

STUDENT HANDBOOK  
Ph.D. PROGRAM  
IN  
COUNSELING PSYCHOLOGY  
(APA Accredited)  
2010-2011



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Edited by the Office of Graduate Studies

**Revised 12/10**

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## **PREFACE**

The purpose of this handbook is to serve as a general reference in addition to the Washington State University Graduate Catalog for the faculty and students in the Department of Educational Leadership and Counseling Psychology in regard to both departmental and college policies and requirements. Hopefully, this document will aid in the student's orientation and progress through the Counseling Psychology Program.

Students agree to accept responsibility for being informed, for following the procedures outlined herein, and acknowledge that they will be required to qualify for the degree under established policies. Updates and changes in the program will be dated and included in future revisions of this Handbook. A student's program is governed by the policies and procedures operative on March 1 of the year they are admitted into the program.

**WASHINGTON STATE UNIVERSITY - COLLEGE OF EDUCATION  
DEPARTMENT OF EDUCATIONAL LEADERSHIP  
AND COUNSELING PSYCHOLOGY**

**INTRODUCTION**

The doctoral program in Counseling Psychology at Washington State University (WSU) subscribes to the scientist-practitioner model of doctoral training. That is, while graduates are prepared to function as counseling psychologists in a variety of academic and service delivery settings, the common thread of all training is a balance of applied, theoretical, and scientific components in the practice of professional psychology. Students prepare for careers in counseling, teaching, research, and other professional settings. The program is currently approved for accreditation by the American Psychological Association and graduates are able to obtain licensure as psychologists in Washington as well as most other states. However, because licensure requirements differ across states, potential applicants should be aware of the specific requirements for the various states in which they choose to practice (ASPPB, 2007).

The emphasis of the program is on the facilitation of psychological growth and development, stressing the interaction of individual, environmental and socio-cultural factors in the treatment of psychological problems, as well as the promotion of health through better self-management and self-renewal. Examples of faculty expertise and interest include multi-cultural issues, clinical and experimental hypnosis, family systems and attachment theory, risks and protective factors and resilience among indigenous people and people of color, ego state therapy for PTSD and ASD, personality structure and assessment, vocational psychology, counselor supervision, eating and habit disorders, aviation crew resource management and program evaluation.

The field of Counseling Psychology defines itself apart from other applied psychological specialty areas. Some definitions describing the focus of Counseling Psychology are consistent with the focus of the program. For example, Gelso and Fretz (1992) describe Counseling Psychology in terms of three major roles and five predominant themes:

The major roles are (a) the remedial (assisting in remedying problems), (b) the preventive (anticipating, circumventing, and forestalling difficulties that may arise in the future), and (c) the educative and developmental (discovering and developing potentialities). Although these three roles are similar across fields related to counseling psychology (e.g., clinical psychology, social work), the ways in which these roles are implemented distinguish counseling psychology from related fields. Thus, the predominant themes are (a) a focus on intact rather than severely disturbed people; (b) a focus on assets, strengths, and positive mental health regardless of the degree of disturbance; (c) an emphasis on relatively brief interventions; (d) an emphasis on person-environment interactions rather than an exclusive emphasis on the person or the environment; and (e) an emphasis on educational and career development.

The most recent National Conference for Counseling Psychology further delineated this position, describing Counseling Psychology's orientation as based on the following characteristics: 1) A perspective that values the empowerment of individuals to gain mastery over their own lives and methods that focus on strengths, adaptive strategies, and strategies for change such as advocacy, political involvement, and direct teaching of skills relevant to promoting the psychological health of individuals, groups and systems. 2) A focus on development across the life span with attention to diverse developmental issues and paths, building upon the developmental models that form the cornerstone of counseling psychology and generating new techniques for application in three primary service modes: prevention, developmental enhancement, and remediation. 3) The importance of viewing people and their behavior in a contextual manner because psychology itself exists in a socio-cultural context influenced by ethnicity, gender, sexual orientation, age, and socio-historical perspective (Kagan, et al., 1988, p 351). Additionally, our program has been designed in accordance with the principles of the Model Training

Program in Counseling Psychology, which represents the collective input of the Council of Counseling Psychology Training Programs and the Society of Counseling Psychology (Murdock, Alcorn, Heesacker, & Stoltenberg, 1998). The evolution of this traditional Counseling Psychology orientation along with its current application is detailed by Heppner, Casas, Carter, and Stone (2000).

Counseling Psychologists apply this orientation to a variety of practice settings (e.g., educational, business, advertising, industry, and medical). As a result of Counseling Psychology's educational and preventive focus, the vast majority of APA accredited Counseling Psychology programs are housed within Colleges of Education. Consequently, prospective applicants are strongly encouraged to contrast the Counseling Psychology perspective with those of other applied areas, especially Clinical Psychology which has traditionally focused on the diagnosis of psychopathology and remediation of deficits by long-term therapeutic techniques. In addition to the above references, the Journal of Counseling Psychology and The Counseling Psychologist will provide information on the research and practice areas of Counseling Psychology to determine if this specialty area fits with one's professional goals.

### **References and Resources**

Association of State and Provincial Psychology Boards. (2007). [asppb.org](http://asppb.org).

Gelso, C.J. & Fretz, B.R. (1992). *Counseling psychology*. New York, NY: Harcourt Brace Jovanovich.

Heppner, P. P., Casas, J. M., Carter, J., & Stone, G. L. (2000). The maturation of counseling psychology: Multifaceted perspectives, 1978-1998. In S. D. Brown and R. W. Lent (Eds.), *The hand book of Counseling psychology* (Third Edition) (pp. 3-49). New York: John Wiley & Sons, Inc.

Kagan, et al. (1988). Professional practice of counseling psychology in various settings. *The Counseling Psychologist*, 16, 347-365

Murdock, N. L., Alcorn, J., Heesacker, M., & Stoltenberg, C.(1998). Model training program in counseling psychology. *The Counseling Psychologist*, 26, 658-672

**American Psychological Association (APA) – <http://www.apa.org/>**

**Office of Program Consultation and Accreditation – <http://www.apa.org/ed/accreditation/>  
750 First St, NE  
Washington, DC 20002  
Office Phone: 202.336.5979  
Office Fax: 202.336.5978**

**Society of Counseling Psychology – <http://www.div17.org/>**

**Student Affiliates of Seventeen – <http://www.marquette.edu/17sag/>**

**Society for the Psychological Study of Ethnic Minority Issues – <http://www.apa.org/divisions/div45/>**

**Society of Psychological Hypnosis – <http://www.apa.org/divisions/div30/>**

**Society for Child and Family Policy and Practice – <http://www.apa.org/divisions/div37/>**

**Council of Counseling Psychology Training Programs (CCPTP) – <http://www.ccptp.org/>**

**Association of Psychology Postdoctoral and Internship Centers (APPIC) – <http://www.appic.org/>**

**Asian American Psychological Association – <http://www.aapaonline.org/>**

**Association of Black Psychologists – <http://www.abpsi.org/>**

**National Latina/o Psychological Association – <http://www.nlpa.ws/>**

**Society of Indian Psychologists – <http://www.geocities.com/indianpsych/>**

## PROGRAM GOALS AND OBJECTIVES

As outlined below, the Counseling Psychology program at Washington State University seeks to train socially responsible scientist-practitioners who demonstrate the highest standards of excellence and ethical behavior in the variety of academic and practice settings in which Counseling Psychologists are employed. Our intent is to train generalists who can function in diverse settings as opposed to narrow specialists. We also seek to train Counseling Psychologists who have a strong foundation in diversity and who are capable of working in a variety of settings with individual and cultural diversity broadly defined. Students may develop expertise in various specialty areas in addition to general skills through the choice of faculty advisor, internship site, elective course work, and dissertation topic area. Students entering the program with a bachelor's degree can expect to spend four years in full-time on-campus course work and an additional year on internship. Students entering the program with a Master's degree may waive certain courses, depending on their equivalence, thus shortening their length of time in the program. Our five broad goals and objectives along with corresponding competencies include:

**1. Skilled Counseling Practitioners:** Produce Counseling Psychologists who competently apply theory, assessments, diagnoses, and appropriate interventions across a variety of settings and populations.

**Objective 1A.** Gain knowledge about counseling theories and apply to diagnosis/case conceptualization, treatment plans, and interventions.

**Competencies:** 1. Demonstrate application of a theoretical orientation to diverse client populations across multiple settings. 2. Apply and evaluate theory based interventions.

**Objective 1B.** Acquire knowledge that enables students to administer, score, and interpret appropriate assessment tools to determine diagnoses as a basis for appropriate interventions.

**Competencies:** 1. Select and competently administer and interpret case appropriate assessment tools. 2. Demonstrate the ability to accurately diagnose and conceptualize client problems.

**2. Skilled Scholars/Researchers as Appropriate to Professional Roles:** Produce Counseling Psychologists who generate and evaluate scientific knowledge relevant to their professional roles.

**Objective 2A.** Obtain knowledge and skills required to critique and evaluate psychological research.

**Competency:** Apply knowledge of theory, research methods, and data analysis in critiquing psychological literature.

**Objective 2B.** Obtain knowledge and skills required to conduct psychological research.

**Competency:** Demonstrate the ability to conceptualize, conduct, and report all aspects of psychological research including literature review, design, methodology, data collection, analysis and interpretation.

**3. Professional and Ethical Scholars and Practitioners:** Produce Counseling Psychologists who consistently apply accepted ethical and legal standards to their work and who exhibit professional integrity.



**Objective 3A.** Obtain knowledge and skills required to apply ethical and professional standards in clinical, professional, and research settings.

**Competency:** Demonstrate the ability to apply ethical principles and practices in all aspects of their professional work.

**4. Sensitivity to Issues of Diversity and Ability to Integrate into Respective Professional roles:**

Produce Counseling Psychologists who have the awareness, knowledge, and skills necessary to address issues of multiculturalism and human diversity broadly defined and who are capable of advocating for the needs and issues of various client populations.

**Objective 4A:** Obtain awareness, knowledge, and skills related to human diversity and multicultural counseling.

**Competencies:** 1. Demonstrate knowledge and integration of theory and research in human diversity and multicultural counseling in their conceptualizations, assessments, and interventions with culturally diverse clientele. 2. Apply multicultural theory and scholarship to research design, implementation, and evaluation.

**5. Effectiveness in Consultation, Collaboration, Communication, and Human Relations Skills**

**across Professional Contexts:** Produce Counseling Psychologists who are effective in consulting roles, collaborating and communicating with various people and organizations, and building and maintaining professional relationships in a variety of settings.

**Objective 5A:** Gain knowledge in consultation and outreach skills with individuals and groups across multiple contexts.

**Competency:** Demonstrate the ability to apply effective communication and relationship building skills in the performance of consultation and outreach activities, including workshop presentations in various settings.

**Objective 5B:** Gain knowledge in the process of program assessment and outcome evaluation including the efficacy of interventions related to consultation activities.

**Competency:** Demonstrate the ability to assess and evaluate the outcomes and effectiveness of consultation interventions.

**6. Development of a Professional Identity Appropriate for Future Career Plans:** Produce Counseling Psychologists whose core professional identity is counseling psychology and who also have begun to explore and develop specialty areas that complement this identity and facilitate their career development.

**Objective 6A:** Gain knowledge regarding the status of counseling psychology as a profession within the field of psychology (include differences between counseling psychology and other applied psychology specialties), including the types of professional activities in which counseling psychologists are typically engaged.

**Competencies:** 1. Demonstrate knowledge of roles and activities of Counseling Psychologists including the remedial, preventive, educative and developmental. 2. Understand the ways these professional roles are implemented through a focus on lifespan development and strengths.

**Objective 6B:** Develop a core professional identity as a generalist Counseling Psychologist and through specialized coursework, dissertation topics, and other training experiences, identify an area of specialty expertise.

**Competencies:** 1 Perform career-related activities consistent with professional counseling psychology and area of specialty.

# COLLEGE OF EDUCATION CONCEPTUAL FRAMEWORK AND DEPARTMENT MISSION STATEMENT

## College of Education Conceptual Framework:



The College of Education contributes to the theory and practice of the broad field of education, and dedicates itself to understanding and respecting learners in diverse cultural contexts. We facilitate engaged learning and ethical leadership in schools and clinical settings. We seek collaboration with diverse constituencies, recognizing our local and global responsibilities to communities, environments, and future generations.

## Department of Educational Leadership and Counseling Psychology Mission Statement:

The mission of the Department of Educational Leadership and Counseling Psychology is to address the needs of communities, individuals, and educational institutions in a diverse society through leadership, scholarship, collaboration, and professional practice.

### TRAINING VALUES ADDRESSING DIVERSITY

The Counseling Psychology model training values statement addressing diversity is reproduced below. See *The Counseling Psychologist* (Jul 2009, 37) for additional information about the development of the model training values statement.

## Counseling Psychology Model Training Values Statement Addressing Diversity<sup>1</sup>

Council of Counseling Psychology Training Programs, Association of Counseling Center Training Agencies, and Society of Counseling Psychology

*The Counseling Psychologist*, Jul 2009, vol 37, pp. 641-643

Respect for diversity and for values different from one's own is a central value of counseling psychology training programs. The valuing of diversity is also consistent with the profession of psychology as mandated by the American Psychological Association's Ethical Principles and Code of Conduct (2002)

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<sup>1</sup>This document was endorsed by the Association of Counseling Center Training Agencies (ACCTA), the Council of Counseling Psychology Training Programs (CCPTP), and the Society for Counseling Psychology (SCP) in August of 2006. The joint writing team for this document consisted of members from ACCTA, CCPTP, and SCP, including Kathleen J. Bieschke, Ph.D., Chair, (SCP), Arnie Abels, Ph. D., (ACCTA), Eve Adams, Ph.D., (CCPTP), Marie Miville, Ph.D., (CCPTP), and Barry Schreier, Ph.D., (ACCTA). This document is intended to serve as a model statement for counseling psychology training communities and we encourage sites to adapt the CPMTVSD to reflect their particular environment. The writing team for this document would like to acknowledge Laurie Mintz, Ph.D. and her colleagues at the University of Missouri-Columbia; the values statement for their program served as the starting point for the current document. Correspondence regarding this document should be directed to Kathleen J. Bieschke, Ph.D., 306 CEDAR Building, University Park, PA, 16802 or to [kbieschke@psu.edu](mailto:kbieschke@psu.edu).

and as discussed in the Guidelines and Principles of Programs in Professional Psychology (APA, 2005). More recently there has been a call for counseling psychologists to actively work and advocate for social justice and prevent further oppression in society. Counseling psychologists provide services, teach, and/or engage in research with or pertaining to members of social groups that have often been devalued, viewed as deficient, or otherwise marginalized in the larger society.

Academic training programs, internships that employ counseling psychologists and espouse counseling values, and post-doc training programs (herein “training programs”) in counseling psychology exist within multicultural communities that contain people of diverse racial, ethnic, and class backgrounds; national origins; religious, spiritual and political beliefs; physical abilities; ages; genders; gender identities, sexual orientations, and physical appearance. Counseling psychologists believe that training communities are enriched by members’ openness to learning about others who are different than them as well as acceptance of others. Internship trainers, professors, practicum supervisors (herein “trainers”) and students and interns (herein “trainees”) agree to work together to create training environments that are characterized by respect, safety, and trust. Further, trainers and trainees are expected to be respectful and supportive of all individuals, including, but not limited to clients, staff, peers, and research participants.

Trainers recognize that no individual is completely free from all forms of bias and prejudice. Furthermore, it is expected that each training community will evidence a range of attitudes, beliefs, and behaviors. Nonetheless, trainees and trainers in counseling psychology training programs are expected to be committed to the social values of respect for diversity, inclusion, and equity. Further, trainees and trainers are expected to be committed to critical thinking and the process of self-examination so that such prejudices or biases (and the assumptions on which they are based) may be evaluated in the light of available scientific data, standards of the profession, and traditions of cooperation and mutual respect. Thus, trainees and trainers are asked to demonstrate a genuine desire to examine their own attitudes, assumptions, behaviors, and values and to learn to work effectively with “cultural, individual, and role differences including those based on age, gender, gender identity, race, ethnicity, culture, national origin, religion, sexual orientation, disability, language, and socioeconomic status” (APA Ethics Code, 2002, Principle E, p. 1063). Stated simply, both trainers and trainees are expected to demonstrate a willingness to examine their personal values, and to acquire and utilize professionally relevant knowledge and skills regardless of their beliefs, attitudes, and values.

Trainers will engage trainees in a manner inclusive and respectful of their multiple cultural identities. Trainers will examine their own biases and prejudices in the course of their interactions with trainees so as to model and facilitate this process for their trainees. Trainers will provide equal access, opportunity, and encouragement for trainees inclusive of their multiple cultural identities. Where appropriate, trainers will also model the processes of personal introspection in which they desire trainees to engage. As such, trainers will engage in and model appropriate self-disclosure and introspection with their trainees. This can include discussions about personal life experiences, attitudes, beliefs, opinions, feelings, and personal histories. Assuming no one is free from biases and prejudices, trainers will remain open to appropriate challenges from trainees to their held biases and prejudices. Trainers are committed to lifelong learning relative to multicultural competence.

Counseling psychology training programs believe providing experiences that call for trainees to self-disclose and personally introspect about personal life experiences is an essential component of the training program. Specifically, while in the program trainees will be expected to engage in self-reflection and introspection on their attitudes, beliefs, opinions, feelings and personal history. Trainees will be expected to examine and attempt to resolve any of the above to eliminate potential negative impact on their ability to perform the functions of a psychologist, including but not limited to providing effective services to individuals from cultures and with beliefs different from their own and in accordance with APA guidelines and principles.

Members of the training community are committed to educating each other on the existence and effects of racism, sexism, ageism, heterosexism, religious intolerance, and other forms of invidious prejudice. Evidence of bias, stereotyped thinking, and prejudicial beliefs and attitudes will not go unchallenged, even when such behavior is rationalized as being a function of ignorance, joking, cultural differences, or substance abuse. When these actions result in physical or psychological abuse, harassment, intimidation, substandard psychological services or research, or violence against persons or property, members of the training community will intervene appropriately.

In summary, all members of counseling psychology training communities are committed to a training process that facilitates the development of professionally relevant knowledge and skills focused on working effectively with all individuals inclusive of demographics, beliefs, attitudes, and values. Members agree to engage in a mutually supportive process that examines the effects of one's beliefs, attitudes, and values on one's work with all clients. Such training processes are consistent with counseling psychology's core values, respect for diversity and for values similar and different from one's own.

## I. PROGRAM REQUIREMENTS FOR THE PH.D. IN COUNSELING PSYCHOLOGY

The doctoral program is designed for full-time study. Course work requirements span five curriculum areas. Specific courses or types of courses that meet requirements are as follows:

### A. Professional Core in Counseling Psychology

Course work includes theory, research, techniques in individual and group interventions, assessment procedures, vocational/career development, and professional issues.

Course Number	Course Title	Credit Hours
COPSY 501	Introduction to Counseling Psychology: Historical and Philosophical Perspectives	3
COPSY 511	Theories, Research and Techniques in Counseling Psychology I	3
COPSY 512	Theories, Research and Techniques in Counseling Psychology II (Prerequisite: COPSY 511)	3
COPSY 513	Career Counseling: Theories and Methods	3
COPSY 515	Professional Problems and Ethics in Counseling Psychology	3
COPSY 516	Life Span Development and Counseling Issues	3
COPSY 518	Theoretical Foundations of Group Counseling (Prerequisite: COPSY 511)	3
COPSY 525	Counseling Diverse Populations (Prerequisites: COPSY 511, 512)	3
COPSY 527	Individual Appraisal I (Prerequisite: EDPSY 508 or undergraduate statistics course)	3
COPSY 528	Individual Appraisal II	3
COPSY 529	Counselor Supervision: Theory, Research and Practice	3
COPSY 541	Clinical and Experimental Hypnosis Seminar (Choice of 541 or 542 required)	3
COPSY 542	Cross-cultural Research in Counseling and Assessment (Choice of 541 or 542 required)	3

*Core Area "A" total minimum credit hours = 36*

### B. Supervised Practicum in Counseling Psychology

All required practicum course work involves (a) regular weekly class meetings with the University instructor and (b) weekly meetings with the practicum site staff. Courses are sequential and graded on a satisfactory/fail basis. Doctoral Practicum I (CoPsy 551) and Doctoral Practicum II (CoPsy 552) are taken at the WSU Counseling Center. All students enroll for CoPsy 551 in the fall semester of their second year. Students are expected to be continuously enrolled in practica from their enrollment in CoPsy 551 until at least six semesters of CoPsy 551-553 have accumulated. In addition to CoPsy 553, 3 credits of Psych 547 (Medical Psychology Practicum) or Psych 538 (Child Therapy Practicum) can fulfill this requirement. All students seeing clients in any capacity (e.g., Counseling Assistantships, volunteer hours, etc.) and/or as part of a practicum experience must enroll for CoPsy 551-553 credits or CoPsy 600

Independent Study (summer only). A practicum agreement form must be completed and returned to the Director of Training for all external (non-WSU) sites.

Students are expected to secure their own malpractice insurance. Student malpractice insurance is available through the American Psychological Association Insurance Trust (APAIT). You can enroll on line at <http://apait.org/products/studentliability/> or contact them at:

**American Psychological Association Insurance Trust**

750 First Street, NE  
Suite 605  
Washington, DC 20002-4242

Voice: 800-477-1200  
Fax: 800-477-1268  
Email: [insurance@apait.org](mailto:insurance@apait.org)

To qualify for this insurance, you must be an APA Student Affiliate. For information about membership, call APA Membership at (800) 374-2721, or visit <http://www.apa.org/members/types.html> to sign up directly. The cost of the APAIT insurance is \$35.00 for coverage of \$1,000,000.00 each incident, \$3,000,000.00 aggregate for the year.

The university will allow you to purchase medical malpractice insurance from the university of \$1,000,000.00 each incident, \$3,000,000.00 annual aggregate for approximately \$17.00 per academic year. The required forms for the University provided coverage are available from the College of Education Office of Graduate Studies on the second floor of Cleveland Hall

Course Number	Course Title	Credit Hours
COPSY 551	Doctoral Practicum in Counseling Psychology I (Prerequisites: COPSY 511, 512, 513, 515)	4
COPSY 552	Doctoral Practicum in Counseling Psychology II (Prerequisite: COPSY 551)	4
COPSY 553	Doctoral Practicum in Counseling Psychology III (Prerequisite: COPSY 552)	4+
PSYCH 538	Child Therapy Practicum	3
PSYCH 547	Medical Psychology Practicum	3

*Core Area "B" total minimum hours = 24*

**C. Statistics, Research Design, Measurement, and Program Evaluation**

It is important for counseling psychologists not only to be good consumers of research, but also to become proficient with the research process. This includes problem identification and definition, familiarity with relevant literature, operationalizing and measuring constructs, designing studies, collecting and analyzing data, and reporting the results. Beginning in the second semester of the first year, continuous enrollment of at least two credit of CoPsy 600 is required until work on the dissertation begins. At this point CoPsy 800 enrollment is required. All courses listed below are required (with the exception of qualitative methods courses) including a minimum of 4 credits of CoPsy 600.

Course Number	Course Title	Credit Hours
EDPSY 505	Research Methods I	3
EDPSY/ED RES 563	Fundamentals of Doctoral Research	3
EDPSY 509	Educational Measurement	3
EDPSY 565	Advanced Educational Statistics (Prerequisite: EDPSY 508 or upper division undergraduate equivalent)	3
EDPSY 568	Research Methods II (Prerequisites: EDPSY 505, 565)	3
EDPSY 569	Seminar in Quantitative Techniques in Education (Prerequisite: EDPSY 565)	3
EDPSY 570	Introduction to Program Evaluation	3
COPSY 590	Research Seminar in Counseling Psychology (Prerequisites: COPSY 512, 515, 527, EDPSY 565, 568)	3
COPSY 600	Special Projects or Independent Study	4-9
ED AD 536	Introduction to Qualitative Research in Education	3
ED AD 537	Advanced Qualitative Research in Education	3
ED RES 566	Research Seminar	1-4
<p><i>Above three courses are electives. Ed AD 536 and Ed AD 537 are recommended if considering dissertation projects with qualitative methods.</i></p>		



## TARGET COMPETENCIES AND ACTIVITIES FOR COPSY 600 CREDIT

### Competencies:

The following objectives and indicators are target goals for CoPsy 600 coursework.

