

**MARIANNE BARABASZ**

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**HIGHER EDUCATION**

Ed.D. State University of New York at Albany, 1979, (Counseling Psychology).

Ed.S. State University of New York at Albany, 1970, (Counseling).

B.S. LeMoyne College, Syracuse, New York, 1968. (Biology & Chemistry)

**LICENSURE**

1981- Massachusetts Clinical Psychology License #2894

1992- Washington Psychology License #1635

**HONORS**

2009 Award for Distinguished Professional Contributions to Hypnosis, Society of Psychological Hypnosis, American Psychological Association.

2001 Elected treasurer, Society for Clinical and Experimental Hypnosis

2001 Bernard B. Raginsky, Award for Leadership and Achievement, Society for Clinical and Experimental Hypnosis.

2000 Henry Guze Award For Best Research Paper on Hypnosis Published During 1999. Bestowed by the Society for Clinical and Experimental Hypnosis.

2000 Clark L. Hull Award for Best Research Paper on Hypnosis Bestowed by the American Society of Clinical Hypnosis.

- 1997 Faculty Excellence Award for Research, Washington State University, College of Education, Bestowed at Spring Commencement Exercises
- 1997 Award for Best Research Paper at the Annual Convention of the American Psychological Association, Div 30, August, Chicago
- 1996 Henry Guze Award For the best research paper on hypnosis published during 1995 National Award presented by the Society for Clinical and Experimental Hypnosis
- 1996 Milton H. Erickson Award, Presented by the American Society of Clinical Hypnosis
- 1996- Fellow, American Psychological Association (APA) – on the basis of evaluated evidence of unusual and outstanding contributions to the field of psychology.
- 1994- Fellow, Society for Clinical and Experimental Hypnosis (SCEH) - In recognition of outstanding contributions to hypnosis research.
- 1995- Pro-Tem examiner, State of Washington Board of Psychology

### **PROFESSIONAL EXPERIENCES**

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| 2010                    | Director of Training, PhD program in Counseling Psychology  |
| 2005 – 2006             | Director of Training, PhD program in Counseling Psychology  |
| 2001 - 2005             | Co-Director of Training, PhD program in Counseling Psychology   |
| 1997 – present          | Professor, Department of Educational Leadership and Counseling Psychology, Washington State University                          |
| 1990 – 1997             | Associate Professor, Department of Educational Leadership and Counseling Psychology, Washington State University (Tenured 1990) |
| 1989 - Present          | Accreditation Site Visitor, American Psychological Association  |
| 1985, Aug. - 1990, Aug. | Assistant Professor, Dept. of Counseling Psychology, Washington State University  |

1984, Sept. - 1985, Aug.	Adjunct faculty, (Full time), Counseling Psychology, Washington State University
1983, Aug. - 1984, Aug.	Regular Consultant, Psychophysiology of Anxiety Research Project, Harvard Medical School and Massachusetts General Hospital
1983, April - 1984, Aug.	Clinical Psychologist, Center for Life Management, Derry, New Hampshire
1981, March - 1983, April	Clinical Psychologist, Bay Area Associates, Lowell Massachusetts
1981, March - Aug. 1984	Hospital Privileges in Clinical Psychology, Lowell General, Hospital, Lowell, Massachusetts
1976, June - 1980, Aug.	Clinical Psychologist, North Canterbury Hospital Board Sunnyside Psychiatric Hospital, Christchurch, New Zealand and Adjunct faculty, Christchurch Clinical School, University of Otago, New Zealand
1974, Sept. - 1975, Dec.	Clinical Psychologist, Genesee Psychiatric Center, Flint, Michigan
1973, Sept. - 1974, Sept.	Clinical/Counseling Psychology Intern Genesee Psychiatric Center, Flint, Michigan.
1972, Sept. - 1973, Sept.	Counselor, Casey Middle School, Williamsville, New York
1971, Sept. - 1972, Sept.	Instructor, Department of Behavioral Studies, State University of New York College at Buffalo (1 year appt.)
1970, July - 1971, Sept.	Research Associate - Child Study Center, State University of New York College at Buffalo, (1 yr. appt.)

### **SCHOLARSHIP - FELLOWSHIP**

Research Fellow in Counseling Psychology, State University of New York at Albany,  
1968-1970. (Full stipend)

Revised 7/2012

New York State Regents Scholarship, 1964-1968 (Full scholarship for four years undergraduate work).

### **PROFESSIONAL ORGANIZATIONS**

1981- Fellow, American Psychological Association  
1984- International REST Investigators Society  
1985- Diplomate, International Association of Health Care Professionals  
1989- Fellow, Society for Clinical and Experimental Hypnosis  
1989- International Society of Hypnosis  
1992- Fellow, American Association of Applied and Preventive Psychology

### **PROFESSIONAL SERVICE- COMMITTEE ASSIGNMENTS** (Selected Examples)

Member, 2010, Awards Committee, Society for Clinical and Experimental Hypnosis  
Membership Chair, 2009-2012 Society for Clinical and Experimental Hypnosis  
Chair, Awards Committee, Society for Clinical and Experimental Hypnosis  
Program Chair, 2001 American Psychological Association Convention, Div. 30.  
Treasurer, Society for Clinical and Experimental Hypnosis  
Co-chair Budget Committee, Society for Clinical and Experimental Hypnosis  
Co-chair Membership Committee, Society for Clinical and Experimental Hypnosis  
Chair, Fellows Committee, Division 30, American Psychological Association (1997-2000).  
Member, Div. 30, APA National Convention Program Committee, 1998(Boston)  
Member, Executive Committee, Society for Clinical and Experimental Hypnosis (.

Revised 7/2012

Chair, Scientific Program, Fifth International Conference on REST Investigation , 1991-1993

Scientific Program Committee - Fourth International Conference. International REST Investigators Society, 1989-1990.

Chair, American Psychological Association Liaison Committee, Society for Clinical and Experimental Hypnosis 1993-1995

Chair, Film Program, Society for Clinical and Experimental Hypnosis, 1990-1991.

### **EDITORIAL ACTIVITY**

2000	Co-editor, Special Issue on Attention Deficit Hyperactivity Disorder, <u>Child Study Journal</u> .
1995/6	Editor, Special Issue on Attention Deficit Hyperactivity Disorder, <u>Child Study Journal</u>
1994	<u>Anxiety, Stress and Coping</u> , reviewer
1992-	<u>American Journal of Clinical Hypnosis</u> , reviewer
1991-	<u>Perceptual and Motor Skills</u> , Editorial Consultant
1990-	<u>International Journal of Clinical and Experimental Hypnosis</u> , Editorial Board
1988-	<u>Child Study Journal</u> , Editorial board.
1976-1980	<u>New Zealand Psychologist</u> , reviewer.
1973-1975	<u>Child Study Journal</u> , reviewer.
1970-1973	<u>Child Study Journal</u> , Editorial Assistant.

### **CONSULTANCIES (selected)**

Yakima School District, Consultant, School Counselor Survey, 1997.

