

Christopher P. Connolly, Ph.D.

Associate Professor of Kinesiology
College of Education, Washington State University
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EDUCATION

August 2014 **Doctor of Philosophy in Kinesiology**
Michigan State University
May 2010 **Master of Science in Exercise Science**
The University of Tennessee
April 2008 **Bachelor of Science in Exercise Sciences**
Brigham Young University

PROFESSIONAL EXPERIENCE

2020 – Present **Associate Professor**, Department of Kinesiology and Educational Psychology
2014 – 2020 **Assistant Professor**, Department of Kinesiology and Educational Psychology
Affiliate Faculty Member, Prevention Science Graduate Program
Affiliate Faculty Member, Athletic Training Graduate Program
Director, Exercise Physiology & Performance Laboratory
Co-Director, Cougar Employee Wellness Program (2016-2018)
Washington State University
2010 – 2014 **Graduate Assistant**, Department of Kinesiology
Michigan State University
Supervisor: James M. Pivarnik
2008 – 2010 **Graduate Assistant**, Department of Kinesiology, Recreation, and Sport Studies
The University of Tennessee
Supervisor: Dixie L. Thompson

SCHOLARSHIP

Journal Articles

* Denotes author was a student or trainee working with C. P. Connolly

1. Alinia, P., Fallahzadeh, R., **Connolly, C.P.**, & Ghasemzadeh, H. (2020). ParaLabel: Autonomous parameter learning for cross-domain step counting in wearable sensors. *IEEE Sensors Journal*
2. Whitaker, K.M., Baruth, M., Schlaff, R.A., **Connolly, C.P.**, Liu, J., & Wilcox, S. (2020). Association of provider advice and gestational weight gain in twin pregnancies. *Women's Health Issues*.
3. **Connolly, C.P.**, Montoye A.H., *Dahmen, J.B., & Campbell, N. (2020). Physical activity monitor accuracy during overground walking and free-living conditions among pregnant women. *Journal for the Measurement of Physical Behaviour*, 3(2), 100-109. doi: 10.1123/jmpb.2019-0059
4. Barone Gibbs, B., Paley, J.L., Jones, M.A., Whitaker, K.M., **Connolly, C.P.**, & Catov, J.M. (2020). Validity of self-reported and objectively measured sedentary behavior in pregnancy. *BMC Pregnancy and Childbirth*, 20(99), 1-10. doi: 10.2286/s12884-020-2771-z
5. Rothwell, S.A., Eckland, C.B., Campbell, N., **Connolly, C.P.**, & Catena, R.D. (2020). An analysis of postpartum walking balance and the correlations to anthropometry. *Gait and Posture*, 76, 270-276. doi: 10.1016/j.gaitpost.2019.12.017