1. Students will be able to conduct a literature review in an area of relevance to counseling psychology and prepare, with good quality writing, an integrated and critical review of this literature in APA journal article format. This review would include typical research questions asked or hypotheses tested, typical methodology and instrumentation, major findings, significant gaps in knowledge, and a critical evaluation of the literature area. This written review could take the form of a stand-alone review article or succinct introduction typical of an empirical journal article.
2. The student will demonstrate the ability to formulate appropriate research questions and hypotheses in an area of research relevant to counseling psychology, informed by a previous review of the literature in that area.
3. The student will demonstrate the ability to consider various methods or options for the sampling of research participants in an area of relevance to counseling psychology, and demonstrate knowledge of procedures for the ethical use of human participants in research.
4. The student will be able to select and evaluate, using appropriate criteria, instruments that operationalize key constructs in an area of research relevant to counseling psychology.
5. The student should be able to discuss various threats to the validity of research designs.
6. The student will demonstrate the ability to analyze and interpret the results of quantitative or qualitative data that address research questions or hypotheses that are relevant to counseling psychology. In the case of quantitative data this would typically include demonstration of the ability to enter and transform data and conduct and interpret statistical analyses using relevant programs in SPSS-PC. In consultation with the student's CoPsy 600 supervisor, the quantitative or qualitative procedures in which the student is most competent may vary depending on the student's research focus (e.g., analysis of variance, factor analysis, multiple regression, structural equations modeling etc.)

### Typical Activities: (Note – Typically students should expect to spend 3 hours per week in 600 activities for each credit hour of enrollment.)

The above competencies suggest that the following activities would be appropriate or typical for one or more enrollments in CoPsy 600, under the supervision of a faculty member.

1. Initial exploration of scientific literature in an area(s) of potential research or dissertation interest
2. Critical review of the literature in a chosen area of relevance to counseling psychology, to include an analysis of research questions asked and hypotheses tested, typical methodology and instrumentation, major findings, and significant gaps in knowledge.
3. Literature review assistance to faculty in areas of mutual interest or ongoing faculty research.

4. Assisting faculty and receiving training in the preparation of research materials and the collection of data associated with ongoing projects.
5. Training and practice in how to fill out and submit forms associated with human subjects review procedures.
6. Assisting faculty and receiving training in data entry associated with ongoing research projects, for example, using SPSS-PC or EXCEL.
7. Assisting faculty and receiving training in qualitative or quantitative analysis of research data, including such tasks as data coding and statistical analysis with SPSS-PC or other specialized statistical software.
8. Working with faculty on the conceptualization and design of a research project of mutual interest.
9. Collaboration with faculty as a co-author in writing up a literature review or empirical study for conference presentation or journal submission.

#### **D. Psychological Foundations**

Course work in the psychological foundations area covers four major substantive areas within general psychology: biological determinants of behavior, social determinants of behavior, individual behavior, and cognitive/affective bases.

<b>Course Number</b>	<b>Course Title</b>	<b>Credit Hours</b>
<b>1. Biological Determinants of Behavior course:</b>		
PSYCH 534	Clinical Psychopharmacology (strongly recommended as an elective course for Washington Licensure and may be required by other states)	3
PSYCH 574	Physiological Psychology (Required)	3
<b>2. Cognitive/Affective Determinants of Behavior:</b>		
EDPSY 502	Theoretical Foundations of Learning and Instruction	3
<b>3. Social Determinants of Behavior courses:</b>		
COPSY 502	Social Psychology Foundations in Educational and Counseling Psychology	3
<b>4. Individual Bases of Behavior courses:</b>		
COPSY 517	Diagnosis, Psychopathology and Counseling Psychology (Required)	3

*Area "D" total minimum hours – 12*

#### **E. Electives**

Elective course work may be chosen to broaden the scope of the student's program or facilitate further specialization. Courses available as electives include Advanced Hypnosis, Chicano and Latina Psychology, (offered as special topics courses) and Clinical Psychopharmacology and Behavioral Medicine Interventions.

## **F. Doctoral Preliminary Examination (See page 21 for details)**

To move to status as a doctoral candidate, a student must pass the specialty paper preliminary examination.

## **G. Pre-Doctoral Internship**

Every student is required to complete an internship that must span one year of full-time or two years of half-time supervised experience equivalent to a minimum of 2,000 hours of internship experience. The internship is an educational experience involving counseling, supervisory and research activities under the supervision of a psychologist. The internship is scheduled after completion of program course work requirements and approval of the Dissertation proposal. The selection and suitability of internship sites is decided by the student and his or her advisors in conjunction with the Director of Training. Typically, students are strongly encouraged to apply primarily to sites accredited by the American Psychological Association. Students who wish to apply to internship sites that are not APA approved must obtain the approval of the faculty. A description of the internship site and reasons for choosing the site must be submitted to the Director of Training. Again, internship requirements for licensure may vary from state to state and students are encouraged to become familiar with degree requirements for the state where they intend to practice to be sure that all criteria are met. Students enroll for two internship credits per fall and spring semesters of the internship year. A grade of “X” is entered until receipt of notification from the internship site that all requirements have been met. Graduation does not take place until internship requirements have been met, although students may attend graduation ceremonies with only internship credits pending.

<b>Course Number</b>	<b>Course Title</b>	<b>Credit Hours</b>
COPSY 597	Counseling Psychology Internship	4 (minimum)

*Total minimum credit hours = 4*

## **H. Doctoral Dissertation**

Each student must submit an acceptable dissertation that demonstrates his/her ability to conduct independent research and formulate appropriate conclusions that will modify or extend previous knowledge. Students must be enrolled in COPSY 800 during semesters in which they are working with faculty advisors, including Summer Session. Guidelines for the Ph.D. dissertation are available in the Dissertation Handbook available from the office of graduate studies.

<b>Course Number</b>	<b>Course Title</b>	<b>Credit Hours</b>
COPSY 800	Doctoral Research, Dissertation, and/or Examination	24 (minimum)

## **II. ADVANCED STANDING POLICY**

Students in the doctoral program who have completed a master’s degree may be allowed to waive certain required courses. Once admitted, a complete waiver application must be submitted to the Office of Graduate Studies for each course a student wishes to waive by May 1<sup>st</sup>. Applications are subject to the following conditions:

1. In Curriculum Area B, no advanced standing will be granted for practicum.

2. All applications for advanced standing in areas other than Area E will be considered only when based upon evidence of graduate credit in Counseling Psychology or equivalent graduate course work. All applications for advanced standing (other than in Area E, Electives) must be approved by the Counseling Psychology Waiver Committee. Appeals may be made in writing to the chair of the Department of Educational Leadership and Counseling Psychology.
3. Students need only to obtain their advisor's approval for any WSU course they choose to submit as evidence of advanced standing for Area E electives. In the case of non-WSU courses, regular waiver procedures apply.
4. No courses credited by waivers will apply toward the student's total number of credits completed at Washington State University.

### **III. ACADEMIC STANDING**

A student must earn an average of at least a "B" (3.0 cumulative average) in all resident graduate courses applicable to the degree. A grade "S" (satisfactory) must be received in all courses applicable to the degree that are graded on an "S/F" basis. All courses completed with grades of "A," "B," "C," or "S" may be applied to credit hour requirements for the degree.

If a graduate student receives a grade of "F" ("fail," in a research seminar, practicum, or internship), or has demonstrated unethical behavior, this performance may constitute grounds for terminating the student's doctoral program status; he/she cannot register for further study unless there is later reinstatement by a two-thirds vote of the Graduate Faculty of the Department of Educational Leadership and Counseling Psychology. Under certain conditions and with the recommendation of the Department, such a student may apply to the Dean of the College of Education for reinstatement. Ordinarily, at least one semester or summer session must intervene before reinstatement.

A student failing to maintain a minimum cumulative grade point average in any given semester may be dropped from the program. The reinstatement of such students will be handled according to the normal University due process procedures. Students are routinely evaluated and provided written feedback on a yearly basis. All incomplete (I) grades must be completed within one year of the occurrence. Compilation of an excessive amount of incomplete (I) grades may result in a decision of the Training Committee to prohibit further course enrollment until all incomplete grades are removed.

All requirements for the Ph.D. must be completed within ten calendar years from the initial registration in the program and within four (4) years of the date of successful completion of the doctoral specialty paper preliminary examination. In rare cases where unusual circumstances prevent the student from meeting this deadline, an extension may be granted only through a formal review of the student's petition to the Department Graduate Faculty and the Washington State University Graduate School. Graduate School policies for the Ph.D. degree require a period of study of at least three years (six semesters) beyond the baccalaureate degree, at least two of these three years shall be in residence at WSU, including a minimum of four semesters, two of which must be continuous, when the student is enrolled full time and present on campus.

Counseling Psychology Faculty conduct periodic (at least annually) reviews of students' progress in the program. You will be asked to complete the Student Annual Review form to provide information (see Appendix G). These reviews include, but are not limited to, evaluations of the student's qualifications for degree-seeking status and overall academic performance. These evaluations will focus on the students' performance in coursework, counseling and psychoeducational skills, personal growth, and professionalism (see Annual Review of Doctoral Students form in appendix G). The Faculty will

determine if students have adhered to either the American Psychological Association Ethical Code or the American Counseling Association Ethical Code, whichever is appropriate for the student's field of study. The Faculty may require interviews with a student as part of the student's review. If the Faculty determines a student is deficient in any area, the Faculty may recommend that the student engage in remedial work. In severe cases, Faculty may terminate the student from the program. *Students are informed in writing each year of their progress in the program.*

#### **IV. LEAVE OF ABSENCE FROM THE PROGRAM**

The doctoral program in Counseling Psychology is a full-time program encompassing theoretical and scientific applied training. When students accept admission to the program, they are making a commitment to pursue the program on a full-time basis. Once full time residency is completed, students are required to maintain a minimum of 2 credit hours of continuous enrollment each semester (except summer session) from the time of first enrollment until the granting of the degree. Violation of this requirement is grounds for termination of the student's doctoral program status. A student who anticipates inability to maintain normal progress through the program should consult with his/her advisor. Students, who decide that a leave of absence is necessary, normally consult with the Director of Training and must petition for such status through the Department Chairperson. Such petitions must state reasons for requesting leave of absence and present a plan for completing the remainder of the doctoral program. The plan must include a timetable specifying when course and program requirements will be completed and approved by the Doctoral Training Committee. The Department will not consider any requests for leave of absence until the student, in consultation with his/her advisor, submits a plan.

#### **V. TEACHING AND RESEARCH ASSISTANTSHIPS**

The College of Education makes a limited number of teaching and/or research assistantships available to doctoral students in Counseling Psychology each year. Additional research assistantships funded by specific research projects may also be available. An attempt will be made to provide financial support for those students requesting it for at least the first two years of their doctoral programs. Graduate Student travel grants are available through the Graduate School, the Graduate and Professional Student Association (GPSA) and the department to help students in scholarly activities, research, and presentations at significant meetings.

#### **VI. ADVISING**

Upon entry into the Counseling Psychology graduate program, students are assigned a faculty member as a temporary advisor by the Director of Training. The faculty member will advise the student on his or her curriculum plans during the early stages of a student's graduate career. As you become familiar with faculty and their areas of interest, requests for a new advisor may involve, but are not limited to, the pursuit of new interests, which would be more adequately supervised by a different member of the faculty.

#### **VII. DOCTORAL SPECIALTY PAPER/ PRELIMINARY EXAMINATION (RESEARCH COMPETENCY) AND PRACTITIONER COMPETENCIES**

##### **A. DOCTORAL SPECIALTY PAPER/DOCTORAL PREMINARY EXAMINATION**

The doctoral specialty paper preliminary examination is designed to assess a student's research proficiency in counseling psychology. The student must pass this examination in order to be admitted to candidacy for the Ph.D. The student must be admitted to candidacy before collecting data for the Ph.D. dissertation.

## **1. Prerequisites**

The doctoral specialty paper preliminary examination may not be scheduled until the student's Individual Program of Study has been submitted and approved by the Graduate School. After the program has been approved the student needs to complete the Preliminary Examination Scheduling Form and submit it to the Graduate School at least 10 working days prior to the exam date. In general before scheduling the exam, the student must complete (a) the core counseling psychology courses (Area A, except the research seminars); (b) the first two practica (Area B); (c) three or more courses in statistics, research design and psychological measurement (Area C, except CoPsy 590). A student should consult with his/her advisor regarding the appropriate prerequisites and co-requisites, which may be approved in his/her particular case.

*All outstanding grades of incomplete must be completed before students can schedule their preliminary examination.*

## **2. Purpose**

In writing and defending the specialty paper, which also serves as the doctoral preliminary examination in Counseling Psychology, the student should demonstrate his or her readiness or ability to conduct research in a focused area of relevance to counseling psychology. Such readiness would include knowledge of, and the ability to critically evaluate typical research questions asked or hypotheses tested in the area of focus, typical methodology, instrumentation, and data analytic methods used, major findings, significant gaps in knowledge, and current research needs.

## **3. Format Options**

There are two format options for the specialty paper.

### **1. Literature review format**

In this format the specialty paper will take the form of an integrative scholarly review of the literature in the student's area of focus. Thus, the article should resemble review articles published in journals such as Psychological Bulletin, Personality and Social Psychology Review, and, on occasion, The Counseling Psychologist. It is anticipated that papers written in this format will comprise, with limited adaptation, Chapter 2 (Literature Review) of a dissertation written in the traditional format.

### **2. Empirical article format**

In this format the specialty paper will take the form of an empirical journal article, reporting the results of an empirical study conducted by the student, and for which the student would qualify as the sole or first author. Thus, the article should take the form of empirical articles such as those published in the Journal of Counseling Psychology or other journals that publish empirical studies relevant to counseling psychology. Successfully defended papers written in this format would qualify as one of the two article-format papers that can comprise the alternate dissertation format approved by the Graduate School.

## **4. Other Format Guidelines**

1. All specialty papers should be written in APA format and with good quality writing.

2. Paper length should conform to the typical manuscript length for articles submitted to journals. For a review article, this length would typically be in the range of 25 to 40 typed double-spaced pages for the body of the text (i.e., not including the reference list). For the empirical article format, the article would typically include about 20 to 30 text pages, a maximum of 5 tables or figures, plus the reference list. If the student wishes to submit the article for publication to a particular journal, the manuscript preparation guidelines for the particular journal should be consulted. Although it is not required that specialty papers be submitted for publication, students are encouraged to do so, in consultation with their dissertation advisor and committee. Journal submission should be facilitated by adherence to the format guidelines described here.

## **5. Procedures**

The specialty paper should be prepared in consultation with the student's dissertation advisor and committee. In particular, when the student intends to use the empirical article format for the specialty paper, it is highly recommended that the committee be consulted about the student's plans regarding the nature and design of the empirical study as soon as feasible. This does not preclude the student from applying a study previously conducted during the program; however, the student needs to keep in mind that the student's doctoral committee must ultimately approve the final product and defense of any empirical studies incorporated into the preliminary exam and dissertation.

Committee members will sign the preliminary examination scheduling form when they believe that the specialty paper is ready to be defended by the student during the preliminary oral exam. The goal of the oral exam will be to determine the readiness or ability of the student to conduct research in the area addressed in the specialty paper. Typically, but at the discretion of the committee, the student will provide a brief overview or summary of the specialty paper at the beginning of the examination. When the specialty paper has been written using the literature review format, questions will typically focus on evaluating the student's knowledge of, and ability to critically evaluate typical research questions asked or hypotheses tested in the area of focus, typical methodology, instrumentation, and data analytic methods used, major findings, significant gaps in knowledge, and current research needs. When the specialty paper has been written using the empirical article format, questions will typically also address the nature and quality of the empirical study reported. Students may also be asked in general terms about their dissertation plans in the chosen area of focus, but will not be expected to have prepared, or to defend, a formal dissertation proposal during the preliminary exam.

Students must successfully defend their specialty paper at a preliminary oral exam before defending their dissertation proposal and both events must take place before **November 1 of the academic year in which the student applies for their internship.**

## **B. PRACTITIONER COMPETENCIES**

### **1. ASSESSMENT COMPETENCY**

#### **Goals/Objectives**

1. Conduct a comprehensive psychological assessment based on a clinical interview and at least two psychological measures, which may include: an objective personality measure, a vocational assessment instrument, a projective instrument and/or a measure of intelligence.
2. Gather and present relevant background information on a client.
3. Administer two or more tests as appropriate for the case.
4. Interpret and report results.
5. Diagnose, conceptualize, and provide treatment recommendations in a standard written format.

**Procedure**

Students will select from their current caseload a client with whom to (a) conduct a clinical assessment, (b) obtain written permission from the client, (c) administer and interpret two or more psychological measures, and (d) turn in a written report, along with all the raw data to the Office of Graduate Studies, to be graded by 3 current practicum instructors. The competency will be graded on a four point scale. The student must achieve a median score of 3 to pass the competency (see appendix H for a discussion of scoring procedures and rubric). In the case of an inadequate performance, students will be allowed to submit a second battery to demonstrate this required competency. In the case of a second inadequate performance, faculty permission (by vote of a majority of the area faculty) will be required to approve one additional retake. Failure to pass the assessment competency is grounds for dismissal from the program.

The student’s current clinical supervisor will be informed of, and oversee the assessment activities, but not supervise the student’s formulation. The competency must be turned in prior to receiving feedback from the current clinical supervisor. Students will sign a written statement that they have not received input from supervisors, fellow students or other professionals beyond the supervisory input required for the client’s welfare. The student will outline the specific input received from their supervisor and/or other colleagues and the supervisor will countersign to indicate their agreement. Students will sign a written statement saying that the work they present is their own. Students must successfully demonstrate this competency by November 1 of the year that they are applying for internship.

**Format**

The format for the Assessment Competency is consistent with the format required for written testing reports used by Counseling and Testing Services detailed below:

**Client:**

**Date of Report:**

**Evaluator:**

**Case#:**

**Supervisor:**

**Date of Birth:**

**Test(s) Administered:**

**Reason for Referral/Referral Question:**

**Demographics:**

**Psychological Symptoms:**

**Psychiatric History and Medication:**

**Non-Prescription Drug Use:**

**Observations During Testing:**

**Test 1 Findings:**

**Test 2 Findings:**

**Test 3 Findings:**

**Interpretation:**



## Summary and Diagnostic Impressions:

Axis I:  
Axis II:  
Axis III:  
Axis IV:  
Axis V:

## Recommendations:

### Timeline

*This competency must be completed and passed by November 1 of the academic year in which the student plans on applying for internship, in order to be eligible to apply for a pre-doctoral internship. It is strongly recommended that this competency be completed by the end of the third year of practicum. For any competency to be graded prior to the end of spring semester, it must be submitted by April 1.*

## 2. THERAPY COMPETENCIES

### Objectives:

Students will demonstrate their active listening skills and their ability to communicate advanced accurate empathy to their clients.

Students will demonstrate their ability to articulate their theoretical orientation and to conceptualize a case and formulate a treatment plan based on their integrated theoretical orientation.

Students will demonstrate their ability to implement their integrated theoretical orientation in a therapy session.

### Procedure:

#### *Empathy Competency:*

Students will select an appropriate client and obtain his/her consent to submit an audio or video recorded counseling session to Counseling Psychology Practica Instructors. The student will submit an audio or video recording in which he/she demonstrates basic counseling skills and mastery of the ability to communicate advanced accurate empathy to the Office of Graduate Studies. Three Counseling Psychology Practica Instructors for that year will review the tape. The competency will be graded on a four point scale. The student must achieve a median score of 3 to pass the competency (see appendix H for a discussion of scoring procedures and rubric). **Since this competency involves the demonstration of basic counseling skills, the mastery of these skills should be demonstrated by the end of the second semester of doctoral practica.** In the case of an inadequate performance, students will be allowed to submit a second recording to demonstrate this required competency. In the case of a second inadequate performance, faculty permission (by vote of a majority of the area faculty) will be required to approve one additional retake with a different client. Failure to pass the therapy competency is grounds for dismissal from the program.

#### *Theory-based TX Competency:*

Students will select an appropriate client and obtain his/her consent to submit an audio or video recorded counseling session to Counseling Psychology Practica instructors. The student will submit an audio or video recording in which he/she demonstrates the ability to implement his/her theoretical orientation to the Office of Graduate Studies. The recording should be accompanied by, (a) a statement of the student's theoretical orientation, (b) a written case conceptualization of the client based on the theoretical orientation, (c) a DSM IV based diagnosis, (d) a treatment plan based on the theoretical orientation and, (e) the student's written critique of the session. These written components are limited to eight pages maximum in APA style. Three Counseling Psychology Practica instructors for that year will review the tape and written materials. The competency will be graded on a four point scale. The student must achieve a median score of 3 to pass the competency (see appendix H for a discussion of scoring procedures and rubric). Students will sign a written statement that they have not received input from supervisors, fellow students or other professionals beyond the supervisory input required for the client's welfare. The student will outline the specific input received from their supervisor and/or other colleagues and the supervisor will countersign to indicate their agreement. Students will sign a written statement saying that the work they present is their own. Students must successfully demonstrate this competency by November 1 of the year that they are applying for internship. **It is strongly recommended that this competency be completed by the end of the third year of practicum and that either the Theory or Assessment competency be completed by the end of the second year of practicum.** In the case of an inadequate performance, the instructors evaluating the tape will meet with the student to provide feedback, discuss areas of concern and expectations for improvement. In the case of a second inadequate performance, faculty permission (by vote of a majority of the area faculty) will be required to approve one additional retake with a different client. Failure to pass the therapy competency is grounds for dismissal from the program.

## VIII. PRE-DOCTORAL INTERNSHIP IN COUNSELING PSYCHOLOGY

Consistent with the scientist-practitioner model of professional training, students in the doctoral program in counseling psychology are required to integrate the theoretical and research offerings of the University with substantial applied experiences. These practitioner-oriented requirements are practica and internship. Their purpose is to provide actual supervised experience in interventions (e.g., counseling, diagnosis, consultation, assessment, and supervision).

According to the guidelines of the American Psychological Association (APA), the internship must consist of one year of full-time or two years of half-time professional experience.

All APA approved, and many non-APA approved internship sites follow a strict application time period. Association of Psychology Postdoctoral and Internship Centers (APPIC) guidelines regarding application procedures and time lines are set forth in APPIC Match Policies which are available in Appendix C. APPIC forms for verification of Internship Eligibility and Readiness and Definition of Terms for Documenting Practicum Experience are available at the APPIC website at <http://www.appic.org>.

### **Prerequisites for Full-time Off-campus Internships**

The counseling psychology program area has the following prerequisites for applying to and beginning a full-time internship: (1) A student must have successfully completed the empathy, theory/conceptualization, and assessment competencies by November 1 of the year in which they will apply for internship. Students are strongly encouraged to submit their competencies as they are ready during their second and third years in the program, and in no case later than October 10 of the year they will apply for internship; (2) A student must have successfully completed the preliminary examination based on their specialty paper by November 1 of the year in which they will apply for internship; (3) A student must have an approved dissertation proposal signed by the student's dissertation committee by

November 1 of the academic year in which he/she applies for the internship. Students should recognize that dissertation proposal approval is a minimum requirement. Several internships may require completion of all data collection of the dissertation phase; (4) all grades of “I” (incomplete) must be satisfied. Failure to meet these requirements will result in postponing the internship application process until the following year. In rare cases, exceptions to prerequisites (2) and (3) may be granted by vote of the area faculty. To be considered for such an exception, students must submit to the Director(s) of Training, prior to the November 1 deadline, a precise description of progress on the relevant criteria and a realistic timeline for successful completion.