U.S. Army Consultant in Clinical Hypnosis, Tripler Hospital, Honolulu, Hawaii, Sept. 1994

Portland Academy of Clinical Hypnosis, Hypnosis research and applications for eating disorders, April 1993.

Psychophysiology of Anxiety Research Project, Harvard Medical School, (August, 1984-August, 1984).

Overeating Control: Assessment and Treatment.(Hypnosis with cognitive - behavior therapy) Consultant to the Nieman-Marcus Group, Inc., Dallas, Texas, 1983.

Smoking Cessation Hypnosis Program. Consultant to the Nieman-Marcus Group, Inc., Dallas, Texas, 1983.

Psychophysiology of Adjustment to Antarctic Living Stress Project, University of Canterbury, New Zealand (1976-1979).(Responsibility to Alan Crowther, Ph.D.; Professor and Head of Department of Psychology.)

### **BOOK and MONOGRAPH: (Refereed)**

Barabasz, A., & Barabasz, M. (Eds.) (1993). Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives. New York: Springer -Verlag (Hardcover). (350Pages) (6 Chapters Authored/Coauthored by Marianne Barabasz) (Foreword by Ernest R. Hilgard).

Barabasz, M. (1980). Electrodermal and Plethysmographic Arousal Responses to Anxiety Imagery Following Brief Rational-Emotive Psychotherapy. University of Canterbury Press (Softcover- 137 pages)

### **PROFESSIONAL PUBLICATIONS: (Refereed)**

Barabasz, M. (2012). Cognitive Hypnotherapy with Bulimia. American Journal of Clinical Hypnosis (54). 4, 353-364.

Allen, S., Barabasz, A., Barabasz, M., & Sanchez-Armass, O. (In press). Stanford Hypnotic Susceptibility Scale, Form C: Preliminary norms for an American Indian sample. International Journal of Clinical and Experimental Hypnosis.

- Roark, J., Barabasz, A., Barabasz, M., & Lin-Roark, I. (2012). Taiwanese norms for the Stanford Hypnotic Susceptibility Scale: Form C (Mandarin Chinese translation). International Journal of Clinical and Experimental Hypnosis, (60), 2, 160-174.
- Barabasz, A., Barabasz, M., & Watkins, J.G. (2012). Single-session manualized ego-state therapy (EST) for combat stress injury, PTSD, and ASD, Part 2: The procedure. International Journal of Clinical and Experimental Hypnosis, 60, (3), 1-12.
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- Barabasz, A., Barabasz, M., & John G. Watkins (2011) Single-session manualized ego state therapy (EST) for combat stress injury, PTSD and ASD, Part 1: The theory. International Journal of Clinical and Experimental Hypnosis, 59, (4), 379-391.
- Barabasz, M. (2010) Introduction. In Barabasz, A., Olness, O., Bolland, R., & Kahn, S. (Eds). Medical Hypnosis Primer: Clinical and Research Evidence. NY: Routledge/Taylor/Francis
- Barabasz, A., Higley, L., Christensen, C. & Barabasz, M., (2010) Hypnosis in the treatment of human papillomavirus (HPV) in women: Rural and urban samples. International Journal of Clinical and Experimental Hypnosis (58), 1, 102-121.
- Christensen, C, Barabasz, A., & Barabasz, M. (2009) Effects of an affect bridge for age regression. International Journal of Clinical and Experimental Hypnosis, October Issue, 57, (4) 402-418.
- Barabasz, A. & Barabasz, M. (2008). Hypnosis and the Brain. In M. Nash & A. Barnier (Eds.) The Oxford Handbook of Hypnosis: Theory, Research, and Practice, UK: Oxford University Oxford Press. ISBN: 978-0-19-857009-7
- Barabasz, A. & Barabasz M. (2008) Hypnotic amplification-attenuation technique for tinnitus management. In R. Kessler & D. Stafford (Eds.) *Collaborative medicine case studies: Evidence in practice*. NY: Springer.
- Sánchez-Armáss, O., Barabasz, A., & Barabasz, M., (2007) ESTANDARIZACIÓN DE LA ESCALA STANFORD DE SUSCEPTIBILIDAD HIPNÓTICA, FORMA C, EN UNA MUESTRA MEXICANA. ENSEÑANZA E INVESTIGACIÓN EN PSICOLOGÍA 12, 1, 131-146.
- Barabasz, M. (2007). Efficacy of hypnotherapy in the treatment of eating disorders. The International Journal of Clinical and Experimental Hypnosis, 55, 318-335.
- Barabasz, A., & Barabasz, M. (2006). Effects of tailored and manualized hypnotic inductions for complicated irritable bowel syndrome patients. International Journal of Clinical and Experimental Hypnosis, 54, (1), 100-112.

- Jensen, S., Barabasz, A., Barabasz, M., & Warner, D. (2001) EEG P300 event-related markers of hypnosis. American Journal of Clinical Hypnosis, 44, 2, 127-139.
- Barabasz, A., & Barabasz, M. (2000). Treating AD/HD with hypnosis and neurotherapy. Child Study Journal, 30, 1, 25-42.
- Warner, D., Barabasz, M., & Barabasz, A. (2000). Effects of Barabasz's alert hypnosis and neurotherapy on attention, impulsivity and hyperactivity in children with ADHD. Child Study Journal, 30, 1, 43-49.
- Anderson, K., Barabasz, M., & Barabasz, A., & Warner, D. (2000). Effects of Barabasz's alert hypnosis on EEG beta-theta ratios in children with ADHD. Child Study Journal, 30, 1, 51- 62.
- Barabasz, M. (2000). Hypnosis in the treatment of eating disorders. In L. Hornyak & J. Green (Eds.). *Healing from within: Hypnosis, imagery methods and women's health care*. Washington, D.C.: American Psychological Association.
- Freeman, R., Barabasz, A., Barabasz, M., & Warner, D. (2000). Hypnosis and distraction differ in their effects on cold pressure pain. American Journal of Clinical Hypnosis, 43, 2, 137-148.
- Nishith, P., Barabasz, A., & Barabasz, M. (1999) Brief hypnosis substitutes for alprazolam use in college students: Transient experiences and quantitative EEG responses. American Journal of Clinical Hypnosis, 41, 3, 237-243. Winner - Clark Hull Research Excellence Award - American Society for Clinical and Experimental Hypnosis.
- Barabasz, A., Barabasz, M., Jensen, S., Calvin, S., Trevisan, M., and Warner, D. (1999). Cortical event related potentials show the structure of hypnotic suggestions is crucial, International Journal of Clinical and Experimental Hypnosis, 47, 1, 5-22.
- Fligstein, D., Barabasz, A., Barabasz, M., Trevisan, M. & Warner, D. (1998). Effects of hypnosis on recall memory: Forced and non-forced conditions, American Journal of Clinical Hypnosis, 40, 4, 297-305.
- Barabasz, A. & Barabasz, M. (1996). Neurotherapy and alert hypnosis in the treatment of attention deficit hyperactivity disorder, In S. Lynn, I. Kirsch & J. Rhue (Eds.) Clinical Hypnosis Casebook. (pp. 271-292). Washington, D.C.: American Psychological Association.
- Barabasz, M., Barabasz, A. & Blampied, N. (1996). A primer on clinical case study research in neurotherapy, Journal of Neurotherapy, 1, 4, 12-14.
- Blampied, N., Barabasz, A., & Barabasz, M. (1996). Single case research designs for the science and practice of neurotherapy, Journal of Neurotherapy, 1, 4, 15-26.



