as Predictors of Subjective Well-being in Chinese Americans.

**Ladan Maleki**, Summer 2011, Integrating Personality and Spirituality as Predictors of Subjective Well-Being.


**Patricia Celaya**, Spring 2012, The Experiences of Latina Graduate Students in Psychology Programs.

RECENT PROPOSALS

Thu Dang (Fall 2010)
Juan Alvarez (Spring 2011)
Diem Phan (Fall 2011)
Melanie Burt (Fall 2011)
Samantha Schwartz-Oscar (Fall 2011)
Timothy Richel (Fall 2011)
Lisa Bruna (Spring 2012)

2012 INCOMING

DOCTORAL STUDENTS

Blanca Caro
Dan Bayly
Ghynecee Temple
Kendry Regier
Laura Preciado
Lindsey Marco
Nahal Kaivan
Sherry Craft

MASTERS STUDENTS

Aubrie Schlegel
Avery Berschauer
Bruce Stegner
Elizabeth Schriner
Greg Urquhart
Hang Chen
Hui-Ju Tsai
Kami Cornwall
Misty Jimenez
Nandi Magadla
Nickolas Barnes
Nicole Cristobal
ALUMNI SPOTLIGHTS

FERNANDO ORTIZ

What is your current position? Director, Counseling Center at Gonzaga University.

What does this job entail? As a psychologist, I provide counseling to undergraduate and graduate students, crisis interventions and consultations to university community, and preventive and proactive outreach programs. I serve as a consultant and resource person for faculty and staff regarding the mental health of individual students and the factors affecting the adjustment and mental health of the student population. More specifically, I worked collaboratively with offices, colleagues, campus departments and students groups contributing to student success and engagement. As a supervisor, I supervise master level interns/trainees, and psychiatric residents currently serving our students through a joint program at the University of Washington and Sacred Heart Hospital in Spokane, WA. As an administrator at a Catholic University, one of my functions is to have a strong commitment to the university’s Catholic, humanistic and Jesuit mission. I have to provide a vision and demonstrate a collaborative leadership for our diverse team of counselors and ensured the development and implementation of best practices in Counseling Center programs and services. This entails risk management, integrity and ethics while navigating challenging issues affecting our student population and the context of higher education. Some of the more administrative tasks entail the management of departmental budgets and resources, the development and implementation of relevant policies and procedures, and the coordination and collaboration with other departments to ensure a collaborative, comprehensive, and high quality continuum of services. Our Center also collects data both for research purposes, and for administrative reports and outcomes. I supervise this data collection coordination effort. Recently, I have participated in two task forces, one created by our President to address ethnic and cultural needs of the university, and in the second task force to investigate the wellness needs, programs and services. Currently, I am not teaching. I was an assistant professor, however, prior to this clinical and administrative position at the Ph.D. program in clinical psychology at Alliant International University (2006-2009). I taught personality assessment, introduction to psychotherapy, multicultural development competencies, and a dissertation research group.

What do you like most about this position? My current job has allowed me to fulfill my identity as a counseling psychologist. Intrinsic to this identity is the use of individual, group, and community interventions for emotional, behavioral, vocational, and mental health problems. In my multifaceted role as an administrator, consultant, counselor, and leader, I have been able to use preventive, developmental, and remedial approaches and interventions to serve the counseling needs of students and the populations we help at the Counseling Center. I recently came across a statement in one of the publications of the American Psychological Association noting that psychologists’ have the noble calling “to elevate the human condition.” I find my work at the Counseling Center very much contributing to the betterment of the human condition. More specifically, the Jesuits use the concept of cura personalis (“care of the whole person”) and this is one of the values and rewards that inform what I do – striving to care for the whole personhood of the clients I serve.

What advice do you have for students seeking a similar position? Doctoral students undergo a gradual evolution and formation of their skills and competencies through the experiences of training, research, supervision, consultation and coursework. These major academic, supervisory, and training influences are essential for anyone seeking out a similar position at a Counseling Center. To the extent that one is able, I would advise doctoral students to achieve both depth and breadth in their counseling skills and competencies.

