

## Christopher P. Connolly, Ph.D.

Associate Professor of Kinesiology  
College of Education, Washington State University  
(Email) [c.connolly@wsu.edu](mailto:c.connolly@wsu.edu)  
(Website) [labs.wsu.edu/exercisephys/](http://labs.wsu.edu/exercisephys/)

### EDUCATION

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August 2014      **Doctor of Philosophy in Kinesiology**  
Michigan State University  
May 2010        **Master of Science in Exercise Science**  
The University of Tennessee  
April 2008      **Bachelor of Science in Exercise Sciences**  
Brigham Young University

### PROFESSIONAL EXPERIENCE

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2020 – Present      **Associate Professor**, Department of Kinesiology and Educational Psychology  
2014 – 2020        **Assistant Professor**, Department of Kinesiology and Educational Psychology  
Affiliate Faculty Member, Prevention Science Graduate Program  
Affiliate Faculty Member, Athletic Training Graduate Program  
Director, Exercise Physiology & Performance Laboratory  
Co-Director, Cougar Employee Wellness Program (2016-2018)  
Washington State University  
2010 – 2014        **Graduate Assistant**, Department of Kinesiology  
Michigan State University  
Supervisor: James M. Pivarnik  
2008 – 2010        **Graduate Assistant**, Department of Kinesiology, Recreation, and Sport Studies  
The University of Tennessee  
Supervisor: Dixie L. Thompson

### SCHOLARSHIP

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#### Journal Articles

\* Denotes author was a student or trainee working with C. P. Connolly

1. Mattera, J.A., Waters, S.F., Lee, S., **Connolly, C.P.**, & Gartstein, M.A. (2022) Prenatal internalizing symptoms as a mediator linking maternal adverse childhood experiences with infant temperament. *Early Human Development*, 168, 105577. doi: 10.1016/j.earlhumandev.2022.105577
2. **Connolly, C.P.**, \*Carmona, M., \*Staudinger, K., \*Waraich, R., & Williams, F. (2021) Examining health behaviors and isolation among tri-cities pregnant women: A template for research collaboration between academia and medicine. *Washington Family Physician*, 4, 26-27.
3. Schultz, J., Danielson, R.W., Catena, R.D., **Connolly, C.P.**, & Hildenbrand, K. (2020). Is kinesiology a bridge to STEM engagement? Sport science labs in high school. *Northwest Journal of Teacher Education*, 15(3), 1-16. doi: 10.15760/nwjte.2020.15.3.4
4. Alinia, P., Fallahzadeh, R., **Connolly, C.P.**, & Ghasemzadeh, H. (2020). ParaLabel: Autonomous parameter learning for cross-domain step counting in wearable sensors. *IEEE Sensors Journal*, 20(23), 13867-13879. doi: 10.1109/JSEN.2020.3009231
5. Whitaker, K.M., Baruth, M., Schlaff, R.A., **Connolly, C.P.**, Liu, J., & Wilcox, S. (2020). Association of provider advice and gestational weight gain in twin pregnancies. *BMC Pregnancy and Childbirth*, 20(417), 1-10. doi: 10.1186/s12884-020-03107-3