- Barabasz, M., & Barabasz, A. (1996). Attention Deficit disorder: Diagnosis, etiology and treatment. Child Study Journal, 26, 1, 1-37.
- Crawford, H. & Barabasz, M. (1996). Quantitative EEG magnitudes in children with and without attention deficit disorder during neurological screening and cognitive tasks. Child Study Journal, 26, 1, 71-85.
- Smith, J.T., Barabasz, A. & Barabasz, M. (1996). A comparison of hypnosis and distraction in severely ill children undergoing painful medical procedures. Journal of Counseling Psychology, 43, 2, 187-195. (WINNER of the Ernest R. Hilgard BEST DISSERTATION AWARD from the American Psychological Association).
- Smith, P.R., Barabasz, A., Barabasz, M. & Warner, D. (1995). Effects of hypnosis on the immune response: B-cells, T-cells, helper and suppressor cells. American Journal of Clinical Hypnosis, 38, 2, 71-79. ( WINNER- Crasilneck Research Award- Society for Clinical and Experimental Hypnosis, WINNER- Milton Erickson Award- American Society for Clinical Hypnosis).
- Barabasz, A. & Barabasz, M. (1995) Attention deficit hyperactivity disorder: Neurological basis and treatment alternatives. Journal of Neurotherapy, 1, 1-10. (Includes new hypnotic adjunct).
- Barabasz, M., & Barabasz, A. (1993). Treatment of trichotillomania and smoking with hypnosis and REST. In A. Barabasz & M. Barabasz (Eds.), Clinical and Experimental Restricted Environmental Stimulation, (pp. 145-155). New York: Springer-Verlag,
- Barabasz, M., Barabasz, A., Dyer, R. (1993). Chamber REST reduces alcohol consumption: 3,6,12,24 hour sessions. In A. Barabasz & M. Barabasz (Eds.), Clinical and Experimental Restricted Environmental Stimulation, New York: Springer-Verlag, pp. 163-173.
- Barabasz, M. (1993). REST: A key facilitator in the treatment of eating disorders. In A. Barabasz & M. Barabasz (Eds.), Clinical and Experimental Restricted Environmental Stimulation. New York: Springer-Verlag, pp. 121-125.
- Barabasz, A., Barabasz, M., Dyer, R., & Rather, N. (1993). Effects of chamber REST, flotation REST and relaxation on transient mood state. In A. Barabasz & M. Barabasz (Eds.), Clinical and Experimental Restricted Environmental Stimulation, New York: Springer-Verlag, pp. 113-120.
- Raikov, V., & Barabasz, M. (1993). Age regression phenomena. In A. Barabasz & M. Barabasz (Eds.), Clinical and Experimental Restricted Environmental Stimulation, New York: Springer-Verlag, pp. 75-79.

- Dyer, R., Barabasz, A., & Barabasz, M. (1993). Twenty -four hours of chamber REST produces specific food aversions in obese females. In A. Barabasz & M. Barabasz (Eds.), Clinical and Experimental Restricted Environmental Stimulation, New York: Springer-Verlag, pp. 127-144.
- Barabasz, A., Barabasz, M., & Bauman, J. (1993) Restricted environmental stimulation technique improves human performance: Rifle Marksmanship. Perceptual and Motor Skills, 76, 867-873.
- Barabasz, A., & Barabasz, M. (1992). Research Designs and Considerations, in E. Fromm & M. Nash (Eds.), Contemporary Perspectives in Hypnosis Research. New York: Guilford Press, pp. 173-200.
- Barabasz, M. (1991). Effects of aerobic exercise on transient mood states. Perceptual and Motor Skills, 73, 657-658.
- Miller, M. F., Barabasz, A., & Barabasz, M. (1991). Effects of active alert and relaxation hypnotic inductions on cold pressor pain. Journal of Abnormal Psychology, 100, 223-228.
- Barabasz, M. (1991). Hypnotizability in bulimia. International Journal of Eating Disorders, 10, 117-120.
- Barabasz, M., Barabasz, A., & O'Neill, M. (1991). Effects of experimental context, demand characteristics and situational cues: New data. Perceptual and Motor Skills, 73, 83-92.
- Wagaman, J., Barabasz, A., & Barabasz, M. (1991). Flotation REST and imagery in the improvement of collegiate athletic performance. Perceptual and Motor Skills, 72, 119- 122.
- Barabasz, A., & Barabasz, M. (1990). Effects of chamber REST on hypnotizability and chronic pain. In J. Turner & T. Fine (Eds.), Restricted Environmental Stimulation: Research and Commentary. Toledo: MCO Press, pp. 213-228.
- Miller, M., & Barabasz, M. (1990). The effects of REST on inversion perception. In P. Suedfeld, (Ed.) Restricted Environmental Stimulation: Theoretical and Empirical Developments In Flotation REST. Springer-Verlag, pp. 105-112.
- Barabasz, A.F., & Barabasz, M. (1990). The effects of chamber REST on hypnotizability and chronic pain. In P. Suedfeld, (Ed.), Restricted Environmental Stimulation: Theoretical and Empirical Developments In Flotation REST. Springer-Verlag.
- Barabasz, M. (1990). Bulimia, hypnotizability and dissociative capacity. In R. VanDyck, P.H. Spinhoven, A. J. W. Van derDoes, Y. R. Van Rood, & W.

- DeMoor (Eds.). Hypnosis: Current theory, research and practice. Amsterdam: Free University Press.
- Barabasz, M. (1990). Imaginative involvement in Antarctica: Applications to life in space. In A. Harrison, Y. Clearwater, & C. McKay (Eds.) The Human Experience in Antarctica: Applications to Life in Space. New York: Springer-Verlag.
- Barabasz, M. (1990). Treatment of bulimia with hypnosis involving awareness and control in clients with high dissociative capacity. International Journal of Psychosomatics, 37, 53-56.
- McAleney, P. J., Barabasz, A., & Barabasz, M. (1990). Effects of flotation restricted environmental stimulation on intercollegiate tennis performance. Perceptual and Motor Skills, 71, 1023-1028.
- Barabasz, A. F., & Barabasz, M. (1989). Effects of restricted environmental stimulation: Enhancement of hypnotizability in experimental and chronic pain control. International Journal of Clinical and Experimental Hypnosis, 37, 217-231.
- Barabasz, M. (1989). Anorexia nervosa: A new hypnotic intervention. In D. Waxman, D. Pedersen, I. Wilkie, P. Mellett (Eds.) Hypnosis: The Fourth European Congress at Oxford. London: Whurr.
- Miller, M. F., & Barabasz, M. (1989). Effects of REST on the perception of abstract figure pairs. In T. Fine & J. Turner (Eds.) REST 1989, Toledo: MCOT.
- Barabasz, M., O'Neill, M., & Scoggin, G. (1989). The psychology of the panic button: New data. In T. Fine & J. Turner (Eds.) REST 1989. Toledo: MCOT.
- Barabasz, M., & Spiegel, D. (1989). Hypnotizability and weight loss in obese subjects. International Journal of Eating Disorders, 8, 335-341.
- Barabasz, M. (1987). Body self perception technique and behavioral counseling in the treatment of anorexia nervosa: A new approach. International Journal of Psychosomatics, 34, 12-14.
- Barabasz, M. (1987). Trichotillomania: A new treatment. International Journal of Clinical and Experimental Hypnosis, 35, 146-154.
- Barabasz, M., & Barabasz, A. F. (1987). Controlling experimental and situational demand variables in restricted environmental stimulation research. Proceedings of the 2nd International Conference on Restricted Environmental Stimulation Research. Toledo: IRIS Publications, pp. 110-121.
- Barabasz, A. F., Baer, L., Sheehan, D. V., & Barabasz, M. (1986). A three year clinical follow-up of hypnosis and restricted environmental stimulation therapy for