6. Whitaker, K.M., Baruth, M., Schlaff, R.A., Talbot, H., **Connolly, C.P.**, Liu, J., & Wilcox, S. (2019). Provider advice on physical activity and nutrition in twin pregnancies: a cross-sectional electronic survey. *BMC Childbirth*, *19*, 418. doi: 10.1186/s12884-019-1574-2
7. **Connolly, C.P.**, Conger, S.A., Montoye, A.H., Marshall, M.R., Schlaff, R.A., Badon, S.E., & Pivarnik, J.M. (2019). Walking for pregnancy health: A literature review and considerations for future research. *Journal of Sport and Health Science*, *8*(5), 401-411. doi: 10.1016/j.jshs.2018.11.004
8. Montoye, A.H., **Connolly, C.P.**, *Dahmen, J.B., & Campbell, N. (2019). Accuracy of physical activity monitors for steps and calorie measurement during pregnancy walking. *Journal for the Measurement of Physical Behaviour*, *2*(3), 143-156. doi: 10.1123/jmpb.2018-0067
9. **Connolly, C.P.**, Mudd, L.M., & Pivarnik, J.M. (2019). Associations among work-related and leisure-time physical activity with levels of nausea in pregnancy. *American Journal of Lifestyle Medicine*, *13*(4), 424-431. doi: 10.1177/1559827617695783
10. Prewitt-White, T.R., **Connolly, C.P.**, Feito, Y., Bladdek, A., Forsythe, S., Hamel, L., & McChesney, M.R. (2018). Breaking barriers: Women's experiences of CrossFit training during pregnancy. *Women in Sport and Physical Activity Journal*, *26*(1), 33-42. doi: 10.1123/wspaj.2017-0024
11. Flores, D., **Connolly, C.P.**, Campbell, N., & Catena, R.D. (2018). Walking balance on a treadmill changes during pregnancy. *Gait and Posture*, *66*, 146-150. doi: 10.1016/j.gaitpost.2018.08.035
12. Triplett, A.N., Ebbing, A.C., Green, M.R., **Connolly, C.P.**, Carrier, D.P., & Pivarnik, J.M. (2018). Changes in collegiate ice hockey player anthropometrics and aerobic fitness over three decades. *Applied Journal of Physiology, Nutrition, and Metabolism*, *43*(9), 950-955. doi: 10.1139/apnm-2017-0789
13. Catena, R.D., **Connolly, C.P.**, McGeorge, K.M., & Campbell, N. (2018). A comparison of methods to determine center of mass during pregnancy. *Journal of Biomechanics*, *71*, 217-224. doi: 10.1016/j.jbiomech.2018.02.004
14. Cuttler, C., **Connolly, C.P.**, *LaFrance, E., & *Lowry, T. (2018). Resist forgetting: Effects of aerobic and resistance exercise on prospective and retrospective memory. *Sport, Exercise, and Performance Psychology*, *7*(2), 205-207. doi: 10.1037/spy0000112
15. Montoye, A.H., Conger, S.A., **Connolly, C.P.**, Imboden, M.T., Nelson, M.B., Bock, J.M., & Kaminsky, L.A. (2017). Validation of accelerometer-based energy expenditure prediction models in structured and simulated free-living settings. *Measurement in Physical Education and Exercise Science*, *21*(4), 223-234. doi: 10.1080/1091367X.2017.1337638
16. Pivarnik, J.M., **Connolly, C.P.**, Marshall, M.R., & Schlaff, R.A. (2017). Can pregnancy be an ergogenic aid to postpartum athletic performance? *Women in Sport and Physical Activity Journal*, *25* (2), 111-117. doi: 10.1123/wspaj.2016-0018
17. **Connolly, C.P.**, Pivarnik J.M., Mudd, L.M., Feltz, D.L., Schlaff, R.A., Lewis, G.M., Silver, R.M., & Lapinski, M.K. (2016). Influence of risk perceptions and efficacy beliefs on LTPA during pregnancy. *Journal of Physical Activity and Health*, *13*(5), 494-503. doi: 10.1123/jpah.2015-0358
18. **Connolly, C.P.**, Feltz, D., & Pivarnik, J.M. (2014). Overcoming barriers to physical activity during pregnancy and the postpartum period: The potential impact of social support. *Kinesiology Review*, *3*(2), 135-148. doi: 10.1123/kr.2013-0009
19. Gregory, D.A., Pfeiffer, K.A., Vickers, K.E., Aubrey, A.J., Flynn, J.I., **Connolly, C.P.**, & Coe, D.P. (2012). Physiologic responses to running with a jogging stroller. *International Journal of Sports Medicine*, *33*(9), 711-715. doi: 10.1055/s-0031-1299748
20. Steeves, J.A., Tyo B.M., **Connolly, C.P.**, Gregory, D.A., Stark, N.A., & Bassett, D.R. (2011). Validity and reliability of the Omron HJ-303 tri-axial accelerometer-based pedometer. *Journal of Physical Activity and Health*, *8*(7), 1014-1020. doi: 10.1123/jpah.8.7.1014
21. **Connolly, C.P.**, Coe, D.P., Kendrick, J.M., Bassett, D.R., & Thompson, D.L. (2011). Accuracy of physical activity monitors in pregnant women. *Medicine & Science in Sports & Exercise*, *43*(6), 1100-1105. doi: 10.1249/MSS.0b013e3182058883

Invited Lectures & Symposia

1. **Connolly, C.P.** Examining physical and psychosocial barriers to physical activity during pregnancy. *Graduate Student Seminar, WSU Nutrition & Exercise Physiology Program* (Spokane, WA), Sept. 2019.