The student is required to discuss with his/her advisor, readiness and specific professional goals to be met by the choice of particular internship sites. The advisor will consult with the Director of Training regarding the student’s plans. The Director of Training and/or the Doctoral Training Committee may have additional information about a specific proposed internship site and may exercise the right of veto over any proposed site. When approval of the student’s plans has been achieved, this approval will be noted by the Director of Training in the student’s department records.

In addition, except in unusual circumstances the student must have completed, or be enrolled in all course work requirements under curriculum Area A (Counseling Psychology core), Area B (Supervised Practicum in Counseling Psychology), Area C (Statistics, Research Design, and Psychological Measurement), and Area D (Psychological Foundations) to accept an internship

The Washington State University Counseling Center may select a doctoral student from the Counseling Psychology program to serve as a half-time intern for two consecutive years. Under these circumstances, the student is required to complete the preliminary examination specialty paper no later than the fall semester of his/her first year as an intern.

**Guidelines for Doctoral Internships in Counseling Psychology**

**Types of Settings**

V.A. Hospitals	State Hospitals
Military Consortium	Collaboratives
Mental Health Centers	Medical Centers
University Counseling Services	

**Suggested Time Frame for Application**

[note specific dates (e.g. for match day which is on a Mon.) change on a yearly basis. The dates for 2010-2011 are provided to give a general idea of the time frame. You can expect APPIC to inform you of the specific dates in July of the year you apply].

**July**

The APPIC Application for Psychology Internship for that year is available on line as is the online APPIC directory of internship programs at <http://www.appic.org/index.html>. **Students should sign up for the APPIC listserv which provides a wealth of information about the internship process.**

A hard copy of the new APPIC Directory of Internship Programs in Professional Psychology can be purchased through the Director of Training and is also available from:

*Association of Psychology Predoctoral Internship Centers (APPIC)  
1400 K Street NW  
Washington, D.C. 20005*

The APPIC Directory is also available for checkout only from the Office of Graduate Studies.

***August - September***

Update your vita and gather internship information (See Appendix D).

Identify what you want in an internship experience and use these criteria in evaluating internships and in formulating interview questions (e.g., rotations, stipend, benefits, starting date, client ages and problems, theoretical orientation, groups, assessment, consultation, hours worked per week, caseload size, dissertation time, supervision, etc.).

You will need letters of reference. Most want letters from one or two practica supervisors and all want a form from the training director stating you are ready for internship. Your letter from the Director of Training simply states your eligibility and readiness for internship as required by internship sites. If you desire a recommendation by the Director of Training, in addition to a statement of readiness, please make the request known. It may also be a good idea to get a letter from outside the Department (e.g., work supervisor) if possible. You can send more letters than they request.

***October***

Apply to the sites of your choice. Many sites have Nov. 1 application deadlines.

***December 1***

Date by which applicants should return their Agreement forms to National Matching Services Inc.

***December 31***

By this date applicants and training directors will receive instructions for submitting Rank Order Lists and obtaining Match results.

Deadlines for application materials are set between November and January 15<sup>th</sup>. You may want to begin your interviewing now. You should allow plenty of time and advance notice for your references to ensure that all materials are received by internship sites by their deadline.

***January***

In January try to conduct all of your personal and telephone interviews with both the training director and/or one or more of the psychology staff and a current intern.

***February 9, 2011***

Final date for submission of applicant and program Rank Order Lists. No Rank Order Lists or Agreements can be accepted after this date.

Upon completion of interviews, each applicant submits a Rank Order List of his/her desired programs, in numerical order of preference (first choice, second choice, etc.). Applicants may rank as many programs as they wish. Each internship site submits one or more Rank Order List(s) of their desired applicants, listing as many applicants as they wish, in order of the program's preference (multiple lists may be used by a program to fill multiple positions). These lists are submitted to National Matching Services and are confidential. Currently, these lists are submitted by fax or mail.

***February 25, 2011***

Applicants will be informed as to whether or not they have been matched to an internship position and if matched, the name of the program to which they have been matched.

Beginning with the 2011 APPIC match a second selection process will begin immediately upon the conclusion of Phase I of the Match, with the goal of placing applicants who did not obtain a position in Phase I into positions that remained unfilled in Phase I. Programs with positions left unfilled in Phase I will offer those positions to applicants in Phase II of the Match. Applicants who registered for Phase I but did not obtain a position in Phase I will be eligible to participate in Phase II. Those applicants will use the AAPI Online service to submit applications to programs with unfilled positions from Phase I. Applicants and programs will submit new Rank Order Lists for Phase II of the Match. A second matching process will be carried out using those Rank Order Lists, and the results of Phase II of the Match will then be distributed.

No additional fees will be charged to applicants and programs that participate in Phase II of the Match.

PHASE II: Monday, March 21, 2011 - Deadline for submission of Rank Order Lists for Phase II of the Match.

Monday, March 28, 2011 - APPIC Phase II Match Day: Results of the Match will be released to applicants and training directors.

The Matching Program places applicants into positions based entirely on the preferences stated in the Rank Order Lists. Each applicant is placed with the most preferred program on the applicant's Rank Order List that ranks the applicant and does not fill its positions with more preferred applicants. Similarly, each internship program is matched with the most preferred applicants on its Rank Order List(s), up to the number of positions available, who rank the program and who do not receive positions at programs they prefer.

The most effective way of making sure applicants get the results as "simultaneously" as possible is the use of a web site for each matching program. Results are posted on the web site at 12:00 noon EST on February 23, 2009, under strict security. Each registered applicant is assigned both a "public" applicant code number (used by programs to identify applicants on their rank order lists) and a confidential PIN number. The applicant code numbers are published in a directory provided to programs, but the PIN numbers are confidential; each applicant receives the PIN number from the Matching Program with their Rank Order List forms and instructions. An individual applicant's results can be obtained from the web site by entering BOTH the published applicant code number AND the applicant's confidential PIN number.

If you have problems gaining the information via of the Web, the Matching Program will provide match results by telephone after 12:00 noon on February 25, 2011.

### **Guidelines for Approving Non-APA Internship Sites**

A student's selection of an APA approved internship position will normally be accepted by the Department. Although a student completing an APA approved doctoral program is not required to receive his/her internship training in an APA facility, a non-APA approved site must adhere to the basic APA accreditation guidelines for internship training. Students should submit a list of those sites to which they wish to apply to the Training Director by October 1, preceding the year of internship. For those internships that are not APA approved or are not counseling psychology in nature, the student must submit a rationale stating why that internship would be appropriate for his/her training. The student is responsible for knowing the application procedure for the internship site. This generally includes a letter of readiness from the Training Director with a statement regarding the student's strengths and weaknesses.

When a question arises regarding a specific non-APA approved internship site, the Director of Training will convene the Counseling Psychology Doctoral Training Program Committee. They will evaluate the internship site and approve or disapprove it using general APA internship guidelines. The basic criteria are as follows: (a) evaluation of the number of licensed psychologists who are supervisors; (b) specialization areas of supervisors; (c) number of interns; (d) exposure to other professionals; (e) regular organized professional education seminars; and (f) whether or not the site is already over populated with WSU graduates.

## **IX. DISSERTATION**

### **Dissertation Proposal and Committee Guidelines**

Dissertation topics are generally selected in meetings with members of the student's Dissertation committee. In order to assist students in selecting an appropriate advisory committee, faculty in the counseling psychology program will identify, each year, their areas of research interest. In consultation with the dissertation chair, the candidate may be required to develop a précis/proposal outlining the research to be conducted.

After a Dissertation Advisory Committee has been selected, approved, and a relevant research topic has been identified, the graduate student will conduct a careful review of the literature and formulate a research design in consultation with the members of that committee. The candidate will prepare, in accordance with APA style, a formal dissertation proposal (D-1) consisting of an introduction, statement of the problem, survey of literature, methodology and plans for data analysis .. With the consent of the dissertation advisory committee, students may also prepare their dissertation using the "manuscript format" approved by the Graduate School (see document Dissertation Guideline for WSU students). The Dissertation Advisory Committee will review the candidate's dissertation proposal (D-1) and make recommendations for further refinement.

### **Proposal Meeting**

The completed dissertation proposal (D-1) will be presented orally in a Departmental Colloquium consisting of members of the dissertation committee, interested faculty members, and graduate students. The proposal meeting is scheduled by the student using the D1 Scheduling form which is submitted to the Office of Graduate Studies during the academic year. Following the dissertation proposal presentation, the student's Dissertation Advisory Committee members will meet to recommend acceptance or rejection of the dissertation proposal. Typically, the committee will make additional recommendations to the student to improve the proposed research. Students who have passed the Doctoral Specialty Paper Examination and have been admitted to candidacy may begin the dissertation work when the Dissertation Advisory Committee has approved the dissertation proposal.

### **Final Approval of the Dissertation**

Each member of the student's Dissertation Advisory Committee will examine the dissertation manuscript and indicate preliminary approval or disapproval with comments and suggestions for improvement. When all members of the committee have given their preliminary approval, the student will submit final copies of the dissertation according to the Graduate School Guidelines. All faculty members are invited to read the dissertation before the final examination.

The final oral examination will be scheduled officially through the Office of Graduate Studies in the College of Education and the WSU Graduate School during the regular academic year. Under exceptional circumstances a summer examination may be approved by the dissertation advisory committee.

The final examination will be conducted by the student's Dissertation Advisory Committee and an official representative of the Washington State University Graduate Studies Committee, and will take about two and a half hours. The examination will focus on the student's defense of the dissertation and any topics relevant to the field of counseling psychology. All faculty members are invited to attend doctoral oral examinations, but only the members of the Graduate Faculty, the student's Dissertation Advisory Committee, and the Graduate Studies Committee Representative are eligible to vote.

## **X. AWARDING OF THE DEGREE**

When all requirements for the Ph.D. degree have been met, the candidate may request a letter from the Dean of the Graduate School certifying that the candidate has successfully completed all requirements for the degree. The official diploma will be awarded in the next commencement ceremony.

## **XI. SUGGESTIONS FOR DEVELOPING AN INDIVIDUAL PROGRAM**

A Graduate School form titled "Program for Doctoral Degree" must be completed and filed by each student the semester before he/she sits for the preliminary examination. While the individual program of study for each student should be developed carefully under the direction of the student's advisor, the following is presented as a basic outline to assist students in the program development process as is intended for students who intend to complete their WSU courses in a four year time period. Students who have not taken a graduate level course in statistics or upper division undergraduate equivalent are required to enroll for EDPSY 508. If feasible, students are encouraged to enroll in EDPSY 508 in the summer prior to the first full-time semester of enrollment. It is to a student's advantage to complete coursework early in their residency and one may wish to consider taking summer courses to fulfill prerequisites for advanced courses in the academic year.

<b>4-Year Suggested Course Sequence</b>			
<b>Fall</b>	<b>Credit(s)</b>	<b>Spring</b>	<b>Credit(s)</b>
<i>First Year</i>			
COPSY 511 <sup>8</sup>	3	COPSY 512 <sup>8</sup>	3
COPSY 513	3	COPSY 518 <sup>8</sup>	3
COPSY 515 <sup>8</sup>	3	*EDPSY/EDRES 505/563	3
COPSY 501	3	*EDPSY 509	3
EDPSY 508 <sup>1</sup>	3	COPSY 600 <sup>2</sup>	1-3
EDPSY 505	3	EDPSY 563	3
<i>Second Year</i>			
COPSY 527 <sup>8</sup>	3	COPSY 525 <sup>8</sup>	3
COPSY 551	4	COPSY Seminar <sup>5</sup>	3
COPSY 517 <sup>8</sup>	3	COPSY 552	4
EDPSY 565	3	EDPSY 568	3
COPSY 600/800 <sup>3</sup>	1-3	COPSY 600/800	1-3
		COPSY 528	3
		Empathy competency completed	
<i>Third Year</i>			
COPSY 553	4	COPSY 553 <sup>6</sup>	4
COPSY 590	3	PSYCH Foundation	3
COPSY 516	3	EDPSY 569	3
COPSY 502	3 <sup>4</sup>	COPSY 529 <sup>4</sup>	3
PSYCH 574	3	COPSY 600/800	1-3
COPSY 600/800	1-3	Theory and/or Assessment competencies completed	
<i>Fourth Year</i>			
EDPSY 570	3	COPSY Seminar <sup>5</sup>	3
COPSY 553	4	COPSY 553	4
COPSY 800		COPSY 800	

**PLEASE READ THE FOLLOWING FOOTNOTES CAREFULLY**

<sup>1</sup> Students who have taken a graduate level course in statistics or upper division undergraduate equivalent should apply for a course waiver for EdPsy 508. Students who have not completed such a course are required to take EdPsy 508 and are encouraged to enroll in the summer prior to the first full-time semester of enrollment.

<sup>2</sup> CoPsy 600 is offered for variable credit

<sup>3</sup> No more than 8 credits of CoPsy 800 may be completed prior to the dissertation colloquium

<sup>4</sup> Courses taught every other year

<sup>5</sup> Only one CoPsy Seminar is required

<sup>5</sup> Additional practica (CoPsy 553) are required until the student goes to internship.

<sup>7</sup> Strongly recommended as an elective course for Washington Licensure and may be required by other states.

<sup>8</sup> Prerequisite/concurrent to enrollment in CoPsy 551

\* Students who desire to take lighter course loads during the regular academic year or who want to include coursework beyond the minimum requirements may want to complete some courses by attending one or more summer sessions. Courses which are taught during summer sessions are identified in the above table by an asterisk (\*). Summer course offerings are contingent upon sufficient enrollment. Courses without sufficient enrollment<sup>6</sup> will not be offered.



## **XII. AWARDING OF A MASTER’S DEGREE**

In rare cases, it may be to the student’s advantage to obtain an M.A. degree in Counseling (e.g., eligibility for third party payer reimbursement in a practicum site). In such cases the student needs to meet with their doctoral advisor, and file a Master’s degree program of study consisting of the coursework listed below completed in the first two years of enrollment. Programs of study should be filed no later than the semester before the Master’s Counselor Preparation Comprehensive Exam (CPCE).

COPSY 511	EDPSY 508
COPSY 512	COPSY 527
COPSY 513	COPSY 525
COPSY 518	COPSY 551
COPSY 515	COPSY 517
EDPSY/EDRES 505 /563	COPSY 552
COPSY 501	COPSY 528
EDPSY 509	

In addition, the student will need to obtain a passing grade on the National CPCE to fulfill requirements for the awarding of the .M.A. degree. Because Human Development is a content area of the CPCE, completion of CoPsy 516 is highly recommended, but not required.

Students must submit an Application for Degree for the master’s to the WSU Graduate School during the semester in which they take the master’s exam. Students should visit the Graduate School’s website for forms and deadlines (<http://gradschool.wsu.edu/current-students/formsfordegree.html>)

## **XIII. ACADEMIC COMPLAINTS**

Washington State University adheres to the following general procedure with regard to academic complaints:

Students having complaints relative to instruction or grading should refer them first to the instructor, and, if not resolved, then to the chairperson of the department in which the course is offered. The chairperson, if not able to resolve the problem to the student’s satisfaction, will refer the complaint, presumably with the chairperson’s written impressions, to the dean of the college. The student is encouraged then to go directly to the dean of the college. The Ombudsman, the Vice Provost for Student Affairs Committee, or the Provost are always available for any complaint not resolved to the student’s satisfaction (Registrar Academic Regulations, No. 104).

The above statement outlines the generally accepted procedure for Washington State University students to follow in filing a complaint regarding a University unit or office.

**The Graduate Student Code (below) outlines these processes in more detail. It is taken from chapter 12 of the Graduate school policies and procedures available at <http://www.gradsch.wsu.edu/CurrentStudents/PoliciesAndProcedures/TableOfContents.aspx>**

## **GRADUATE STUDENT RIGHTS AND RESPONSIBILITIES**

### **A. Office of the University Ombudsman**

The ombudsman is designated by the university to function as an impartial and neutral resource to assist all members of the university community. The ombudsman provides information relating to university policies and procedures and facilitates the resolution of problems and grievances through informal investigation and mediation. The office does not replace or supersede other university grievance, complaint or appeal procedures but is another avenue available to graduate students who wish to seek assistance in resolving concerns related to their graduate program. The contact information for the University Ombudsman's Office may be accessed [here](#).

### **B. Student Conduct**

The University seeks fair and expeditious action on academic and conduct issues. Resolutions must uphold the highest standards of academic freedom and integrity, while honoring the rights and dignity of all individuals in the University community. The Graduate Student Code of Rights and Responsibilities describes policies and guidelines pertaining to academic advancement and related grievance procedures, and provides links to important resources regarding student conduct, academic dishonesty, discrimination, sexual harassment and drug and alcohol policies. Student disciplinary proceedings for misconduct, including plagiarism and cheating, are covered by the policies and procedures in the Washington Administrative Code and in the Student Conduct Code.

### **C. Student Rights of Appeal Related to Academic Work**

#### **1. Appeal of Course Grades.**

Graduate students should refer to the Educational Policies and Procedures Manual (EPPM), Chapter IV, Sections 104 and 105 if they have a complaint about instruction or grading. This document can be found [on-line](#).

#### **2. University Grade Appeals Board.**

The University Grade Appeals Board, an official committee of the University President, functions to review academic grade appeals forwarded by any departmental chair, dean, Graduate School Dean, or university ombudsman. A detailed description of this committee and its processes may be accessed [here](#).

#### **3. Preliminary and/or Final Examination Committee Decisions.**

In cases of examination failure, the student is given an opportunity to take a second and final examination. In these cases the Graduate School will send an official representative to preside over the second examination to protect the rights of the student, faculty, and program. The Graduate School has trained a group of willing faculty members (Graduate Mentor Academy) in the appropriate procedures to be followed for a second examination. The only exception to this reexamination policy is if a member of the Graduate Mentor Academy (appointed by the Graduate School) presided over the student's first exam and agrees that a re-examination is not an appropriate disposition of the case. The Graduate School's examination procedures must be followed to schedule the second examination. These procedures are outlined in Chapters 7 and 8 of this manual. If the student fails the exam a second time, he/she may appeal the decision by filing a formal grievance with the Graduate School. For details, see Section E, Part 3 of this chapter.

### **D. Student Rights to Privacy**

Information specific to students' rights and protections under the Federal Education Right to Privacy Act, as implemented by Washington State University may be found at [here](#).

## Graduate Student Rights and Responsibilities

Major Revision: July 2006

Updated: January 2009, May 2010

The Graduate Student Rights and Responsibilities document describes procedures for channeling graduate student complaints, grievances, and concerns to faculty, staff and administrators for appropriate action. In conjunction with this document, graduate students must adhere to the Graduate School's Policies and Procedures available on the Graduate School's website: <http://www.gradsch.wsu.edu/>. While these rights and responsibilities outline the complaint process, students are encouraged to use the Graduate School Deans for guidance and advice on conflicts that may arise at any point during their course of study at the University.

This document covers policies and guidelines pertaining to academic advancement and grievances only. Student disciplinary proceedings for misconduct including plagiarism and cheating are covered by the policies and procedures in the Washington Administrative Code and in the Student Conduct Code. For disciplinary matters, please view on-line the information at the following links:

Student Conduct Standards:

<http://www.conduct.wsu.edu/default.asp?PageID=338>

Student Conduct Policy Violations:

<http://www.conduct.wsu.edu/default.asp?PageID=339>

Student Conduct Code Procedures:

<http://www.conduct.wsu.edu/default.asp?PageID=341>

Academic Integrity Standards and Procedures:

<http://www.conduct.wsu.edu/AI>

Alcohol and Drug Policy:

[http://www.wsu.edu/~forms/HTML/EPM/EP20\\_Alcohol\\_and\\_Drug\\_Policy.htm](http://www.wsu.edu/~forms/HTML/EPM/EP20_Alcohol_and_Drug_Policy.htm)

In all instances, the University seeks fair and expeditious action on academic and conduct issues. Resolutions must uphold the highest standards of academic freedom and integrity, while honoring the rights and dignity of all individuals in the University community.

### Part 1: Students with Disabilities.

The Graduate School is committed to providing equal opportunity in its services, programs, and employment for individuals with disabilities. The Graduate School is proactive in promoting an attitude of respect for and sensitivity to the needs and abilities of persons with disabilities. Academically qualified students with disabilities will be provided with access to the individualized assistance that is consistent with the student's needs and the essential requirements of the program or course of study in which the student is enrolled.

The Graduate School is committed to providing appropriate assistance to help graduate students be successful in the curriculum. Reasonable accommodations are available for students with a documented disability. **Students are responsible for initiating requests for reasonable accommodations and services that they need.**

#### Requesting Reasonable Accommodations

Graduate students with identified disabilities should contact the Disability Resource Center before the semester that they plan to attend to initiate the accommodations process.

Accommodations are unique for each individual and some require a significant amount of time to prepare for, so it is essential that students notify the DRC as far in advance as possible. Students with a disability that is identified during the semester should contact the DRC as soon as possible

to arrange for an appointment and a review of their documentation by a disability specialist. All accommodations must be approved through the DRC located on each campus (Pullman: Washington Building, Room 217, and Spokane: Student Affairs in the Student Academic Center, Room 130). All students requesting reasonable accommodation must meet with the instructor prior to or during the first week of the course to review all proposed accommodations in relation to course content and requirements. Exceptions to this time frame will be granted only upon a showing of good cause.

### **Working with the Disability Resource Center**

- Submit documentation of disability to the DRC; if you have questions about what type of documentation is needed, please call to speak with a Disability Specialist.
- Schedule an appointment with the Disability Specialist following the submission and review of your documentation to determine appropriate accommodations.
- **Promptly notify the DRC of any problems in receiving the agreed-upon accommodations.**
- Stop by at least once each semester to keep your registration with the DRC and your accommodations current.

The DRC can be reached at (509) 335-3417 or [drc@wsu.edu](mailto:drc@wsu.edu). The website has additional information regarding documentation guidelines & types of accommodations. Website: <http://www.drc.wsu.edu/>

## **Part 2: Complaints by and/or against Members of the University Faculty Administration or Students.**

Any graduate student who believes that he or she has been subjected to unlawful discrimination, including sexual harassment, or who believes his or her rights have been violated by a member of the academic community, is strongly encouraged to contact the Center for Human Rights (<http://www.chr.wsu.edu/>). If the complaint involves discrimination or harassment by a student, a complaint also may be filed with the Office of Student Conduct (<http://www.conduct.wsu.edu/>).

### **Discrimination and Harassment**

The University's policy prohibiting discrimination and sexual harassment can be found at: [http://www.wsu.edu/~forms/HTML/EPM/EP15\\_Discrimination\\_and\\_Sexual\\_Harassment.htm](http://www.wsu.edu/~forms/HTML/EPM/EP15_Discrimination_and_Sexual_Harassment.htm)

### **Academic Dishonesty**

Students and faculty share in the responsibility of upholding and protecting academic honesty standards within the University. At Washington State University, all cases of academic dishonesty or academic misconduct, including cases of plagiarism, will be handled according to the process in Washington Administrative Code (<http://www.conduct.wsu.edu/AI>). Through this process, the offending student will get notice of his or her offense and an opportunity to respond. The Code of Student Conduct covers cheating, plagiarism, or other forms of academic dishonesty including but not limited to the following:

- unauthorized collaboration on assignments,
- facilitation of dishonesty including not challenging academic dishonesty,
- obtaining unauthorized knowledge of exam materials,
- unauthorized multiple submission of the same work or sabotage of others' work,
- knowingly furnishing false information to any University official, faculty member, or office,
- forgery, alteration, or misuse of any University document, record, or instrument of identification.

For a complete definition of academic dishonesty, see <http://www.conduct.wsu.edu/AI>.

With the advent of the internet and other information sources, further discussion of plagiarism is warranted. Webster's New World Dictionary defines plagiarism as taking "the ideas, writings, etc. from another and pass(ing) them off as one's own". Doing this is a clear example of academic dishonesty and, in fact, is a type of stealing. The person who wrote the original material worked hard to gain the appropriate expertise and also worked hard to express these ideas cogently. Furthermore, if you copy or plagiarize another's work, you are not learning and you are not advancing your own academic pursuits. Failure to properly cite other work is another form of plagiarism. If you cite other work, even when you rephrase it in an independent manner, you must follow conventional practices of good scholarship with proper citations. Your professors can help with this, if they are asked. It is, however, your responsibility as a graduate student to learn the proper manner to cite references and other sources of information in your discipline. The consequences of plagiarism are typically harsh as it is considered a form of cheating.