6. **Connolly, C.P.**, Montoye A.H., \*Dahmen, J.B., & Campbell, N. (2020). Physical activity monitor accuracy during overground walking and free-living conditions among pregnant women. *Journal for the Measurement of Physical Behaviour*, 3(2), 100-109. doi: 10.1123/jmpb.2019-0059
7. Barone Gibbs, B., Paley, J.L., Jones, M.A., Whitaker, K.M., **Connolly, C.P.**, & Catov, J.M. (2020). Validity of self-reported and objectively measured sedentary behavior in pregnancy. *BMC Pregnancy and Childbirth*, 20(99), 1-10. doi: 10.2286/s12884-020-2771-z
8. Rothwell, S.A., Eckland, C.B., Campbell, N., **Connolly, C.P.**, & Catena, R.D. (2020). An analysis of postpartum walking balance and the correlations to anthropometry. *Gait and Posture*, 76, 270-276. doi: 10.1016/j.gaitpost.2019.12.017
9. Whitaker, K.M., Baruth, M., Schlaff, R.A., Talbot, H., **Connolly, C.P.**, Liu, J., & Wilcox, S. (2019). Provider advice on physical activity and nutrition in twin pregnancies: a cross-sectional electronic survey. *BMC Pregnancy and Childbirth*, 19, 418. doi: 10.1186/s12884-019-1574-2
10. **Connolly, C.P.**, Conger, S.A., Montoye, A.H., Marshall, M.R., Schlaff, R.A., Badon, S.E., & Pivarnik, J.M. (2019). Walking for pregnancy health: A literature review and considerations for future research. *Journal of Sport and Health Science*, 8(5), 401-411. doi: 10.1016/j.jshs.2018.11.004
11. Montoye, A.H., **Connolly, C.P.**, \*Dahmen, J.B., & Campbell, N. (2019). Accuracy of physical activity monitors for steps and calorie measurement during pregnancy walking. *Journal for the Measurement of Physical Behaviour*, 2(3), 143-156. doi: 10.1123/jmpb.2018-0067
12. **Connolly, C.P.**, Mudd, L.M., & Pivarnik, J.M. (2019). Associations among work-related and leisure-time physical activity with levels of nausea in pregnancy. *American Journal of Lifestyle Medicine*, 13(4), 424-431. doi: 10.1177/1559827617695783
13. Prewitt-White, T.R., **Connolly, C.P.**, Feito, Y., Bladdek, A., Forsythe, S., Hamel, L., & McChesney, M.R. (2018). Breaking barriers: Women's experiences of CrossFit training during pregnancy. *Women in Sport and Physical Activity Journal*, 26(1), 33-42. doi: 10.1123/wspaj.2017-0024
14. Flores, D., **Connolly, C.P.**, Campbell, N., & Catena, R.D. (2018). Walking balance on a treadmill changes during pregnancy. *Gait and Posture*, 66, 146-150. doi: 10.1016/j.gaitpost.2018.08.035
15. Triplett, A.N., Ebbing, A.C., Green, M.R., **Connolly, C.P.**, Carrier, D.P., & Pivarnik, J.M. (2018). Changes in collegiate ice hockey player anthropometrics and aerobic fitness over three decades. *Applied Journal of Physiology, Nutrition, and Metabolism*, 43(9), 950-955. doi: 10.1139/apnm-2017-0789
16. Catena, R.D., **Connolly, C.P.**, McGeorge, K.M., & Campbell, N. (2018). A comparison of methods to determine center of mass during pregnancy. *Journal of Biomechanics*, 71, 217-224. doi: 10.1016/j.jbiomech.2018.02.004
17. Cuttler, C., **Connolly, C.P.**, \*LaFrance, E., & \*Lowry, T. (2018). Resist forgetting: Effects of aerobic and resistance exercise on prospective and retrospective memory. *Sport, Exercise, and Performance Psychology*, 7(2), 205-207. doi: 10.1037/spy0000112
18. Montoye, A.H., Conger, S.A., **Connolly, C.P.**, Imboden, M.T., Nelson, M.B., Bock, J.M., & Kaminsky, L.A. (2017). Validation of accelerometer-based energy expenditure prediction models in structured and simulated free-living settings. *Measurement in Physical Education and Exercise Science*, 21(4), 223-234. doi: 10.1080/1091367X.2017.1337638
19. Pivarnik, J.M., **Connolly, C.P.**, Marshall, M.R., & Schlaff, R.A. (2017). Can pregnancy be an ergogenic aid to postpartum athletic performance? *Women in Sport and Physical Activity Journal*, 25 (2), 111-117. doi: 10.1123/wspaj.2016-0018
20. **Connolly, C.P.**, Pivarnik J.M., Mudd, L.M., Feltz, D.L., Schlaff, R.A., Lewis, G.M., Silver, R.M., & Lapinski, M.K. (2016). Influence of risk perceptions and efficacy beliefs on LTPA during pregnancy. *Journal of Physical Activity and Health*, 13(5), 494-503. doi: 10.1123/jpah.2015-0358
21. **Connolly, C.P.**, Feltz, D., & Pivarnik, J.M. (2014). Overcoming barriers to physical activity during pregnancy and the postpartum period: The potential impact of social support. *Kinesiology Review*, 3(2), 135-148. doi: 10.1123/kr.2013-0009
22. Gregory, D.A., Pfeiffer, K.A., Vickers, K.E., Aubrey, A.J., Flynn, J.I., **Connolly, C.P.**, & Coe, D.P. (2012). Physiologic responses to running with a jogging stroller. *International Journal of Sports Medicine*, 33(9), 711-715. doi: 10.1055/s-0031-1299748