2. **Connolly, C.P.** Exercise is Medicine ambassador training: Where do we go from here? *American College of Sports Medicine, Northwest Chapter annual meeting* (Bend, OR), Feb. 2018.
3. **Connolly, C.P.** Contemplating methods to increase physical activity behavior prior to adulthood *Dr. Bob Frederick Sport Leadership Lecture Series* (Lewiston, ID), Oct. 2016.
4. **Connolly, C.P.** Understanding physical activity trends among pregnant women: debilitating challenges and facilitating factors. *American College of Sports Medicine, Northwest Chapter annual meeting* (Tacoma, WA), April 2016.
5. **Connolly, C.P.** Facilitating sufficient physical activity during pregnancy: challenges and applications. *Prevention Science Program Colloquium Series* (Pullman, WA), April 2016.

Recent National/International Conference Presentations

* Denotes author was a student or trainee working with C. P. Connolly

1. Montoye, A.H., Montoye, L.C., & **Connolly, C.P.** (2019). Sleep like a baby: a case study examining objectively-measured newborn and parental sleep patterns. *Medicine & Science in Sports & Exercise* 51(6), 367.
2. *Cruz, A.A., Whitaker, K.M., Stoutenberg, M., *Weible, E.A., & **Connolly, C.P.** (2019). Exercise is Medicine®: physical activity prescriptions and behavior during pregnancy. *Medicine & Science in Sports & Exercise* 51(6), 123.
3. Barone Gibbs, B., Jones, M.A., Paley, J.L., Whitaker, K.M., **Connolly, C.P.**, & Catov, J.M. (2019). Validity of objectively-measured and self-reported sedentary behavior across three trimesters of pregnancy. *Medicine & Science in Sports & Exercise* 51(6), 365.
4. Whitaker, K.M., Baruth, M., Schlaff, R.A., **Connolly, C.P.**, Liu, J., & Wilcox, S. (2019). Provider advice on weight gain, physical activity, and healthy eating in twin pregnancies. *Medicine & Science in Sports & Exercise* 51(6), 123.
5. **Connolly, C.P.**, *Stolte, G.G., & *Magee, B.W. (2018). Physical activity perceptions and behavior of pregnant women with past miscarriage and infertility experiences. *Medicine & Science in Sports & Exercise* 50(5S), 313.
6. *Wilsie, E.K., Cuttler, C., *LaFrance, E.M., & **Connolly, C.P.** (2018). Don't forget to exercise: The effects of different forms of exercise on memory. *Medicine & Science in Sports & Exercise* 50(5S), 89.
7. **Connolly, C.P.**, *Dahmen, J.B., & Montoye, A.H. (2017). Physical activity monitor accuracy among pregnant women during overground walking. *Medicine & Science in Sports & Exercise* 49(5S), 830.
8. *Dahmen, J.B., **Connolly, C.P.**, & Montoye, A.H. (2017). Step-count accuracy of physical activity monitors during pregnancy in free-living conditions. *Medicine & Science in Sports & Exercise* 49(5S), 832.
9. *Heppner, T.E., **Connolly, C.P.**, & Catena, R.D. (2017). Longitudinal trends for pregnancy physical activity as assessed through objective and self-report methods. *Medicine & Science in Sports & Exercise* 49(5S), 829.
10. Montoye, A.H., Conger, S.A., **Connolly, C.P.**, Imboden, M.T., Nelson, M.B., Bock, J.M., & Kaminsky, L.A. (2017). Validation of accelerometer-based energy expenditure prediction models in structured and semi-structured settings. *Medicine & Science in Sports & Exercise* 49(5S), 645.
11. Groetsch, J.A., Triplett, A.N., Ebbing, A.C., Green, M.R., **Connolly, C.P.**, Carrier, D.P., & Pivarnik, J.M. (2017). Changes in Division I collegiate ice hockey player anthropometrics and fitness over 36 years. *Medicine & Science in Sports & Exercise* 49(5S), 267.
12. **Connolly, C.P.** & Ede, A. (2016). Outcome expectancy for various physical activity modalities during pregnancy. *Medicine & Science in Sports & Exercise* 48(5S), 701.
13. *Lowry, T.M., Cuttler, C., *Stokesbary, C., & **Connolly, C.P.** (2016). Don't forget to exercise: The effects of aerobic or resistance exercise on prospective memory. *Medicine & Science in Sports & Exercise* 48(5S), 420.
14. *McMahon, A.K., **Connolly, C.P.**, & Ede, A. (2016). Relationships between pregnancy physical activity and physical activity discussion with prenatal healthcare providers. *Medicine & Science in Sports & Exercise* 48(5S), 383.