- smoking: International Journal of Clinical and Experimental Hypnosis, 36, 169-181.
- Barabasz, A. F., & Barabasz, M. (1986). Antarctic Isolation and Inversion perception: Regression Phenomena. Environment and Behavior, 18, 185-292.
- Barabasz, A. F., Baer, L., Sheehan, D. V. & Barabasz, M. (1985). Effects of hypnosis and restricted environmental stimulation therapy (REST) on chronic smoking. In J. J. Sanchez-Sosa (Ed.) Health and Clinical Psychology (pp. 237-250). Amsterdam: North Holland.
- Barabasz, A. F., & Barabasz, M. (1985). Effects of restricted environmental stimulation on skin conductance, EEG alpha and temperature responses. Environment and Behavior, 17, 239-253.
- Barabasz, M., & Barabasz, A. F. & Mullin, C.S. (1983). Effects of brief Antarctic isolation on absorption and hypnotic susceptibility. International Journal of Clinical and Experimental Hypnosis, 31, 235-238.
- Barabasz, A. F., & Barabasz, M. (1981). Effects of rational-emotive therapy on psychophysiological and reported measures of anxiety arousal. Journal of Clinical Psychology, 37, 621-632.
- Barabasz, A. F., & Barabasz, M. (1977). Quantifying hierarchy stimuli in systematic desensitization by skin conductance and peripheral pulse volume: Treatment of school phobia. Child Study Journal, 7, 203-210.
- Barabasz, M. (1974). Effects of quantifying hierarchy stimuli in the treatment of school phobia by systematic desensitization. In R. E. Lappert (Ed.) Northeastern Educational Research Association Proceedings, 15-18.
- Barabasz, A. F., McCowan, R. J., & Barabasz, M. (1972). A comparative study of counselee preferences for behaviorist and client centered counseling approaches. Child Study Journal, 2, 117-122.
- Barabasz, M. (1970). A comparative study of creativity in Negroes and Caucasians. Child Study Journal, 1, 25-27. (Published under maiden name - Marianne Doyle)

## **BOOK REVIEWS**

- Barabasz, M. (2007). Emotional resonance: The story of Helen Watkins, world-acclaimed psychotherapist. International Journal of Clinical and Experimental Hypnosis, 56, 1, 117-118,
- Barabasz, M. (1995) Clinical hypnosis and therapeutic suggestion in patient care edited by Rothyn P. Zahourek. International Journal of Clinical and Experimental Hypnosis, 43, 347-348.
- Barabasz, M. (In Press). The Handbook of Mental Control. edited by D. M. Wegner and J.W. Pennebaker. American Journal of Clinical Hypnosis.

**PUBLICATION: (Not refereed)**

- Barabasz, M., Sayger, T. & Barabasz, A. F., Eds.(1988). Hypnosis and REST Laboratory Research Reports (66 pp.). Supported by a grant from Enrichment Enterprises, Inc. and the Sensorium-Institute for Advanced Sensory Studies.

**SELECTED PRESENTATIONS**

- Barabasz, A.F., & Barabasz, M. (2011). Manualized Ego State Therapy for PTSD: Procedure and Evidence. 62<sup>nd</sup> Annual Workshops and Scientific Program, Society for Clinical and Experimental Hypnosis, New Orleans.
- Barabasz, A.F., & Barabasz, M. (2011). Advanced hypnotherapy: Hypnodynamic techniques. 62<sup>nd</sup> Annual Workshops and Scientific Program, Society for Clinical and Experimental Hypnosis, New Orleans.
- Christensen, Effects of single-session Ego-State Therapy for PTSD: A placebo controlled study. 2011 Annual Convention of the American Psychological Association, Washington, D.C.
- Barabasz, A.F., & Barabasz, M. (2011). Hypnotherapeutic Techniques. Teile Therapie Tagung – Fourth World Congress on Ego State Therapy, Heidelberg, Germany.
- Barabasz, M. (2010). How research inspires clinical practice. Invited address “Distinguished Contributions to the Profession of Hypnosis.” 2010 Annual Convention of the American Psychological Association, San Diego, CA.

- Barabasz, A.F., Barabasz, M., & Christensen, C. (2010). Treatment of HPV with hypnosis: A controlled investigation. 61<sup>st</sup> Annual workshops and Scientific Program of the Society for Clinical and Experimental Hypnosis, Boston. MA.
- Christensen, C., Barabasz, A.F., & Barabasz, M. (2010). Reinstatement of child-like affect by hypnotic regression. 61<sup>st</sup> Annual workshops and Scientific Program of the Society for Clinical and Experimental Hypnosis, Boston. MA.
- Barabasz, A., Higley, L., Christensen, C., & Barabasz, M. (Oct., 2009). Efficacy of hypnosis in the treatment of Human Papillomavirus (HPV) in women: Rural and urban samples. Paper presented at the 60<sup>th</sup> Annual Workshops and Scientific Program of the Society for Clinical and Experimental Hypnosis. Reno, NV.
- Roark, J., Barabasz, A., Lin-Roark, I., Barabasz, M., Warner, D., & Sanchez, O. (Oct., 2009). An investigation of Taiwanese norms for the Stanford Hypnotic Susceptibility Scale: Form C (Mandarin Chinese Translation) – SHSS:C (MCT). Presented at the 60<sup>th</sup> Annual Workshops and Scientific Program of the Society for Clinical and Experimental Hypnosis. Reno, NV.
- Green, S., Barabasz, A., Barabasz, M., & Warner, S. (Oct., 2009). Experimental pain in hypnosis research: Ischemic vs. transcutaneous electrical nerve stimulation (TENS). presented at the 60<sup>th</sup> Annual Workshops and Scientific Program of the Society for Clinical and Experimental Hypnosis. Reno, NV.
- Barabasz, A., & Barabasz, M. (Sept., 2009) Hypnotherapeutic techniques. Workshop presented at the 8<sup>th</sup> International Congress of the International Society of Hypnosis, Rome.
- Barabasz, M., Allen, S., Barabasz, A., & Sanchez-Armass, O. (Aug. 2009). Hypnotizability, ethnic identity, and religious convictions of Native Americans. Presented at the 117<sup>th</sup> American Psychological Association Convention. Toronto.
- Barabasz, A., Barabasz, M., Christensen, C., & Higley, L. (March, 2009). Efficacy of Psychological Hypnosis for vaginal warts (HPV). Presented at Academic Showcase, Washington State University, Pullman, WA.
- Barabasz, A., Barabasz, M. & Christensen, C. (2008) Update on Hypnotherapeutic Techniques, 2E, 1-day workshop. Presented at the 59<sup>th</sup> Annual Workshops and Scientific Program of the Society for Clinical and Experimental Hypnosis, King of Prussia, Pennsylvania, October 22-26.
- Barabasz, M. (2008). Hypnosis research in health enhancement. Presented at the 59<sup>th</sup> Annual Workshops and Scientific Program of the Society for Clinical and Experimental Hypnosis, King of Prussia, Pennsylvania, October 22-26
- Barabasz, M. (2008). Hypnosis in the treatment of habit disorders. Presented in the