23. Steeves, J.A., Tyo B.M., **Connolly, C.P.**, Gregory, D.A., Stark, N.A., & Bassett, D.R. (2011). Validity and reliability of the Omron HJ-303 tri-axial accelerometer-based pedometer. *Journal of Physical Activity and Health*, 8(7), 1014-1020. doi: 10.1123/jpah.8.7.1014
24. **Connolly, C.P.**, Coe, D.P., Kendrick, J.M., Bassett, D.R., & Thompson, D.L. (2011). Accuracy of physical activity monitors in pregnant women. *Medicine & Science in Sports & Exercise*, 43(6), 1100-1105. doi: 10.1249/MSS.0b013e3182058883

### Invited Lectures & Symposia

1. **Connolly, C.P.** The ultra-endurance triathlon: Pinnacle of human performance or precipice to medical emergency? *WSU College of Education Research Conversation* (Pullman, WA), Feb. 2020.
2. **Connolly, C.P.** Examining physical and psychosocial barriers to physical activity during pregnancy. *Graduate Student Seminar, WSU Nutrition & Exercise Physiology Program* (Spokane, WA), Sept. 2019.
3. **Connolly, C.P.** Exercise is Medicine ambassador training: Where do we go from here? *American College of Sports Medicine, Northwest Chapter annual meeting* (Bend, OR), Feb. 2018.
4. **Connolly, C.P.** Contemplating methods to increase physical activity behavior prior to adulthood. *Dr. Bob Frederick Sport Leadership Lecture Series* (Lewiston, ID), Oct. 2016.
5. **Connolly, C.P.** Understanding physical activity trends among pregnant women: debilitating challenges and facilitating factors. *American College of Sports Medicine, Northwest Chapter annual meeting* (Tacoma, WA), April 2016.
6. **Connolly, C.P.** Facilitating sufficient physical activity during pregnancy: challenges and applications. *Prevention Science Program Colloquium Series* (Pullman, WA), April 2016.

### Recent National/International Conference Presentations

\* Denotes author was a student or trainee working with C. P. Connolly

1. \*Staudinger, K., **Connolly, C.P.**, \*Cruz, A.A.B., \*Carmona, M., \*Waraich, R.K. & Williams, F. (2021) Examining relationships among social media use and social health in pregnant women. Poster Presentation, American Academy of Family Physicians annual meeting.
2. \*Carmona, M., **Connolly, C.P.**, \*Cruz, A.A.B., & Williams, F. (2021) Examining relationships among physical activity, social health, and socioeconomic status among pregnant women. Poster Presentation, National Hispanic Health Conference annual meeting.
3. \*Johnson, K.B., **Connolly, C.P.**, \*Cho, S.P., Miller, T.K., Laird, R., & Hiller, D.B. (2021) Clinical presentation of exercise-associated hyponatremia in male and female ironman-distance triathletes over three decades. *Medicine & Science in Sports & Exercise* 53(8), 385.
4. Madigan, J.A., Waters, S.F., Gartstein, M., **Connolly, C.P.**, Mattera, J., & Crespi, E. (2020). Perinatal hair cortisol concentration linked to psychological well-being over time in women who experience birth complications. Oral Presentation, International Society for Developmental Psychobiology annual meeting.
5. Montoye, A.H., Montoye, L.C., & **Connolly, C.P.** (2019). Sleep like a baby: a case study examining objectively-measured newborn and parental sleep patterns. *Medicine & Science in Sports & Exercise* 51(6), 367.
6. \*Cruz, A.A., Whitaker, K.M., Stoutenberg, M., \*Weible, E.A., & **Connolly, C.P.** (2019). Exercise is Medicine®: physical activity prescriptions and behavior during pregnancy. *Medicine & Science in Sports & Exercise* 51(6), 123.
7. Barone Gibbs, B., Jones, M.A., Paley, J.L., Whitaker, K.M., **Connolly, C.P.**, & Catov, J.M. (2019). Validity of objectively-measured and self-reported sedentary behavior across three trimesters of pregnancy. *Medicine & Science in Sports & Exercise* 51(6), 365.
8. Whitaker, K.M., Baruth, M., Schlaff, R.A., **Connolly, C.P.**, Liu, J., & Wilcox, S. (2019). Provider advice on weight gain, physical activity, and healthy eating in twin pregnancies. *Medicine & Science in Sports & Exercise* 51(6), 123.
9. **Connolly, C.P.**, \*Stolte, G.G., & \*Magee, B.W. (2018). Physical activity perceptions and behavior of pregnant women with past miscarriage and infertility experiences. *Medicine & Science in Sports & Exercise* 50(5S), 313.
10. \*Wilsie, E.K., Cuttler, C., \*LaFrance, E.M., & **Connolly, C.P.** (2018). Don't forget to exercise: The effects of different forms of exercise on memory. *Medicine & Science in Sports & Exercise* 50(5S), 89.