15. *Weller, R.S., **Connolly, C.P.**, & Ede, A. (2016). Relationships between preference for proxy assistance and self-efficacy for various modalities of pregnancy physical activity. *Medicine & Science in Sports & Exercise* 48(5S), 661.
16. Triplett, A.N., Ebbing, A.C., Niemyjski, E.A., **Connolly, C.P.**, Vorkapich, M., & Pivarnik, J.M. (2016). Evaluation of college ice hockey practices and games via heart rate monitoring and direct observation. *Medicine & Science in Sports & Exercise* 48(5S), 391.
17. **Connolly, C.P.**, Pivarnik, J.M., Feltz, D.L., Mudd, L.M., Lapinski, M.K., & Lewis, M.G. (2015). Self-Efficacy Mediates the Relationship between Prepregnancy and Pregnancy Leisure-Time Physical Activity. *Journal of Sport & Exercise Psychology* 37(3) S104.
18. **Connolly, C.P.**, Pivarnik, J.M., Mudd, L.M., Feltz, D.L., Lapinski, M.K., Schlaff, R.A., Lewis, M.G., & Silver, R.M. (2015). The influence of risk perceptions and efficacy beliefs on leisure-time physical activity during pregnancy. *Medicine & Science in Sports & Exercise* 47(5S), 728.
19. *McMahon, A.K., **Connolly, C.P.**, Pivarnik, J.M., Schlaff, R.A., Lewis, M.G., & Silver, R.M. (2015). Physical activity-related discussion between pregnant women and prenatal healthcare providers. *Medicine & Science in Sports & Exercise* 47(5S), 68-69.
20. Triplett, A.N., Ebbing, A.C., Niemyjski, E.A., **Connolly, C.P.**, Pivarnik, J.M., & Vorkapich, M. (2015). Evaluation of division I ice hockey practices via heart rate monitoring and direct observation. *Medicine & Science in Sports & Exercise* 47(5S), 962-963.
21. **Connolly, C.P.**, Marshall, M.R., & Pivarnik, J.M. (2014). Perceived exertion and energy cost of physical activity during pregnancy. *Medicine & Science in Sports & Exercise* 46(5S), 145-146.
22. *Ebbing A.C., Green, M.R., **Connolly, C.P.**, Carrier, D.P., & Pivarnik, J.M. (2014). Changes in collegiate ice hockey player anthropometrics and aerobic fitness over three decades. *Medicine & Science in Sports & Exercise* 46(5S), 54.
23. *Triplett, A.N., **Connolly, C.P.**, *Parks, S.P., Reeves, M.J., & Pivarnik, J.M. (2014). Quantity and quality of food consumed at NCAA division I football games and spectator satisfaction with concession services. *Medicine & Science in Sports & Exercise* 46(5S), 396.