In the event that a graduate student becomes aware of any incidents of academic dishonesty, the graduate student should report the incident to the appropriate faculty member. The faculty member is then responsible for contacting Student Conduct for appropriate due process to determine whether a violation took place and the sanction(s) to be imposed. Sanctions imposed may include failure of the class or dismissal from the graduate program. Cases of academic dishonesty may also be reported to the Graduate School at 335-6424.

### **Part 3: Graduate and Professional Student Grievance Procedures for Academic Progress and Other Complaints.**

The graduate student grievance process may involve several steps depending on the nature of the grievance. There are many avenues available to Washington State University graduate and professional students to resolve differences that may arise during the pursuit of an advanced degree. In general, the operational principal that should be followed is to maintain open communication at the most immediate point of access and to work upwards from there when appropriate. This means that the student should work with their major professor or advisor to resolve matters if possible. The next level would be the Department Chair or School Director. If the complaint involves a complex or multi-campus issue, the Dean of the College may get involved at this point in the process. There are cases, of course, where this is difficult. In these cases, graduate and professional students should make an appointment with one of the Associate Deans of the Graduate School for further advice. An important role of the Graduate School is to serve as an impartial arbitrator in these matters and to provide advice to both students and faculty that will result in the student continuing in good academic standing.

#### **Preliminary Grievance Procedures**

- 3.1 Students are encouraged to first consult with their faculty advisor.
- 3.2 If the advisor is unable to resolve the problem the student is encouraged to discuss the problem with the department/program chair, director, and/or faculty liaison.
- 3.3 If the grievance cannot be resolved at the department or program level, the student should contact one of the Associate Deans of the Graduate School, or any person of the Graduate School designated by the Dean to hear student grievances (the Dean's designee).
- 3.4 The Associate Dean or Dean's designee will review the grievance and, at his or her discretion, will recommend possible actions for resolution to the student as well as to the department/program chair, director, college dean, and/or faculty liaison. If the student is not satisfied with the resolution, he/she may file a formal grievance.

#### **Formal Grievance Procedures**

In some instances such as those related to academic and employment issues (e.g. failed examinations, termination of assistantship, etc.), the student may wish to appeal a specific academic decision made by the departmental or program faculty.

- 3.5 The student must make a formal grievance request to the Dean of the Graduate School in writing, with signature (email is not sufficient). Formal appeals must be filed within 15 (fifteen) calendar days following a notice of decision or within 15 calendar days after completing the Preliminary Grievance Procedures. The original decision will be held in abeyance while under appeal.
- 3.6 The Dean will assign these formal appeals to one of the Associate Deans for full consideration and recommendation.
- 3.7 If the Associate Dean deems it appropriate, the matter will be referred to an independent Committee on Graduate Student Rights and Responsibilities (CGSRR) for consideration and formulating recommendations of action to the Dean of the Graduate School. The CGSRR will operate with due respect to the rights of graduate students, faculty, and administrators including the conduct of interviews, the right of all parties to review and address allegations, and the right to a fair hearing. The CGSRR will deliberate and render a recommendation to the Dean of the Graduate School or the Dean's designee within 60 days of being formed.
- 3.8 Recommendations for resolution of formal grievances will be acted upon by the Dean or the Dean's designee. A final decision will be made by the Dean of the Graduate School. The decision made by the Dean on academic matters is final.

### **Appeals**

The graduate or professional student may appeal the final decision of the Dean of the Graduate School to the Provost if the appeal is based on procedural irregularities. The Provost will not reopen cases for the purpose of re-investigating the grievance. The student can seek judicial review within 30 days from the date of the final decision pursuant to the Administrative Procedures Act, RCW 34.05.010 *et. seq.*

### **Professional Student Grievances**

Professional students within the College of Veterinary Medicine and the College of Pharmacy will follow College policies and procedures for the review of academic issues. Appeal of College level decisions can be made to the Graduate School.

*College of Veterinary Medicine Policies*

<http://www.vetmed.wsu.edu/academic/studentsCurrent.aspx>

*College of Pharmacy Policies*

<http://www.pharmacy.wsu.edu/administration/AcademicPoliciesandProceduresfinal.5.10.06.pdf>

Other programs also may have their own grievance procedures that should be followed before utilizing the Graduate School's grievance procedures.

### **Part 4: Satisfactory Progress towards Degree**

Graduate students are expected to make satisfactory progress in their studies and are responsible for meeting the Graduate School's continuous enrollment policy, general academic requirements, and the specific requirements associated with their degree (see the Graduate School's Policies and Procedures Manual). Programs may have additional requirements, and students are expected to contact their program director and/or faculty advisor for information on these requirements.

### **Part 5 Scholarship and Research**

The following is information regarding data that graduate students may collect during their research. (For Responsible Conduct of Research training, visit <http://myresearch.wsu.edu>).

#### **Data Ownership**

In general all data collected at WSU is the property of WSU. It is useful to distinguish between grants and contracts. Data collected with grant funds remains under the control of WSU. Contracts typically require

the researcher to deliver a product or service to the government or industry sponsor, and the product or service is then owned and controlled by the sponsor (government or industry). WSU and principal investigators have responsibilities and obligations regarding research funds and data collection.

- 4.1 Before data is collected the PI and project personnel should clearly understand who owns the data, who has the right to publish, and what requirements or obligations are imposed on the researcher or WSU.
- 4.2 Whenever a graduate student or postdoc leaves the lab a similar agreement should be negotiated between the PI and the graduate student or postdoc.
- 4.3 Collaborative research agreements regarding data ownership and use should be agreed to (in writing) prior to the collection of the data. In general, each member of the team should have continued access to the data/materials (unless a prior agreement was negotiated).

### **Data Collection**

Data collection must be well-organized and detailed. The laboratory notebook (bound sequentially numbered pages, with signatures and dates) is often key to keeping daily records. Detailed records help establish good work practices, provide a history of your ideas, avoid fraud or misconduct charges, defend patents, and provide a valuable resource for your own work.

### **Data Storage and Protection**

Once data has been collected it must be stored and protected to be of future use. Data storage must be done in such a way that results and conclusions can be clearly discerned from the data and materials that have been archived. The data and materials must be protected so that research findings can be confirmed and/or reanalyzed by others. If data and materials are not properly stored and protected they could significantly reduce the value of the research (or even render the research worthless).

For additional information on the Universities data policies see

[http://www.wsu.edu/~forms/HTML/EPM/EP8\\_University\\_Data\\_Policies.htm](http://www.wsu.edu/~forms/HTML/EPM/EP8_University_Data_Policies.htm).

## **GRADUATE STUDENT SERVICES AND RESOURCES**

**A list of student resources is available at**

<http://thedivision.wsu.edu/pages/links.asp?PageID=907&FilterBy=All>.

**Additional resources:**

**Gay, Lesbian, Bisexual Students** (<http://thecenter.wsu.edu/Default.asp>)

**Students with disabilities** (<http://drc.wsu.edu/Default.asp>)

**Women's resource center** (<http://women.wsu.edu/Default.asp>),

**Center for Human Rights** (<http://chr.wsu.edu/Default.asp>).

## **EMPLOYMENT – ASSISTANTSHIPS WHILE IN FULL TIME STUDY**

Graduate students have been employed on a part time basis at the Lewiston Mental Health, Moscow Mental Health, and Rogers Counseling Center in Clarkston. Students have been employed in a number of offices of Student Affairs including the Student Counseling Center, Career Services, Financial Aid, Residence Living, Out Placement Counseling, Office of Grant and Research Development, Police Department, etc. Check the bulletin board in French Administration Building and check with the Training Director for possible job opportunities.

The student is usually required to make an effort of touching base with these different offices and applying for possible jobs that are available or may become available. Currently, within the Department of Educational Leadership and Counseling Psychology, we have T.A.'s for EDPSY 301 and EDPSY 401/402. We have R.A. positions within the department, as well as with various faculty members who



have external funding. Other departments within and outside our college (e.g., Multicultural Student Services, Financial Aid) also employ our students. The Graduate School also funds student research projects through travel grants, etc. Please check with your advisor. The Office of Grant and Research Development locates sources of funds.

### **SELF EMPLOYMENT AS A GRADUATE STUDENT**

Students enrolled as graduate students in the Counseling Psychology Ph.D. program will not engage in the independent provision of psychological treatment and services. If working in an independent practice setting, students must be under the direct supervision of a licensed psychologist and enrolled in CoPsy 551-553 or 600 for summer practicum (see page 13). Exceptions to this policy must be presented to the Doctoral Training Committee.

### **ETHICAL BEHAVIOR**

Students are expected to behave in an ethical manner at all times and should become familiar with the Ethical Principles of Psychologists and Code of Conduct and Washington State law pertaining to psychologists. These are provided at the beginning of the first semester in COPSY 515 (Professional Problems and Ethics in Counseling Psychology). Counseling for greater self-awareness and any problems the student might be experiencing maybe available from local independent practitioners on a sliding fee basis. To avoid dual-role relationships, services should only be provided by practitioners with no academic affiliation with the department or University Counseling Center. If an ethical breach should occur, it may be grounds for dismissal from the program. The following procedures will be followed if a breach of ethics occurs:

The student will be informed in writing of the charge made against him/her.

The Training Director will ask the student to meet with him/her and other members of the Counseling Psychology Doctoral Training Committee to explain the student's view of the charges. The Training Committee will investigate the charge, disciplinary action will be recommended if appropriate. The student will be informed in writing of the decision and may appeal the Counseling Psychology Training Committee decision through the Department Chair and/or the Ombudsman at WSU. The WSU due process procedures will be followed.



# FACULTY

## Counseling Psychology Core Faculty

**Arreed F. Barabasz.** Professor, Ed.D., State University of New York; Ph.D., University of Canterbury, New Zealand; Post-doctoral Harvard University Medical School. A.B.P.P. Diplomate, Co Psy American Board of Professional Psychology. Fellow, American Psychological Association.

Dr. Barabasz's current research areas include: Clinical and Experimental Hypnosis, Ego State Therapy for PTSD and ASD. He is Editor of the International Journal of Clinical and Experimental Hypnosis.

Email: [arreed\\_barabasz@wsu.edu](mailto:arreed_barabasz@wsu.edu)

**Marianne Barabasz.** Professor, Director of Training, Ed.D., State University of New York at Albany. Fellow, American Psychological Association and Society for Clinical and Experimental Hypnosis.

Dr. Barabasz's research areas include: Eating Disorders, Habit Disorders, Clinical and Experimental Hypnosis, Cognitive-Behavior Therapy and Attention Deficit Disorders. She is a member of the editorial board of the Child Study Journal and is a consultant to five psychology journals. She has a small practice as a licensed psychologist.

Email: [mbarabasz@wsu.edu](mailto:mbarabasz@wsu.edu)

**A. Timothy Church.** Professor, Ph.D., University of Minnesota.

Dr. Church's areas of interest include cross-cultural psychology; personality and its measurement; indigenous psychologies, particularly in the Philippines and Mexico; vocational/career psychology, counseling, and assessment. He has served as Associate Editor for the Journal of Cross-Cultural Psychology and has served on the editorial boards of the Journal of Personality and Social Psychology, Journal of Personality, Journal of Research in Personality, Psychological Science, European Journal of Personality, and the Journal of Cross-Cultural Psychology.

Email: [church@wsu.edu](mailto:church@wsu.edu)

**Laurie D. McCubbin.** Associate Professor, Ph.D., University of Wisconsin, Madison.

Dr. McCubbin teaches masters and doctoral level practica courses and multicultural counseling. Her research interests include: Native Hawaiian/Pacific Islander mental health, stress, coping and resilience, multicultural counseling and career development.

Email: [mccubbin@wsu.edu](mailto:mccubbin@wsu.edu)

**Brian W. McNeill.** Professor, Ph.D., Texas Tech University.

Dr. McNeill's interests include Clinical Supervision, Chicana/o Latina/o Psychology and Multi-Cultural Counseling. Dr. McNeill has served as an editorial consultant for Professional Psychology: Research and Practice and the Journal of Counseling Psychology. Dr. McNeill maintains a small independent practice as a licensed psychologist in Moscow, Idaho. Email: [mcneill@wsu.edu](mailto:mcneill@wsu.edu)

**Brian F. French.** Associate Professor, PhD., Purdue University.

Dr. French teaches courses in educational statistics, educational and psychological measurement, and research methods. His area of research is focused on measurement issues related to validity. A sample of topics of interest include: Measurement Invariance, Structural Equation Modeling, Item Response Theory, Classical Test Theory, Factor Analysis, and Monte Carlo studies. He serves as the co-director of the Learning and Performance Research Center. Email: [frenchb@wsu.edu](mailto:frenchb@wsu.edu)

**APPENDIX A**  
**WASHINGTON STATE UNIVERSITY**  
**Counseling Psychology Ph.D. Program**  
**APPLICATION FOR COURSE WAIVER**

<b>Applicant's Name:</b> _____		
Last	First	MI
<b>Title and Number of WSU course requested to be waived:</b>		
Number	Title	
<b>Title, Department, and Number of course considered to be equivalent:</b>		
Number	Title	Department
<b>Institution where course was taken:</b>		
<b>Instructor's Name:</b>		
<b>Date Course Grade:</b> _____		

1. Attach a copy of the course syllabus, including texts, required readings, course requirements, course activities, examinations, and other pertinent data.
2. Attach a description of the course, including basic objectives, methods used to achieve those objectives, and any other data which is not immediately apparent from the syllabus.
3. Outline the points of correspondence between the course requested to be substituted and the WSU course requested to be waived. Keep in mind that we are assessing equivalence and not total duplication of course content.
4. Two copies of the petition and related data should be given to the Graduate Coordinator and one copy to the student's advisor.

## APPENDIX B

### WASHINGTON STATE UNIVERSITY Counseling Psychology Ph.D. Program

#### Program Planning Guide

<b>Proposed Ph.D. Program for:</b>	_____	_____	_____
	Last	First	MI
<b>Prior Education:</b>	_____	_____	_____
	Dates	Degree	Major
<b>Undergraduate Institutions:</b>	_____		
	_____		
<b>Graduate Institutions:</b>	_____		
	_____		
<b>Doctoral Program Requirements:</b>	_____	_____	
	Date Doctoral Study Began	Advisor	
<b>Residency Requirement Met:</b>	_____	_____	
	First Year Date	Second Year Date	
<b>Proposed Prelim Exam/Competencies:</b>	_____	_____	
	Date	Passed	
<b>Research Interest Area:</b>	_____		
	_____		
<b>Dissertation Proposal Committee:</b>	_____	_____	_____
	Member	Member	Member
<b>Dissertation Proposal Accepted:</b>	_____		

### Area A. Professional Core in Counseling Psychology

All the following courses, or their equivalent, must be completed in the core program.

Course Number	WSU Title	Credits	When	Where	Grade
COPSY 501	Historical and Philosophical Foundations of Counseling Psychology	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
COPSY 511	Theories, Research, and Techniques in Counseling Psychology I	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
COPSY 512	Theories, Research, and Techniques in Counseling Psychology II	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
COPSY 513	Career Development	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
COPSY 515	Ethics and Professional Problems in Counseling Psychology	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
COPSY 516	Life Span Development and Counseling Issues	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
COPSY 518	Theoretical Foundations of Group Counseling	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
COPSY 525	Counseling Diverse Populations	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
COPSY 527	Individual Appraisal I	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
COPSY 528	Individual Appraisal II	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
COPSY 529	Counselor Supervision: Theory, Research, and Practice	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
COPSY 541	Clinical and Experimental Hypnosis Seminar	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
	OR				
COPSY 542	Cross-Cultural Research in Counseling and Assessment	3	<input type="text"/>	<input type="text"/>	<input type="text"/>

List below additional courses for which core credit was awarded by the Counseling Psychology Course Waiver Committee:

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### Area B. Supervised Practicum in Counseling Psychology

A minimum of 15-16 credit hours is required. The minimum total practicum experience is 400 class hours, of which at least 150 hours is in direct service experience and at least 75 hours are formally scheduled supervision.

All the following courses, or their equivalent, must be completed in the core program.

Course Number	WSU Title	Credits	When	Where	Grade
COPSY 551	Doctoral Practicum in Counseling Psychology I	4	<input type="text"/>	<input type="text"/>	<input type="text"/>
COPSY 552	Doctoral Practicum in Counseling Psychology II	4	<input type="text"/>	<input type="text"/>	<input type="text"/>
COPSY 553	Doctoral Practicum in Counseling Psychology III	4	<input type="text"/>	<input type="text"/>	<input type="text"/>
PSYCH 547	Medical Psychology Practicum	3	<input type="text"/>	<input type="text"/>	<input type="text"/>

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### Area C. Statistics, Research Design, Measurement, and Program Evaluation

A minimum of 25 semester credits must be earned in this category. A student may complete Special Project or Independent Study under COPSY 600.

Course Number	WSU Title	Credits	When	Where	Grade
EDPSY505	Research Methods I	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
EDRES 563	Research Methods I	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
EDPSY 509	Educational Measurement	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
EDPSY 565	Advanced Educational Statistics	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
EDPSY 570	Intro to Program Evaluation	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
EDPSY 568	Research Methods II	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
EDPSY 569	Seminar in Quantitative Techniques in Education (Multivariate Statistics)	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
COPSY 590	Seminar in Research in Counseling Psychology	3	<input type="text"/>	<input type="text"/>	<input type="text"/>
COPSY 600	Special Projects or Independent Study (2 credit minimum to complete précis for dissertation)	3-9	<input type="text"/>	<input type="text"/>	<input type="text"/>

List below additional statistics, research design, and/or psychological measurement courses used to meet the requirement of this category.

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### Area D. Psychological Foundations

Each student must complete a minimum of one 3 credit graduate course in each of the specified content areas: Biological Determinants of Behavior, Cognitive/Affective, Social Determinants of Behavior, Individual Behavior and Human Development.

Course Number	WSU Title	Credits	When	Where	Grade
<b>Biological Determinants of Behavior (One course required)</b>					
<b>Cognitive/Affective Bases of Behavior (One course required)</b>					
<b>Social Determinants of Behavior (One course required)</b>					
<b>Individual Bases of Behavior (One course required)</b>					

### Area E. Electives

In this area, students may complete elective course work which will broaden the scope of his/her program or facilitate further specialization. Electives are chosen by the student in consultation with the advisor.

Course Number	WSU Title	Credits	When	Where	Grade

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### F. Doctoral Preliminary Exams

During the semester in which one completes the Doctoral Preliminary Exam, enrollment in two CoPsy 800 credits is required.

Course Number	WSU Title	Credits	When	Where	Grade

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### G. Pre-Doctoral Internship

Two credits of CoPsy 597 are required for the Fall and Spring Semesters of the internship year.

Course Number	WSU Title	Credits	When	Where	Grade

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### H. Doctoral Dissertation

Course Number	WSU Title	Credits	When	Where	Grade

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## **APPENDIX C**

**THE APPIC APPLICATION FOR PSYCHOLOGY INTERNSHIP (AAPI)**

**IS AVAILABLE AT:**

**[http://appic.org/match/5\\_3\\_match\\_application.html](http://appic.org/match/5_3_match_application.html)**

## APPENDIX D

### Ethical Principles of Psychologists and Code of Conduct

2002

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## INTRODUCTION AND APPLICABILITY

*The American Psychological Association's (APA's) Ethical Principles of Psychologists and Code of Conduct (hereinafter referred to as the Ethics Code) consists of an Introduction, a Preamble, five General Principles (A – E), and specific Ethical Standards. The Introduction discusses the intent, organization, procedural considerations, and scope of application of the Ethics Code. The Preamble and General Principles are aspirational goals to guide psychologists toward the highest ideals of psychology. Although the Preamble and General Principles are not themselves enforceable rules, they should be considered by psychologists in arriving at an ethical course of action. The Ethical Standards set forth enforceable rules for conduct as psychologists. Most of the Ethical Standards are written broadly, in order to apply to psychologists in varied roles, although the application of an Ethical Standard may vary depending on the context. The Ethical Standards are not exhaustive. The fact that a given conduct is not specifically addressed by an Ethical Standard does not mean that it is necessarily either ethical or unethical.*

*This Ethics Code applies only to psychologists' activities that are part of their scientific, educational, or professional roles as psychologists. Areas covered include but are not limited to the clinical, counseling, and school practice of psychology; research; teaching; supervision of trainees; public service; policy development; social intervention; development of assessment instruments; conducting assessments; educational counseling; organizational consulting; forensic activities; program design and evaluation; and administration. This Ethics Code applies to these activities across a variety of contexts, such as in person, postal, telephone, internet, and other electronic transmissions. These activities shall be distinguished from the purely private conduct of psychologists, which is not within the purview of the Ethics Code.*

*Membership in the APA commits members and student affiliates to comply with the standards of the APA Ethics Code and to the rules and procedures used to enforce them. Lack of awareness or misunderstanding of an Ethical Standard is not itself a defense to a charge of unethical conduct.*

*The procedures for filing, investigating, and resolving complaints of unethical conduct are described in the current Rules and Procedures of the APA Ethics Committee. APA may impose sanctions on its members for violations of the standards of the Ethics Code, including termination of APA membership, and may notify other bodies and individuals of its actions. Actions that violate the standards of the Ethics Code may also lead to the imposition of sanctions on psychologists or students whether or not they are APA members by bodies other than APA, including state psychological associations, other professional groups, psychology boards, other state or federal agencies, and payors for health services. In addition, APA may take action against a member after his or her conviction of a felony, expulsion or suspension from an affiliated state psychological association, or suspension or loss of licensure. When the sanction to be imposed by APA is less than expulsion, the 2001 Rules and Procedures do not guarantee an opportunity for an in-person hearing, but generally provide that complaints will be resolved only on the basis of a submitted record.*

*The Ethics Code is intended to provide guidance for psychologists and standards of professional conduct that can be applied by the APA and by other bodies that choose to adopt them. The Ethics Code is not intended to be a basis of civil liability. Whether a psychologist has violated the Ethics Code standards does not by itself determine whether the psychologist is legally liable in a court action, whether a contract is enforceable, or whether other legal consequences occur.*

*The modifiers used in some of the standards of this Ethics Code (e.g., reasonably, appropriate, potentially) are included in the standards when they would (1) allow professional judgment on the part of psychologists, (2) eliminate injustice or inequality that would occur without the modifier, (3) ensure applicability across the broad range of activities conducted by psychologists, or (4) guard against a set of*

*rigid rules that might be quickly outdated. As used in this Ethics Code, the term reasonable means the prevailing professional judgment of psychologists engaged in similar activities in similar circumstances, given the knowledge the psychologist had or should have had at the time.*

*In the process of making decisions regarding their professional behavior, psychologists must consider this Ethics Code in addition to applicable laws and psychology board regulations. In applying the Ethics Code to their professional work, psychologists may consider other materials and guidelines that have been adopted or endorsed by scientific and professional psychological organizations and the dictates of their own conscience, as well as consult with others within the field. If this Ethics Code establishes a higher standard of conduct than is required by law, psychologists must meet the higher ethical standard. If psychologists' ethical responsibilities conflict with law, regulations, or other governing legal authority, psychologists make known their commitment to this Ethics Code and take steps to resolve the conflict in a responsible manner. If the conflict is unresolvable via such means, psychologists may adhere to the requirements of the law, regulations, or other governing authority in keeping with basic principles of human rights.*

#### **PREAMBLE**

*Psychologists are committed to increasing scientific and professional knowledge of behavior and people's understanding of themselves and others and to the use of such knowledge to improve the condition of individuals, organizations, and society. Psychologists respect and protect civil and human rights and the central importance of freedom of inquiry and expression in research, teaching, and publication. They strive to help the public in developing informed judgments and choices concerning human behavior. In doing so, they perform many roles, such as researcher, educator, diagnostician, therapist, supervisor, consultant, administrator, social interventionist, and expert witness. This Ethics Code provides a common set of principles and standards upon which psychologists build their professional and scientific work.*