11. **Connolly, C.P.**, \*Dahmen, J.B., & Montoye, A.H. (2017). Physical activity monitor accuracy among pregnant women during overground walking. *Medicine & Science in Sports & Exercise* 49(5S), 830.
12. \*Dahmen, J.B., **Connolly, C.P.**, & Montoye, A.H. (2017). Step-count accuracy of physical activity monitors during pregnancy in free-living conditions. *Medicine & Science in Sports & Exercise* 49(5S), 832.
13. \*Heppner, T.E., **Connolly, C.P.**, & Catena, R.D. (2017). Longitudinal trends for pregnancy physical activity as assessed through objective and self-report methods. *Medicine & Science in Sports & Exercise* 49(5S), 829.
14. Montoye, A.H., Conger, S.A., **Connolly, C.P.**, Imboden, M.T., Nelson, M.B., Bock, J.M., & Kaminsky, L.A. (2017). Validation of accelerometer-based energy expenditure prediction models in structured and semi-structured settings. *Medicine & Science in Sports & Exercise* 49(5S), 645.
15. Groetsch, J.A., Triplett, A.N., Ebbing, A.C., Green, M.R., **Connolly, C.P.**, Carrier, D.P., & Pivarnik, J.M. (2017). Changes in Division I collegiate ice hockey player anthropometrics and fitness over 36 years. *Medicine & Science in Sports & Exercise* 49(5S), 267.
16. **Connolly, C.P.** & Ede, A. (2016). Outcome expectancy for various physical activity modalities during pregnancy. *Medicine & Science in Sports & Exercise* 48(5S), 701.
17. \*Lowry, T.M., Cuttler, C., \*Stokesbary, C., & **Connolly, C.P.** (2016). Don't forget to exercise: The effects of aerobic or resistance exercise on prospective memory. *Medicine & Science in Sports & Exercise* 48(5S), 420.
18. \*McMahon, A.K., **Connolly, C.P.**, & Ede, A. (2016). Relationships between pregnancy physical activity and physical activity discussion with prenatal healthcare providers. *Medicine & Science in Sports & Exercise* 48(5S), 383.
19. \*Weller, R.S., **Connolly, C.P.**, & Ede, A. (2016). Relationships between preference for proxy assistance and self-efficacy for various modalities of pregnancy physical activity. *Medicine & Science in Sports & Exercise* 48(5S), 661.
20. Triplett, A.N., Ebbing, A.C., Niemyjski, E.A., **Connolly, C.P.**, Vorkapich, M., & Pivarnik, J.M. (2016). Evaluation of college ice hockey practices and games via heart rate monitoring and direct observation. *Medicine & Science in Sports & Exercise* 48(5S), 391.
21. **Connolly, C.P.**, Pivarnik, J.M., Feltz, D.L., Mudd, L.M., Lapinski, M.K., & Lewis, M.G. (2015). Self-Efficacy Mediates the Relationship between Prepregnancy and Pregnancy Leisure-Time Physical Activity. *Journal of Sport & Exercise Psychology* 37(3) S104.
22. **Connolly, C.P.**, Pivarnik, J.M., Mudd, L.M., Feltz, D.L., Lapinski, M.K., Schlaff, R.A., Lewis, M.G., & Silver, R.M. (2015). The influence of risk perceptions and efficacy beliefs on leisure-time physical activity during pregnancy. *Medicine & Science in Sports & Exercise* 47(5S), 728.
23. \*McMahon, A.K., **Connolly, C.P.**, Pivarnik, J.M., Schlaff, R.A., Lewis, M.G., & Silver, R.M. (2015). Physical activity-related discussion between pregnant women and prenatal healthcare providers. *Medicine & Science in Sports & Exercise* 47(5S), 68-69.
24. Triplett, A.N., Ebbing, A.C., Niemyjski, E.A., **Connolly, C.P.**, Pivarnik, J.M., & Vorkapich, M. (2015). Evaluation of division I ice hockey practices via heart rate monitoring and direct observation. *Medicine & Science in Sports & Exercise* 47(5S), 962-963.
25. **Connolly, C.P.**, Marshall, M.R., & Pivarnik, J.M. (2014). Perceived exertion and energy cost of physical activity during pregnancy. *Medicine & Science in Sports & Exercise* 46(5S), 145-146.
26. \*Ebbing A.C., Green, M.R., **Connolly, C.P.**, Carrier, D.P., & Pivarnik, J.M. (2014). Changes in collegiate ice hockey player anthropometrics and aerobic fitness over three decades. *Medicine & Science in Sports & Exercise* 46(5S), 54.
27. \*Triplett, A.N., **Connolly, C.P.**, \*Parks, S.P., Reeves, M.J., & Pivarnik, J.M. (2014). Quantity and quality of food consumed at NCAA division I football games and spectator satisfaction with concession services. *Medicine & Science in Sports & Exercise* 46(5S), 396.