Recent Other Academic Presentations

* Denotes author was a student or trainee working with C. P. Connolly

1. *Weible, E.A., Whitaker, K.M., Stoutenberg, M., *Cruz, A.A., & **Connolly, C.P.** (2019). Exercise is Medicine®: physical activity prescriptions and behavior during pregnancy. Thematic Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
2. *Wilsie, E.K., *Wright Osborn, Z., Gartstein, M., Waters, S., & **Connolly, C.P.** (2019). Joint influence of physical activity and quality of sleep on pregnancy-related anxiety. Thematic Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
3. *Stolte, G.G., *Magee, B.W., & **Connolly, C.P.** (2018). Physical activity perceptions and behavior of pregnant women with past miscarriage and infertility experiences. Thematic Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
4. *Wilsie, E.K., Cuttler, C., *LaFrance, E.M., & **Connolly, C.P.** (2018). Don't forget to exercise: The effects of different forms of exercise on memory. Thematic Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
5. Montoye, A.H., *Dahmen, J.B., Conger, S.A., & **Connolly, C.P.** (2017). Using machine learning and accelerometry to improve energy expenditure prediction in pregnant women. Oral Slide Presentation, International Society for the Measurement of Physical Behaviour annual meeting.
6. Wolcott, C.W., **Connolly, C.P.**, & Catena, R.D. (2017). Gestational lumbar lordosis interactions with dynamic balance control during pregnancy. Poster Presentation, American Society of Biomechanics annual meeting.
7. Werner, A.L., Iverson, K.M., **Connolly, C.P.**, & Catena, R.D. (2017). The impact of anthropometric changes and physical activity on dynamic balance during pregnancy. Poster Presentation, American Society of Biomechanics annual meeting.
8. *Grady, M., Calvin, J., **Connolly, C.P.**, *Dahmen, J.B., & Montoye, A.H. (2017). Physical activity monitor accuracy among pregnant women during overground walking. Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.

9. *Dahmen, J.B., **Connolly, C.P.**, & Montoye, A.H. (2017). Step-count accuracy of physical activity monitors during pregnancy in free-living conditions. Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
10. *Heppner, T.E., **Connolly, C.P.**, & Catena, R.D. (2017). Longitudinal trends for pregnancy physical activity as assessed through objective and self-report methods. Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
11. Groetsch, J.A., Triplett, A.N., Ebbing, A.C., Green, M.R., **Connolly, C.P.**, Carrier, D.P., & Pivarnik, J.M. (2016). Changes in collegiate ice hockey player anthropometric and fitness over 36 years. Oral Slide Presentation, American College of Sports Medicine, Midwest Chapter annual meeting.
12. *Stokesbary, C., Cuttler, C., *Lowry, T.M., & **Connolly, C.P.** (2016). Don't forget to exercise: The effects of aerobic or resistance exercise on prospective memory. Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
13. *McMahon, A.K., **Connolly, C.P.**, & Ede, A. (2016). Relationships between pregnancy physical activity and physical activity discussion with prenatal healthcare providers. Oral Slide Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
14. *Weller, R.S., **Connolly, C.P.**, & Ede, A. (2016). Relationships between preference for proxy assistance and self-efficacy for various modalities of pregnancy physical activity. Thematic Poster Presentation, American College of Sports Medicine, Northwest Chapter annual meeting.
15. *McMahon, A.K., **Connolly, C.P.**, Pivarnik, J.M., Schlaff, R.A., Lewis, M.G., & Silver, R.M. (2015). Physical activity-related discussion between pregnant women and prenatal healthcare providers. Oral Slide Presentation; American College of Sports Medicine, Northwest Chapter annual meeting.
16. *Triplett, A.N., *Ebbing, A.C., *Niemyjski, E.A., **Connolly, C.P.**, Pivarnik, J.M., & Vorkapich, M. (2014). Evaluation of division I ice hockey practices via heart rate monitoring and direct observation: a pilot study. Oral Slide Presentation; American College of Sports Medicine, Midwest Chapter annual meeting