*This Ethics Code is intended to provide specific standards to cover most situations encountered by psychologists. It has as its goals the welfare and protection of the individuals and groups with whom psychologists work and the education of members, students, and the public regarding ethical standards of the discipline.*

*The development of a dynamic set of ethical standards for psychologists' work-related conduct requires a personal commitment and lifelong effort to act ethically; to encourage ethical behavior by students, supervisees, employees, and colleagues; and to consult with others concerning ethical problems.*

#### **GENERAL PRINCIPLES**

*This section consists of General Principles. General Principles, as opposed to Ethical Standards, are aspirational in nature. Their intent is to guide and inspire psychologists toward the very highest ethical ideals of the profession. General Principles, in contrast to Ethical Standards, do not represent obligations and should not form the basis for imposing sanctions. Relying upon General Principles for either of these reasons distorts both their meaning and purpose.*

#### **PRINCIPLE A: BENEFICENCE AND NONMALEFICENCE**

*Psychologists strive to benefit those with whom they work and take care to do no harm. In their professional actions, psychologists seek to safeguard the welfare and rights of those with whom they interact professionally and other affected persons, and the welfare of animal subjects of research. When conflicts occur among psychologists' obligations or concerns, they attempt to resolve these conflicts in a responsible fashion that avoids or minimizes harm. Because psychologists' scientific and professional judgments and actions may affect the lives of others, they are alert to and guard against personal, financial, social, organizational, or political factors that might lead to misuse of their influence.*

*Psychologists strive to be aware of the possible effect of their own physical and mental health on their ability to help those with whom they work.*

### **PRINCIPLE B: FIDELITY AND RESPONSIBILITY**

*Psychologists establish relationships of trust with those with whom they work. They are aware of their professional and scientific responsibilities to society and to the specific communities in which they work. Psychologists uphold professional standards of conduct, clarify their professional roles and obligations, accept appropriate responsibility for their behavior, and seek to manage conflicts of interest that could lead to exploitation or harm. Psychologists consult with, refer to, or cooperate with other professionals and institutions to the extent needed to serve the best interests of those with whom they work. They are concerned about the ethical compliance of their colleagues' scientific and professional conduct. Psychologists strive to contribute a portion of their professional time for little or no compensation or personal advantage.*

### **PRINCIPLE C: INTEGRITY**

*Psychologists seek to promote accuracy, honesty, and truthfulness in the science, teaching, and practice of psychology. In these activities psychologists do not steal, cheat, or engage in fraud, subterfuge, or intentional misrepresentation of fact. Psychologists strive to keep their promises and to avoid unwise or unclear commitments. In situations in which deception may be ethically justifiable to maximize benefits and minimize harm, psychologists have a serious obligation to consider the need for, the possible consequences of, and their responsibility to correct any resulting mistrust or other harmful effects that arise from the use of such techniques.*

### **PRINCIPLE D: JUSTICE**

*Psychologists recognize that fairness and justice entitle all persons to access to and benefit from the contributions of psychology and to equal quality in the processes, procedures, and services being conducted by psychologists. Psychologists exercise reasonable judgment and take precautions to ensure that their potential biases, the boundaries of their competence, and the limitations of their expertise do not lead to or condone unjust practices.*

### **PRINCIPLE E: RESPECT FOR PEOPLE'S RIGHTS AND DIGNITY**

*Psychologists respect the dignity and worth of all people, and the rights of individuals to privacy, confidentiality, and self-determination. Psychologists are aware that special safeguards may be necessary to protect the rights and welfare of persons or communities whose vulnerabilities impair autonomous decision making. Psychologists are aware of and respect cultural, individual, and role differences, including those based on age, gender, gender identity, race, ethnicity, culture, national origin, religion, sexual orientation, disability, language, and socioeconomic status and consider these factors when working with members of such groups. Psychologists try to eliminate the effect on their work of biases based on those factors, and they do not knowingly participate in or condone activities of others based upon such prejudices.*

## **ETHICAL STANDARDS**

### **1. RESOLVING ETHICAL ISSUES**

#### **1.01 Misuse of Psychologists' Work**

*If psychologists learn of misuse or misrepresentation of their work, they take reasonable steps to correct or minimize the misuse or misrepresentation.*

#### **1.02 Conflicts Between Ethics and Law, Regulations, or Other Governing Legal Authority**

*If psychologists' ethical responsibilities conflict with law, regulations, or other governing legal authority, psychologists make known their commitment to the Ethics Code and take steps to resolve the conflict. If the conflict is unresolvable via such means, psychologists may adhere to the requirements of the law, regulations, or other governing legal authority.*

### 1.03 Conflicts Between Ethics and Organizational Demands

*If the demands of an organization with which psychologists are affiliated or for whom they are working conflict with this Ethics Code, psychologists clarify the nature of the conflict, make known their commitment to the Ethics Code, and to the extent feasible, resolve the conflict in a way that permits adherence to the Ethics Code.*

### 1.04 Informal Resolution of Ethical Violations

*When psychologists believe that there may have been an ethical violation by another psychologist, they attempt to resolve the issue by bringing it to the attention of that individual, if an informal resolution appears appropriate and the intervention does not violate any confidentiality rights that may be involved. (See also Standards 1.02, Conflicts Between Ethics and Law, Regulations, or Other Governing Legal Authority, and 1.03, Conflicts Between Ethics and Organizational Demands.)*

### 1.05 Reporting Ethical Violations

*If an apparent ethical violation has substantially harmed or is likely to substantially harm a person or organization and is not appropriate for informal resolution under Standard 1.04, Informal Resolution of Ethical Violations, or is not resolved properly in that fashion, psychologists take further action appropriate to the situation. Such action might include referral to state or national committees on professional ethics, to state licensing boards, or to the appropriate institutional authorities. This standard does not apply when an intervention would violate confidentiality rights or when psychologists have been retained to review the work of another psychologist whose professional conduct is in question. (See also Standard 1.02, Conflicts Between Ethics and Law, Regulations, or Other Governing Legal Authority.)*

### 1.06 Cooperating With Ethics Committees

*Psychologists cooperate in ethics investigations, proceedings, and resulting requirements of the APA or any affiliated state psychological association to which they belong. In doing so, they address any confidentiality issues. Failure to cooperate is itself an ethics violation. However, making a request for deferment of adjudication of an ethics complaint pending the outcome of litigation does not alone constitute non-cooperation.*

### 1.07 Improper Complaints

*Psychologists do not file or encourage the filing of ethics complaints that are made with reckless disregard for or willful ignorance of facts that would disprove the allegation.*

### 1.08 Unfair Discrimination Against Complainants and Respondents

*Psychologists do not deny persons employment, advancement, admissions to academic or other programs, tenure, or promotion, based solely upon their having made or their being the subject of an ethics complaint. This does not preclude taking action based upon the outcome of such proceedings or considering other appropriate information.*

## **2. COMPETENCE**

### 2.01 Boundaries of Competence

*(a) Psychologists provide services, teach, and conduct research with populations and in areas only within the boundaries of their competence, based on their education, training, supervised experience, consultation, study, or professional experience.*

*(b) Where scientific or professional knowledge in the discipline of psychology establishes that an understanding of factors associated with age, gender, gender identity, race, ethnicity, culture, national origin, religion, sexual orientation, disability, language, or socioeconomic status is essential for effective implementation of their services or research, psychologists have or obtain the training, experience, consultation, or supervision necessary to ensure the competence of their services, or they make appropriate referrals, except as provided in Standard 2.02, Providing Services in Emergencies.*

*(c) Psychologists planning to provide services, teach, or conduct research involving populations, areas, techniques, or technologies new to them undertake relevant education, training, supervised experience, consultation, or study.*

*(d) When psychologists are asked to provide services to individuals for whom appropriate mental health services are not available and for which psychologists have not obtained the competence necessary, psychologists with closely related prior training or experience may provide such services in order to ensure that services are not denied if they make a reasonable effort to obtain the competence required by using relevant research, training, consultation, or study.*

*(e) In those emerging areas in which generally recognized standards for preparatory training do not yet exist, psychologists nevertheless take reasonable steps to ensure the competence of their work and to protect clients/patients, students, supervisees, research participants, organizational clients, and others from harm.*

*(f) When assuming forensic roles, psychologists are or become reasonably familiar with the judicial or administrative rules governing their roles.*

## 2.02 Providing Services in Emergencies

*In emergencies, when psychologists provide services to individuals for whom other mental health services are not available and for which psychologists have not obtained the necessary training, psychologists may provide such services in order to ensure that services are not denied. The services are discontinued as soon as the emergency has ended or appropriate services are available.*

## 2.03 Maintaining Competence

*Psychologists undertake ongoing efforts to develop and maintain their competence.*

## 2.04 Bases for Scientific and Professional Judgments

*Psychologists' work is based upon established scientific and professional knowledge of the discipline. (See also Standards 2.01e, Boundaries of Competence, and 10.01b, Informed Consent to Therapy.)*

## 2.05 Delegation of Work to Others

*Psychologists who delegate work to employees, supervisees, or research or teaching assistants or who use the services of others, such as interpreters, take reasonable steps to (1) avoid delegating such work to persons who have a multiple relationship with those being served that would likely lead to exploitation or loss of objectivity; (2) authorize only those responsibilities that such persons can be expected to perform competently on the basis of their education, training, or experience, either independently or with the level of supervision being provided; and (3) see that such persons perform these services competently. (See also Standards 2.02, Providing Services in Emergencies; 3.05, Multiple Relationships; 4.01, Maintaining Confidentiality; 9.01, Bases for Assessments; 9.02, Use of Assessments; 9.03, Informed Consent in Assessments; and 9.07, Assessment by Unqualified Persons.)*

## 2.06 Personal Problems and Conflicts



*(a) Psychologists refrain from initiating an activity when they know or should know that there is a substantial likelihood that their personal problems will prevent them from performing their work-related activities in a competent manner.*

*(b) When psychologists become aware of personal problems that may interfere with their performing work-related duties adequately, they take appropriate measures, such as obtaining professional consultation or assistance, and determine whether they should limit, suspend, or terminate their work-related duties. (See also Standard 10.10, Terminating Therapy.)*

### **3. HUMAN RELATIONS**

#### **3.01 Unfair Discrimination**

*In their work-related activities, psychologists do not engage in unfair discrimination based on age, gender, gender identity, race, ethnicity, culture, national origin, religion, sexual orientation, disability, socioeconomic status, or any basis proscribed by law.*

#### **3.02 Sexual Harassment**

*Psychologists do not engage in sexual harassment. Sexual harassment is sexual solicitation, physical advances, or verbal or nonverbal conduct that is sexual in nature, that occurs in connection with the psychologist's activities or roles as a psychologist, and that either (1) is unwelcome, is offensive, or creates a hostile workplace or educational environment, and the psychologist knows or is told this or (2) is sufficiently severe or intense to be abusive to a reasonable person in the context. Sexual harassment can consist of a single intense or severe act or of multiple persistent or pervasive acts. (See also Standard 1.08, Unfair Discrimination Against Complainants and Respondents.)*

#### **3.03 Other Harassment**

*Psychologists do not knowingly engage in behavior that is harassing or demeaning to persons with whom they interact in their work based on factors such as those persons' age, gender, gender identity, race, ethnicity, culture, national origin, religion, sexual orientation, disability, language, or socioeconomic status.*

#### **3.04 Avoiding Harm**

*Psychologists take reasonable steps to avoid harming their clients/patients, students, supervisees, research participants, organizational clients, and others with whom they work, and to minimize harm where it is foreseeable and unavoidable.*

#### **3.05 Multiple Relationships**

*(a) A multiple relationship occurs when a psychologist is in a professional role with a person and (1) at the same time is in another role with the same person, (2) at the same time is in a relationship with a person closely associated with or related to the person with whom the psychologist has the professional relationship, or (3) promises to enter into another relationship in the future with the person or a person closely associated with or related to the person.*

*A psychologist refrains from entering into a multiple relationship if the multiple relationship could reasonably be expected to impair the psychologist's objectivity, competence, or effectiveness in performing his or her functions as a psychologist, or otherwise risks exploitation or harm to the person with whom the professional relationship exists.*

*Multiple relationships that would not reasonably be expected to cause impairment or risk exploitation or harm are not unethical.*

*(b) If a psychologist finds that, due to unforeseen factors, a potentially harmful multiple relationship has arisen, the psychologist takes reasonable steps to resolve it with due regard for the best interests of the affected person and maximal compliance with the Ethics Code.*

*(c) When psychologists are required by law, institutional policy, or extraordinary circumstances to serve in more than one role in judicial or administrative proceedings, at the outset they clarify role expectations and the extent of confidentiality and thereafter as changes occur. (See also Standards 3.04, Avoiding Harm, and 3.07, Third-Party Requests for Services.)*

### 3.06 Conflict of Interest

*Psychologists refrain from taking on a professional role when personal, scientific, professional, legal, financial, or other interests or relationships could reasonably be expected to (1) impair their objectivity, competence, or effectiveness in performing their functions as psychologists or (2) expose the person or organization with whom the professional relationship exists to harm or exploitation.*

### 3.07 Third-Party Requests for Services

*When psychologists agree to provide services to a person or entity at the request of a third party, psychologists attempt to clarify at the outset of the service the nature of the relationship with all individuals or organizations involved. This clarification includes the role of the psychologist (e.g., therapist, consultant, diagnostician, or expert witness), an identification of who is the client, the probable uses of the services provided or the information obtained, and the fact that there may be limits to confidentiality. (See also Standards 3.05, Multiple Relationships, and 4.02, Discussing the Limits of Confidentiality.)*

### 3.08 Exploitative Relationships

*Psychologists do not exploit persons over whom they have supervisory, evaluative, or other authority such as clients/patients, students, supervisees, research participants, and employees. (See also Standards 3.05, Multiple Relationships; 6.04, Fees and Financial Arrangements; 6.05, Barter With Clients/Patients; 7.07, Sexual Relationships With Students and Supervisees; 10.05, Sexual Intimacies With Current Therapy Clients/Patients; 10.06, Sexual Intimacies With Relatives or Significant Others of Current Therapy Clients/Patients; 10.07, Therapy With Former Sexual Partners; and 10.08, Sexual Intimacies With Former Therapy Clients/Patients.)*

### 3.09 Cooperation with Other Professionals

*When indicated and professionally appropriate, psychologists cooperate with other professionals in order to serve their clients/patients effectively and appropriately. (See also Standard 4.05, Disclosures.)*

### 3.10 Informed Consent

*(a) When psychologists conduct research or provide assessment, therapy, counseling, or consulting services in person or via electronic transmission or other forms of communication, they obtain the informed consent of the individual or individuals using language that is reasonably understandable to that person or persons except when conducting such activities without consent is mandated by law or governmental regulation or as otherwise provided in this Ethics Code. (See also Standards 8.02, Informed Consent to Research; 9.03, Informed Consent in Assessments; and 10.01, Informed Consent to Therapy.)*

*(b) For persons who are legally incapable of giving informed consent, psychologists nevertheless (1) provide an appropriate explanation, (2) seek the individual's assent, (3) consider such persons' preferences and best interests, and (4) obtain appropriate permission from a legally authorized person, if such substitute consent is permitted or required by law. When consent by a legally authorized person is not permitted or required by law, psychologists take reasonable steps to protect the individual's rights and welfare.*

*(c) When psychological services are court ordered or otherwise mandated, psychologists inform the individual of the nature of the anticipated services, including whether the services are court ordered or mandated and any limits of confidentiality, before proceeding.*

*(d) Psychologists appropriately document written or oral consent, permission, and assent. (See also Standards 8.02, Informed Consent to Research; 9.03, Informed Consent in Assessments; and 10.01, Informed Consent to Therapy.)*

### 3.11 Psychological Services Delivered To or Through Organizations

*(a) Psychologists delivering services to or through organizations provide information beforehand to clients and when appropriate those directly affected by the services about (1) the nature and objectives of the services, (2) the intended recipients, (3) which of the individuals are clients, (4) the relationship the psychologist will have with each person and the organization, (5) the probable uses of services provided and information obtained, (6) who will have access to the information, and (7) limits of confidentiality. As soon as feasible, they provide information about the results and conclusions of such services to appropriate persons.*

*(b) If psychologists will be precluded by law or by organizational roles from providing such information to particular individuals or groups, they so inform those individuals or groups at the outset of the service.*

### 3.12 Interruption of Psychological Services

*Unless otherwise covered by contract, psychologists make reasonable efforts to plan for facilitating services in the event that psychological services are interrupted by factors such as the psychologist's illness, death, unavailability, relocation, or retirement or by the client's/patient's relocation or financial limitations. (See also Standard 6.02c, Maintenance, Dissemination, and Disposal of Confidential Records of Professional and Scientific Work.)*

## **4. PRIVACY AND CONFIDENTIALITY**

### 4.01 Maintaining Confidentiality

*Psychologists have a primary obligation and take reasonable precautions to protect confidential information obtained through or stored in any medium, recognizing that the extent and limits of confidentiality may be regulated by law or established by institutional rules or professional or scientific relationship. (See also Standard 2.05, Delegation of Work to Others.)*

### 4.02 Discussing the Limits of Confidentiality

*(a) Psychologists discuss with persons (including, to the extent feasible, persons who are legally incapable of giving informed consent and their legal representatives) and organizations with whom they establish a scientific or professional relationship (1) the relevant limits of confidentiality and (2) the foreseeable uses of the information generated through their psychological activities. (See also Standard 3.10, Informed Consent.)*

*(b) Unless it is not feasible or is contraindicated, the discussion of confidentiality occurs at the outset of the relationship and thereafter as new circumstances may warrant.*

*(c) Psychologists who offer services, products, or information via electronic transmission inform clients/patients of the risks to privacy and limits of confidentiality.*

### 4.03 Recording

*Before recording the voices or images of individuals to whom they provide services, psychologists obtain permission from all such persons or their legal representatives. (See also Standards 8.03, Informed Consent for Recording Voices and Images in Research; 8.05, Dispensing With Informed Consent for Research; and 8.07, Deception in Research.)*

#### 4.04 Minimizing Intrusions on Privacy

*(a) Psychologists include in written and oral reports and consultations, only information germane to the purpose for which the communication is made.*

*(b) Psychologists discuss confidential information obtained in their work only for appropriate scientific or professional purposes and only with persons clearly concerned with such matters.*

#### 4.05 Disclosures

*(a) Psychologists may disclose confidential information with the appropriate consent of the organizational client, the individual client/patient, or another legally authorized person on behalf of the client/patient unless prohibited by law.*

*(b) Psychologists disclose confidential information without the consent of the individual only as mandated by law, or where permitted by law for a valid purpose such as to (1) provide needed professional services; (2) obtain appropriate professional consultations; (3) protect the client/patient, psychologist, or others from harm; or (4) obtain payment for services from a client/patient, in which instance disclosure is limited to the minimum that is necessary to achieve the purpose. (See also Standard 6.04e, Fees and Financial Arrangements.)*

#### 4.06 Consultations

*When consulting with colleagues, (1) psychologists do not disclose confidential information that reasonably could lead to the identification of a client/patient, research participant, or other person or organization with whom they have a confidential relationship unless they have obtained the prior consent of the person or organization or the disclosure cannot be avoided, and (2) they disclose information only to the extent necessary to achieve the purposes of the consultation. (See also Standard 4.01, Maintaining Confidentiality.)*

#### 4.07 Use of Confidential Information for Didactic or Other Purposes

*Psychologists do not disclose in their writings, lectures, or other public media, confidential, personally identifiable information concerning their clients/patients, students, research participants, organizational clients, or other recipients of their services that they obtained during the course of their work, unless (1) they take reasonable steps to disguise the person or organization, (2) the person or organization has consented in writing, or (3) there is legal authorization for doing so.*

### **5. ADVERTISING AND OTHER PUBLIC STATEMENTS**

#### 5.01 Avoidance of False or Deceptive Statements

*(a) Public statements include but are not limited to paid or unpaid advertising, product endorsements, grant applications, licensing applications, other credentialing applications, brochures, printed matter, directory listings, personal resumes or curricula vitae, or comments for use in media such as print or electronic transmission, statements in legal proceedings, lectures and public oral presentations, and published materials. Psychologists do not knowingly make public statements that are false, deceptive, or fraudulent concerning their research, practice, or other work activities or those of persons or organizations with which they are affiliated.*

*(b) Psychologists do not make false, deceptive, or fraudulent statements concerning (1) their training, experience, or competence; (2) their academic degrees; (3) their credentials; (4) their institutional or association affiliations; (5) their services; (6) the scientific or clinical basis for, or results or degree of success of, their services; (7) their fees; or (8) their publications or research findings.*

*(c) Psychologists claim degrees as credentials for their health services only if those degrees (1) were earned from a regionally accredited educational institution or (2) were the basis for psychology licensure by the state in which they practice.*

## 5.02 Statements by Others

- (a) Psychologists who engage others to create or place public statements that promote their professional practice, products, or activities retain professional responsibility for such statements.*
- (b) Psychologists do not compensate employees of press, radio, television, or other communication media in return for publicity in a news item. (See also Standard 1.01, Misuse of Psychologists' Work.)*
- (c) A paid advertisement relating to psychologists' activities must be identified or clearly recognizable as such.*

## 5.03 Descriptions of Workshops and Non-Degree-Granting Educational Programs

*To the degree to which they exercise control, psychologists responsible for announcements, catalogs, brochures, or advertisements describing workshops, seminars, or other non-degree-granting educational programs ensure that they accurately describe the audience for which the program is intended, the educational objectives, the presenters, and the fees involved.*

## 5.04 Media Presentations

*When psychologists provide public advice or comment via print, internet, or other electronic transmission, they take precautions to ensure that statements (1) are based on their professional knowledge, training, or experience in accord with appropriate psychological literature and practice; (2) are otherwise consistent with this Ethics Code; and (3) do not indicate that a professional relationship has been established with the recipient. (See also Standard 2.04, Bases for Scientific and Professional Judgments.)*

## 5.05 Testimonials

*Psychologists do not solicit testimonials from current therapy clients/patients or other persons who because of their particular circumstances are vulnerable to undue influence.*

## 5.06 In-Person Solicitation

*Psychologists do not engage, directly or through agents, in uninvited in-person solicitation of business from actual or potential therapy clients/patients or other persons who because of their particular circumstances are vulnerable to undue influence. However, this prohibition does not preclude (1) attempting to implement appropriate collateral contacts for the purpose of benefiting an already engaged therapy client/patient or (2) providing disaster or community outreach services.*

# **6. RECORD KEEPING AND FEES**

## 6.01 Documentation of Professional and Scientific Work and Maintenance of Records

*Psychologists create, and to the extent the records are under their control, maintain, disseminate, store, retain, and dispose of records and data relating to their professional and scientific work in order to (1) facilitate provision of services later by them or by other professionals, (2) allow for replication of research design and analyses, (3) meet institutional requirements, (4) ensure accuracy of billing and payments, and (5) ensure compliance with law. (See also Standard 4.01, Maintaining Confidentiality.)*

## 6.02 Maintenance, Dissemination, and Disposal of Confidential Records of Professional and Scientific Work

*(a) Psychologists maintain confidentiality in creating, storing, accessing, transferring, and disposing of records under their control, whether these are written, automated, or in any other medium. (See also Standards 4.01, Maintaining Confidentiality, and 6.01, Documentation of Professional and Scientific Work and Maintenance of Records.)*

*(b) If confidential information concerning recipients of psychological services is entered into databases or systems of records available to persons whose access has not been consented to by the recipient, psychologists use coding or other techniques to avoid the inclusion of personal identifiers.*

*(c) Psychologists make plans in advance to facilitate the appropriate transfer and to protect the confidentiality of records and data in the event of psychologists' withdrawal from positions or practice. (See also Standards 3.12, Interruption of Psychological Services, and 10.09, Interruption of Therapy.)*

#### 6.03 Withholding Records for Nonpayment

*Psychologists may not withhold records under their control that are requested and needed for a client's/patient's emergency treatment solely because payment has not been received.*