### Recent Other Academic Presentations

\* Denotes author was a student or trainee working with C. P. Connolly

1. \*Nilssen, P.K., **Connolly, C.P.**, \*Johnson, K.B., \*Cohoe, B.H., Miller, T.K., & Hiller, D.B. (2022) Medical occurrences and treatment outcomes during ironman-distance triathlons. Thematic Post Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
2. \*Clavenna, J.C., \*Olsen, S., Cruz, A.A.B., Ullrich-French, S., & **Connolly, C.P.** (2022) What should be said? Investigating the content of verbal encouragement cues on exercise performance. Thematic Post Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
3. \*Johnson, K.B., **Connolly, C.P.**, \*Nilssen, P.K., Miller, T.K., & Hiller, D.B. (2022) Classification of exercise-associated muscle cramps in ironman-distance triathletes over three decades. Thematic Post Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
4. \*Cohoe, B.H., **Connolly, C.P.**, \*Nilssen, P.K., \*Mellor, J.T., Miller, T.K., & Hiller, D.B. (2022) Back again? Trauma-related musculoskeletal and dermatological injuries among world championship ironman-distance triathletes. Thematic Post Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
5. \*Mellor, J.T., **Connolly, C.P.**, \*Johnson, K.B., \*Nilssen, P.K., \*Cohoe, B.H., Miller, T.K., & Hiller, D.B. (2022) Back again? Recurrent injuries and illnesses during ironman-distance triathlons. Oral Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
6. \*Mercer, S.C., \*Scott, J.D., & **Connolly, C.P.** (2022) Effects of high-intensity functional training on body image perception, body composition, and performance. Oral Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
7. \*Waraich R.K., **Connolly, C.P.**, \*Cruz, A.A.B., \*Carmona, M., \*Staudinger, K.E., & Williams, F. (2021) Occupational demographics as predictors of social isolation and loneliness in pregnant women. Oral Presentation, Washington Academy of Family Physicians annual meeting.
8. \*Cho, S.P., **Connolly, C.P.**, Miller, T.K., Laird, R., & Hiller, D.B. (2021) Medical trends for repeat competitors at ironman-distance championship triathlon. Oral Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
9. \*Johnson, K.B., **Connolly, C.P.**, \*Cho, S.P., Miller, T.K., Laird, R., & Hiller, D.B. (2021) Clinical presentation of exercise-associated hyponatremia in male and female ironman-distance triathletes over three decades. Oral Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
10. \*Early, K.A., \*Cruz, A.A., Reiss, T., Williams, F.R., & **Connolly, C.P.** (2020). Relationships between maternal health, pre-pregnancy behavior, and physical activity during pregnancy. Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
11. \*McFarland, S., **Connolly, C.P.**, New, L., Borah, P., & Reiss, T. (2020). Steps towards Exercise is Medicine on Campus: Point of decision signage. Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
12. \*Frichtl, \*A., Joiner, R., Stolte, G. & **Connolly, C.P.** (2020). The effects of functional resistance training on pregnancy-related physical discomforts and quality of life. Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
13. \*Panebianco, \*A.C., Cruz, A.A., Reiss, T., Williams, F.R., & **Connolly, C.P.** (2020). Perceptions of loneliness, social isolation, and physical activity behavior during pregnancy. Thematic Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
14. \*Weible, E.A., Whitaker, K.M., Stoutenberg, M., \*Cruz, A.A., & **Connolly, C.P.** (2019). Exercise is Medicine®: physical activity prescriptions and behavior during pregnancy. Thematic Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
15. \*Wilsie, E.K., \*Wright Osborn, Z., Gartstein, M., Waters, S., & **Connolly, C.P.** (2019). Joint influence of physical activity and quality of sleep on pregnancy-related anxiety. Thematic Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
16. \*Stolte, G.G., \*Magee, B.W., & **Connolly, C.P.** (2018). Physical activity perceptions and behavior of pregnant women with past miscarriage and infertility experiences. Thematic Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
17. \*Wilsie, E.K., Cuttler, C., \*LaFrance, E.M., & **Connolly, C.P.** (2018). Don't forget to exercise: The effects of different forms of exercise on memory. Thematic Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.