- Intermediate Workshop in Clinical Hypnosis at the 59<sup>th</sup> Annual Workshops and Scientific Program of the Society for Clinical and Experimental Hypnosis, King of Prussia, Pennsylvania, October 22-26
- Christensen, C., Barabasz, A. & Barabasz, M. (2008) Effects of an affect bridge for age regression. . Presented at the 116<sup>th</sup> American Psychological Association Convention, Boston Marriot Copley Place, Boston, MA, August 15-17.
- Barabasz, M., & Rickard, J. (2007). Treating amputees with hypnosis. Presented at the 58<sup>th</sup> Annual Scientific Program of the Society for Clinical and Experimental Hypnosis, Anaheim, CA, October, 24-28.
- Christensen, C., Barabasz, A., & Barabasz, M. (2007) Effects of a Transitional Object Affect Bridge for Age Regression: Spontaneity. Presented at the 58<sup>th</sup> Annual Scientific Program of the Society for Clinical and Experimental Hypnosis, Anaheim, CA, October, 24-28.
- Barabasz, M., & Rickard, J. (2007). Hypnosis for Amputees. Presented at the Annual Convention of the American Psychological Association, August 17-19, San Francisco.
- Barabasz, A., & Barabasz, M. (2007) Amplification-attenuation hypnosis for tinnitus: A case study. Presented at the Annual Convention of the American Psychological Association, August 17-19, San Francisco.
- Ortiz, D., Barabasz, M. & Barabasz, A. (2007) Effects of hypnosis on persistence in exercise and diet. . Presented at the Joint National Meeting of the Society for Clinical and Experimental Hypnosis & the American Society of Hypnosis, Dallas, January.
- Barabasz, A.F., & Barabasz, M. (2006). Effects of hypnosis in the treatment of human papillomavirus. 17<sup>th</sup> International Congress of Hypnosis. Acapulco, Mexico.
- Sanchez-Armass, O., Barabasz, A., & Barabasz, M. (2006). Standardization of the Stanford Hypnotic Susceptibility Scale in a Mexican Sample. 17<sup>th</sup> International Congress of Hypnosis, Acapulco, Mexico.
- Ortiz, D., Barabasz, M., & Barabasz, A. (2006). Hypnosis enhances sport performance. American Psychological Association, New Orleans.
- Barabasz, A., & Barabasz, M. (2005). Hypnosis in the treatment of vaginal warts: Multi-site cures. Paper presented at the 113<sup>th</sup> Annual Convention of the American Psychological Association. Washington, D.C., Aug. 18 – 21.

- Barga, J., & Barabasz, M.. (2005). Hypnosis as an adjunct to CBT in treating bulimia. Paper presented at the 113<sup>th</sup> Annual Convention of the American Psychological Association. Washington, D.C., Aug. 18 – 21.
- Barabasz, A., Barabasz, M. & Christensen, C. (2004). Clinician experience and hypnotic depth: Effects on age-regression phenomena, 112<sup>th</sup> Annual Convention of the American Psychological Association, Honolulu, July 28-August 1.
- Barga, J., & Barabasz, M. (2004). Effects of hypnosis as an adjunct to Cognitive Behavior Therapy in the treatment of Bulimia Nervosa. Presented at the 55<sup>th</sup> Annual Scientific Program of the Society for Clinical and Experimental Hypnosis. Santa Fe, NM. Nov. 10-14.
- Warner, L., Barabasz, M., & Barabasz, A. (2004). Hypnosis in the treatment of Type II Diabetes. Presented at the 55<sup>th</sup> Annual Scientific Program of the Society for Clinical and Experimental Hypnosis. Santa Fe, NM. Nov. 10-14.
- Sanchez, O., Barabasz, A., & Barabasz, M. (2004). The Stanford Hypnotic Susceptibility Scale, Form C: Normative data of a Mexican sample. Presented at the 55<sup>th</sup> Annual Scientific Program of the Society for Clinical and Experimental Hypnosis. Santa Fe, NM. Nov. 10-14.
- Barabasz, M. (2003). Hypnosis in the treatment of eating disorders. (2003) Paper presented at the 111<sup>th</sup> Annual Convention of the American Psychological Association, Toronto, Aug.
- Barabasz, A., Barabasz, M., Roark-Lin, I., Roark, J., Sanchez, O., Frazier, S., Christensen, C. (2003). Age regression produces focal point dependence: Experience make a difference. Paper presented at the 54<sup>th</sup> Annual Scientific Program of the Society for Clinical and Experimental Hypnosis. Chicago, Nov. 12-15.
- Barga, J., & Barabasz, M. (2002). Hypnosis and Cognitive Behavior Therapy in the treatment of bulimia. Paper presented at the 53<sup>rd</sup> Annual Scientific Program of the Society for Clinical and Experimental Hypnosis, Boston, Nov. 6-10
- Barabasz, M. Uses of Hypnosis in the treatment of Eating Disorders. (2002). Paper presented at Annual meeting of the American Society of Clinical Hypnosis. Indianapolis, ID March 16-19.
- Barabasz, A., & Barabasz, M. (2002) Hypnotic realities: Trance and suggestion. Paper presented at 110th Annual Convention of the American Psychological Association, Chicago, August.
- Russell, L., Barabasz, A., & Barabasz, M. (2001). Treating papillomavirus (vaginal warts): Hypnotizability versus expectation. Presented at the 52<sup>nd</sup> Annual Scientific