#### 6.04 Fees and Financial Arrangements

*(a) As early as is feasible in a professional or scientific relationship, psychologists and recipients of psychological services reach an agreement specifying compensation and billing arrangements.*

*(b) Psychologists' fee practices are consistent with law.*

*(c) Psychologists do not misrepresent their fees.*

*(d) If limitations to services can be anticipated because of limitations in financing, this is discussed with the recipient of services as early as is feasible. (See also Standards 10.09, Interruption of Therapy, and 10.10, Terminating Therapy.)*

*(e) If the recipient of services does not pay for services as agreed, and if psychologists intend to use collection agencies or legal measures to collect the fees, psychologists first inform the person that such measures will be taken and provide that person an opportunity to make prompt payment. (See also Standards 4.05, Disclosures; 6.03, Withholding Records for Nonpayment; and 10.01, Informed Consent to Therapy.)*

#### 6.05 Barter With Clients/Patients

*Barter is the acceptance of goods, services, or other nonmonetary remuneration from clients/patients in return for psychological services. Psychologists may barter only if (1) it is not clinically contraindicated, and (2) the resulting arrangement is not exploitative. (See also Standards 3.05, Multiple Relationships, and 6.04, Fees and Financial Arrangements.)*

#### 6.06 Accuracy in Reports to Payors and Funding Sources

*In their reports to payors for services or sources of research funding, psychologists take reasonable steps to ensure the accurate reporting of the nature of the service provided or research conducted, the fees, charges, or payments, and where applicable, the identity of the provider, the findings, and the diagnosis. (See also Standards 4.01, Maintaining Confidentiality; 4.04, Minimizing Intrusions on Privacy; and 4.05, Disclosures.)*

#### 6.07 Referrals and Fees

*When psychologists pay, receive payment from, or divide fees with another professional, other than in an employer-employee relationship, the payment to each is based on the services provided (clinical, consultative, administrative, or other) and is not based on the referral itself. (See also Standard 3.09, Cooperation With Other Professionals.)*

### **7. EDUCATION AND TRAINING**

#### 7.01 Design of Education and Training Programs

*Psychologists responsible for education and training programs take reasonable steps to ensure that the programs are designed to provide the appropriate knowledge and proper experiences, and to meet the*

*requirements for licensure, certification, or other goals for which claims are made by the program. (See also Standard 5.03, Descriptions of Workshops and Non-Degree-Granting Educational Programs.)*

#### 7.02 Descriptions of Education and Training Programs

*Psychologists responsible for education and training programs take reasonable steps to ensure that there is a current and accurate description of the program content (including participation in required course- or program-related counseling, psychotherapy, experiential groups, consulting projects, or community service), training goals and objectives, stipends and benefits, and requirements that must be met for satisfactory completion of the program. This information must be made readily available to all interested parties.*

#### 7.03 Accuracy in Teaching

*(a) Psychologists take reasonable steps to ensure that course syllabi are accurate regarding the subject matter to be covered, bases for evaluating progress, and the nature of course experiences. This standard does not preclude an instructor from modifying course content or requirements when the instructor considers it pedagogically necessary or desirable, so long as students are made aware of these modifications in a manner that enables them to fulfill course requirements. (See also Standard 5.01, Avoidance of False or Deceptive Statements.)*

*(b) When engaged in teaching or training, psychologists present psychological information accurately. (See also Standard 2.03, Maintaining Competence.)*

#### 7.04 Student Disclosure of Personal Information

*Psychologists do not require students or supervisees to disclose personal information in course- or program-related activities, either orally or in writing, regarding sexual history, history of abuse and neglect, psychological treatment, and relationships with parents, peers, and spouses or significant others except if (1) the program or training facility has clearly identified this requirement in its admissions and program materials or (2) the information is necessary to evaluate or obtain assistance for students whose personal problems could reasonably be judged to be preventing them from performing their training- or professionally related activities in a competent manner or posing a threat to the students or others.*

#### 7.05 Mandatory Individual or Group Therapy

*(a) When individual or group therapy is a program or course requirement, psychologists responsible for that program allow students in undergraduate and graduate programs the option of selecting such therapy from practitioners unaffiliated with the program. (See also Standard 7.02, Descriptions of Education and Training Programs.)*

*(b) Faculty who are or are likely to be responsible for evaluating students' academic performance do not themselves provide that therapy. (See also Standard 3.05, Multiple Relationships.)*

#### 7.06 Assessing Student and Supervisee Performance

*(a) In academic and supervisory relationships, psychologists establish a timely and specific process for providing feedback to students and supervisees. Information regarding the process is provided to the student at the beginning of supervision.*

*(b) Psychologists evaluate students and supervisees on the basis of their actual performance on relevant and established program requirements.*

#### 7.07 Sexual Relationships With Students and Supervisees

*Psychologists do not engage in sexual relationships with students or supervisees who are in their department, agency, or training center or over whom psychologists have or are likely to have evaluative authority. (See also Standard 3.05, Multiple Relationships.)*

## **8. RESEARCH AND PUBLICATION**

### **8.01 Institutional Approval**

*When institutional approval is required, psychologists provide accurate information about their research proposals and obtain approval prior to conducting the research. They conduct the research in accordance with the approved research protocol.*

### **8.02 Informed Consent to Research**

*(a) When obtaining informed consent as required in Standard 3.10, Informed Consent, psychologists inform participants about (1) the purpose of the research, expected duration, and procedures; (2) their right to decline to participate and to withdraw from the research once participation has begun; (3) the foreseeable consequences of declining or withdrawing; (4) reasonably foreseeable factors that may be expected to influence their willingness to participate such as potential risks, discomfort, or adverse effects; (5) any prospective research benefits; (6) limits of confidentiality; (7) incentives for participation; and (8) whom to contact for questions about the research and research participants' rights. They provide opportunity for the prospective participants to ask questions and receive answers. (See also Standards 8.03, Informed Consent for Recording Voices and Images in Research; 8.05, Dispensing With Informed Consent for Research; and 8.07, Deception in Research.)*

*(b) Psychologists conducting intervention research involving the use of experimental treatments clarify to participants at the outset of the research (1) the experimental nature of the treatment; (2) the services that will or will not be available to the control group(s) if appropriate; (3) the means by which assignment to treatment and control groups will be made; (4) available treatment alternatives if an individual does not wish to participate in the research or wishes to withdraw once a study has begun; and (5) compensation for or monetary costs of participating including, if appropriate, whether reimbursement from the participant or a third-party payor will be sought. (See also Standard 8.02a, Informed Consent to Research.)*

### **8.03 Informed Consent for Recording Voices and Images in Research**

*Psychologists obtain informed consent from research participants prior to recording their voices or images for data collection unless (1) the research consists solely of naturalistic observations in public places, and it is not anticipated that the recording will be used in a manner that could cause personal identification or harm, or (2) the research design includes deception, and consent for the use of the recording is obtained during debriefing. (See also Standard 8.07, Deception in Research.)*

### **8.04 Client/Patient, Student, and Subordinate Research Participants**

*(a) When psychologists conduct research with clients/patients, students, or subordinates as participants, psychologists take steps to protect the prospective participants from adverse consequences of declining or withdrawing from participation.*

*(b) When research participation is a course requirement or an opportunity for extra credit, the prospective participant is given the choice of equitable alternative activities.*

### **8.05 Dispensing With Informed Consent for Research**

*Psychologists may dispense with informed consent only (1) where research would not reasonably be assumed to create distress or harm and involves (a) the study of normal educational practices, curricula, or classroom management methods conducted in educational settings; (b) only anonymous questionnaires, naturalistic observations, or archival research for which disclosure of responses would not place participants at risk of criminal or civil liability or damage their financial standing, employability, or reputation, and confidentiality is protected; or (c) the study of factors related to job or organization effectiveness conducted in organizational settings for which there is no risk to participants'*



*employability, and confidentiality is protected or (2) where otherwise permitted by law or federal or institutional regulations.*

#### 8.06 Offering Inducements for Research Participation

- (a) Psychologists make reasonable efforts to avoid offering excessive or inappropriate financial or other inducements for research participation when such inducements are likely to coerce participation.*
- (b) When offering professional services as an inducement for research participation, psychologists clarify the nature of the services, as well as the risks, obligations, and limitations. (See also Standard 6.05, Barter with Clients/Patients.)*

#### 8.07 Deception in Research

- (a) Psychologists do not conduct a study involving deception unless they have determined that the use of deceptive techniques is justified by the study's significant prospective scientific, educational, or applied value and that effective nondeceptive alternative procedures are not feasible.*
- (b) Psychologists do not deceive prospective participants about research that is reasonably expected to cause physical pain or severe emotional distress.*
- (c) Psychologists explain any deception that is an integral feature of the design and conduct of an experiment to participants as early as is feasible, preferably at the conclusion of their participation, but no later than at the conclusion of the data collection, and permit participants to withdraw their data. (See also Standard 8.08, Debriefing.)*

#### 8.08 Debriefing

- (a) Psychologists provide a prompt opportunity for participants to obtain appropriate information about the nature, results, and conclusions of the research, and they take reasonable steps to correct any misconceptions that participants may have of which the psychologists are aware.*
- (b) If scientific or humane values justify delaying or withholding this information, psychologists take reasonable measures to reduce the risk of harm.*
- (c) When psychologists become aware that research procedures have harmed a participant, they take reasonable steps to minimize the harm.*

#### 8.09 Humane Care and Use of Animals in Research

- (a) Psychologists acquire, care for, use, and dispose of animals in compliance with current federal, state, and local laws and regulations, and with professional standards.*
- (b) Psychologists trained in research methods and experienced in the care of laboratory animals supervise all procedures involving animals and are responsible for ensuring appropriate consideration of their comfort, health, and humane treatment.*
- (c) Psychologists ensure that all individuals under their supervision who are using animals have received instruction in research methods and in the care, maintenance, and handling of the species being used, to the extent appropriate to their role. (See also Standard 2.05, Delegation of Work to Others.)*
- (d) Psychologists make reasonable efforts to minimize the discomfort, infection, illness, and pain of animal subjects.*
- (e) Psychologists use a procedure subjecting animals to pain, stress, or privation only when an alternative procedure is unavailable and the goal is justified by its prospective scientific, educational, or applied value.*
- (f) Psychologists perform surgical procedures under appropriate anesthesia and follow techniques to avoid infection and minimize pain during and after surgery.*
- (g) When it is appropriate that an animal's life be terminated, psychologists proceed rapidly, with an effort to minimize pain and in accordance with accepted procedures.*

#### 8.10 Reporting Research Results

*(a) Psychologists do not fabricate data. (See also Standard 5.01a, Avoidance of False or Deceptive Statements.)*

*(b) If psychologists discover significant errors in their published data, they take reasonable steps to correct such errors in a correction, retraction, erratum, or other appropriate publication means.*

#### 8.11 Plagiarism

*Psychologists do not present portions of another's work or data as their own, even if the other work or data source is cited occasionally.*

#### 8.12 Publication Credit

*(a) Psychologists take responsibility and credit, including authorship credit, only for work they have actually performed or to which they have substantially contributed. (See also Standard 8.12b, Publication Credit.)*

*(b) Principal authorship and other publication credits accurately reflect the relative scientific or professional contributions of the individuals involved, regardless of their relative status. Mere possession of an institutional position, such as department chair, does not justify authorship credit. Minor contributions to the research or to the writing for publications are acknowledged appropriately, such as in footnotes or in an introductory statement.*

*(c) Except under exceptional circumstances, a student is listed as principal author on any multiple-authored article that is substantially based on the student's doctoral dissertation. Faculty advisors discuss publication credit with students as early as feasible and throughout the research and publication process as appropriate. (See also Standard 8.12b, Publication Credit.)*

#### 8.13 Duplicate Publication of Data

*Psychologists do not publish, as original data, data that have been previously published. This does not preclude republishing data when they are accompanied by proper acknowledgment.*

#### 8.14 Sharing Research Data for Verification

*(a) After research results are published, psychologists do not withhold the data on which their conclusions are based from other competent professionals who seek to verify the substantive claims through reanalysis and who intend to use such data only for that purpose, provided that the confidentiality of the participants can be protected and unless legal rights concerning proprietary data preclude their release. This does not preclude psychologists from requiring that such individuals or groups be responsible for costs associated with the provision of such information.*

*(b) Psychologists who request data from other psychologists to verify the substantive claims through reanalysis may use shared data only for the declared purpose. Requesting psychologists obtain prior written agreement for all other uses of the data.*

#### 8.15 Reviewers

*Psychologists who review material submitted for presentation, publication, grant, or research proposal review respect the confidentiality of and the proprietary rights in such information of those who submitted it.*

### **9. ASSESSMENT**

#### 9.01 Bases for Assessments

*(a) Psychologists base the opinions contained in their recommendations, reports, and diagnostic or evaluative statements, including forensic testimony, on information and techniques sufficient to substantiate their findings. (See also Standard 2.04, Bases for Scientific and Professional Judgments.)*

*(b) Except as noted in 9.01c, psychologists provide opinions of the psychological characteristics of individuals only after they have conducted an examination of the individuals adequate to support their statements or conclusions. When, despite reasonable efforts, such an examination is not practical, psychologists document the efforts they made and the result of those efforts, clarify the probable impact of their limited information on the reliability and validity of their opinions, and appropriately limit the nature and extent of their conclusions or recommendations. (See also Standards 2.01, Boundaries of Competence, and 9.06, Interpreting Assessment Results.)*

*(c) When psychologists conduct a record review or provide consultation or supervision and an individual examination is not warranted or necessary for the opinion, psychologists explain this and the sources of information on which they based their conclusions and recommendations.*

#### 9.02 Use of Assessments

*(a) Psychologists administer, adapt, score, interpret, or use assessment techniques, interviews, tests, or instruments in a manner and for purposes that are appropriate in light of the research on or evidence of the usefulness and proper application of the techniques.*

*(b) Psychologists use assessment instruments whose validity and reliability have been established for use with members of the population tested. When such validity or reliability has not been established, psychologists describe the strengths and limitations of test results and interpretation.*

*(c) Psychologists use assessment methods that are appropriate to an individual's language preference and competence, unless the use of an alternative language is relevant to the assessment issues.*

#### 9.03 Informed Consent in Assessments

*(a) Psychologists obtain informed consent for assessments, evaluations, or diagnostic services, as described in Standard 3.10, Informed Consent, except when (1) testing is mandated by law or governmental regulations; (2) informed consent is implied because testing is conducted as a routine educational, institutional, or organizational activity (e.g., when participants voluntarily agree to assessment when applying for a job); or (3) one purpose of the testing is to evaluate decisional capacity. Informed consent includes an explanation of the nature and purpose of the assessment, fees, involvement of third parties, and limits of confidentiality and sufficient opportunity for the client/patient to ask questions and receive answers.*

*(b) Psychologists inform persons with questionable capacity to consent or for whom testing is mandated by law or governmental regulations about the nature and purpose of the proposed assessment services, using language that is reasonably understandable to the person being assessed.*

*(c) Psychologists using the services of an interpreter obtain informed consent from the client/patient to use that interpreter, ensure that confidentiality of test results and test security are maintained, and include in their recommendations, reports, and diagnostic or evaluative statements, including forensic testimony, discussion of any limitations on the data obtained. (See also Standards 2.05, Delegation of Work to Others; 4.01, Maintaining Confidentiality; 9.01, Bases for Assessments; 9.06, Interpreting Assessment Results; and 9.07, Assessment by Unqualified Persons.)*

#### 9.04 Release of Test Data

*(a) The term test data refers to raw and scaled scores, client/patient responses to test questions or stimuli, and psychologists' notes and recordings concerning client/patient statements and behavior during an examination. Those portions of test materials that include client/patient responses are included in the definition of test data. Pursuant to a client/patient release, psychologists provide test data to the client/patient or other persons identified in the release. Psychologists may refrain from releasing test data to protect a client/patient or others from substantial harm or misuse or misrepresentation of the data or the test, recognizing that in many instances release of confidential information under these circumstances is regulated by law. (See also Standard 9.11, Maintaining Test Security.)*

*(b) In the absence of a client/patient release, psychologists provide test data only as required by law or court order.*

#### 9.05 Test Construction

*Psychologists who develop tests and other assessment techniques use appropriate psychometric procedures and current scientific or professional knowledge for test design, standardization, validation, reduction or elimination of bias, and recommendations for use.*

#### 9.06 Interpreting Assessment Results

*When interpreting assessment results, including automated interpretations, psychologists take into account the purpose of the assessment as well as the various test factors, test-taking abilities, and other characteristics of the person being assessed, such as situational, personal, linguistic, and cultural differences, that might affect psychologists' judgments or reduce the accuracy of their interpretations. They indicate any significant limitations of their interpretations. (See also Standards 2.01b and c, Boundaries of Competence, and 3.01, Unfair Discrimination.)*

#### 9.07 Assessment by Unqualified Persons

*Psychologists do not promote the use of psychological assessment techniques by unqualified persons, except when such use is conducted for training purposes with appropriate supervision. (See also Standard 2.05, Delegation of Work to Others.)*

#### 9.08 Obsolete Tests and Outdated Test Results

*(a) Psychologists do not base their assessment or intervention decisions or recommendations on data or test results that are outdated for the current purpose.*

*(b) Psychologists do not base such decisions or recommendations on tests and measures that are obsolete and not useful for the current purpose.*

#### 9.09 Test Scoring and Interpretation Services

*(a) Psychologists who offer assessment or scoring services to other professionals accurately describe the purpose, norms, validity, reliability, and applications of the procedures and any special qualifications applicable to their use.*

*(b) Psychologists select scoring and interpretation services (including automated services) on the basis of evidence of the validity of the program and procedures as well as on other appropriate considerations. (See also Standard 2.01b and c, Boundaries of Competence.)*

*(c) Psychologists retain responsibility for the appropriate application, interpretation, and use of assessment instruments, whether they score and interpret such tests themselves or use automated or other services.*

#### 9.10 Explaining Assessment Results

*Regardless of whether the scoring and interpretation are done by psychologists, by employees or assistants, or by automated or other outside services, psychologists take reasonable steps to ensure that explanations of results are given to the individual or designated representative unless the nature of the relationship precludes provision of an explanation of results (such as in some organizational consulting, preemployment or security screenings, and forensic evaluations), and this fact has been clearly explained to the person being assessed in advance.*

#### 9.11. Maintaining Test Security

*The term test materials refers to manuals, instruments, protocols, and test questions or stimuli and does not include test data as defined in Standard 9.04, Release of Test Data. Psychologists make reasonable*

*efforts to maintain the integrity and security of test materials and other assessment techniques consistent with law and contractual obligations, and in a manner that permits adherence to this Ethics Code.*

## **10. THERAPY**

### **10.01 Informed Consent to Therapy**

- (a) When obtaining informed consent to therapy as required in Standard 3.10, Informed Consent, psychologists inform clients/patients as early as is feasible in the therapeutic relationship about the nature and anticipated course of therapy, fees, involvement of third parties, and limits of confidentiality and provide sufficient opportunity for the client/patient to ask questions and receive answers. (See also Standards 4.02, Discussing the Limits of Confidentiality, and 6.04, Fees and Financial Arrangements.)*
- (b) When obtaining informed consent for treatment for which generally recognized techniques and procedures have not been established, psychologists inform their clients/patients of the developing nature of the treatment, the potential risks involved, alternative treatments that may be available, and the voluntary nature of their participation. (See also Standards 2.01e, Boundaries of Competence, and 3.10, Informed Consent.)*
- (c) When the therapist is a trainee and the legal responsibility for the treatment provided resides with the supervisor, the client/patient, as part of the informed consent procedure, is informed that the therapist is in training and is being supervised and is given the name of the supervisor.*

### **10.02 Therapy Involving Couples or Families**

- (a) When psychologists agree to provide services to several persons who have a relationship (such as spouses, significant others, or parents and children), they take reasonable steps to clarify at the outset (1) which of the individuals are clients/patients and (2) the relationship the psychologist will have with each person. This clarification includes the psychologist's role and the probable uses of the services provided or the information obtained. (See also Standard 4.02, Discussing the Limits of Confidentiality.)*
- (b) If it becomes apparent that psychologists may be called on to perform potentially conflicting roles (such as family therapist and then witness for one party in divorce proceedings), psychologists take reasonable steps to clarify and modify, or withdraw from, roles appropriately. (See also Standard 3.05c, Multiple Relationships.)*

### **10.03 Group Therapy**

*When psychologists provide services to several persons in a group setting, they describe at the outset the roles and responsibilities of all parties and the limits of confidentiality.*

### **10.04 Providing Therapy to Those Served by Others**

*In deciding whether to offer or provide services to those already receiving mental health services elsewhere, psychologists carefully consider the treatment issues and the potential client's/patient's welfare. Psychologists discuss these issues with the client/patient or another legally authorized person on behalf of the client/patient in order to minimize the risk of confusion and conflict, consult with the other service providers when appropriate, and proceed with caution and sensitivity to the therapeutic issues.*

### **10.05 Sexual Intimacies With Current Therapy Clients/Patients**

*Psychologists do not engage in sexual intimacies with current therapy clients/patients.*

### **10.06 Sexual Intimacies With Relatives or Significant Others of Current Therapy Clients/Patients**

*Psychologists do not engage in sexual intimacies with individuals they know to be close relatives, guardians, or significant others of current clients/patients. Psychologists do not terminate therapy to circumvent this standard.*

#### 10.07 Therapy With Former Sexual Partners

*Psychologists do not accept as therapy clients/patients persons with whom they have engaged in sexual intimacies.*

#### 10.08 Sexual Intimacies With Former Therapy Clients/Patients

*(a) Psychologists do not engage in sexual intimacies with former clients/patients for at least two years after cessation or termination of therapy.*

*(b) Psychologists do not engage in sexual intimacies with former clients/patients even after a two-year interval except in the most unusual circumstances. Psychologists who engage in such activity after the two years following cessation or termination of therapy and of having no sexual contact with the former client/patient bear the burden of demonstrating that there has been no exploitation, in light of all relevant factors, including (1) the amount of time that has passed since therapy terminated; (2) the nature, duration, and intensity of the therapy; (3) the circumstances of termination; (4) the client's/patient's personal history; (5) the client's/patient's current mental status; (6) the likelihood of adverse impact on the client/patient; and (7) any statements or actions made by the therapist during the course of therapy suggesting or inviting the possibility of a posttermination sexual or romantic relationship with the client/patient. (See also Standard 3.05, Multiple Relationships.)*

#### 10.09 Interruption of Therapy

*When entering into employment or contractual relationships, psychologists make reasonable efforts to provide for orderly and appropriate resolution of responsibility for client/patient care in the event that the employment or contractual relationship ends, with paramount consideration given to the welfare of the client/patient. (See also Standard 3.12, Interruption of Psychological Services.)*

#### 10.10 Terminating Therapy

*(a) Psychologists terminate therapy when it becomes reasonably clear that the client/patient no longer needs the service, is not likely to benefit, or is being harmed by continued service.*

*(b) Psychologists may terminate therapy when threatened or otherwise endangered by the client/patient or another person with whom the client/patient has a relationship.*

*(c) Except where precluded by the actions of clients/patients or third-party payors, prior to termination psychologists provide pretermination counseling and suggest alternative service providers as appropriate.*

#### **History and Effective Date Footnote**

*This version of the APA Ethics Code was adopted by the American Psychological Association's Council of Representatives during its meeting, August 21, 2002, and is effective beginning June 1, 2003. Inquiries concerning the substance or interpretation of the APA Ethics Code should be addressed to the Director, Office of Ethics, American Psychological Association, 750 First Street, NE, Washington, DC 20002-4242. The Ethics Code and information regarding the Code can be found on the APA web site, <http://www.apa.org/ethics>. The standards in this Ethics Code will be used to adjudicate complaints brought concerning alleged conduct occurring on or after the effective date. Complaints regarding conduct occurring prior to the effective date will be adjudicated on the basis of the version of the Ethics Code that was in effect at the time the conduct occurred.*

*The APA has previously published its Ethics Code as follows:*

*American Psychological Association. (1953). Ethical standards of psychologists. Washington, DC: Author.*

*American Psychological Association. (1959). Ethical standards of psychologists. American Psychologist, 14, 279-282.*

*American Psychological Association. (1963). Ethical standards of psychologists. American Psychologist, 18, 56-60.*

*American Psychological Association. (1968). Ethical standards of psychologists. American Psychologist, 23, 357-361.*

*American Psychological Association. (1977, March). Ethical standards of psychologists. APA Monitor, 22-23.*

*American Psychological Association. (1979). Ethical standards of psychologists. Washington, DC: Author.*

*American Psychological Association. (1981). Ethical principles of psychologists. American Psychologist, 36, 633-638.*

*American Psychological Association. (1990). Ethical principles of psychologists (Amended June 2, 1989). American Psychologist, 45, 390-395.*

*American Psychological Association. (1992). Ethical principles of psychologists and code of conduct. American Psychologist, 47, 1597-1611.*

*Request copies of the APA's Ethical Principles of Psychologists and Code of Conduct from the APA Order Department, 750 First Street, NE, Washington, DC 20002-4242, or phone (202) 336-5510.*

Ethics Code 2002.doc 10/8/02

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**Graduate School Forms  
INSTRUCTIONS FOR COMPLETING FORM FOR THE DOCTORAL DEGREE**

Please submit **two** copies of your typewritten program to the Graduate School. Upon approval, copies will be returned to the student, the chair of the major department, the chair of the minor department, and the chair of the Thesis Committee. **See *Deadlines and Procedures*** (<http://www.wsu.edu/~gradsch/Forms3.htm - tabsum>). Preparation of the program is the responsibility of the student in consultation with the advisor and doctoral committee.

