

**College of Education Teacher Preparation Program**  
**Bachelor of Science in Kinesiology: Health and Fitness Option 137 Hours**

Name: \_\_\_\_\_

PED: \_\_\_\_\_ Certification Date: \_\_\_\_\_

WSU ID#: \_\_\_\_\_

Degree/Endorsement: \_\_\_\_\_

Conditional Admission: Yes \_\_\_\_\_ No \_\_\_\_\_



Requirement(s): \_\_\_\_\_

GENERAL EDUCATION REQUIREMENTS					KINESIOLOGY CORE				
Communication Proficiency [W] [C]	Hours	Grade	Compl	Prefix	Title	Hours	Grade	Compl	
Engl 101 or 198	3			MvtSt 199	Human Motor Dev	3			
Engl 199/201/301/302/402	3			MvtSt 262	Human Anatomy	4			
<b>World Civilization [A]</b>				MvtSt 264	Fitness	3			
Gen Ed 110	3			MvtSt362 <sup>1</sup>	Biomechanics	3			
Gen Ed 111	3			MvtSt 380 <sup>2</sup>	Intr Ex Phys	3			
<b>Arts and Humanities [H,G,D]</b>				MvtSt 415 <sup>3</sup>	Assessment	3			
	3			MvtSt461	Motor Skills Acq	3			
<b>Social Sciences [S,K]</b>				H F 361	Health & Wellness	3			
Psych 105	3			H F 484 <sup>4</sup>	Prin. Mvt Dis	3			
<b>Arts &amp; Hum/Soc. Sci. [H,G,D,S,K]</b>				Ath T 311 <sup>5</sup>	Strength Training	3			
	3			PEACT112	Weight Training	1			
<b>Mathematics Proficiency [N]</b>				Biol 251 <sup>6</sup>	Hum Physiology	4		Fall	
	3			<b>HEALTH AND FITNESS TEACHING PROGRAM</b>					
<b>Sciences</b>				Ath T 266	Care & Prevent Ath Inj	3			
Biol 102 or 106/107 (Lab) [B]	4			Psych 230	Human Sexuality	3			
Chem 101 or 105 (Lab req) [P]	4			MvtSt 481	Anal Hum Mvt	3			
MBioS 130 [B]	3			H F 393	Sp. Pop Practicum	1			
<b>Intercultural Studies [I,G,K]</b>				H F 481	Health Ed Methods	3		Fall	
	3			H F 483	Fitness Ed Methods	3		Spring	
<b>Tier III/Capstone</b>					First Aid Card				
	3			<b>PEACT PROFICIENCY IN 4 OF 5 ACTIVITY AREAS</b>					
<b>Electives</b>					Aquatics	1			
					Individual	1			
<b>Writing Portfolio Complete</b>					Team	1			
					Dance	1			
<b>WEST-B</b>	<b>Date Taken</b>	<b>P/NP</b>	<b>Date Taken</b>	<b>P/NP</b>		Gymnastics	1		
Reading					<b>EDUCATION COURSE REQUIREMENTS</b>				
Math					T & L 301	Learning and Learners	3		
Writing					T & L 317	Practicum and Seminar	2	Spring	
<b>West-E</b>	<b>Endorsement</b>	<b>P/NP</b>	<b>Date Taken</b>	<b>Block I</b>	Curr.Plan.& Con Lit.				
<b>West-E</b>				T & L 464	Cul & Comm Contexts	3			
<b>West-E</b>				T & L 465	Sec. Meth. Of Ed. Tech.	3			
<b>West-E</b>				T & L 466		2			
				<b>Block II</b>					
<b>Fingerprints</b>	<b>Date Cleared</b>			T & L 467	Classroom Management	3			
<b>FBI</b>				EdPsy 468	Classroom Asst Sec	3			
<b>WSP</b>				T & L 469	Advanced Practicum	2			
<b>OPP</b>				T & L 470	ESL/SpEd Course	3			
				<b>Block III</b>					
<b>Advisor</b>				T & L 415	Directed Teaching	16		<b>Semester</b>	
<b>Non-Cert GPA</b>	<b>Semester</b>	<b>Non-Cert GPA</b>	<b>Semester</b>	<b>Non-Cert GPA</b>		<b>Non-Cert GPA</b>	<b>Semester</b>		

<sup>1</sup> Prerequisites for MvtSt 362 are MvtSt 262 or Biol 315.<sup>2</sup> Biol 251 is the prerequisite for MvtSt 380.<sup>3</sup> Requires Senior status.<sup>4</sup> Must be taken in conjunction with HF 393.<sup>5</sup> Prerequisites for Ath T 311 are MvtSt 262, MvtSt 264, and Peact 112.<sup>6</sup> Requires one semester of Chemistry 101, Chemistry 105, or the equivalent.

**Health and Fitness Teaching Option  
Bachelor of Science – Kinesiology  
Department of Teaching and Learning**

<b>First Semester</b>	<b>Credits</b>	<b>Second Semester</b>	<b>Credits</b>
Engl 101 [W]	3	Engl 201/301/302	3
Gen Ed 110	3	Gen Ed 111	3
Math 210	3	Chem 101	4
Bio 102	4	Psych 105	3
PEACT (132)	1	Arts & Hum [H,G,D]	3
<i>Total</i>	<i>14</i>	<i>Total</i>	<i>16</i>
<b>Third Semester</b>	<b>Credits</b>	<b>Fourth Semester</b>	<b>Credits</b>
MBioS 130	3	Intercultural [I,G,K]	3
Bio 251	4	MvSt 262	4
MvSt 199	3	Ath T 266	3
Arts & Hum/SocSci [H,G,D,S,K]	3	Psych 230	3
T&L 301	2	PEACT (112)	1
PEACT (114)	1	T&L 317	2
		APPLY TO PROGRAM	
		Complete Writing Portfolio	
<i>Total</i>	<i>16</i>	<i>Total</i>	<i>15</i>
<b>Fifth Semester</b>	<b>Credits</b>	<b>Sixth Semester</b>	<b>Credits</b>
Tier III	3	MvSt 380	3
HF 484	3	Ath T 311	3
HF 393	1	HF 361	3
MvSt 264	3	MvSt 415	3
MvtSt 461 [W]	3	MvSt 362	3
PEACT (120 or 121)	3		
<i>Total</i>	<i>14</i>	<i>Total</i>	<i>15</i>
<b>Seventh Semester</b>	<b>Credits</b>	<b>Eighth Semester</b>	<b>Credits</b>
MvtSt 481	3	HF 483	3
HF 481	3	Block II: T&L 467 <sup>1</sup>	3
Block I: T&L 464 <sup>2</sup>	3	Block II: EdPsy 468	3
Block I: T&L 465	3	Block II: T&L 469 <sup>3</sup>	2
Block I: T&L 466	2	Block II: T&L 470	3
Pass WEST-E			
<i>Total</i>	<i>14</i>	<i>Total</i>	<i>14</i>
<b>Ninth Semester</b>	<b>Credits</b>		
Block III: T&L 415	16		
<i>Total</i>	<i>16</i>		

NOTES:  Students with a post-secondary enrollment date of F2000 and after must fulfill the American Diversity requirement [D].  
 Math prerequisites do not count toward total hours required for the degree. They cannot be taken through WSU.

<sup>1</sup> T&L 467, 469, 470, and EdPsy 468 should be taken concurrently.

<sup>2</sup> T&L 464, 465, and 466 require concurrent enrollment.

<sup>3</sup> T&L 469 requires 6 hours per week participation in the practicum