18. Montoye, A.H., \*Dahmen, J.B., Conger, S.A., & **Connolly, C.P.** (2017). Using machine learning and accelerometry to improve energy expenditure prediction in pregnant women. Oral Slide Presentation, International Society for the Measurement of Physical Behaviour annual meeting.
19. Wolcott, C.W., **Connolly, C.P.**, & Catena, R.D. (2017). Gestational lumbar lordosis interactions with dynamic balance control during pregnancy. Poster Presentation, American Society of Biomechanics annual meeting.
20. Werner, A.L., Iverson, K.M., **Connolly, C.P.**, & Catena, R.D. (2017). The impact of anthropometric changes and physical activity on dynamic balance during pregnancy. Poster Presentation, American Society of Biomechanics annual meeting.
21. \*Grady, M., Calvin, J., **Connolly, C.P.**, \*Dahmen, J.B., & Montoye, A.H. (2017). Physical activity monitor accuracy among pregnant women during overground walking. Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
22. \*Dahmen, J.B., **Connolly, C.P.**, & Montoye, A.H. (2017). Step-count accuracy of physical activity monitors during pregnancy in free-living conditions. Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
23. \*Heppner, T.E., **Connolly, C.P.**, & Catena, R.D. (2017). Longitudinal trends for pregnancy physical activity as assessed through objective and self-report methods. Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
24. Groetsch, J.A., Triplett, A.N., Ebbing, A.C., Green, M.R., **Connolly, C.P.**, Carrier, D.P., & Pivarnik, J.M. (2016). Changes in collegiate ice hockey player anthropometric and fitness over 36 years. Oral Slide Presentation, American College of Sports Medicine, Midwest Chapter annual meeting.
25. \*Stokesbary, C., Cuttler, C., \*Lowry, T.M., & **Connolly, C.P.** (2016). Don't forget to exercise: The effects of aerobic or resistance exercise on prospective memory. Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
26. \*McMahon, A.K., **Connolly, C.P.**, & Ede, A. (2016). Relationships between pregnancy physical activity and physical activity discussion with prenatal healthcare providers. Oral Slide Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
27. \*Weller, R.S., **Connolly, C.P.**, & Ede, A. (2016). Relationships between preference for proxy assistance and self-efficacy for various modalities of pregnancy physical activity. Thematic Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
28. \*McMahon, A.K., **Connolly, C.P.**, Pivarnik, J.M., Schlaff, R.A., Lewis, M.G., & Silver, R.M. (2015). Physical activity-related discussion between pregnant women and prenatal healthcare providers. Oral Slide Presentation; American College of Sports Medicine, Northwest Chapter annual meeting.
29. \*Triplett, A.N., \*Ebbing, A.C., \*Niemyjski, E.A., **Connolly, C.P.**, Pivarnik, J.M., & Vorkapich, M. (2014). Evaluation of division I ice hockey practices via heart rate monitoring and direct observation: a pilot study. Oral Slide Presentation; American College of Sports Medicine, Midwest Chapter annual meeting

## **SELECTED FUNDING**

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1. Washington State University, College of Education  
Faculty Research Funding Award (2017, FUNDED, \$8,990)  
Title: *Pregnancy functional resistance exercise for strength study (PRESS)*  
**Principal Investigator**
2. Washington State University  
2016 Grand Challenges Seed Grant Program (2016, FUNDED, \$74,305)  
Title: Developmental origins of health and disease: Identifying potential mechanisms for intergenerational transmission of risk and resilience  
**Co-Investigator** (S. Waters, Principal Investigator)
3. Washington State University  
Proposal to the WSU President's and Provost's Offices (2016, FUNDED, \$170,000)  
Title: Cougar Employee Wellness Program (CEWP)  
**Co-Director** (K. Hildenbrand, Co-Director)