***Approval for use of human subjects or animals in research is required. If the student plans to utilize human or animal subjects for research, please contact either the Office of Grant and Research Development or the Laboratory Animal Resources Center. Please note that Departments/Programs should ensure that all procedures have been followed and forms filed with the appropriate offices; they can also determine the appropriateness of such narrative within the thesis or dissertation. The Graduate School only seeks verification that University approval has been granted.***

**FRONT OF FORM**

If a definite dissertation title has not been decided upon, the general subject area should be listed. Please obtain appropriate departmental and committee members' signatures. Items concerning the preliminary examination, program approval, and the date of completion are reserved for the Office of the Graduate School.

The doctoral committee must include an advisor and two other Graduate Faculty members with the advisor serving as chair of the committee. A fourth member who holds the highest appropriate degree and whose special knowledge is particularly important to the proposed program, but who is not a member of the Graduate Faculty, may be appointed to the committee and shall vote. At least one member of the committee must be from the minor department if a minor is declared on the doctoral program. When no minor is declared, no outside member is required. However, when outside supporting work is included in the program an outside member is recommended.

**BACK OF FORM**

The student should supply appropriate information regarding courses taken and proposed, utilizing the WSU Catalog, Graduate Study Bulletin, WSU academic records, and official transcripts from other institutions. Transfer credit, if requested, should be reported exactly as it appears on the original transcript. Transfer credit should be reported in semester hours.

- I. The CORE PROGRAM for the Ph.D. degree must include a minimum of 34 semester hours of graded coursework beyond the bachelors degree. The core program for the Ed.D. degree must include a minimum of 42 semester hours of graded coursework beyond the bachelor's degree. It should include the most advanced courses appropriate to the field of study listed in the *Graduate Study Bulletin* or approved for graduate credit subsequent to the printing of the *Bulletin*. Of the minimum number of hours required on the program of study (34 or 42), up to 9 credits of non-graduate credit (300- or 400-level) may be used. Graded seminars numbered 500 or above may be a part of the core program. Courses graded S/F may not be used in the core program. Only those master's degree and transfer courses at a level equivalent to 400-and 500-level courses, and applicable to the doctoral core program, should be listed in this category. **Any course included in the advanced degree program in which a grade of "C-" or below is earned must be repeated but not on a pass/fail basis.**
  
- II. In addition to the core requirement, the program shall show RESEARCH AND ADDITIONAL STUDIES. This includes Special Projects **600**, and Doctoral Research **800** (minimum of 20 hours). This category also may include additional graded or S/F courses and seminars taken at Washington State University. The program may not include courses graded P/F or courses that are audited. Credit in this category, plus that in the core program, must total at least 72 hours.

The minimum requirements for a D.A. program are described in the *Graduate School Policies and Procedures Manual*.



## The Graduate School PROGRAM FOR DOCTORAL DEGREE

ID # \_\_\_\_\_ DATE \_\_\_\_\_

NAME \_\_\_\_\_ E-Mail \_\_\_\_\_

LOCAL ADDRESS \_\_\_\_\_ TELEPHONE \_\_\_\_\_

By-Passing Master's Degree?  Yes  No

**DEGREE SOUGHT:**

Ph.D. Major \_\_\_\_\_

Ed.D. \_\_\_\_\_

D.A. Minor \_\_\_\_\_

Dissertation Subject \_\_\_\_\_

Doctoral Committee Recommended: (If a minor is chosen, the minor field must be represented on the Committee)

Print/type name	Signatures
_____ (Chair)	_____ (Chair)
_____	_____
_____	_____
_____	_____

Unless notified otherwise by the Graduate School, the above faculty members will be appointed to the doctoral committee.

Program Recommended: Chair, Major Department \_\_\_\_\_ Date \_\_\_\_\_

Program Recommended: Chair, Minor Department(s) \_\_\_\_\_ Date \_\_\_\_\_

Program Approved: Dean, Graduate School \_\_\_\_\_ Date \_\_\_\_\_

### Summary of Previous Education

College/University Attended	Period	Degrees and Dates Awarded
_____	_____	_____
_____	_____	_____
_____	_____	_____

### (OFFICE USE ONLY)

Preliminary Examination Passed \_\_\_\_\_  
(date)

Program subject to completion by end of \_\_\_\_\_  
(date)

Doctoral Program for \_\_\_\_\_  
(Name)

Course Prefix & Number	Complete Catalog Title	Credit	Grade	Sem/Qtr/Year Chronological Order	WSU Instructor or other Institution
------------------------	------------------------	--------	-------	----------------------------------	-------------------------------------

I. CORE PROGRAM:  
Transfer Courses:

SUBTOTAL CORE PROGRAM (34 hours minimum for Ph.D.)  
(42 hours minimum for Ed.D. and 45 hours minimum for D.A.) \_\_\_\_\_

II. RESEARCH AND ADDITIONAL STUDIES:

600 Special Projects or Independent Study \_\_\_\_\_

800 Doctoral Research, Thesis and/or Examination \_\_\_\_\_

Other: (Additional graded or S/F courses taken at WSU) \_\_\_\_\_

SUBTOTAL RESEARCH AND ADDITIONAL WORK \_\_\_\_\_

*TOTAL CREDIT HOURS: (72 hours minimum)* \_\_\_\_\_

**APPENDIX F**

**Departmental Practicum Forms  
WASHINGTON STATE UNIVERSITY  
Department of Educational Leadership and Counseling Psychology  
University-Agency Practicum Agreement**

Name of Student \_\_\_\_\_ Date \_\_\_\_\_

Home Address \_\_\_\_\_  
Street City/State Zip

Telephone-Home \_\_\_\_\_ Office \_\_\_\_\_

Agency in which practicum will be performed \_\_\_\_\_

Name of agency administrator \_\_\_\_\_

Agency Address \_\_\_\_\_  
Street City/State Zip

Agency Telephone \_\_\_\_\_

Name of immediate counselor supervisor \_\_\_\_\_

Supervisor Telephone \_\_\_\_\_

Approved by:

\_\_\_\_\_  
Counselor Supervisor

\_\_\_\_\_  
Chief Agency Administrator

\_\_\_\_\_  
Title

Washington State University  
 Department of Educational Leadership & Counseling Psychology  
 Counseling Psychology Doctoral Practicum Evaluation Form

Name \_\_\_\_\_ (Supervisee)      Setting \_\_\_\_\_  
 Name \_\_\_\_\_ (Supervisor)      Date \_\_\_\_\_  
 Semester \_\_\_\_\_ Year \_\_\_\_\_  
 Level: Beginning \_\_\_\_\_ Advanced \_\_\_\_\_

Instructions: Answer items according to the following scale:

- 1 = counselor's performance is unsatisfactory for his or her level
- 2 = counselor's performance is needs improvement for his or her level
- 3 = counselor's performance is satisfactory for his or her level
- 4 = counselor's performance exceeds expectations for his or her level
- 5 = counselor's performance is excellent for his or her level

**Items**

**Scale**

**I. Skilled Counseling Practitioners:**

Please rate the student's overall ability to apply theory, assessments, diagnoses, and appropriate interventions at a level consistent with his or her level of training.

1      2   3   4   5      NA

**A. RELATIONSHIP WITH CLIENT**

- |   |   |   |   |   |   |    |
|---|---|---|---|---|---|----|
| 1. Awareness of and sensitivity to client's non-verbal behavior.                    | 1 | 2 | 3 | 4 | 5 | NA |
| 2. Understands client's feelings and communicates this understanding to the client. | 1 | 2 | 3 | 4 | 5 | NA |
| 3. Uses language and terms appropriate for client and client's concern.             | 1 | 2 | 3 | 4 | 5 | NA |
| 4. Conveys counseling atmosphere of trust and safety.                               | 1 | 2 | 3 | 4 | 5 | NA |
| 5. Encourages client to accept responsibility in relationship                       | 1 | 2 | 3 | 4 | 5 | NA |
| 6. Recognizes and deals with resistance.  | 1 | 2 | 3 | 4 | 5 | NA |
| 7. Understands client's impact on self.   | 1 | 2 | 3 | 4 | 5 | NA |

**B. COUNSELING TREATMENT AND TECHNIQUES**

- |   |   |   |   |   |   |    |
|---|---|---|---|---|---|----|
| 1. Uses both closed- and open-ended questions as appropriate. | 1 | 2 | 3 | 4 | 5 | NA |
|---|---|---|---|---|---|----|

2. Begins and ends interview in an appropriate manner.	1	2	3	4	5	NA
3. Encourages the client to be specific and concrete; uses behavioral descriptions.	1	2	3	4	5	NA
4. Handles silence and uses it effectively in treatment.	1	2	3	4	5	NA
5. Can be appropriately confrontive and immediate.	1	2	3	4	5	NA
6. Introduces client to and prepares client for testing appropriately.	1	2	3	4	5	NA
7. Interprets test results effectively to client.	1	2	3	4	5	NA
8. Establishes appropriate short-term goals.	1	2	3	4	5	NA
9. Discriminates short-term from long-term goals.	1	2	3	4	5	NA
10. Recognizes own limitations in treating a particular client.	1	2	3	4	5	NA
11. Has understanding of and skill in using a variety of treatment approaches.	1	2	3	4	5	NA

**C. CONCEPTUALIZATION**

1. Ties together seemingly discrete and isolated components of client's behavior.	1	2	3	4	5	NA
2. Generates hypotheses concerning client behavior and dynamics.	1	2	3	4	5	NA
3. Writes conceptualizations which are clear and understandable; also concise and "to the point."	1	2	3	4	5	NA
4. Utilizes test results in the conceptualization of the client.	1	2	3	4	5	NA
5. Identifies areas of client functioning where further assessment is needed.	1	2	3	4	5	NA
6. Provides rationale for conceptualization based on psychological theory and research.	1	2	3	4	5	NA
7. Provides rationale for conceptualization based on client data.	1	2	3	4	5	NA
8. Formulates appropriate interventions based on conceptualization.	1	2	3	4	5	NA

**D. RELATIONSHIP WITH SUPERVISOR**

1. Is free from defensiveness and willing to admit mistakes.	1	2	3	4	5	NA
2. Assumes responsibility in an appropriate manner.	1	2	3	4	5	NA
3. Actively solicits feedback from supervisor.	1	2	3	4	5	NA

4. Uses persons other than supervisor for skill development.	1	2	3	4	5	NA
5. Is willing to be assertive with supervisor.	1	2	3	4	5	NA
6. Shows willingness to be observed and evaluated.	1	2	3	4	5	NA
7. Critiques and analyzes own taped interview(s).	1	2	3	4	5	NA
8. Attends supervisory sessions on time and regularly.	Yes	Usually	No	N/A		

**II. ETHICS AND PROFESSIONALISM: Professional and Ethical Scholars and Practitioners:**

Please rate the student's overall ability to consistently apply accepted ethical and legal standards to his or her work and exhibit professional integrity

	1	2	3	4	5	NA
--	---	---	---	---	---	----

1. Uses information concerning referral sources appropriately with clients.	1	2	3	4	5	NA
2. Understands agency functioning and procedures.	1	2	3	4	5	NA
3. Relates effectively with agency support staff.	1	2	3	4	5	NA
4. Provides responsible feedback and critiquing to others.	1	2	3	4	5	NA
5. Demonstrates awareness of appropriate ethical codes.	1	2	3	4	5	NA
6. Critiques and analyzes own interview(s).	1	2	3	4	5	NA
7. Keeps scheduled appointments with clients.	1	2	3	4	5	NA
8. Is on time for scheduled appointment	Yes	Usually	No	N/A		
9. Writes closing notes for case file	Yes	Usually	No	N/A		
10. Keeps client materials confidential and secure.	Yes	Usually	No	N/A		
11. Makes contact quickly with a client who missed an appointment.	Yes	Usually	No	N/A		
12. Has a system of keeping regular up-to-date case notes.	Yes	Usually	No	N/A		

**III. ISSUES OF DIVERSITY: Sensitivity to Issues of Diversity and Ability to Integrate into Respective Professional roles:**

Please rate the student's overall awareness, knowledge, and skills necessary to address issues of multiculturalism and human diversity broadly defined.

	1	2	3	4	5	NA
--	---	---	---	---	---	----

Please rate his or her ability to advocate for the needs and issues of various client populations	1	2	3	4	5	NA
1. Displays an awareness of his or her own racial and cultural identity development and its impact on the counseling process.	1	2	3	4	5	NA
2. Is aware of his or her own values, biases, and assumptions about other racial and cultural groups and does not let these biases and assumptions impede the counseling process.	1	2	3	4	5	NA
3. Exhibits a respect for cultural differences among clients.	1	2	3	4	5	NA
4. Is aware of the cultural values of each client as well as of the uniqueness of each client within the client's racial and cultural group identification.	1	2	3	4	5	NA
5. Is sensitive to nonverbal and paralanguage cross-cultural communication clues.	1	2	3	4	5	NA
6. Demonstrates the ability to assess the client's level of acculturation and to use this information in working with the client to implement culturally sensitive counseling.	1	2	3	4	5	NA
7. Displays an understanding of how race, ethnicity, and culture influence the treatment, status, and life chances of clients.	1	2	3	4	5	NA
8. Is able to help the client sort out the degree to which the client's issues or problems are exacerbated by limits and regulations of the larger society.	1	2	3	4	5	NA

**IV. Effectiveness in Consultation, Collaboration, Communication, and Human Relations Skills across Professional Contexts:**

Please rate the student on his or her overall effectiveness in consulting roles, collaborating and communicating with various people and organizations, and building and maintaining professional relationships in a variety of settings.	1	2	3	4	5	NA
1. Demonstrates knowledge and skills in consultation and outreach with individuals and groups across multiple contexts.	1	2	3	4	5	NA
2. Demonstrates the ability to apply effective communication and relationship building skills consultation and outreach activities,	1	2	3	4	5	NA
3. Demonstrates effective communication in workshop presentations and outreaches in various settings.	1	2	3	4	5	NA

- |  |   |   |   |   |   |    |
|--|---|---|---|---|---|----|
| 4. Demonstrates the ability to assess and evaluate the outcomes and effectiveness of consultation interventions. | 1 | 2 | 3 | 4 | 5 | NA |
|--|---|---|---|---|---|----|

**V. Development of a Professional Identity Appropriate for Future Career Plans:**

Please rate the student on his or her development of a professional identity as a Counseling Psychologist for her or his level of training.

- |  |   |   |   |   |   |    |
|--|---|---|---|---|---|----|
| 1. Demonstrates knowledge of roles and activities of Counseling Psychologists including the remedial, preventive, educative and developmental. | 1 | 2 | 3 | 4 | 5 | NA |
| 2. Understands the ways these professional roles are implemented through a focus on lifespan development and strengths.                        | 1 | 2 | 3 | 4 | 5 | NA |
| 3. Perform career-related activities consistent with professional counseling psychology and area of specialty.                                 | 1 | 2 | 3 | 4 | 5 | NA |



**To the practicum student:** Please comment on your supervisor's perception of your strengths, weaknesses and grade recommendation.

Supervisee signature \_\_\_\_\_

**To the supervisor:** Please comment on your perceptions of the practicum student's major strengths and weaknesses, including your recommendation for a grade in practicum.

Supervisor signature \_\_\_\_\_

Semester Summary of Practicum Hours: Documentation Form

This form allows students to document their experience in therapy and other psychological interventions, in a format consistent with the Application for Psychology Internships (AAPI). Thus, while this form lists a wide range of experiences that one might have had, no one will have all these experiences, either in one semester or even at the end of training. In short, each student will have many blank areas on the form.

The AAPI counts only hours for which you received formal academic training and credit or which was a program-sanctioned training experience (e.g., VA summer traineeship). APPIC also requires that all practicum hours must be supervised. Thus, EACH semester you engage in ANY kind of therapy/intervention hours meeting the above description, you must fill out those parts of this form that apply and have the form signed by the supervising psychologist or faculty member. Hence, prior to internship, you will need to only total the hours across each of your semester documentation forms.

In filling out this form, please note the following definitions used by APPIC:

- **Practicum hour** - A practicum hour is a clock hour not a semester hour. A 45- 50 minute client hour may be counted as one practicum hour.

Also, please note that Items 1 - 3 below are meant to be mutually exclusive; thus, any practicum hour should not be counted more than once across these items. You may have some experiences that could potentially fall under more than one category, but it is your responsibility to select the category that best captures your experiences.

**One form MUST be filled out for each practicum/field placement you do. Thus, if you complete two placements in one semester, you must fill out two forms.**

-----  
STUDENT NAME: \_\_\_\_\_ STUDENT #: \_\_\_\_\_

COURSE #: \_\_\_\_\_ CREDIT HOURS: \_\_\_\_\_ SEMESTER/YEAR: \_\_\_\_\_

COURSE INSTRUCTOR: \_\_\_\_\_

SUPERVISOR: \_\_\_\_\_ ACADEMIC ADVISOR: \_\_\_\_\_

SETTING IN WHICH HOURS TOOK PLACE: \_\_\_\_\_

Circle Setting Type: Child Guidance Clinic; Community Mental Health Center; Department Clinic; Forensic/Justice Setting; Inpatient Hospital; Military; Outpatient Medical/Psychiatric Clinic and Hospital; University Counseling Center; Schools; Other (specify: \_\_\_\_\_)

SIGNATURES (DATES) OF PRACTICUM INSTRUCTOR: \_\_\_\_\_

SIGNATURE (DATE) OF SUPERVISOR: \_\_\_\_\_

SIGNATURE OF STUDENT: \_\_\_\_\_

1. **INTERVENTION AND ASSESSMENT EXPERIENCE-** In this section, record actual clock hours in direct service to clients/patients. Hours should not be counted in more than one category. Time spent gathering information about the client/patient, but not in the actual presence of the client/patient, should be recorded under Support Activities below. For the first column, count each hour of a group, family, or couples session as one practicum hour. For example, a two-hour group session with 12 adults is counted as two hours. For the second column, count a couple, family, or group as one (1) unit. For example, meeting with a group of 12 adults over a ten-week period counts as one (1) group.

	Total # of hours face-to-face	# of different individuals, groups, couples, etc.
<b>a. Individual Therapy</b>		
1) Older Adults (65+)	_____	_____
2) Adults (18-64)	_____	_____
2) Adolescents (13 – 17)	_____	_____
3) School-Age (6 – 12)	_____	_____
4) Pre-School Age (3 – 5)	_____	_____
5) Infants / Toddlers (0 –2)	_____	_____
<b>b. Career Counseling</b>		
1) Adults	_____	_____
2) Adolescents	_____	_____
<b>c. Group Therapy</b>		
1) Adults	_____	_____
2) Adolescents (13 – 17)	_____	_____
3) Children (12 and under)	_____	_____
<b>d. Family Therapy</b>	_____	_____
<b>e. Couples Therapy</b>	_____	_____
<b>f. School Counseling Interventions</b>		
1) Consultation	_____	_____
2) Direct intervention	_____	_____
3) Other	_____	_____
<b>g. Other Psychological Interventions</b>		
1) Sport Psychology/ Performance Enhancement	_____	_____
2) Medical/Health –Related Interventions	_____	_____
3) Intake Interview/Structured Assessment	_____	_____
4) Substance Abuse Interventions	_____	_____
5) Other Interventions (i.e., milieu therapy, treatment planning w/patient present)	_____	_____

Describe nature of experience if g5:

**h. Psychological Assessment Experience:** This is the total estimated number of face-to-face client contact hours administering and providing feedback to clients. This does not include time spent scoring and/or report writing, which should be included under item 2, below (“Support Activities”). Information about tests administered is recorded below also, under #4.

Total # hours face-to-face

- 1) Psychodiagnostic Test Administration<sup>1</sup> \_\_\_\_\_
- 2) Neuropsychological Assessment<sup>2</sup> \_\_\_\_\_

**i. Other Psychological Experience with Students and/or Organizations**

- 1) Supervision of other students performing intervention and assessment activities \_\_\_\_\_
- 2) Program Development/Outreach Programming \_\_\_\_\_
- 3) Outcome Assessment of programs or projects \_\_\_\_\_
- 4) System Intervention/Organizational Consultation/Performance Improvement \_\_\_\_\_
- 5) Other (specify: \_\_\_\_\_) \_\_\_\_\_

**Total Intervention and Assessment Hours:**

**Add the number of hours included in 1a through 1i above** \_\_\_\_\_

2. **SUPPORT ACTIVITIES** - Record time spent outside the counseling/therapy hour focused on the client/patient (e.g., chart review, writing process notes, consulting with other professionals about cases, video/audio tape review, planning interventions, assessment interpretation and report writing. In addition, it includes the hours spent in your practicum site in didactic training, such as attending seminars:

**TOTAL SUPPORT HOURS:** \_\_\_\_\_

- 3. **SUPERVISION RECEIVED** - Supervision is divided into one-to-one and group supervision/consultation as well as supervisor categories: Licensed psychologist, licensed allied mental health professional and other supervision (e.g. advanced graduate student.) Supervision provided to others should be counted in item 1i-1 above.

Item 3a: Hours are defined as regularly scheduled, face-to-face individual supervision with specific intent of overseeing the psychological services rendered by the student.

Item 3b: The hours recorded in the group supervision category should be actual hours of group focus on specific cases. Many practicum courses incorporate both didactic and experiential components. The didactic portion should not be recorded as a supervision activity; it should instead be recorded as a support activity in Item 2 above. This may necessitate breaking the hours spent in a practicum course into intervention, supervision, and didactic activities by actual course hours. For example, if you present on the “Psychosocial Issues of HIV Infection” using examples of cases, it is a didactic activity. Attendance at in-service education on specific topics would not be considered supervision for the purposes of documenting practicum hours, but would be considered a support activity.

- a. Hours spent one-on-one, face-to-face supervision
  - By a licensed psychologist \_\_\_\_\_
  - By a licensed allied mental health professional \_\_\_\_\_
  - Other (e.g. advanced graduate student) \_\_\_\_\_

---

<sup>1</sup> Includes symptom assessment, projectives, personality, objective measures, achievement, intelligence, and career assessment, and providing feedback to clients

<sup>2</sup> Includes intellectual assessment in this category only when it was administered in the context of neuropsychological assessment involving the evaluation of multiple cognitive, sensory, and motor functions.

