

College of Education Teacher Preparation Program
Bachelor of Science in Kinesiology: Health and Fitness Option 137 Hours

Name: _____

PED: _____ Certification Date: _____

WSU ID#: _____

Degree/Endorsement: _____

Conditional Admission: Yes _____ No _____



Requirement(s): _____

GENERAL EDUCATION REQUIREMENTS					KINESIOLOGY CORE				
Communication Proficiency [W] [C]	Hours	Grade	Compl	Prefix	Title	Hours	Grade	Compl	
Engl 101 or 198	3			MvtSt 199	Human Motor Dev	3			
Engl 199/201/301/302/402	3			MvtSt 262	Human Anatomy	4			
World Civilization [A]				MvtSt 264	Fitness	3			
Gen Ed 110	3			MvtSt362 ¹	Biomechanics	3			
Gen Ed 111	3			MvtSt 380 ²	Intr Ex Phys	3			
Arts and Humanities [H,G,D]				MvtSt 415 ³	Assessment	3			
	3			MvtSt461	Motor Skills Acq	3			
Social Sciences [S,K]				H F 361	Health & Wellness	3			
Psych 105	3			H F 484 ⁴	Prin. Mvt Dis	3			
Arts & Hum/Soc. Sci. [H,G,D,S,K]				Ath T 311 ⁵	Strength Training	3			
	3			PEACT112	Weight Training	1			
Mathematics Proficiency [N]				Biol 251 ⁶	Hum Physiology	4		Fall	
	3			HEALTH AND FITNESS TEACHING PROGRAM					
Sciences				Ath T 266	Care & Prevent Ath Inj	3			
Biol 102 or 106/107 (Lab) [B]	4			Psych 230	Human Sexuality	3			
Chem 101 or 105 (Lab req) [P]	4			MvtSt 481	Anal Hum Mvt	3			
MBioS 130 [B]	3			H F 393	Sp. Pop Practicum	1			
Intercultural Studies [I,G,K]				H F 481	Health Ed Methods	3		Fall	
	3			H F 483	Fitness Ed Methods	3		Spring	
Tier III/Capstone					First Aid Card				
	3			PEACT PROFICIENCY IN 4 OF 5 ACTIVITY AREAS					
Electives					Aquatics	1			
					Individual	1			
Writing Portfolio Complete					Team	1			
					Dance	1			
WEST-B	Date Taken	P/NP	Date Taken	P/NP		Gymnastics	1		
Reading					EDUCATION COURSE REQUIREMENTS				
Math					T & L 301	Learning and Learners	3		
Writing					T & L 317	Practicum and Seminar	2	Spring	
West-E	Endorsement	P/NP	Date Taken	Block I	Curr.Plan.& Con Lit.				
West-E				T & L 464	Cul & Comm Contexts	3			
West-E				T & L 465	Sec. Meth. Of Ed. Tech.	3			
West-E				T & L 466		2			
				Block II					
Fingerprints	Date Cleared			T & L 467	Classroom Management	3			
FBI				EdPsy 468	Classroom Asst Sec	3			
WSP				T & L 469	Advanced Practicum	2			
OPP				T & L 470	ESL/SpEd Course	3			
				Block III					
Advisor				T & L 415	Directed Teaching	16		Semester	
Non-Cert GPA	Semester	Non-Cert GPA	Semester	Non-Cert GPA		Non-Cert GPA	Semester		

¹ Prerequisites for MvtSt 362 are MvtSt 262 or Biol 315.² Biol 251 is the prerequisite for MvtSt 380.³ Requires Senior status.⁴ Must be taken in conjunction with HF 393.⁵ Prerequisites for Ath T 311 are MvtSt 262, MvtSt 264, and Peact 112.⁶ Requires one semester of Chemistry 101, Chemistry 105, or the equivalent.

**Health and Fitness Teaching Option
Bachelor of Science – Kinesiology
Department of Teaching and Learning**

First Semester	Credits	Second Semester	Credits
Engl 101 [W]	3	Engl 201/301/302	3
Gen Ed 110	3	Gen Ed 111	3
Math 105	3	Chem 101	4
Bio 102	4	Psych 105	3
PEACT (132)	1	Arts & Hum [H,G,D]	3
<i>Total</i>	<i>14</i>	<i>Total</i>	<i>16</i>
Third Semester	Credits	Fourth Semester	Credits
MBioS 130	3	Intercultural [I,G,K]	3
Bio 251	4	MvST 262	4
MvSt 199	3	Ath T 266	3
Arts & Hum/SocSci [H,G,D,S,K]	3	Psych 230	3
T&L 301	2	PEACT (112)	1
PEACT (114)	1	T&L 317	2
		APPLY TO PROGRAM	
		Complete Writing Portfolio	
<i>Total</i>	<i>16</i>	<i>Total</i>	<i>15</i>
Fifth Semester	Credits	Sixth Semester	Credits
Tier III	3	MvSt 380	3
HF 484	3	Ath T 311	3
HF 393	1	HF 361	3
MvSt 264	3	MvSt 415	3
MvtSt 461 [W]	3	MvSt 362	3
PEACT (120 or 121)	3		
<i>Total</i>	<i>14</i>	<i>Total</i>	<i>15</i>
Seventh Semester	Credits	Eighth Semester	Credits
MvtSt 481	3	HF 483	3
HF 481	3	Block II: T&L 467 ¹	3
Block I: T&L 464 ²	3	Block II: EdPsy 468	3
Block I: T&L 465	3	Block II: T&L 469 ³	2
Block I: T&L 466	2	Block II: T&L 470	3
Pass WEST-E			
<i>Total</i>	<i>14</i>	<i>Total</i>	<i>14</i>
Ninth Semester	Credits		
Block III: T&L 415	16		
<i>Total</i>	<i>16</i>		

NOTES:  Students with a post-secondary enrollment date of F2000 and after must fulfill the American Diversity requirement [D].
 Math prerequisites do not count toward total hours required for the degree. They cannot be taken through WSU.

¹ T&L 467, 469, 470, and EdPsy 468 should be taken concurrently.

² T&L 464, 465, and 466 require concurrent enrollment.

³ T&L 469 requires 6 hours per week participation in the practicum