Any other accomplishments or thoughts you would like to share with current and alumni students? Personally, I am married to my wife, Christi, and we have two children, Emmanuel (5 years old) and Grace (6 months). Primary over my professional accomplishments, my family matters the most to me. We live in the country side, on the outsides of Spokane, surrounded by beautiful nature, and where we also enjoy the company of our two dogs: Sapphire, a German Rottweiler, and Shelby, a mixed Mexican Chihuahua (interesting, multicultural dyad! – Shelby was born in Mexico, I may add!). As a relatively new family, we spend a lot of time together sharing previous moments. Emmanuel is a very curious boy, and he loves story-telling, especially bedtime stories. He has assumed the role of big brother and watching him interact so gently and lovingly with Grace is extraordinary. Moments with family reorient them to what is truly meaningful and transcendent. I have come to believe that we define ourselves primarily by our authentic and loving relationships with others. In a prior life I was a seminarian studying to join the Catholic priesthood, and I am very active in religious ministry. As a person who continues to discern what spirituality and religiosity means to the person, I recently completed a second masters degree in religious studies with an emphasis on Mexican spirituality. This was a truly, transformative experience for my own development as a Mexican person of faith. I continue to explore what culture and faith means for some of my students and incorporate what I have learned through my education in counseling.
ALUMNI SPOTLIGHTS

ALICIA DEL PRADO

What is your current position and where? I am an assistant professor at the Wright Institute in the clinical Psy.D. program. I am also a licensed psychologist in California.

What does this job entail? In my role at the Wright Institute, I teach classes, serve on dissertation committees, and mentor students. Currently, I am chair of the program’s Diversity Committee. I also have a part time private practice.

What do you like most about this position? The Wright Institute has a practitioner-scholar model of training, and so they value their faculty doing clinical work in addition to teaching. This approach is a good fit for my professional interests because it encourages me to where the "two hats" of teaching and individual therapy, both of which I enjoy doing very much. The Wright Institute also has a mission of "clinicians to society" which aligns with my personal and professional commitment to multiculturalism in psychology.

What advice do you have for students seeking a similar position? The dissertation can be a wonderful stepping stone to your chosen career path. I have been asked multiple times to speak about my dissertation topic (which was on an enculturation scale for Filipino Americans), and I believe it has positively contributed to my early-career professional identity. So, when deciding upon what your dissertation will be, I advise "choose wisely". At the same time, there are ideas I was interested in pursuing for dissertation that I did not do, and post-graduation I've had the opportunity to revisit and research them. So, I would also add, "there is life after graduation" and ideas that did not get to materialize can be returned to later.

Corrections from previous issue:


CALL FOR NEWS

We would love to hear from our alumni. Please send us your latest news – personal and family accomplishments, professional honors, committees upon which you serve, offices to which you have been elected, job changes you have made, papers you have presented or published, etc.

Future newsletters may be distributed electronically. Please send your email address to Jason Sievers at jasievers.wsu.edu.

To submit information for this newsletter or for a change of address, please send to:
Jason Sievers, Ph.D.
Office of Graduate Studies
jasievers@wsu.edu
or
Laurie (Lali) McCubbin, Ph.D.
Associate Professor
Department of Educational Leadership and Counseling Psychology
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CONTRIBUTING POSSIBILITIES

The Counseling Psychology Program thrives on contributions from alums and friends of the program. To provide additional support please consider contributing to one or more of our student scholarships for 2010 -2011. You can contact the College of Education Development Office (509-335-1738) for more information or send your contributions to the College of Education, PO Box 6421114 Washington State University, Pullman, WA, 99164-2114. Please indicate which scholarship to which you would like to contribute. Thank you for your generosity.

COE Scholarships that are exclusive to counseling/counseling psychology:

• Leroy Olsen—Counseling Psychology Scholarship
• Pauline Thompson—Education Endowment