SELECTED FUNDING

1. Washington State University, College of Education
Faculty Research Funding Award (2017, FUNDED, \$8,990)
Title: *Pregnancy functional resistance exercise for strength study (PRESS)*
Principal Investigator
2. Washington State University
2016 Grand Challenges Seed Grant Program (2016, FUNDED, \$74,305)
Title: Developmental origins of health and disease: Identifying potential mechanisms for intergenerational transmission of risk and resilience
Co-Investigator (S. Waters, Principal Investigator)
3. Washington State University
Proposal to the WSU President's and Provost's Offices (2016, FUNDED, \$170,000)
Title: Cougar Employee Wellness Program (CEWP)
Co-Director (K. Hildenbrand, Co-Director)
4. American Society for Biochemistry and Molecular Biology
HOPES Seed Grant Renewal (2016, FUNDED, \$2,000)
Title: *Introducing kinesiology STEM activities in Clarkston school district*
Co-Principal Investigator (R. Catena, Principal Investigator)
Co-Principal Investigator (R. Catena, Principal Investigator)
5. Washington State University
2016 New Faculty Seed Grant Program (2016, FUNDED, \$18,500)
Title: *Dynamic balance control during pregnancy and postpartum*
Co-Principal Investigator (R. Catena, Principal Investigator)
6. American Society for Biochemistry and Molecular Biology
HOPES Seed Grant (2015, FUNDED, \$2,000)
Title: *Introducing kinesiology STEM activities in Clarkston school district*

7. Washington State University, College of Education
Faculty Research Funding Award (2015, FUNDED, \$4,930)
Title: *Validation of Physical Activity Monitors among Pregnant Women*
Principal Investigator
8. Washington State University, College of Education
Faculty Research Funding Award (2015, FUNDED, \$8,906)
Title: *Dynamic balance control during pregnancy and postpartum*
Co-Principal Investigator (R. Catena, Principal Investigator)

RECENT INSTRUCTIONAL ACTIVITIES

* Denotes the development of a new course or significant revision of existing course

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| 2020 – Present | *KINES 580: Advanced Experiences in Exercise Physiology
Washington State University |
| 2019 – 2020 | *KINES 264: Fitness Concepts
Washington State University |
| 2016 – Present | *KINES 496: Special Topics: Physical Activity and Health (Online)
Washington State University |
| 2016 – 2018 | * KINES 496: Special Topics: Applied Exercise Physiology
Washington State University |
| 2014 – Present | * KINES 380: Introduction to Exercise Physiology
Washington State University |

SELECTED ACADEMIC MENTORSHIP

Academic Advisor – Washington State University

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|----------------|--|
| 2020 – Present | Ariel Bowman (M.S., Kinesiology) |
| 2020 – Present | Stephanie Cho (M.S., Kinesiology) |
| 2020 – Present | Cole Mercer (M.S., Kinesiology) |
| 2019 – 2020 | Kayla Armstrong (Honors College Undergraduate Thesis) |
| 2016 – 2019 | Shane McFarland (M.S., Prevention Science) |
| 2016 – 2017 | Denali Pavlich-Wheeler (Honors College Undergraduate Thesis) |
| 2015 – 2016 | Levi Bale (Honors College Undergraduate Thesis) |

Committee Member – Washington State University

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| 2018 – 2020 | Jun Seok Son (Ph.D., Animal Sciences) |
| 2018 – 2020 | Parastoo Aliana (M.S., Computer Science) |
| 2016 – 2018 | Emily LaFrance (M.S., Psychology) |

Mentored-student Presentations at American College of Sports Medicine (ACSM) Conferences