- Program of the Society for Clinical and Experimental Hypnosis, San Antonio, TX, November 7-11.
- Barabasz, M., Barabasz, A., Jaeger-Darakjy, J. & Warner, D.(2001). Dry flotation restricted environmental stimulation (REST) enhances hypnotizability: Pain, EEG and skin conductance. Paper presented at the 52nd Annual Scientific Program of the Society for Clinical and Experimental Hypnosis, San Antonio, Nov. 7-11.
- Casmar, P., Barabasz, A., & Barabasz, M. (2000). Hypnotic anesthesia for nicotine craving. Paper presented at the 51<sup>st</sup> Annual Scientific Program of the Society for Clinical and Experimental Hypnosis, Seattle, Oct. 25-29.
- Barabasz, A., & Barabasz, M. (1999). Alert hypnosis as an adjunct to neurotherapy. Paper presented at the 50<sup>th</sup> Annual Conference of the Society for Clinical and Experimental Hypnosis, Nov. New Orleans.
- Anderson, K., & Barabasz, M. (1999). Effects of Barabasz's alert hypnosis on EEG theta-beta ratios. Paper presented at the 50<sup>th</sup> Annual Conference of the Society for Clinical and Experimental Hypnosis, Nov. New Orleans.
- Warner, D., Barabasz, A., & Barabasz, M. (1999). Effects of Barabasz's alert hypnosis on attentiveness, impulsivity and hyperactivity in children with ADHD. Paper presented at the 50<sup>th</sup> annual conference of the Society for Clinical and Experimental Hypnosis, Nov. New Orleans.
- Barabasz, A., & Barabasz, M. (1999) Treating ADHD with hypnosis and neurotherapy. Paper presented at the 107<sup>th</sup> annual convention of the American Psychological Association. Aug. Boston.
- Barabasz, M. (1998). Hypnosis, hypnotizability and the treatment of eating disorders. Paper presented at the 49<sup>th</sup> annual conference of the Society for Clinical and Experimental Hypnosis. Nov. Chicago.
- Barabasz, M., Smith, J., Barabasz, A., & Warner, D. (1998). Alert hypnosis for painful medical procedures with young children. Paper presented at the 49<sup>th</sup> annual conference of the Society for Clinical and Experimental Hypnosis. Nov., Chicago.
- Alexander, R., Barabasz, M., & Warner, D.(1998). A Comparison of EMDR and Hypnosis. Paper presented at the 106<sup>th</sup> annual convention of the American Psychological Association, August, San Francisco.
- Freeman, R., Warner, D., Barabasz, A., & Barabasz, M. (1998). Quantitative EEG differences between dissociation and distraction during cold pressure pain. Paper presented at the 106<sup>th</sup> annual convention of the American Psychological Association, August, San Francisco.

- Trevisan, M., Warner, D., Jaeger-Darakjy, J., Barabasz, M., Barabasz, A. (1998). Effects of restricted environmental stimulation in EEG, pain and hypnotizability. Paper presented at the 106<sup>th</sup> annual convention of the American Psychological Association, August, San Francisco.
- Jensen, S., Barabasz, A., Barabasz, M. Warner, D., & Trevisan, M.(1998) Effects of alternative hypnotic instructions on event related potentials. Paper presented at the 106<sup>th</sup> annual convention of the American Psychological Association, August, San Francisco.
- Fligstein, D., Barabasz, A., Barabasz, M., Trevisan, M., & Warner,D.(1998). Effects of hypnosis on recall memory: Forced and non-forced conditions. Paper presented at the 106<sup>th</sup> annual convention of the American Psychological Association, August, San Francisco.
- Barabasz, M. (1997). Susceptibility to hypnosis in eating disordered women. Presented at the 105<sup>th</sup> Annual convention of the American Psychological Association, August, Chicago.
- Barabasz, A., & Barabasz, M. (1997). Altered brain activity shows the structure of hypnotic suggestions is crucial. Invited address presented at the 105<sup>th</sup> Annual convention of the American Psychological Association, August, Chicago. (Award for Best Research Paper Presented at the Annual Convention of the American Psychological Association Div. 30)
- Barabasz, A., & Barabasz, M. (1997). Training counseling psychologists for the future: Hypnosis is a key. Invited symposium presentation: Evolution of hypnosis and counseling psychology. Presented at the 105<sup>th</sup> Annual convention of the American Psychological Association, August, Chicago.
- Barabasz, M. (1997). Hypnosis, hypnotizability and eating disorders. Paper presented at the 14<sup>th</sup> International Congress of Hypnosis. June, San Diego.
- Jensen,S., Barabasz, A., Barabasz, M., Warner, D., & Trevisan,M. (1997). Effects of Alternative hypnotic instructions on EEG visual evoked potentials. Paper presented at the 48<sup>th</sup> Annual Scientific Program of the Society for Clinical and Experimental Hypnosis, Washington, D.C. Nov. 13-14.
- Barabasz, M., & Barabasz, A.(1997). REST effects in human performance. Paper presented at the 6<sup>th</sup> International REST Conference, April, San Francisco.
- Barabasz, A., Barabasz, M., Warner, D., & Bauman, J. (1997).Effects of dry flotation REST on marksmanship performance: More data. Paper presented at the 6<sup>th</sup> International REST

- Barabasz, A., & Barabasz, M. (1997). Training counseling psychologists for the future: Hypnosis is a key. Invited symposium presentation: Evolution of hypnosis and counseling psychology. Presented at the 105<sup>th</sup> Annual convention of the American Psychological Association, August, Chicago.
- Barabasz, M., Barabasz, A., Darakjy-Jaeger, J., Justice, T., Anderson, K., & Trevison, M.. (1997). Effects of dry flotation REST on hypnotizability, EEG and skin conductance in lighted and unlighted conditions. Paper presented at the 6<sup>th</sup> International REST Conference, April, San Francisco.
- Justice, T., Barabasz, A., & Trevisan, M. (1997). Effects of lighted and light-free dry flotation REST on changes in absorption and mood state. Paper presented at the 6<sup>th</sup> International REST Conference, April, San Francisco.
- Barabasz, A., Barabasz, M., Jensen, S. & Calvin, S. (1996). Alternative hypnotic suggestions alter visual and auditory EEG event related potentials. Presented at the 47<sup>th</sup> Annual Scientific Program of the Society for Clinical and Experimental Hypnosis, November, Tampa.
- Barabasz, A. & Barabasz, M. (1996) Hypnosis in unusual places, Invited Presentation, the 47<sup>th</sup> annual Scientific Program of the Society for Clinical and Experimental Hypnosis, November, Tampa.
- Barabasz, A. & Barabasz, M. (1996) Hypnotically recovered memories leading to arrests and convictions: Corroboration and elaboration, Presented a the 47<sup>th</sup> annual Scientific Program of the Society for Clinical and Experimental Hypnosis, November, Tampa.
- Barabasz, A. & Barabasz, M. (1996) REST research in the enhancement of human performance. International Congress of Psychology, Montreal, CANADA, August 20.
- Barabasz, A. Barabasz, M., Jensen, S. & Calvin, S. (1996) Alternative hypnotic suggestions alter EEG event related potentials :The clinicians had it right. American Psychological Association Convention, Toronto, CANADA
- Barabasz, M., Huang, Y., Mitchell, M., & Schultz, T. (1996). Hypnosis enhances EEG correlates of a specific eating disorder. American Psychological Association Convention, Toronto, CANADA
- Barabasz, A., Barabasz, M. & Jensen, S. (1995) Effects of cortical event-related potentials during visual hypnotic hallucinations. 46<sup>th</sup> Annual Scientific Symposia of the Society for Clinical and Experimental Hypnosis, San Antonio, Texas, November 9-12.