- b. Hours spent in group supervision:
  - By a licensed psychologist \_\_\_\_\_
  - By a licensed allied mental health professional \_\_\_\_\_
  - Other (e.g. advanced graduate student) \_\_\_\_\_

**TOTAL SUPERVISION HOURS** (add 3a, and 3b): \_\_\_\_\_

4. **SEMESTER TOTAL SUMMARY OF PRACTICUM HOURS** - This section summarizes the total number of practicum hours described above.

- a. Total Intervention and Assessment Hours (item 1): \_\_\_\_\_
- b. Total Support Hours (item 2): \_\_\_\_\_
- c. Total Supervision Hours (item 3): \_\_\_\_\_

**GRAND TOTAL** \_\_\_\_\_

5. **TREATMENT SETTING** – The APPIC application will ask for hours by treatment setting. Remember to circle treatment setting on page one.

6. **OTHER INFORMATION ABOUT YOUR PRACTICUM OR WORK EXPERIENCE**

- a. List types of groups led or co-led: \_\_\_\_\_
- b. Did you gain any experience with Managed Care Providers this semester? **Yes No**
- c. Have you audio or videotaped clients and reviewed these tapes with your clinical supervisor?  
Audiotape review: **Yes No**; Videotape review: **Yes No**
- c. Please indicate the number of clients/patients seen for each of the following diverse populations this semester. You may provide additional information or comments. Include clients for whom you performed assessments or intake interviews. For this item, you may include a single client in more than one category as appropriate. For families and/or couples, please count each individual separately.

# of Different Clients Seen

Race/Ethnicity

- African-American / Black/ African Origin \_\_\_\_\_
- Asian-American / Asian Origin /Pacific Islander \_\_\_\_\_
- Latino-a / Hispanic \_\_\_\_\_
- American Indian / Alaska Native / Aboriginal Canadian \_\_\_\_\_
- European Origin/ White \_\_\_\_\_
- Bi-racial / Multi-racial \_\_\_\_\_
- Other (Specify: \_\_\_\_\_) \_\_\_\_\_

# of Different Clients Seen

Sexual Orientation:

- Heterosexual \_\_\_\_\_
- Gay \_\_\_\_\_
- Lesbian \_\_\_\_\_
- Bisexual \_\_\_\_\_
- Other (specify: \_\_\_\_\_) \_\_\_\_\_

Disabilities

- Physical/Orthopedic Disability \_\_\_\_\_
- Blind/Visually Impaired \_\_\_\_\_
- Deaf/Hard of Hearing \_\_\_\_\_
- Learning/Cognitive Disability \_\_\_\_\_
- Developmental Disability \_\_\_\_\_
- Serious Mental Illness \_\_\_\_\_
- Other (specify: \_\_\_\_\_) \_\_\_\_\_

Gender:

- Male \_\_\_\_\_
- Female: \_\_\_\_\_

Comments:

7. **OTHER CLINICAL EXPERIENCES** - Please describe any other clinical work done this semester in settings or activities that are not described above. This includes professional work experiences separate from practicum/field placement. Please note that the APPIC application will ask for this, so please keep good records. The APPIC application allows this to be included in narrative form or in a format similar to that used above.

**8. TEST ADMINISTRATION**

Please indicate all instruments used this semester, excluding practice administrations to fellow students. Please indicate the number of tests you administered and scored in the first column and the number you administered, scored, interpreted, and wrote a report for in the second column.

**ADULT TESTS**

<u>Name of Test</u>	<u># Administered # of Reports and Scored</u>	<u>Written</u>
Bender Gestalt	_____	_____
Millon Clinical Multi-Axial Inv. III (MCMI)	_____	_____
MMPI-II	_____	_____
Myers-Briggs Type Indicator	_____	_____
Personality Assessment Inventory	_____	_____
Projective Sentences	_____	_____
Projective Drawings	_____	_____
Rorschach (Scoring System: _____)	_____	_____
Self-Report measures of symptoms/disorders	_____	_____
Strong Interest Inventory	_____	_____
Structured Diagnostic Inventories	_____	_____
TAT	_____	_____
Trail Making Test A & B	_____	_____
WAIS – III	_____	_____
Wechsler Memory Scale III	_____	_____
Other Tests:		
_____	_____	_____
_____	_____	_____
_____	_____	_____

**CHILD AND ADOLESCENT TESTS**

# Administered # of Reports

<u>Name of Test</u>	<u>and Scored</u>	<u>Written</u>
Connors Scales (ADD assessment)	_____	_____
Diagnostic Interviews	_____	_____
MMPI - A	_____	_____
Parent Report Measures	_____	_____
Peabody Picture Vocabulary Test	_____	_____
Rorschach (Scoring System:_____)	_____	_____
WISC-III	_____	_____
WPPSI-R	_____	_____
WRAT	_____	_____
<u>Other Tests:</u>	_____	_____
_____	_____	_____

**INTEGRATED REPORT WRITING**

How many carefully supervised integrated psychological reports have you written this semester? An integrated report includes a history, an interview, and at least two tests from the following categories: personality assessment (objective and/or projective), intellectual assessment, cognitive assessment, and/or neuropsychological assessment. These are synthesized into a comprehensive report providing an overall picture of the patient/client. Indicate below how many you have written this semester for each of the following populations:

- a. Adults: \_\_\_\_\_                      b. Children/Adolescents: \_\_\_\_\_



## APPENDIX G

### Student Annual Review Forms Counseling Psychology Program Faculty Annual Review of Doctoral Students

Student: \_\_\_\_\_ Advisor: \_\_\_\_\_ Academic year/date of review: \_\_\_\_\_

#### 1. Time Line Items

Year in program: 1<sup>st</sup>    2<sup>nd</sup>    3<sup>rd</sup>    4<sup>th</sup>    5<sup>th</sup>    6<sup>th</sup>    Other/comments: \_\_\_\_\_

Does the student have an approved program on file in the Office of Graduate Studies? Yes    No  
Committee members \_\_\_\_\_

Describe the status of the student's progress on each of the following program benchmarks:

Preliminary Exam (Specialty Paper):	Completed	On schedule	Behind schedule
Empathy competency:	Completed	On schedule	Behind schedule
Theory competency:	Completed	On schedule	Behind schedule
Assessment competency:	Completed	On schedule	Behind schedule
Dissertation progress:	Completed	On schedule	Behind schedule
Pre-doctoral internship:	Completed	On schedule	Behind schedule

Has the student been granted a degree extension? No    1<sup>st</sup>    2<sup>nd</sup>    3<sup>rd</sup>

Has the student turned in all practicum logs that are due? Yes    No    Not applicable

#### 2. Overall Academic Performance

Most recent cumulative GPA in program: \_\_\_\_\_

List any courses with grades below "B": \_\_\_\_\_

List any courses with incomplete ("I") grades: \_\_\_\_\_

#### 3. Progress on Learning Goals

##### I. Skilled counseling practitioners

Information for evaluation.

All Co Psy Courses with a grade of B or higher? Yes \_\_\_

If not - Course \_\_\_\_\_ Grade \_\_\_

Number of items rated below a 3 on practicum evaluation forms

Fall \_\_\_\_\_ Spring \_\_\_\_\_

Feedback from mid-semester conference with practicum sites

Feedback from end of semester conference with practicum sites

Doctoral Practitioner Competencies

Evaluation

- A. The student has performed adequately in classroom courses relevant to the development or demonstration of counseling skills? (e.g., counseling theories and interventions courses, group counseling, career counseling, assessment, life span development and counseling issues)

Excellent    Satisfactory    Unsatisfactory (specify)    Comments:

- B. Has the student demonstrated counseling skills appropriate to his/her level of development in the student's practica/internship settings and associated practicum classes? (i.e., CoPsy 551-3, 597).

Excellent    Satisfactory    Unsatisfactory (specify)    Comments:

II. Skilled scholars/researchers as appropriate to professional roles

Information for evaluation – as appropriate for year in the program.

All Ed Psy Courses with a grade of B or higher	Yes	
If not - Course _____	Grade _____	
Grade S in Co Psy 590	Yes	NA
Grade of S in Co Psy 600 for independent research	Yes	NA
Passing the Ph.D. preliminary exam based on the research specialty paper with minor versus major revisions.	Yes	NA
Successful defense of the dissertation proposal – minor versus major revisions.	Yes	NA
Passing the final dissertation defense.	Yes	NA
Timely completion of dissertation (Within 4 years of completing the research competency/doctoral prelim as per the WSU graduate school)	Yes	NA
Presentations at national, international or local conference(s) during the current academic year		

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Authored, co-authored articles, books, or chapters during this academic year \_\_\_\_\_

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Evaluation

- A. The student has demonstrated adequate performance in courses that address the scholar/researcher aspects of the program? (e.g., research methods, statistics, program evaluation, measurement)

Excellent    Satisfactory    Unsatisfactory (specify)    Comments:

- B. The student has exhibited evidence of research involvement (e.g., presentations, publications, CoPsy 600 activities, other research activity)?

Excellent      Satisfactory      Unsatisfactory (specify)      Comments:

C. The student has made adequate progress on his/her dissertation?

Excellent      Satisfactory      Unsatisfactory (specify)      Comments:

D. Rate the quality of the student's writing skills.

Poor      Fair      Good      Very good      Excellent      Comments:

E. Rate the quality of the student's oral presentation skills (e.g., in class, D-1, etc.)

Poor      Fair      Good      Very good      Excellent      Comments:

### III. Professional and ethical scholars and practitioners

Information for evaluation.

Grade of B or higher in Co Psy 515	Yes	NA
Grade of B or higher in CoPsy 501	Yes	NA
Number of site supervisors rating of 3 or higher on the practicum evaluation form on all items related to professional and ethical behavior. _____		

Evaluation

A. The student consistently demonstrates adequate performance in courses that address the professional and ethical aspects of the program? (e.g., CoPsy 515 Professional and Ethical Issues)

Excellent      Satisfactory      Unsatisfactory (specify)      Comments:

B. The student demonstrates appropriate professional and ethical behavior in the program and during internship experiences, including in-class behaviors, work habits, interactions with faculty, staff, and students?

Excellent      Satisfactory      Unsatisfactory (specify)      Comments:

### IV. Sensitivity to issues of diversity and ability to integrate into respective professional roles

Information to be considered

Grades of B or higher in Co Psy 525	Yes	NA
Grades of B or higher in CoPsy 542	Yes	NA
Number of site supervisor ratings of 3 or higher on the practicum evaluation form on all items related to diversity and the ability to integrate their knowledge into their professional roles.		

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Evaluation:

The student exhibits sensitivity to issues of diversity and ability to integrate this sensitivity into respective professional roles (e.g., in CoPsy 525, as students, colleagues, and counselors)?

Excellent      Satisfactory      Unsatisfactory (specify)      Comments:

V. Effective in consultation, collaboration, communication, and human relations skills across professional roles

Information to be considered.

Grade of B or Higher in Co Psy 529 and Ed Psy 570. \_\_\_\_\_

Number of site supervisor ratings of 3 or higher on practicum evaluations on all items related to consultation, collaboration, communication, and human relations skills \_\_\_\_\_

Evaluation

The student demonstrates in consultation, collaboration, communication, and human relations skills across professional roles (e.g., in class; with faculty, students, and staff; at internship sites; openness to feedback)?

Excellent      Satisfactory      Unsatisfactory (specify)      Comments:

VI. Development of professional identity appropriate for future career plans

Information to be considered

Membership/participation in professional organizations  
Professional presentations/publication

Information about professional goals and steps taken to further them from the student's self study

Evaluation

The student is making appropriate progress in the development of professional identity appropriate to future career plans (e.g., membership in professional organizations, program/committee participation, conference/workshop participation, identification of career path)?

Excellent      Satisfactory      Unsatisfactory (specify)      Comments:

Readiness for practicum – If student is a first year student, does that student demonstrate the knowledge and skills appropriate for entry to practicum.

Yes \_\_\_\_\_

No. Specify areas for remediation and the remediation plan.

NA

**4. Expectations/comments to be communicated to the student in their annual evaluation letter:**

WSU Counseling Psychology Ph.D. Program  
Student Annual Review Form

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Student name: \_\_\_\_\_

Instructions: The WSU Graduate School and APA accreditation policies require that a training program review the progress of each of its students on an annual basis. We hope the format we have adopted for this process will provide you with a useful opportunity for self-review (1) of your success in meeting training goals, and (2) of your strengths and weaknesses as a developing counseling psychologist.

Please complete and return this form – along with the necessary additional typed pages – to the College of Education Office of Graduate Studies located in Cleveland Hall, Room 252. Due date is March 20, 2006.

Faculty will meet as a group in April to review the student self-evaluations. Faculty then will write a letter to each student addressing issues in his or her self-assessment and providing any corrective feedback or directives that might be necessary. One copy of the letter will be sent to the student, another copy will be kept in students' permanent files, along with the student's own self assessment.

Note that some of these questions are repeated on a yearly basis. We therefore encourage you to keep copies to retrieve and revise as needed.

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1. Your advisor's name: \_\_\_\_\_

If you have formed a dissertation committee, list the other members.

2. List your area of specialization and the courses and/or experiences you have taken so far to complete it:

3. List professional organizations of which you are a member:

4. List all presentations you have made at meetings or conventions of professional associations - or that you have had accepted for presentation (note the co-authors, the date, title of the presentation, the name of the association, and the city in which it occurred).

5. List all articles or book chapters that you have published or that are in-press.

6. List all financial support you have received from any source during the past year. This could be in any form, including on-campus jobs (including work-study), assistantships, fellowships, and so on.

7. The program requires students to participate in CoPsy 600 . Acceptable experiences for meeting this are quite broad. The intent is to get everyone involved early and on a regular basis in some scholarship at some level, whether it is coding data, running subjects, or participating in a research group. Please attach a separate sheet on which you describe each of the experiences you had had to fulfill this requirement. In so doing (1) list the

faculty supervisor, (2) the semester(s) in which you did this, (3) the approximate number of hours involved, (4) a brief (e.g., one sentence) description of the focus of the project and the role you played, and (5) whether the project eventuated in a convention presentation or publication.

**Please type your responses to questions 8, 9, and 10 on separate sheets of paper and limit your responses to one page each.**

8. Counseling psychologists have available to them a number of career paths (i.e., settings, roles, specific areas of expertise). We also recognize that as you move through the program, your career goals may evolve and change.

What are your own current professional goals (if they have changed during the past year or so, please note that)? What steps have you been taking to further them? What steps do you plan to take during the coming year to further them? In this discussion, the student should address any ways in which these goals may have evolved during the past year.

9. Please address your own strengths and weaknesses at this point with respect to (a) your academic functioning and (b) your clinical functioning.
10. Are there barriers that have interfered with your participation in and progress in the program? If so, what were these barriers and what have been their specific effects? What are possible (and likely) ways to overcome those barriers?

**Please attach a copy of your current vita and list of courses you are currently enrolled in.**

## APPENDIX H

### Competency Scoring Rubrics

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On a scoring system where the possible scores from each rater range from 1 to 4 with three raters can results in several combinations of scores. These scores are on an ordinal level of measurement. Using medians to capture the central tendency of the raters' ratings of student performance would be more appropriate compared to the use of the mean. Below lists several examples of possible combinations of scores that are ranked from low to high. As can be seen, by using the middle score (appearing in bold), students would pass when there is agreement by at least two raters that the student should pass. And the student would *not* pass when two raters agree the student did not meet the minimum standard.

111	112	113	114
222	122	223	224
333	133	233	334
444	144	244	344
<b>134</b>	<b>123</b>	<b>234</b>	<b>124</b>

#### Assessment Competency Criteria

**In order to receive a "pass" on the empathy competence, the counselor must score a composite/average score of 3.0 or above by the three raters.**

The criteria for these scores are described below. The student must demonstrate the following:

In order to score a 4:

1. Provides a Psychological Report that follows the required format and is well written. Instruments are selected particularly for the referral question and case. Instruments are accurately scored, interpreted, and integrated together with interview data. Report includes and integrates/synthesizes material from client.
2. Case Conceptualization is linked to accurate DSM IV diagnosis derived from multiple sources of assessment data. Conceptualization/Diagnosis reflects deep knowledge and synthesis of normal/abnormal behavior with client strengths and weaknesses.
3. Conceptualization/Diagnosis leads to clear delineation of appropriate treatment plan and goals relative to referral question in a culturally competent manner.

In order to score a 3:

1. Report follows the required format and is well written. Instruments selected are appropriate for the referral question and case. Scoring and interpretation is accurate and combined with interview data. Report includes material from the client.
2. Case Conceptualization and Diagnosis are accurate based on assessment data. Conceptualization/Diagnosis demonstrates knowledge of normal/abnormal behavior, noting client strengths and weaknesses.
3. Treatment plan and goals are linked to Case Conceptualization/Diagnosis, and appropriate relative to the referral question. Cultural considerations are appropriately addressed.

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In order to score a 2:

1. Report follows the required format, but poorly written (e.g., grammatical/spelling errors, poor sentence structure and/or word choice) resulting in unclear communication of results. Instruments selected are inappropriate for the referral question and case. Scores are reported with no interpretation and/or interpretation is inaccurate. Report refers exclusively to "all clients" or "clients with this profile" i.e., is not individualized to client case.
2. Case Conceptualization and Diagnosis are inaccurate based on assessment data and/or biased interpretation e.g., a confirmatory bias. Conceptualization simply lists or repeats DSM-IV content.
3. Treatment plan and goals are not linked to Case Conceptualization/Diagnosis. Treatment Plan does not relate to the referral question. Cultural considerations are not appropriately addressed and/or not well informed.

In order to score a 1:

1. Report does not follow the required format and is poorly written. Instruments selected make no sense in light of the referral question and case. Interpretation of reported scores is highly inaccurate. Case material from the client is not included.
2. Case Conceptualization/Diagnosis is wildly inaccurate reflecting interpreter bias or pet hypotheses. No demonstration of understanding or skill in Case Conceptualization/Diagnosis.
3. Treatment Plans and Goals are not addressed or make no sense in relation to referral question. Cultural considerations are ignored.

**Comments/Feedback:**



## Empathy Competency Criteria

**In order to receive a "pass" on the empathy competency, the student must attain a median score of 3.0 or above across the three raters.**

The criteria for these scores are described below. The counselor must demonstrate the following:

In order to score a 4:

1. assists the client in describing his/her emotions, thoughts, and/or behavior patterns and even assists the client to go deeper into his or her expression of emotions.
2. communicates empathy and adds to client's expression of emotions, beliefs or expectations.
3. communicates understanding and provides deeper meaning to client's emotional responses, beliefs, expectations and behaviors and further clarifies for the client the context in which these expressions occur.

In order to score a 3:

1. help clients accurately describe their own emotions, thought and/or behavior patterns.
  2. communicate empathy with client's emotional tone, indicate understanding of, (though not necessarily agreement with) their beliefs and expectations and/or make clear observations of behavioral patterns.
  3. communicate that the client's emotional responses, beliefs, and expectancies, and behaviors are understandable and make sense in the context of his or her life and the current moment or situation.
- 

In order to score a 2:

1. does not attend to client's descriptions of her or his emotions, thoughts or feelings either by switching topics or asking more information questions; therapist does not attend to the client's expressions; listens but does not provide acknowledgement hearing client's expressions.
2. counselor simply listens to client's emotional tone; may provide minimal encouragers yet does not indicate understanding or empathy for client's beliefs or expectations.
3. counselor listens to client's emotional responses but does not attempt to communicate understanding or make sense of the situation; may simply be quiet, ask more information questions or provide solutions; does not verbally acknowledge hearing client's emotional responses, beliefs, and expectations.

In order to score a 1:

1. does not assist the client in describing his or her emotions, thoughts or patterns; may consist of therapist "convincing" the client that he or she feels a certain way when the client is clearly resistant to the therapist's words or labels (example: insisting on telling a client how they feel after a client has expressed that is not accurate).
2. does not communicate empathy with client's emotional tone or the therapist does not indicate understanding of their beliefs or expectations; instead the therapist communicates impatience or frustration with client's emotions or responses.
3. does not communicate understanding of client's responses, beliefs or expectations; does not take into consideration the context of a client's life or current moment.

**Comments/Feedback:**

### **Theory Competency Criteria**

In order to receive a “pass” on the theory competency, the student must obtain a median score of 3.0 or above across the three raters. The criteria for these scores are described below.

Throughout the course of training, students are expected to develop their personal approach to counseling. The theory/therapy competency evaluates the student’s ability to articulate his/her theoretical orientation and how it influences his/her approach to case conceptualization and intervention. It articulates their theory of change and identifies interventions to implement change. Note: 1) the rubric describes the scoring criteria for the components of the competency as listed in the handbook; 2) performance expectations are based on readiness for internship, and 3) students are limited to eight pages maximum for the written requirements for this competency.

To receive a score of 4

1. The student clearly and succinctly articulates his/her theoretical orientation. The student clearly identifies the mechanism of change and the interventions employed to bring about change. The student clearly identifies how his/her theoretical orientation influences his/ her approach to case conceptualization as well as intervention. The student applies the concepts of Evidence Based Practice (EBP) in case conceptualization, treatment planning and interventions.
2. The written case conceptualization of the client demonstrates an accurate and sophisticated understanding of the client based on the theoretical orientation. This includes an accurate DSM-IV-TR based diagnosis. There is a well developed treatment plan that clearly derives from the theoretical orientation. Cultural considerations are appropriately addressed.
3. In the audio/video recorded counseling session, the student clearly demonstrates a sophisticated application of the theory to the client, applying appropriate and advanced therapeutic interventions.
4. The written critique identifies strengths and weaknesses of the session with attention to the application of the theory, the appropriateness of the interventions and the overall effectiveness of the counseling session.

In order to receive a score of 3

1. The student clearly and succinctly articulates his/her theoretical orientation. The student clearly identifies the mechanism of change and the interventions employed to bring about change. The student clearly identifies how his/her theoretical orientation influences his/ her approach to case conceptualization as well as intervention
2. The written case conceptualization of the client demonstrates an accurate understanding of the client in terms of the described theoretical orientation. It includes an accurate DSM-IV-TR diagnosis based on the client’s symptoms. There is a treatment plan that is clearly derived from the theoretical orientation. Cultural considerations are appropriately addressed.
3. In the audio/video recorded counseling session, the student clearly demonstrates the application of the theory to the client, applying appropriate therapeutic interventions.
4. The written critique identifies strengths and weaknesses of the session with attention to the application of the theory, the appropriateness of the interventions and the overall effectiveness of the counseling session.

In order to receive a score of 2

1. The student’s articulation of his/her theoretical orientation is vague, general or incomplete. The mechanism of change and the interventions employed to bring about change are not clearly identified or explained. The student’s explanation of how his/her theoretical orientation influences his/her approach to case conceptualization is unclear

2. The written case conceptualization of the client demonstrates an essentially accurate but superficial understanding of the client in terms of the described theoretical orientation. The DSM-IV-TR based diagnosis is not clearly justified by the client's symptoms. The treatment plan is superficially associated with but not clearly derived from the theoretical orientation. Cultural considerations are considered.
3. In the audio/video recorded counseling session, the student demonstrates an attempt to apply the theory to the client, but employs insufficient or inadequate therapeutic interventions.
4. The written critique fails to identify the key strengths and weaknesses of the session with attention to the application of the theory, the appropriateness of the interventions and the overall effectiveness of the counseling session.

In order to receive a score of 1

1. The student's articulation of his/her theoretical orientation is extremely vague, general or incomplete. The mechanism of change and the interventions employed to bring about change are not adequately identified or explained. The student provides minimal or no explanation of how his/her theoretical orientation influences his/ her approach to case conceptualization.
2. The written case conceptualization of the client demonstrates a superficial understanding of the client and contains inaccuracies in terms of the described theoretical orientation. The DSM-IV-TR based diagnosis is inaccurate based on the client's symptoms. The treatment plan is not based on the theoretical orientation. Cultural considerations are either ignored or inappropriately addressed.
3. In the audio/videotaped counseling session, the student does not demonstrate the application of the theory to the client and does not employ appropriate therapeutic interventions.
4. The written critique fails to accurately identify strengths and weaknesses of the session with attention to the application of the theory, the appropriateness of the interventions and the overall effectiveness of the counseling session.