4. American Society for Biochemistry and Molecular Biology  
HOPEs Seed Grant Renewal (2016, FUNDED, \$2,000)  
Title: *Introducing kinesiology STEM activities in Clarkston school district*  
**Co-Principal Investigator** (R. Catena, Principal Investigator)  
**Co-Principal Investigator** (R. Catena, Principal Investigator)
5. Washington State University  
2016 New Faculty Seed Grant Program (2016, FUNDED, \$18,500)  
Title: *Dynamic balance control during pregnancy and postpartum*  
**Co-Principal Investigator** (R. Catena, Principal Investigator)
6. American Society for Biochemistry and Molecular Biology  
HOPEs Seed Grant (2015, FUNDED, \$2,000)  
Title: *Introducing kinesiology STEM activities in Clarkston school district*
7. Washington State University, College of Education  
Faculty Research Funding Award (2015, FUNDED, \$4,930)  
Title: *Validation of Physical Activity Monitors among Pregnant Women*  
**Principal Investigator**
8. Washington State University, College of Education  
Faculty Research Funding Award (2015, FUNDED, \$8,906)  
Title: *Dynamic balance control during pregnancy and postpartum*  
**Co-Principal Investigator** (R. Catena, Principal Investigator)

## **RECENT INSTRUCTIONAL ACTIVITIES**

\* Denotes the development of a new course or significant revision of existing course

2020 – Present	*KINES 580: Etiology of Obesity Washington State University
2021 – Present	*KINES 550: Life Course Physical Activity Washington State University
2020 – Present	*KINES 580: Advanced Experiences in Exercise Physiology Washington State University
2019 – 2020	*KINES 264: Fitness Concepts Washington State University
2016 – Present	*KINES 496: Special Topics: Physical Activity and Health (Online) Washington State University
2016 – 2018	* KINES 496: Special Topics: Applied Exercise Physiology Washington State University
2014 – Present	* KINES 380: Introduction to Exercise Physiology Washington State University

## **SELECTED ACADEMIC MENTORSHIP**

### **Academic Advisor – Washington State University**

2021 – Present	James Scott (M.S., Kinesiology)
2021 – Present	Pia Richards (M.S., Kinesiology)
2020 – Present	Ariel Bowman (M.S., Kinesiology)
2020 – Present	Stephanie Cho (M.S., Kinesiology)
2020 – Present	Cole Mercer (M.S., Kinesiology)
2020 – 2021	Kennan Schrag (M.S., Kinesiology)
2019 – 2020	Kayla Armstrong (Honors College Undergraduate Thesis)
2016 – 2019	Shane McFarland (M.S., Prevention Science)
2016 – 2017	Denali Pavlich-Wheeler (Honors College Undergraduate Thesis)
2015 – 2016	Levi Bale (Honors College Undergraduate Thesis)

### **Committee Member – Washington State University**

2021 – Present	Brett Stewart (M.S., Kinesiology)
2018 – 2020	Jun Seok Son (Ph.D., Animal Sciences)
2018 – 2020	Parastoo Aliana (M.S., Computer Science)
2016 – 2018	Emily LaFrance (M.S., Psychology)

### **Mentored-student Presentations at American College of Sports Medicine (ACSM) Conferences**

*\* Represents having won Outstanding Student Presentation Award*

2020 – 2021	Kasey Johnson (ACSM, Northwest ACSM)
2020 – 2021	Stephanie Cho (Northwest ACSM)
2019 – 2020	*Shane McFarland (Northwest ACSM)
2019 – 2020	*Anna Pannebianco (Northwest ACSM)
2019 – 2020	Kathleen Early (Northwest ACSM)
2018 – 2021	Ariel Bowman (ACSM, Northwest ACSM)
2019 – 2020	Zoe Wright-Osborn (Northwest ACSM)
2019 – 2020	*Emily Weible (Northwest ACSM)
2016 – 2019	Emma Wilsie (ACSM, Northwest ACSM)
2017 – 2018	*Gretchen Stolte (Northwest ACSM)
2017 – 2018	*Bryce Magee (Northwest ACSM)
2016 – 2017	Jordana Dahmen (ACSM, Northwest ACSM)
2016 – 2017	Taylor Heppner (ACSM, Northwest ACSM)
2016 – 2017	Madison Grady (Northwest ACSM)
2014 – 2016	*Amanda K. McMahon (ACSM, Northwest ACSM)
2015 – 2016	Rebecca Weller (ACSM, Northwest ACSM)
2015 – 2016	Christopher Stokesbary (Northwest ACSM)
2015 – 2016	Tanner Lowry (ACSM)