- Barabasz, A. & Barabasz, M. (1995) Is hypnosis an empirically validated procedure?: What we can do about it. Invited presentation-46<sup>th</sup> Annual Scientific Symposia of the Society for Clinical and Experimental Hypnosis, San Antonio, Texas, November 9-12.
- Freeman, R., Barabasz, A. & Barabasz, M. (1995) Dissociation and distraction: Quantitative EEG differences during cold pressure pain. 103<sup>rd</sup> Annual Convention of the American Psychological Association, New York, New York, August.
- Barabasz, A., & Barabasz, M. (1995) Vitamin B-6 depletion, EEG, and Instantaneous Neuronal Activation Procedure. 103<sup>rd</sup> Annual Convention of the American Psychological Association, New York, New York, August. (Div. 30)
- Barabasz, A., & Barabasz, M. (1994). Multi site quantitative EEG responses to an attentional task during active alert hypnosis and waking states. Presented at the 45<sup>th</sup> Annual Scientific Meeting of the Society for Clinical and Experimental Hypnosis, San Francisco, Oct 4-8.
- Smith, J., Barabasz, A., & Barabasz, M. (1994). A test of dissociation versus distraction in young children undergoing painful medical procedures. Presented at the 45<sup>th</sup> Annual Scientific Meeting of the Society for Clinical and Experimental Hypnosis, San Francisco, Oct 4-8.
- Freeman, R., Barabasz, A. & Barabasz, M. (1994). EEG topographic differences between dissociation and distraction during cold pressure pain in high and low hypnotizables. Presented at the 45<sup>th</sup> Annual Scientific Meeting of the Society for Clinical and Experimental Hypnosis, San Francisco, Oct 4-8.
- Barabasz, A., Barabasz, M. , & Warner, D. (1994). Clinical Hypnosis: Front Runners in Counseling Psychology. Presented at the 102<sup>nd</sup> Annual Convention of the American Psychological Association, Los Angeles, August 12-16 (APA Div. 17).
- Barabasz, A., & Barabasz, M. (1994) Effects of focused attention on EEG topography, Symposium: Behavioral Medicine, Psychophysiology and Hypnosis, Presented at the 102<sup>nd</sup> Annual Convention of the American Psychological Association, Los Angeles, August 12-16 (APADiv.30).
- Smith, J., Barabasz, A., & Barabasz, M. (1994). Effects of hypnotizability: Distraction versus dissociation in medically induced pains. Presented at the 102<sup>nd</sup> Annual Convention of the American Psychological Association, Los Angeles, August 12-16 (APA Div.30).
- Rehnberg, T., & Barabasz, M. (1994) Effects of a health belief intervention on safer sex practices in a sexually active female college population. Annual Convention of the American Psychological Association, Los Angeles, CA August.

- Rather, N., Barabasz, M., & Barabasz, A. (1993). Effects of study skills training on the academic self-efficacy and performance of provisional college students. Paper presented at the 101<sup>st</sup> Annual Convention of the American Psychological Association, Toronto, Aug. 20-24.
- Nishith, P., Barabasz, A., & Barabasz, M. (1993) Alprazolam and hypnosis: EEG spectral decomposition and transient experiences. Paper presented at the 101<sup>st</sup> Annual Convention of the American Psychological Association, Toronto, Aug. 20-24.
- Ruzyla-Smith, P., Barabasz, A., Barabasz, M., & Warner, D. (1993).Hypnosis enhances the immune response: B-Cells, T-Cells, Helper and Suppressor Cells. Paper presented at the 101<sup>st</sup> Annual Convention of the American Psychological Association, Toronto, Aug. 20-24.
- Barabasz, A., Crawford, H., & Barabasz, M. (1993). EEG topographic map differences in attention deficit and normal children: Moderating effects from focused active alert hypnotic instructions during reading, math and listening tasks. Paper to be presented at the 33<sup>rd</sup> Annual meeting of the Society for Psycho physiological Research, Rottach-Egern, Germany, Oct. 27-31.
- Barabasz, M., & Nishith, P. (1993) Effects of dry flotation REST on transient mood states. Paper presented at the Fifth International Conference on REST, Seattle, WA , Feb. 26-28.
- Barabasz, M., Barabasz, A., & Boulter, C. (1993). Effects of dry flotation REST on competitive skiing performance. Paper presented at the Fifth International Conference on REST, Seattle, WA , Feb.26-28.
- Cammack, M. , & Barabasz, M. (1993). Effects of 24 hours of chamber REST on smokeless tobacco use. Paper presented at the Fifth International Conference on REST, Seattle, WA , Feb. 26-28.
- Barabasz, A., Barabasz, M., & Bauman, J. (1993). Dry flotation REST improves rifle marksmanship: Is absorption and hypnotizability relevant? Paper presented at the Fifth International Conference on REST, Seattle, WA , Feb. 26-28.
- Ruzyla-Smith, P., Barabasz, A., Barabasz, M., & Warner, D. (1993).Hypnosis and flotation REST: Immunological Effects. Paper presented at the Fifth International Conference on REST, Seattle, WA, Feb. 26-28.
- Bombel, G., & Barabasz, M. (1993). The effects of meditation and flotation REST on anxiety and psychopathology. Paper presented at the Fifth International Conference on REST, Seattle, WA , Feb. 26-28.
- Barabasz, A. Barabasz, M.& Nisthith,P. (1992). EEG desynchronization in attention deficit disordered children and adults: Effects of alprazolam and hypnosis during

- a reading task. 6<sup>th</sup> International Congress of Psychophysiology, Berlin, Germany, September 2-6.
- Barabasz, M., & Barabasz, A. (1992). The role of hypnotizability measurement in the treatment of habit disorders: Overeating, smoking and trichotillomania. Paper presented at the International Congress of Hypnosis and Psychosomatic Medicine, Jerusalem
- Ruzyla-Smith, P., Barabasz, A., Barabasz, M., & Warner, D. (1992). Effects of hypnosis and restricted environmental stimulation therapy on the immune response: B-cells, T-cells, helper and suppressor cells. Presented at the 43<sup>rd</sup> Annual Scientific Meeting of the Society for Clinical and Experimental Hypnosis, Washington, D.C., Oct. 20-25.
- Barabasz, M. (1991). Childhood experiences of bulimia. Presented at the 42<sup>nd</sup> Annual meeting of the Society of Clinical and Experimental Hypnosis.
- Barabasz, A., Barabasz, M., (1991). Effects of sensory deprivation on EEG Theta and skin conductance. Paper presented at the International Congress of Psychophysiology, Budapest, Hungary, July.
- Barabasz, M. (1990). REST as an adjunctive procedure in the treatment of eating disorders. Presented at the Fourth International Conference on Restricted Environmental Stimulation, Washington, DC, March 22-23.
- Barabasz, M. (1990). High hypnotizability: A characteristic of bulimia. Presented at the 98th Annual Convention of the American Psychological Association, Boston, MA, Aug. 10-14.
- Barabasz, M., Barabasz, A., & Dyer, R. (1990). Effects of Chamber REST: Reduction of alcohol intake, 3, 6, 12, and 24 hour sessions. Fourth International Conference on REST, Washington, DC, March 22-23. (Supported by ADA grant to M. Barabasz).
- Barabasz, A., Barabasz, M., & Dyer, R. (1990). Effects of REST on body fat reduction and food aversion. Fourth International Conference on REST, Washington, DC, March 22-23.
- Barabasz, A. F., Barabasz, M., Dyer, R., & Rather, N. (1990). Effects of chamber REST, flotation REST, and relaxation on transient mood state. Presented at the Fourth International Conference on Restricted Environmental Stimulation, Washington, DC, March 22-23.
- Barabasz, M., Barabasz, A., & Dyer, R. (1990). Effects of restricted environmental stimulation therapy (REST) on alcohol consumption. Presented at the 98th Annual Convention of the American Psychological Association, Boston, MA, Aug. 10-14.