* Represents having won *Outstanding Student Presentation Award*

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|-------------|---|
| 2019 – 2020 | *Shane McFarland (Northwest ACSM) |
| 2019 – 2020 | *Anna Pannebianco (Northwest ACSM) |
| 2019 – 2020 | Kathleen Early (Northwest ACSM) |
| 2018 – 2020 | Ariel Bowman (ACSM, Northwest ACSM) |
| 2019 – 2020 | Zoe Wright-Osborn (Northwest ACSM) |
| 2019 – 2020 | *Emily Weible (Northwest ACSM) |
| 2016 – 2019 | Emma Wilsie (ACSM, Northwest ACSM) |
| 2017 – 2018 | *Gretchen Stolte (Northwest ACSM) |
| 2017 – 2018 | *Bryce Magee (Northwest ACSM) |
| 2016 – 2017 | Jordana Dahmen (ACSM, Northwest ACSM) |
| 2016 – 2017 | Taylor Heppner (ACSM, Northwest ACSM) |
| 2016 – 2017 | Madison Grady (Northwest ACSM) |
| 2014 – 2016 | *Amanda K. McMahon (ACSM, Northwest ACSM) |
| 2015 – 2016 | Rebecca Weller (ACSM, Northwest ACSM) |

2015 – 2016 Christopher Stokesbary (Northwest ACSM)
2015 – 2016 Tanner Lowry (ACSM)

RECENT SERVICE

Professional Service

2020 – Present **Co-Director**, Global Triathlon Safety Database
Global Triathlon Safety Task Force

2019 – Present **Chair**, Awards Committee, Pregnancy & Postpartum Special Interest Group (SIG)
American College of Sports Medicine

2017 – Present **Member**, Exercise is Medicine (EIM) Underserved & Community Health Committee
American College of Sports Medicine

2016 – 2019 **Member-at-large (Clinical)**, Executive Board
American College of Sports Medicine, Northwest Chapter

2017 – 2018 **Regional Representative**, EIM Ambassador Program
American College of Sports Medicine

2015 – 2019 **Abstract Reviewer**, Abstract Review Committee
American College of Sports Medicine, Northwest Chapter

University Service

2019 – Present **Senator**, Faculty Senate
Washington State University

2018 – Present **Member**, Faculty Senate Library Committee
Washington State University

2016 – 2018 **Co-Director**, Cougar Employee Wellness Program (CEWP)
Washington State University

College Service

2019 – Present **Member**, Scholarship Committee
College of Education, Washington State University

2016 – Present **Member**, Grants and Research Advisory Committee (GRAC)
College of Education, Washington State University

2016 – 2018 **Member**, Graduate Studies Committee
College of Education, Washington State University

Department/Program Service

2015 – Present **Member**, Graduate Program Development Committee
Kinesiology Programs, Washington State University

2017 – 2019 **Chair**, Innovation Committee
Kinesiology Programs, Washington State University

2014 – 2017 **Member**, Kinesiology Curriculum Committee
Kinesiology Programs, Washington State University

2015 – 2016 **Member**, Academic Oversight Committee
Kinesiology Programs, Washington State University

2015 **Member**, Search Committee – Clinical Faculty Member
Kinesiology Programs, Washington State University

2014 – 2015 **Member**, Public Relations Committee
Kinesiology Programs, Washington State University

2014 - 2015 **Member**, Capstone Course Committee
Kinesiology Programs (Sports Studies), Washington State University

AD-HOC JOURNAL REVIEWIER

Journal	Impact Factor
<i>Journal of Clinical Medicine</i>	5.69
<i>Medicine & Science in Sports & Exercise</i>	4.48
<i>Nutrients</i>	4.20
<i>Journal of Sport and Health Science</i>	3.64
<i>Journal of Science and Medicine in Sport</i>	3.62
<i>PLOS One</i>	2.77
<i>Behavioral Medicine</i>	2.60
<i>International Journal of Environmental Research and Public Health</i>	2.15
<i>Journal of Physical Activity and Health</i>	2.08
<i>Maternal and Child Health Journal</i>	1.74
<i>Measurement in Physical Education and Exercise Science</i>	1.70
<i>Evaluation & the Health Professions</i>	1.60

PROFESSIONAL MEMBERSHIP

2009 – Present	American College of Sports Medicine (ACSM)
2014 – Present	ACSM, Northwest Chapter
2015 – 2016	North American Society for the Psychology of Sport & Physical Activity (NASPSPA)
2010 – 2014	ACSM, Midwest Chapter
2009 – 2010	ACSM, Southeast Chapter