### **RECENT SERVICE**

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#### **Professional Service**

2020 – Present	<b>Co-Director</b> , Global Triathlon Safety Database Global Triathlon Safety Task Force
2019 – 2021	<b>Chair</b> , Awards Committee, Pregnancy & Postpartum Special Interest Group (SIG) American College of Sports Medicine
2017 – 2020	<b>Member</b> , Exercise is Medicine (EIM) Underserved & Community Health Committee American College of Sports Medicine
2016 – 2019	<b>Member-at-large (Clinical)</b> , Executive Board American College of Sports Medicine, Northwest Chapter
2017 – 2018	<b>Regional Representative</b> , EIM Ambassador Program American College of Sports Medicine
2015 – 2019	<b>Abstract Reviewer</b> , Abstract Review Committee American College of Sports Medicine, Northwest Chapter

#### **University Service**

2019 – Present	<b>Senator</b> , Faculty Senate Washington State University
2018 – 2021	<b>Member</b> , Faculty Senate Library Committee Washington State University
2016 – 2018	<b>Co-Director</b> , Cougar Employee Wellness Program (CEWP) Washington State University

#### **College Service**

2021 – Present	<b>Co-Chair</b> , Faculty Affairs Committee (CEFAC) College of Education, Washington State University
2020 – 2021	<b>Member</b> , Faculty Affairs Committee (CEFAC) College of Education, Washington State University
2016 – Present	<b>Member</b> , Grants and Research Advisory Committee (GRAC)

2019 – 2021 College of Education, Washington State University  
**Member**, Scholarship Committee  
2016 – 2018 College of Education, Washington State University  
**Member**, Graduate Studies Committee  
College of Education, Washington State University

### Department/Program Service

2020 – Present **Member**, M.S. Program Executive Committee  
Kinesiology Programs, Washington State University  
2020 – Present **Member**, M.S. Program Recruitment Committee  
Kinesiology Programs, Washington State University  
2015 – 2020 **Member**, Graduate Program Executive Committee  
Kinesiology Programs, Washington State University  
2017 – 2019 **Chair**, Innovation Committee  
Kinesiology Programs, Washington State University  
2014 – 2017 **Member**, Kinesiology Curriculum Committee  
Kinesiology Programs, Washington State University  
2015 – 2016 **Member**, Academic Oversight Committee  
Kinesiology Programs, Washington State University  
2015 **Member**, Search Committee – Clinical Faculty Member  
Kinesiology Programs, Washington State University  
2014 – 2015 **Member**, Public Relations Committee  
Kinesiology Programs, Washington State University  
2014 - 2015 **Member**, Capstone Course Committee  
Kinesiology Programs (Sports Studies), Washington State University

### AD-HOC JOURNAL REVIEWER

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Journal	Impact Factor
<i>Journal of Clinical Medicine</i>	5.69
<i>Medicine &amp; Science in Sports &amp; Exercise</i>	4.48
<i>Global Challenges</i>	4.31
<i>Nutrients</i>	4.20
<i>Journal of Sport and Health Science</i>	3.64
<i>Journal of Science and Medicine in Sport</i>	3.62
<i>PLOS One</i>	2.77
<i>Behavioral Medicine</i>	2.60
<i>International Journal of Environmental Research and Public Health</i>	2.15
<i>Journal of Physical Activity and Health</i>	2.08
<i>Maternal and Child Health Journal</i>	1.74
<i>Measurement in Physical Education and Exercise Science</i>	1.70
<i>Canadian Journal of Public Health</i>	1.64
<i>Evaluation &amp; the Health Professions</i>	1.60
<i>American Journal of Lifestyle Medicine</i>	0.85

### PROFESSIONAL MEMBERSHIP

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2009 – Present American College of Sports Medicine (ACSM)  
2014 – Present ACSM, Northwest Chapter  
2015 – 2016 North American Society for the Psychology of Sport & Physical Activity (NASPSPA)  
2010 – 2014 ACSM, Midwest Chapter  
2009 – 2010 ACSM, Southeast Chapter