- Barabasz, M. (1990). Hypnosis in the treatment of eating disorders: Case studies involving awareness and control. Presented at the 41st Annual Scientific Meeting of the Society for Clinical and Experimental Hypnosis, Tucson, AZ, Oct. 16-21. (Abstract published in the International Journal of Clinical and Experimental Hypnosis.)
- Barabasz, M., & Barabasz, A. F. (1990). Habit disorders: Trichotillomania and Smoking. Presented at the Fourth International Conference on Restricted Environmental Stimulation, Washington, DC.
- Barabasz, M. (1989). An exploratory study of children's experiences and traumatic stress: Their relationship to hypnotizability and bulimia. Presented at The 40th Annual Scientific Program of the Society for Clinical and Experimental Hypnosis, St. Louis, Missouri.
- Barabasz, M. (1988). The relationship between bulimia and hypnotic capacity in a sample of university women. Presented at the 39th Annual Scientific Program of Society for Clinical and Experimental Hypnosis, Ashville, North Carolina.
- Barabasz, M. (1988). Bulimia, hypnotizability and dissociative capacity. Paper presented at the 11th International Congress of Hypnosis and Psychosomatic Medicine, Leiden/The Hague, The Netherlands.
- Barabasz, A. F. & Barabasz, M. (1987). The effects of chamber REST on hypnotizability and chronic pain. Presented at the Third International Conference on REST. New York, NY.
- Barabasz, M. (1987). Imaginative involvement in Antarctica: Applications to life in space. Presented at the NASA/NSF Conference. "The Human Experience in Antarctica: Applications to Life in Space". Sunnyvale, California, August..
- Barabasz, M. (1987). Anorexia Nervosa: A new hypnotic intervention. Presented at 4th European Congress of Hypnosis. Oxford, England., July.
- Barabasz, M., O'Neill, M. & Scoggin, G. (1987). The psychology of the panic button: New data. Presented at the Third International Conference on REST. New York, NY.
- Miller, A. F. & Barabasz, M. (1987). Effects REST on the perception of abstract figure pairs. Presented at the Third International Conference on REST. New York, NY.
- Barabasz, M. Controlling Experimental and Situational Demand Variables in Restricted Environmental Stimulation (REST) Research.(1985, March). Presented at the 2<sup>nd</sup> International Conference on REST Investigation. New Orleans.

Barabasz, A., & Barabasz, M. Psychological and psychophysiological effects of Antarctic wintering-over: Some new discoveries. (1981). Division of Polar Programs, National Science Foundation, Washington, DC.

Barabasz, A., Barabasz, M. Psychophysiology and rational-emotive therapy in the treatment of test anxious university students. (1979). Johannes Gutenberg Universitat, Mainz, Germany,(with comments by Professor Dr. D. Langen).

Barabasz, A., & Barabasz, M. Hypnosis and psychophysiological research in Antarctica. (1979). Discussed at the University of Paris, Department D'Anesthesiology, Paris, France,(Professor J. Lassner discussant).

### **GRANTS AND PROPOSALS**

Washington State Medical and Biological Research(1990). Funded for \$17,174. Flotation REST reduction of alcohol consumption (with A. Barabasz).

Effects of REST on alcohol consumption. N.I.H.\$493,365.00. (Approved but not funded.)

Chamber REST, Initiation of Altered Alcohol Consumption. WSU Alcohol and Drug Abuse Program. Funded (\$11,954.00).

Flotation REST: Maintenance of altered alcohol consumption, WSU Alcohol and Drug Abuse Program. Not Funded (\$11,801).(With A. F. Barabasz.)

Bulimia, hypnotizability and dissociative capacity.Washington State University Research and Arts Committee. Funded. (\$6580).

Consciousness Alteration in Antarctica. National Science Foundation. (\$146,877.) (Approved but Not funded.) (With A. F. Barabasz & C. S. Mullin.)

Hypnotizability in Antarctica. National Science Foundation. (\$145,204). Approved but not funded (with A. F. Barabasz & C.S. Mullin).

Psychosocial stressors, smoking cessation and CV risk. National Heart, Lung, and Blood Institute. (\$300,173). Approved but not funded. (With A. Barabasz).

Effects of restricted environmental stimulation on alcohol abuse. Submitted with A Barabasz to the Scientific Advisory Council of the Distilled Spirits Council of the United States, Washington, D.C. Submitted - January, 1985. Revised proposal submitted with A. Barabasz and J. Shoemaker. (Proposal accepted, however, funding Program terminated).



Revised 7/2012

Psychological responses of Antarctic field teams. National Science Foundation. (\$56,540). Approved but not funded – cutbacks cited. (With A. Barabasz).

Enhancement of hypnotizability: Chronic pain patients. N.I.M.H. (\$60,000) Approved but not funded due to N.I.M.H.budget freeze, 1983-1984. (With A. Barabasz).

Hypnotic responses of the ECO System OASIS LAKESBIOLOGY TEAM – ANTARCTICA. Supported through National Science Foundation Grant (ECOLS-S002) to Bruce C. Parker, 1978-1982, (\$242,000). (Published in International Journal of Clinical and Experimental Hypnosis, 1983).

Creativity in high school negroes and caucasians. New York State Research Foundation Grant-in-Aid (70-C50956) conducted at Campus School - Child Study Center-State University of New York College at Buffalo. Funded, 1970. (Published in Child-StudyJournal, 1970).

## **UNIVERSITY, COLLEGE AND DEPARTMENT SERVICE – RECENT, SELECTED EXAMPLES**

### **University**

Member – Faculty Senate Steering Committee 2008-2009

Research and Arts Committee – member, Chair 2008-2009

Faculty Affairs Committee

Reviewer – WSU Seed Grant Proposals

Reviewer for Travel grants.

Faculty Senator

### **College**

Member, College Assessment Committee

Member, College of Education Faculty Affairs Committee

### **Department**

Member, of four faculty mentoring committee, chair of one.

Chair, Graduate Student Professional Development Committee

Revised 7/2012

Member, Search committee for two Educational Psychology positions 2007-2008

Ph. D. Admissions Committee

Director of Clinical Training for the Ph.D. program in Counseling Psychology 2005 - 2006, 2010 to present.